

**Helena Bonham Carter, cheese toasties with sticky shallots, and a prosecco**



**NICK GRIMSHAW:** Dish from Waitrose is a Cold Glass production. This podcast may contain some strong language and adult themes.

*[theme music plays and applause]*

**ANGELA HARTNETT:** Hi, welcome to Dish from Waitrose. My name's Angela Hartnett.

**NICK GRIMSHAW:** My name is Nick Grimshaw. And here we are for Dish in 2026.

**ANGELA HARTNETT:** Tw- No, it's not. It's a 2026 episode, but it's 2025.

**NICK GRIMSHAW:** Yeah, no, I know where I am, but they're-

**ANGELA HARTNETT:** *[laughs]*

*[crew laughter]*

**NICK GRIMSHAW:** -watching listening to this in 2026.

**ANGELA HARTNETT:** But it's time, isn't it?

**NICK GRIMSHAW:** Yeah, but it's your-

**ANGELA HARTNETT:** It says it in the cards! I read the cards!

**NICK GRIMSHAW:** Yeah it says, 'You don't have to pretend it's 2026 when it's not.'

**ANGELA HARTNETT:** But you just-

**NICK GRIMSHAW:** I didn't. I didn't say, 'Oh I'm in 2026.'

**ANGELA HARTNETT:** Anyway, hello!

**NICK GRIMSHAW:** I said, 'It's 2026.'

*[crew laughter]*

*[Angela's mic falls over]*

**NICK GRIMSHAW:** Oh, here we go! Not that again.

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** Well, we're not gonna pretend it's not.

**ANGELA HARTNETT:** We're not.

**NICK GRIMSHAW:** No, but it is.

**ANGELA HARTNETT:** It is.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** How is your Christmas?

**NICK GRIMSHAW:** No, that's pretending.

**ANGELA HARTNETT:** *[laughs]*

*[crew laughter]*

**NICK GRIMSHAW:** No, no pretending.

**ANGELA HARTNETT:** *[mimicking Nick]* 'No pretending!'

**NICK GRIMSHAW:** Hey, we're in a different place today.

**ANGELA HARTNETT:** I know.

**NICK GRIMSHAW:** Dish's second home.

**ANGELA HARTNETT:** Is it, is it our new second home?

**NICK GRIMSHAW:** Yeah. And how are you, Ange? You alright?

**ANGELA HARTNETT:** I'm very well, thank you. And you're a good self?

**NICK GRIMSHAW:** I'm good. And do you know what? I'm excited today because two things I'm really excited about are, our guest.

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** Helen Bonham Carter, who I've never ever met in my life.

**ANGELA HARTNETT:** Oh, that's surprising. You've pretty much met everyone.

**NICK GRIMSHAW:** And I feel like she doesn't do too much stuff.

**ANGELA HARTNETT:** No, she doesn't.

**NICK GRIMSHAW:** And I really, really love her. Big fan.

**ANGELA HARTNETT:** She's an incredible actor.

**NICK GRIMSHAW:** And I'm also really excited about something else I'm a huge fan of, cheese toasties.

**ANGELA HARTNETT:** Oh, excellent.

**NICK GRIMSHAW:** Um, so two of my favourite things. I feel like Helena-

**ANGELA HARTNETT:** Altogether, it's like Christmas.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah. Marvellous.

**NICK GRIMSHAW:** Yeah. Oh, we had a great Christmas

**ANGELA HARTNETT:** [*laughs*]

[*crew laughter*]

**NICK GRIMSHAW:** Back in, back in

**ANGELA & NICK:** 2025.

**NICK GRIMSHAW:** Didn't we? Oh, what a year.

**ANGELA HARTNETT:** Happy New Year, fabulous, fabulous. Yeah, loved it.

**NICK GRIMSHAW:** I think that Helena Bonham Carter has been the one that my friends have been most excited about.

**ANGELA HARTNETT:** Oh, really?

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Oh, that's interesting.

**NICK GRIMSHAW:** I think so.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** She is incredible. She's super smart, super beautiful. She's just beautiful.

**NICK GRIMSHAW:** Have you ever met her?

**ANGELA HARTNETT:** No, never.

**NICK GRIMSHAW:** Ever crossed paths?

**ANGELA HARTNETT:** But I've known, big fan since way back, I'm old enough to remember one of her early films, "A Room With A View"

**NICK GRIMSHAW:** Oh yeah.

**ANGELA HARTNETT:** Set in Italy.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Stellar cast.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** She's been brilliant. And she's been in so many good movies.

**NICK GRIMSHAW:** No, so many great films.

**ANGELA HARTNETT:** And I loved her in "The Crown". I thought she was fantastic-

**NICK GRIMSHAW:** Oh, of course, yeah.

**ANGELA HARTNETT:** -as the queen's sister.

**NICK GRIMSHAW:** So Helena is here. I feel like Helena Bonham Carter is one of those names you have to say.

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** Helena doesn't feel right, does it?

**ANGELA HARTNETT:** No, it feels like we've short-

**NICK GRIMSHAW:** Helena Bonham Carter is here to talk about Agatha Christie's 'Seven Dials,' which is a new Netflix show. Um, but first, um, we should talk about what's in-

**ANGELA HARTNETT:** What's in

**NICK GRIMSHAW:** -and what is out. Chicory.

**ANGELA HARTNETT:** Chicory.

**NICK GRIMSHAW:** Chicory. Okay, what's the difference between a chicory and an endive?

**ANGELA HARTNETT:** They're the same thing.

**NICK GRIMSHAW:** It's the same thing?

**ANGELA HARTNETT:** Chicory, you get more-

**NICK GRIMSHAW:** Its bigger-

**ANGELA HARTNETT:** It's the sort of family name.

**NICK GRIMSHAW:** Right.

**ANGELA HARTNETT:** And this is like an endive-

**NICK GRIMSHAW:** Okay.

**ANGELA HARTNETT:** Chicory endive, they call it. And you can get little smaller ones-

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** But it's quite bitter-

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** -um, but which I like. I think you can cook with these. They're perfectly fantastic in a salad. They go really well, um, with things like strong cheeses.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Like there's this amazing restaurant in New York called Estella, which you've been to, I think-.

**NICK GRIMSHAW:** On your recommendation.

**ANGELA HARTNETT:** And they do this great chicory salad with the endive here.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** And they, um, it's lovely, the leaves, and then they put these toasted walnuts and then this Ubriaco cheese, which is like this Italian cheese soaked in red wine. And it's absolutely delicious. So it's great. And I think this something's perfect with a mustard dressing.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** Or if you want to, you can cook with them and it goes really well with things like duck and chicken. You can cook them slowly, roast them in butter, add some orange juice and then it takes on all those beautiful, lovely citrusy flavours and that would be work with a Christmas dinner, a lunch, it would work.

**NICK GRIMSHAW:** For next year.

**ANGELA HARTNETT:** For next year.

[crew laughter]

**NICK GRIMSHAW:** Yeah, for Christmas 2026. 'Cause we've just had Christmas.

**ANGELA HARTNETT:** When you're planning your menu-

**NICK GRIMSHAW:** Yeah, yeah.

**ANGELA HARTNETT:** -you could do those; it would be lovely.

**NICK GRIMSHAW:** Um I love chicory and also, um, this is the time of year-

**ANGELA HARTNETT:** Yeah

**NICK GRIMSHAW:** -2026, um when you want to start-

**ANGELA HARTNETT:** Dieting. [laughs]

**NICK GRIMSHAW:** -people start thinking about health.

**ANGELA HARTNETT:** Health, yes.

**NICK GRIMSHAW:** And this is apparently good to detox the liver.

**ANGELA HARTNETT:** Oh, is it? You'd need that after your boozy Christmas, wouldn't you?

**NICK GRIMSHAW:** It's- a pot kettle.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** Um, speaking of boozy.

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** Last time I saw you. You invited us round.

**ANGELA HARTNETT:** Oh, yeah. You and Mesh.

**NICK GRIMSHAW:** To 'Casa Ange'

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** And we were going out to a charity dinner that you were working on.

**ANGELA HARTNETT:** We did yeah.

**NICK GRIMSHAW:** Which was so fun.

**ANGELA HARTNETT:** Fun night.

**NICK GRIMSHAW:** Really fun night.

**ANGELA HARTNETT:** We raised nearly half a million quid.

**NICK GRIMSHAW:** Wow.

**ANGELA HARTNETT:** It was nuts.

**NICK GRIMSHAW:** Wow.

**ANGELA HARTNETT:** Yeah, 400,000, 450,000.

**NICK GRIMSHAW:** Wow, that's amazing.

**ANGELA HARTNETT:** It was incredible.

**NICK GRIMSHAW:** It really is. But I loved the next day I woke up and I thought, my highlight was you-

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** -pouring as a Michelin-starred chef. [*laughs*] A woman that has eaten.

**ANGELA HARTNETT:** I don't think my stars have anything to do with it.

*[laughs]*

**NICK GRIMSHAW:** -and worked in some of the best kitchens in the world. I'm not exaggerating. Every single time Angela poured a drink, she spilt it.

*[crew laughter]*

**NICK GRIMSHAW:** Every time! And I just loved it so much. I said to Mesh, I said, 'What about Ange?' And Mesh was like, 'That carpet.' Every time. And Ange got this lovely carpet, she poured Mesh champagne, poured it all over the floor. She's like, 'Oh s\*\*\*, it's a nice carpet that's as well.' Did mine, poured it on the carpet. Did one for herself, poured it on the carpet.

*[crew laughter]*

**NICK GRIMSHAW:** I'm like, 'Angela!' And she's like, 'Oh s\*\*\*.' Every time, like six or seven times.

**ANGELA HARTNETT:** I know, they're silly sized glasses.

**NICK GRIMSHAW:** *[laughs]*

**ANGELA HARTNETT:** They're silly sized.

**NICK GRIMSHAW:** She's going, 'These f\*\*\*\*\* glasses!'

*[crew laughter]*

**NICK GRIMSHAW:** I loved it. I loved it.

**ANGELA HARTNETT:** Oh, I know. Yeah. You were both like, 'Shoes off.' I said, 'No, don't worry about it.'

**NICK GRIMSHAW:** Don't worry about that. I'm going to pour a bottle of champagne all over my carpet.

**ANGELA HARTNETT:** Pour champagne- I know, that poor carpet.

**NICK GRIMSHAW:** Disinfect it. Oh, that was such a nice night. Thanks for having us.

**ANGELA HARTNETT:** Yeah, it was good. It was great fun. Yeah.



**NICK GRIMSHAW:** Well, it's time to get Helena Bonham Carter in.

*[theme music plays and applause]*

**HELENA BONHAM CARTER:** Hi.

**ANGELA HARTNETT:** Hello!

**HELENA BONHAM CARTER:** Hello.

**ANGELA HARTNETT:** Welcome.

**NICK GRIMSHAW:** Welcome.

**HELENA BONHAM CARTER:** Thank you.

**ANGELA HARTNETT:** So pleased to see you.

**NICK GRIMSHAW:** How are you?

**HELENA BONHAM CARTER:** I'm waking up.

**ANGELA HARTNETT:** And freed to our humble abode

**NICK GRIMSHAW:** Nice to see you.

**HELENA BONHAM CARTER:** This is your kitchen? *[laughs]*

**ANGELA HARTNETT:** Yes, yes.

**NICK GRIMSHAW:** This is our home. This is our kitchen, we live together.

**ANGELA HARTNETT:** Yeah, yes.

**NICK GRIMSHAW:** Are you-

**HELENA BONHAM CARTER:** Are you happy? How long has this been going on?

**NICK GRIMSHAW:** We've been together a few years.

**ANGELA HARTNETT:** Yes, we're very happy.

**NICK GRIMSHAW:** Yeah, no. Um-

**ANGELA HARTNETT:** No *[laughs]*

**HELENA BONHAM CARTER:** *[laughs]*

**NICK GRIMSHAW:** Take a seat.

**ANGELA HARTNETT:** Yes, we'll bring you- Which one's yours?

**NICK GRIMSHAW:** And we'll bring you over this, yeah.

**HELENA BONHAM CARTER:** I suspect this is Mother Root.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** It is. Cheers, cheers.

**HELENA BONHAM CARTER:** Cheers.

**ANGELA HARTNETT:** Cheers.

**NICK GRIMSHAW:** Cheers.

**HELENA BONHAM CARTER:** Do you know Mother Root?

**NICK GRIMSHAW:** I do, she's here. This is Mother Root.

**ANGELA HARTNETT:** [*laughs*]

**HELENA BONHAM CARTER:** That is the Mother Root.

**ANGELA HARTNETT:** I'm Mother Root.

**HELENA BONHAM CARTER:** I shall worship at you. At your feet-

**NICK GRIMSHAW:** This is her.

**HELENA BONHAM CARTER:** -Mother Root.

**NICK GRIMSHAW:** Time to welcome our guest, to Dish. You will know her, of course, from many a phenomenal film. From Fight Club, Sweeney Todd, The Crown, The King's Speech, A Room with A View.

**HELENA BONHAM CARTER:** [*laughs*]

**NICK GRIMSHAW:** But did you know about her snack bag? No, you did not.

**ANGELA HARTNETT:** No, we didn't.

**NICK GRIMSHAW:** But today you will learn. Helena Bonham Carter, everybody.

[*studio cheer and applause*]

**NICK GRIMSHAW:** Welcome. Hi.

**ANGELA HARTNETT:** Welcome.

**NICK GRIMSHAW:** Hi, how are you?

**HELENA BONHAM CARTER:** I'm okay. I'm waking up.

**NICK GRIMSHAW:** You're waking up?

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** I'm so sorry that your wake up is about 18 people clapping-

**ANGELA HARTNETT:** Yes.

**HELENA BONHAM CARTER:** I know.

**NICK GRIMSHAW:** -under fluorescent light.

**HELENA BONHAM CARTER:** Yeah, yeah, yeah. You think, yeah, I've got to wake up fast.

**NICK GRIMSHAW:** Yeah. Well, good morning and welcome to Dish.

**HELENA BONHAM CARTER:** Are you slightly northern?

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** I am. I'm from Manchester.

**HELENA BONHAM CARTER:** Yeah, because, you know, because I've just been northern for months.

**NICK GRIMSHAW:** Oh, yeah, of course.

**HELENA BONHAM CARTER:** So, it might just slip in, might slip out.

**NICK GRIMSHAW:** Slip in, slip out.

**HELENA BONHAM CARTER:** I've been doing it for four months-

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** -religiously.

**ANGELA HARTNETT:** Oh.

**HELENA BONHAM CARTER:** But anyway, it might not come out right, but if it does, that's why, all right?

**NICK GRIMSHAW:** No, it's good. I like it.

**ANGELA HARTNETT:** Very good.

**NICK GRIMSHAW:** I like it. Would you like to try it, Ange?

**ANGELA HARTNETT:** Oh, no.

**NICK GRIMSHAW:** No, go on, Angela [*in exaugurated northern accent*] Angela F-artnett

**ANGELA HARTNETT:** [*in exaugurated northern accent*] Angela, Angela. Hello, hello.

**NICK GRIMSHAW:** Well, nice to see you. Thank you for coming to see us.

**HELENA BONHAM CARTER:** [*in northern accent*] You're very welcome

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** [*laughs*]

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** We're starting with a mother root-

**HELENA BONHAM CARTER:** Yes.

**NICK GRIMSHAW:** -which we believe you love.

**HELENA BONHAM CARTER:** I love. Do you think? I think it works.

**ANGELA HARTNETT:** It is delicious.

**NICK GRIMSHAW:** I think it works.

**HELENA BONHAM CARTER:** I'm always on the search for a non-alcoholic drink, that is a proper tonic.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Mm.

**HELENA BONHAM CARTER:** Because at the end of the day, when [*laughs*] It's still there, isn't it?

**NICK GRIMSHAW:** I like it, I like it.

**ANGELA HARTNETT:** [*laughs*]

**HELENA BONHAM CARTER:** But it's crap. At the end of the day, if you go to a party, I don't drink alcohol-

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** -but you go to a party, and you need to have something-

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** -and elderflower juice doesn't do it.

**ANGELA HARTNETT:** No, its not.

**NICK GRIMSHAW:** No.

**HELENA BONHAM CARTER:** And still, to this day, it's practically always-

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** -oh, champagne duh, duh, duh, duh.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** Well elderflower juice it's not an option.

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** No, it's not good enough.

**HELENA BONHAM CARTER:** Mother Root, I think is one of the ones that comes- Botivo is good.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah, that's a good one.

**HELENA BONHAM CARTER:** What other ones would you recommend.

**NICK GRIMSHAW:** That's what we want like a bitter, like a bitterness, I want at night.

**ANGELA HARTNETT:** Seedlip's another one. Seedlip's quite good.

**HELENA BONHAM CARTER:** Seedlip for me is a bit-

**ANGELA HARTNETT:** No, too-

**HELENA BONHAM CARTER:** -it's a bit too.

**ANGELA HARTNETT:** Too elderflower-y?

**HELENA BONHAM CARTER:** Yeah, it's not got a bit of body.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah, its need some like-

**HELENA BONHAM CARTER:** This has got apple cider vinegar-

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** -which I definitely think does something.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Well, it's the bitterness that works with the tonic-

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** -I think, that makes it like, you know, like you feel like you're drinking a drink.

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** It says, yeah, if you're not drinking, and if I have a bout of not drinking-

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** -a bout. [*laughs*]

**HELENA BONHAM CARTER:** Yeah, having a bout. [*laughs*]

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** Like when you get to night-time, you're like, I drank water all day.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** I can't have another water. So, you do need something that sort of says-

**ANGELA HARTNETT:** You do want something yeah.

**NICK GRIMSHAW:** -it's night-time now.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** Well, also you need something to definitely to face the socialising.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** You need to have something.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** This is a good one.

**NICK GRIMSHAW:** We like it.

**HELENA BONHAM CARTER:** And it's got the ginger-

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** -apple cider vinegar. But also-

**ANGELA HARTNETT:** I feel like I'm having a healthy drink here as well.

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** It is.

**NICK GRIMSHAW:** I feel like it is.

**HELENA BONHAM CARTER:** It is. It's a bit-

**ANGELA HARTNETT:** Amazing thing.

**HELENA BONHAM CARTER:** And there's no sugar-

**NICK GRIMSHAW:** Yeah, I like it.

**HELENA BONHAM CARTER:** -which is a big thing.

**NICK GRIMSHAW:** And alongside that you have a Coke Zero-

**HELENA BONHAM CARTER:** Yeah, I've got everything.

**NICK GRIMSHAW:** -a glass of water and three coffees.

**HELENA BONHAM CARTER:** I know, it's sad.

**NICK GRIMSHAW:** Yeah, [*laughs*] it's quite the order.

**ANGELA HARTNETT:** Are all three coffees or is one a tea? I thought one was a tea.

**HELENA BONHAM CARTER:** It was because this is indecision really-

**NICK GRIMSHAW:** Right.

**HELENA BONHAM CARTER:** -I think. It's indecision plus the fact of trying to find something to wake me up-

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** -and nothing has so far.

**NICK GRIMSHAW:** Okay.

**HELENA BONHAM CARTER:** But sometimes, and it's sort of an ADHD thing, I'd say.

**NICK GRIMSHAW:** Right.

**ANGELA HARTNETT:** Okay.

**HELENA BONHAM CARTER:** Probably.

**NICK GRIMSHAW:** I like to have a few accessory options.

**ANGELA HARTNETT:** There's quite, there's a lot of accessory options.

**HELENA BONHAM CARTER:** Yeah, you want to know what is going to make you.

**NICK GRIMSHAW:** Yeah, yeah.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Well, that can be the process of this podcast.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** It can be the same or worse.

**HELENA BONHAM CARTER:** Let's see if I've woken up. The dark chocolates a possible.

**NICK GRIMSHAW:** Yeah, yeah.

**ANGELA HARTNETT:** That's gonna happen.



**NICK GRIMSHAW:** We should talk about the dark chocolate because this is the,

**HELENA BONHAM CARTER:** Yeah, I'm going to try some Diet Coke, as well-

**NICK GRIMSHAW:** Yeah, you get that.

**HELENA BONHAM CARTER:** -which is the least healthy, but-

**NICK GRIMSHAW:** Yeah. Tell us about the snack bag because-

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** -we've heard about the legendary snack bag of Helena Bonham Carter. Is this what is in your handbag at all times?

**HELENA BONHAM CARTER:** This is the snack bag.

**NICK GRIMSHAW:** Okay. Oh, wow, the bag's serious.

**ANGELA HARTNETT:** Jeez.

**HELENA BONHAM CARTER:** It's excessive.

**ANGELA HARTNETT:** That looks quite heavy as well.

**HELENA BONHAM CARTER:** It's excessive. The spoon is necessary.

**NICK GRIMSHAW:** The spoon is ready.

**ANGELA HARTNETT:** Are they dried, what, dried fruits there?

**HELENA BONHAM CARTER:** Its too much.

**ANGELA HARTNETT:** What are they, dried apricots or something?

**HELENA BONHAM CARTER:** There's a whole load of things.

**NICK GRIMSHAW:** Mm.

**HELENA BONHAM CARTER:** I mean, this is like, and it's not necessarily comprehensive. This is me, um, again, not deciding. *[laughs]*

**NICK GRIMSHAW:** *[laughs]*

**ANGELA HARTNETT:** *[laughs]*

**HELENA BONHAM CARTER:** But I want to cover all eventualities-

**NICK GRIMSHAW:** Yeah, you want to, yeah.

**HELENA BONHAM CARTER:** -it's like, I'm not a light packer.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Okay.

**HELENA BONHAM CARTER:** Even going to the set, I'm not a light packer.

Definitely not going on holiday, I'm not a light packer-

**ANGELA HARTNETT:** [*laughs*]

**HELENA BONHAM CARTER:** -it's terrible. I mean, it's utterly neurotic and it's a picture of insecurity, but-

**NICK GRIMSHAW:** [*laughs*]

**HELENA BONHAM CARTER:** Here, I've got. My main thing, is when, since I'm paid shed loads [*laughs*] just to pretend to be somebody else.

**NICK GRIMSHAW:** [*laughs*]

**ANGELA HARTNETT:** [*laughs*]

**HELENA BONHAM CARTER:** I've got to make sure I'm awake.

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** Yeah, you do, yeah. Key.

**HELENA BONHAM CARTER:** I've got to- Key. [*laughs*]

**ANGELA HARTNETT:** Key, key.

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** Conscious-

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** -alert. And

**ANGELA HARTNETT:** Able to say your lines.

**HELENA BONHAM CARTER:** Remember.

**ANGELA HARTNETT:** Exactly.

**HELENA BONHAM CARTER:** And also remember where to sit-

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** -and do all those things.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** It requires instant coordination-

**NICK GRIMSHAW:** Yes!

**HELENA BONHAM CARTER:** -and concentration.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Yes.

**HELENA BONHAM CARTER:** It's the concentration. So my natural mode is unconscious. I'm a sleeper.

**NICK GRIMSHAW:** [*laughs*]

**ANGELA HARTNETT:** [*laughs*]

**HELENA BONHAM CARTER:** So, I have to raise that, with any of these and its sort of like, sometimes it takes something-

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** -and that doesn't work-

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** -so then you try. Okay so mango that worked really well last year when I was really hot-

**ANGELA HARTNETT:** Right.

**HELENA BONHAM CARTER:** -and instant bit of sugar, um, in a train sequence-

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** -in the Agatha Christie thing-

**NICK GRIMSHAW:** Yes. To be discussed!

**ANGELA HARTNETT:** Oh!

**HELENA BONHAM CARTER:** -that I happen to be promoting!

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** Yes! Sponsored by mango.

**HELENA BONHAM CARTER:** Isn't it amazing? This is water with apple cider vinegar-

**NICK GRIMSHAW:** Ooh.

**ANGELA HARTNETT:** Oh.

**HELENA BONHAM CARTER:** -with a bit of cayenne. Do you want to try some?

**NICK GRIMSHAW:** Do you have that every day?

**HELENA BONHAM CARTER:** Yeah, I do, actually.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** That's really good for you, having the cayenne and stuff.

**HELENA BONHAM CARTER:** It just makes me go-

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** Do you want to try now?

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** I'm like, yeah, let's go.

**HELENA BONHAM CARTER:** I don't have any germs.

**ANGELA HARTNETT:** Okay.

**HELENA BONHAM CARTER:** You don't mind backwash, do you?

**ANGELA HARTNETT:** Yeah, let's try.

**NICK GRIMSHAW:** Do you mind backwash?

**HELENA BONHAM CARTER:** I don't mind backwash.

**NICK GRIMSHAW:** I won't backwash.

**HELENA BONHAM CARTER:** What?

**NICK GRIMSHAW:** I won't backwash.

**HELENA BONHAM CARTER:** Don't worry, great.

[crew laughs]

**HELENA BONHAM CARTER:** But we can sell it with some backwash. What do you think?

**NICK GRIMSHAW:** Oh, yeah, I like it.

**ANGELA HARTNETT:** Is that nice?

**HELENA BONHAM CARTER:** Doesn't it do something like that? Wake you up?

**NICK GRIMSHAW:** It does do something.

**HELENA BONHAM CARTER:** What do you think?

**ANGELA HARTNETT:** I would put more in there.

**NICK GRIMSHAW:** Oh, come on.

**ANGELA HARTNETT:** I think you need more cider vinegar in there.

**HELENA BONHAM CARTER:** More apple cider.

**ANGELA HARTNETT:** Yeah, definitely, yeah.

**NICK GRIMSHAW:** Mm, I like that.

**ANGELA HARTNETT:** Okay It's good.

**HELENA BONHAM CARTER:** We can do more. Anyway, there's shed loads, but life's too short to go into them. But basically, it's a lot of stuff to get my blood sugar up, or down.

**NICK GRIMSHAW:** Well, like, you don't want to find yourself in a situation, like, out of your control, I imagine, where you're like, there's no snacks-

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** -and I'm here, I'm on set, it's a long day. You want to come prepared.

**HELENA BONHAM CARTER:** I mean, you are in always a situation out of your control, but it gives you the illusion of control.

**NICK GRIMSHAW:** Yes, of control.

**HELENA BONHAM CARTER:** Yeah, yeah.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Well [*laughs*].

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** Having a banana now, guys  
[*studio laughter*]

**HELENA BONHAM CARTER:** Yeah.

**ANGELA HARTNETT:** I was going to say obviously.

**HELENA BONHAM CARTER:** But what are you going to-

**ANGELA HARTNETT:** The coffee hasn't worked.

**NICK GRIMSHAW:** [*laughs*]

**HELENA BONHAM CARTER:** No, nothing's worked.

**ANGELA HARTNETT:** She's trying a bit of banana now [*laughs*]

**NICK GRIMSHAW:** Try a bit of a banana.

**HELENA BONHAM CARTER:** Nothing's worked. We're trying.

**NICK GRIMSHAW:** You can try a bit of banana. I think there's no point you  
cooking, Ange.

**ANGELA HARTNETT:** No, I've got it all. I can see all the snacks.

**NICK GRIMSHAW:** We'll just eat Helena's handbag.

**ANGELA HARTNETT:** Yeah perfect!

[*theme music plays*]

**HELENA BONHAM CARTER:** Oh, Cheese toasties!

**NICK GRIMSHAW:** Yeah. No, we always ask our guests-

**ANGELA HARTNETT:** Yeah

**NICK GRIMSHAW:** -their likes and dislikes, of course. And I thought we could  
run through-

**ANGELA HARTNETT:** Oh yeah.

**NICK GRIMSHAW:** Quite a magnificent list of and full of things in capital letters, which-

**HELENA BONHAM CARTER:** Indecision.

**NICK GRIMSHAW:** -I also really enjoyed as well. Um, it spoke passion to us.

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** And like no messing about, like the capital letters.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** I liked that. For example, under the heading of favourite ingredients, you wrote 'Most,' full stop.

**HELENA BONHAM CARTER:** Most.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** Most.

**ANGELA HARTNETT:** Um food loves. Okay, so you've said 'Bread.'

**HELENA BONHAM CARTER:** Yeah?

**NICK GRIMSHAW:** 'All kinds.'

**HELENA BONHAM CARTER:** Yeah, the whole lot.

**NICK GRIMSHAW:** Every bit of bread. Fantastic.

**ANGELA HARTNETT:** Yeah. And then you've also said cheese, all kinds.

**HELENA BONHAM CARTER:** Yeah, that's true.

**NICK GRIMSHAW:** Mm-hm. Love cheese toasties. Favourite cheese at the moment is Comte.

**HELENA BONHAM CARTER:** Yeah.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah, correct.

**HELENA BONHAM CARTER:** At this moment, yes.

**NICK GRIMSHAW:** Yeah, yeah.

**ANGELA HARTNETT:** There's some in the bag, we wonder.

**NICK GRIMSHAW:** Yeah, yeah.

**ANGELA HARTNETT:** That's my take.

**NICK GRIMSHAW:** Um, all kinds of cake to be eaten with vanilla ice cream.

**HELENA BONHAM CARTER:** Yeah.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** I like the combo of the cold cream, ice cream with brownies the whole-

**NICK GRIMSHAW:** Mm-hm, with cakes.

**ANGELA HARTNETT:** The whole yeah, okay.

**HELENA BONHAM CARTER:** -crumb.

**ANGELA HARTNETT:** Eggs?

**HELENA BONHAM CARTER:** Um, my mum used to disembowel a boiled-  
Soft boiled egg-

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** -and cut up bread and butter-

**NICK GRIMSHAW:** Mm.

**HELENA BONHAM CARTER:** -you know little cubes-

**ANGELA HARTNETT:** Okay.

**HELENA BONHAM CARTER:** -so, egg in a glass.

**ANGELA HARTNETT:** Oh yeah, I know what you mean.

**HELENA BONHAM CARTER:** Did you ever do egg in a glass?

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**NICK GRIMSHAW:** So, you-

**ANGELA & NICK:** Sort of mix the-

**NICK GRIMSHAW:** -bread with the egg.



**HELENA BONHAM CARTER:** With- Yeah bread with a bit of butter and the egg and the soft-boiled egg-

**NICK GRIMSHAW:** OOh.

**HELENA BONHAM CARTER:** Pure comfort.

**ANGELA HARTNETT:** Delicious.

**HELENA BONHAM CARTER:** Really, really good.

**ANGELA HARTNETT:** Yeah, I like that.

**NICK GRIMSHAW:** Egg in a glass.

**HELENA BONHAM CARTER:** Egg in a glass.

**NICK GRIMSHAW:** Um, you also enjoy ice cream with hot sauce.

**HELENA BONHAM CARTER:** Yep.

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** I mean, I haven't had it for years, but I do.

[*crew laughs*]

**ANGELA HARTNETT:** And you love oat cakes with soft goat's cheese.

**HELENA BONHAM CARTER:** Well, that's my sort of snack, 'Cause basically I'm an actor, so I can't get too fat, frankly.

**ANGELA HARTNETT:** Yeah. [*laughs*]

**HELENA BONHAM CARTER:** So, I mean, none of us can.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** So, my gluten-free, till-

**ANGELA HARTNETT:** Yes.

**HELENA BONHAM CARTER:** -recently I have to be gluten-free, boring.

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** Me too. Also, boring.

**HELENA BONHAM CARTER:** Boring.

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** Gluten free Nairns Oatcakes.

**NICK GRIMSHAW:** Yep. Big time. Obviously, there's a good selection on snacks, of course, for your likes and dislikes. Um, Perini's truffle cream cheese.

**HELENA BONHAM CARTER:** That is a deli in Florence.

**NICK GRIMSHAW:** Okay. And what is that?

**HELENA BONHAM CARTER:** Amazing.

**NICK GRIMSHAW:** It's just a very specific deli cream cheese.

**HELENA BONHAM CARTER:** That's a bit of sex on a spoon, frankly [*laughs*]

**NICK GRIMSHAW:** Oh wow.

**ANGELA HARTNETT:** [*laughs*]

**HELENA BONHAM CARTER:** It's amazing.

**NICK GRIMSHAW:** Cream cheese, mm-hm.

**HELENA BONHAM CARTER:** It is amazing.

**ANGELA HARTNETT:** I've never had that. I'm going to try that next time I'm there.

**HELENA BONHAM CARTER:** Yeah, there's an onion one too. That's great.

**NICK GRIMSHAW:** Love.

**ANGELA HARTNETT:** Love.

**HELENA BONHAM CARTER:** And there's a salami with fennel.

[*studio laughter*]

**NICK GRIMSHAW:** We need to go, Ange.

**HELENA BONHAM CARTER:** And there's an amazing quince jelly.

**ANGELA HARTNETT:** I think I'm just going to travel with you.

**NICK GRIMSHAW:** Love a bit of quince.

**HELENA BONHAM CARTER:** The tastes in Florence.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** Jee- amazing. Well, you are, you like Italian stuff. Don't you?

**ANGELA HARTNETT:** Yeah, definitely.

**HELENA BONHAM CARTER:** *[laughs]* You like Italian- Understatement.

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** You like Italian stuff!

**HELENA BONHAM CARTER:** Yeah. *[laughs]*

**NICK GRIMSHAW:** *[laughs]* Yeah. You like all that Italian stuff?

**HELENA BONHAM CARTER:** Don't you?

**ANGELA HARTNETT:** No, I don't mind it, yeah.

*[theme music plays]*

**HELENA BONHAM CARTER:** I'm just trying to watch her because-

**NICK GRIMSHAW:** Oh, yeah.

**HELENA BONHAM CARTER:** -I thought we'd get some tips.

**NICK GRIMSHAW:** There's real life cheese toastie making going on.

**HELENA BONHAM CARTER:** What are you doing on it?

**ANGELA HARTNETT:** Um, shallots, these caramelised onions.

**HELENA BONHAM CARTER:** Oh my God, I could possibly cook this.

**ANGELA HARTNETT:** Yeah, you could.

**HELENA BONHAM CARTER:** *[laughs]*

**NICK GRIMSHAW:** Yeah, I said that to Ange before. I said, 'Do you know what, come round, I'll do this. I'll do this for you.'

**HELENA BONHAM CARTER:** This is possible.

**ANGELA HARTNETT:** So, I can make this for you.

**NICK GRIMSHAW:** This could be done. So, do you not like to cook, or do you just-

**HELENA BONHAM CARTER:** I like it, but I just can't.

**NICK GRIMSHAW:** You just can't.

**HELENA BONHAM CARTER:** Well, it's not- It's a freak event.

**NICK GRIMSHAW:** Right.

**HELENA BONHAM CARTER:** You know, it's unlikely. [*laughs*]

**NICK GRIMSHAW:** [*laughs*]

**HELENA BONHAM CARTER:** But, when I concentrate enough, it can sometimes come out edible.

**NICK GRIMSHAW:** Okay.

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** That's good.

**HELENA BONHAM CARTER:** I've got no know-how.

**NICK GRIMSHAW:** Right.

**HELENA BONHAM CARTER:** No.

**NICK GRIMSHAW:** And didn- How- And how come?

**HELENA BONHAM CARTER:** How, how?

**NICK GRIMSHAW:** Did no one cook at yours? Did your mum cook for you?

**HELENA BONHAM CARTER:** Yeah, she did.

**NICK GRIMSHAW:** Yeah?

**HELENA BONHAM CARTER:** She cooked tortilla and Spanish stuff.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** I can cook a gazpacho.

**NICK GRIMSHAW:** Yeah [*laughs*]. Yeah.

**HELENA BONHAM CARTER:** I'm just thinking about a thing.

**ANGELA HARTNETT:** That works.

**NICK GRIMSHAW:** I'm guessing you don't really enjoy it because you just don't really do it.

**HELENA BONHAM CARTER:** I do.

**NICK GRIMSHAW:** Oh, you do?

**HELENA BONHAM CARTER:** That is the odd thing. That's how perverse I am.

**NICK GRIMSHAW:** Oh, wow.

**HELENA BONHAM CARTER:** I love it.

**NICK GRIMSHAW:** You should do it.

**HELENA BONHAM CARTER:** I know.

**NICK GRIMSHAW:** You like it.

**HELENA BONHAM CARTER:** This is why I- I know. I've got to go to the couch to work out why am I not-

**NICK GRIMSHAW:** Why she not doing it.

**HELENA BONHAM CARTER:** And I buy thousands of cookery books. So I'm always dreaming. It's a fantasy life.

**NICK GRIMSHAW:** Uh-huh.

**HELENA BONHAM CARTER:** And I like the idea of putting stuff together.

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** And then seeing what comes up.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** And I like giving people, making people happy.

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** And making, you know, but I haven't, it hasn't really extended to the cooking.

**NICK GRIMSHAW:** Angela, I will say is the best tutor, obviously.

**HELENA BONHAM CARTER:** Okay.

**NICK GRIMSHAW:** Because she really makes it look quite easy. And a lot of people who cook are quite stressed or 'It's got to be right!'

**HELENA BONHAM CARTER:** Yeah, she's calm.

**NICK GRIMSHAW:** And you're the opposite, Ange.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** You're so calm.

**ANGELA HARTNETT:** Well, I'm having a mare with these though.

**NICK GRIMSHAW:** *[laughs]*

*[crew laughs]*

**HELENA BONHAM CARTER:** Cav- The thing is also-

**ANGELA HARTNETT:** I'm trying to turn them without all the cheese flying out.

**HELENA BONHAM CARTER:** Is it stressing? Are you like-

**ANGELA HARTNETT:** Oh, no. No, it's all right.

**HELENA BONHAM CARTER:** I couldn't do two things. That's the thing. It's if people come round, I've got to either chat to them.

**NICK GRIMSHAW:** Talk to them or cook.

**HELENA BONHAM CARTER:** Or cook. Can't have the-

**ANGELA HARTNETT:** Oh, yes.

**HELENA BONHAM CARTER:** You see, what you're doing is actually neurally demanding.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** No, but you do it in- Well, I mean, when people come round to ours, I shove them out of the kitchen because I don't want them in there.

**HELENA BONHAM CARTER:** You do?

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** Quite right.

**ANGELA HARTNETT:** Because it is quite annoying when you're trying to do something and people are chatting.

**HELENA BONHAM CARTER:** Yeah, you can't.

**ANGELA HARTNETT:** And it's worse when they stand there going, 'Can I help?' And you're like, no-

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** Just go away and go and talk to someone else.

**NICK GRIMSHAW:** But thanks for coming.

**ANGELA HARTNETT:** But thanks for coming.

**NICK GRIMSHAW:** I'm excited you've chose a cheese toastie because I love a cheese toastie

**HELENA BONHAM CARTER:** Cheese toastie is achievable.

**NICK GRIMSHAW:** I love a cheese toastie-

**HELENA BONHAM CARTER:** Yep.

**NICK GRIMSHAW:** -and a good one done in a pan like that because I always used to do you know like the ones in the like the Breville-

**HELENA BONHAM CARTER:** I've got one.

**NICK GRIMSHAW:** -cheese toastie maker.

**HELENA BONHAM CARTER:** Yeah, that you can't lose.

**NICK GRIMSHAW:** You can't, yeah, that is-

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** And then I go through phases of, when we remember we've got it-

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** -me and my boyfriend Mesh will have cheese toasties for like four days straight and we're like, 'The toastie! We forgot about the toastie!' And then we'll have it-

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** -and then we forget about it. But, I think in a pan fried like that that is my favourite way.

**HELENA BONHAM CARTER:** I haven't actually done it fried.

**NICK GRIMSHAW:** Should we do your dislikes, because, um, Helena you said not eat them just discuss them.

**HELENA BONHAM CARTER:** *[laughs]*

**NICK GRIMSHAW:** Um, you said uh your dislikes were basically anything that is anatomically identifiable-

**HELENA BONHAM CARTER:** Yeah that's true.

**NICK GRIMSHAW:** So brain, kidney, liver, trotters, tongue. Did you used to have it as a kid?

**HELENA BONHAM CARTER:** I've never had it.

**NICK GRIMSHAW:** Or is it just a whole lifelong aversion?

**HELENA BONHAM CARTER:** I'd say it's a lifelong aversion.

**NICK GRIMSHAW:** Lifelong aversion. *[laughs]* Yeah, yeah.

**HELENA BONHAM CARTER:** Yeah, yeah.

**NICK GRIMSHAW:** But you see it more and more and more now. People are quite happy to talk about it.

**HELENA BONHAM CARTER:** Somebody tried to give me some brain on Saturday.

**NICK GRIMSHAW:** Uh-huh.

**HELENA BONHAM CARTER:** I wasn't having it.

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** What did you do? Just rejected it out.

**HELENA BONHAM CARTER:** I had a mouthful-

**NICK GRIMSHAW:** Uh-huh.

**HELENA BONHAM CARTER:** -because I just thought it was impolite.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** And she had said, it's this restaurant, it's really trendy, called Polentina.



**ANGELA HARTNETT:** Oh, yeah, I know.

**HELENA BONHAM CARTER:** Yeah, yeah. And she said, 'You won't really taste the brain.' So I thought, ooh okay. But then what's the point? But then- But I didn't like it.

**NICK GRIMSHAW:** I will eat anything. I'm quite happy to. I love stuff like this.

**HELENA BONHAM CARTER:** Really?

**NICK GRIMSHAW:** Yeah, yeah, yeah.

**HELENA BONHAM CARTER:** Tripe?

**NICK GRIMSHAW:** Tripe, not so much.

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** I did try it. I've tried it at a restaurant recently, like a good restaurant, because I thought, oh, they'll be able to do it.

**HELENA BONHAM CARTER:** Yeah, yeah.

**NICK GRIMSHAW:** And I still didn't really enjoy it, no. It's more the texture of it.

**HELENA BONHAM CARTER:** Yeah, I don't like it.

**NICK GRIMSHAW:** Brains and kidneys. I actually love kidneys and livers and things like that.

**ANGELA HARTNETT:** Do you not like liver? Because that doesn't feel like, as-

**HELENA BONHAM CARTER:** No.

**NICK GRIMSHAW:** Oh, I love it.

**HELENA BONHAM CARTER:** I like chicken liver pâté. That, and I don't know why-

**ANGELA HARTNETT:** Mm.

**HELENA BONHAM CARTER:** I should, it's not so livery, is it?

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** It's less livery-

**HELENA BONHAM CARTER:** Yeah, yeah.

**ANGELA HARTNETT:** -and the texture's probably not there. It's the pâté texture.

**NICK GRIMSHAW:** And this is sort of Neil's sort of-

**ANGELA HARTNETT:** Neil loves it.

**NICK GRIMSHAW:** Angela's husband is a chef as well, Neil.

**HELENA BONHAM CARTER:** Oh yeah.

**NICK GRIMSHAW:** And he loves it. Doesn't he?

**ANGELA HARTNETT:** Well, he does lots of things like very much that St John's style of cooking, you know, nose to tail.

**HELENA BONHAM CARTER:** The whole, whole animal.

**ANGELA HARTNETT:** Yeah, exactly. But he does brains, but he does them in this lovely caper butter with loads of parsley and garlic. They're absolutely delicious. I defy you not to like them.

**NICK GRIMSHAW:** Mm. What is it that your partner makes that is your favourite that he does?

**HELENA BONHAM CARTER:** He literally can do anything.

**NICK GRIMSHAW:** Oh really?

**HELENA BONHAM CARTER:** He's very good at a plain pasta with a bit of lemon juice and-

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** I don't know what the hell it is. It always tastes very good.

**NICK GRIMSHAW:** I don't know, I'll eat it.!

**HELENA BONHAM CARTER:** He can just, you know, look at the fridge and conjure something.

**NICK GRIMSHAW:** And just make something.

**HELENA BONHAM CARTER:** He doesn't have to follow a thing.

**NICK GRIMSHAW:** Mm-hm. And when you do follow a thing, when you do do a recipe-

**HELENA BONHAM CARTER:** [*laughs*] I have to be anal.

**NICK GRIMSHAW:** -because you love a cookery book.

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** Do you have uh-

**HELENA BONHAM CARTER:** Do you want to see how many cookery books I have?

**NICK GRIMSHAW:** I'd love to know, please.

**HELENA BONHAM CARTER:** This is insane.

**NICK GRIMSHAW:** Do, do you have a favourite-

**HELENA BONHAM CARTER:** Cookery book?

**NICK GRIMSHAW:** Or a few favourites?

**HELENA BONHAM CARTER:** I'll show you just how many.

**NICK GRIMSHAW:** Okay.

**ANGELA HARTNETT:** So, you have all these cookery books where you never cook.

**NICK GRIMSHAW:** So, we've got these cookery books on this shelf.

**HELENA BONHAM CARTER:** It's about six feet of cookery books.

**NICK GRIMSHAW:** So, we've got that, about six foot there. Shout out to Nigel Slater.

**HELENA BONHAM CARTER:** There's a lot of Nigel.

**NICK GRIMSHAW:** Yeah, a lot of Nigel.

**HELENA BONHAM CARTER:** He's the- I did play his um, step-mum.

**NICK GRIMSHAW:** Step-mum?

**ANGELA HARTNETT:** Oh, in Toast?

**ANGELA & NICK:** Yeah.

**HELENA BONHAM CARTER:** Yeah, I think I did have to cook for him.

**NICK GRIMSHAW:** But cooking-acting?

**HELENA BONHAM CARTER:** I put it sort of together on a plate, I think. Then I had to do pies. I was thinking of what food I've done. Sweeney Todd-

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** Not great pies.

**NICK GRIMSHAW:** Not great pies.

*[studio laughter]*

**HELENA BONHAM CARTER:** Yeah. No.

*[theme music plays]*

**HELENA BONHAM CARTER:** This looks beautiful, Angela.

**NICK GRIMSHAW:** Yeah, this does.

**ANGELA HARTNETT:** Thank you.

**NICK GRIMSHAW:** Thank you so much.

**HELENA BONHAM CARTER:** And the smell.

**NICK GRIMSHAW:** Do you want some salad as well? Have some of this.

**ANGELA HARTNETT:** There's a bit of salad there if you like.

**HELENA BONHAM CARTER:** And the onions.

**NICK GRIMSHAW:** Okay, so tell us how to make this perfect Cheese toastie.

**ANGELA HARTNETT:** So we've got a cheese toastie with sticky shallots.

**NICK GRIMSHAW:** Yes.

**HELENA BONHAM CARTER:** Mm.

**ANGELA HARTNETT:** Which we've made with five types of cheese-

**NICK GRIMSHAW:** Wow.

**ANGELA HARTNETT:** -so we've got Comte, Gouda, Mozzarella and gruyère. And then on the top, I've sprinkled a little bit of Parmesan-

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** -and just put it in the oven. So you have that little bit of toasted-ness there.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** So you mix all your cheeses together, grate them, add some chopped spring onions and- This is gluten-free bread for you guys.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** Thank you.

**ANGELA HARTNETT:** And what you do-

**NICK GRIMSHAW:** Thanks Ange.

**ANGELA HARTNETT:** -is put a bit of mozzarella, not mozzarella, um, mayonnaise-

**HELENA BONHAM CARTER:** Oh.

**ANGELA HARTNETT:** -on the outer side of the toast.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** So, you have your mayonnaise on the outer side of the bread-

**HELENA BONHAM CARTER:** Oh that's great.

**ANGELA HARTNETT:** -put inside all your cheeses, put them together and then fry them in butter, at a sort of medium heat.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** So, it melts nicely, lovely golden brown. That's why it's really rich, it's all the butter and all the cheese.

**NICK GRIMSHAW:** Wow, super light.

**ANGELA HARTNETT:** And it's the mayonnaise that has that lovely little crust around the edge that you find when you're frying them out-

**NICK GRIMSHAW:** But tell me about these onions because they really cut through, they're like nicely- Are they shallots?

**ANGELA HARTNETT:** The reason we made these lovely shallots-

**HELENA BONHAM CARTER:** Okay.

**ANGELA HARTNETT:** -is then you put them inside the sandwich.

**NICK GRIMSHAW:** Yeah. You need something to-

**ANGELA HARTNETT:** So you've got that sort of spice and that sort of acidity that cuts through all the richness of the cheese, which you need. So they've just been mixed with olive oil, balsamic vinegar, clear honey. So and you've got two pinches of that lovely Ottolenghi Aleppo chilies.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** Which is that lovely one of his jarred spice mixes you get in Waitrose.

**NICK GRIMSHAW:** I have that in my eggs.

**ANGELA HARTNETT:** You have it in your eggs in the morning, you see? And that's the real heat there, that little spice. Mix it all together and then roast it in the oven for about 20 minutes until nice and cooked through.

**HELENA BONHAM CARTER:** Roast it in the oven? Except you just did it on a pan?

**NICK GRIMSHAW:** Oh, the onions.

**HELENA BONHAM CARTER:** Oh those things.

**ANGELA HARTNETT:** Oh, the shallots, yeah.

**NICK GRIMSHAW:** I did a fry-up for my mum yesterday and she said, and I did chilli on the tomatoes and on the egg, actually-

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** -yeah, and she said, 'She felt more awake for church.'

[studio laughs]

**NICK GRIMSHAW:** Wired.

**ANGELA HARTNETT:** Wired for the priest.

**NICK GRIMSHAW:** I think it was the chilli.

**ANGELA HARTNETT:** [laughs]

**NICK GRIMSHAW:** And then do you think that's the best way to do it? In the pan, that way?

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** Or do you like the old Breville toast?

**ANGELA HARTNETT:** I've never done a Breville toastie, so I don't know.

**HELENA BONHAM CARTER:** They're fine.

**ANGELA HARTNETT:** I think in a pan works.

**HELENA BONHAM CARTER:** This works brilliantly, it's just whether it'll work when I do it.

**ANGELA HARTNETT:** Of course, it will.

**NICK GRIMSHAW:** It will, come on.

**ANGELA HARTNETT:** [laughs]

**NICK GRIMSHAW:** And then there's a wine pairing as well, a sparkling wine-

**ANGELA HARTNETT:** Mm-hm.

**NICK GRIMSHAW:** -which pairs perfectly with the cheese because it's quite high acidity. And then the bubbles as well-

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** -sort of cut through, I guess, the richness and the fat of the cheese. And it is called a-

**ANGELA HARTNETT:** Fetească-

**NICK GRIMSHAW:** Fetească-

**ANGELA HARTNETT:** -albă.

**NICK GRIMSHAW:** -albă.

**HELENA BONHAM CARTER:** Do you get that at Waitrose too?

**NICK GRIMSHAW:** You do get that at Waitrose!

**ANGELA HARTNETT:** Yeah [*laughs*]

**NICK GRIMSHAW:** If you want to try this recipe-

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** -or any of the recipes we do on Dish-

**HELENA BONHAM CARTER:** Yeah, yeah.

**NICK GRIMSHAW:** -waitrose.com/dishrecipes

**ANGELA & HELENA:** [*laugh*]

**NICK GRIMSHAW:** Dish reshapes.

[*theme music plays*]

**NICK GRIMSHAW:** We always want to know if our guests have like an area of cooking that they need some help with.

**HELENA BONHAM CARTER:** [*laughs*] The lot, yeah.

**NICK GRIMSHAW:** [*laughs*] Yeah.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** So we've actually done an eight-hour special. No.

**HELENA BONHAM CARTER:** [*laughs*]

**NICK GRIMSHAW:** I wanted to talk to you about this.

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** This is what you said. 'Rice intimidates you;

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** Yes.

**HELENA BONHAM CARTER:** Well, doesn't it?

**NICK GRIMSHAW:** It's an, it's an intimidating dish. It really is.



**HELENA BONHAM CARTER:** Well, it's just that, I now go for the microwave packets, couple minutes-

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Right okay.

**HELENA BONHAM CARTER:** Bish bosh.

**ANGELA HARTNETT:** Yeah done.

**HELENA BONHAM CARTER:** Does it really make- You know- Is it going to taste different if I go through the lengths of boiling it?

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** *[laughs]*

**ANGELA HARTNETT:** No, but I think's a-

**HELENA BONHAM CARTER:** *[laughs]*

**ANGELA HARTNETT:** -it's a good thing to do. As Luke always says, I basically, I don't make that much rice.

**HELENA BONHAM CARTER:** Aha!

**ANGELA HARTNETT:** Aha!

**NICK GRIMSHAW:** Aha!

**HELENA BONHAM CARTER:** Aha!

**ANGELA HARTNETT:** I called my mate Luke who makes rice all the time.

**HELENA BONHAM CARTER:** Thank you for phoning.

**ANGELA HARTNETT:** And, um, Luke's theory is about 80% of the world eat rice and we should all be able to make it.

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** And he's right.

**HELENA BONHAM CARTER:** Absolutely right.

**ANGELA HARTNETT:** So, he gets really annoyed when chefs can't make it.

**HELENA BONHAM CARTER:** Yeah.

**ANGELA HARTNETT:** And so I asked Luke and his- This is Luke's way of making it.

**NICK GRIMSHAW:** Okay.

**ANGELA HARTNETT:** And I trust Luke 'cause every time Luke's made rice for me, it's absolutely delicious. So he knows what he's doing. He says, 'Wash the rice three times.

**HELENA BONHAM CARTER:** Three times?

**ANGELA HARTNETT:** 'Three times. Just rinse in cold water three times.'

**NICK GRIMSHAW:** Three.

**HELENA BONHAM CARTER:** Its complicated.

**ANGELA HARTNETT:** It's not going to take-

**NICK GRIMSHAW:** Already you're out.

**ANGELA HARTNETT:** -that long. It's not going to take that long.

**HELENA BONHAM CARTER:** You wash it. That's why I've gone wrong.

**ANGELA HARTNETT:** [*laughs*]

**HELENA BONHAM CARTER:** Okay, you wash it three times.

**ANGELA HARTNETT:** Wash it three times there you go.

**HELENA BONHAM CARTER:** I just did it once, if-

**ANGELA HARTNETT:** 'Then you put it in a saucepan big enough for however much rice you're doing. Cover it with enough water. So, cover it with water and then do, this is his little trick-

**HELENA BONHAM CARTER:** Okay.

**ANGELA HARTNETT:** -the sort of finger, this bit of your finger on top of the water.

**NICK GRIMSHAW:** First knuckle.

**ANGELA HARTNETT:** First knuckle of water on top. Does that make sense?

**HELENA BONHAM CARTER:** So, it's not like one cup of rice or two things.

**ANGELA HARTNETT:** No.

**HELENA BONHAM CARTER:** It's just, but how, my knuckle's much smaller.

**ANGELA HARTNETT:** Yeah. No, but it will work. It always works, Luke's never wrong.

**NICK GRIMSHAW:** Let me see how big my finger is.

**HELENA BONHAM CARTER:** That's a load of, I mean.

**ANGELA HARTNETT:** [*laughs*] Our knuckles are the same, you see.

**NICK GRIMSHAW:** Yeah look.

**HELENA BONHAM CARTER:** Not mine.

**ANGELA HARTNETT:** Yes. It is!

**HELENA BONHAM CARTER:** No, I've got, look, look.

**ANGELA HARTNETT:** Look.

**HELENA BONHAM CARTER:** No.

**NICK GRIMSHAW:** It's tiny.

**HELENA BONHAM CARTER:** I've got about three millimetres less than you.

**ANGELA HARTNETT:** One little knuckle of water-

**HELENA BONHAM CARTER:** Okay, one knuckle-

**ANGELA HARTNETT:** -on top of the rice.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** Any old water?

**ANGELA HARTNETT:** Yeah, you cover it, you bring it to the boil.

**HELENA BONHAM CARTER:** Can I just ask, sorry?

**ANGELA HARTNETT:** Bring it to the boil.

**HELENA BONHAM CARTER:** Is it cold?

**ANGELA HARTNETT:** Its cold.

**HELENA BONHAM CARTER:** It's cold water, from the tap.

**NICK GRIMSHAW:** Oh, your putting your knuckle

**ANGELA HARTNETT:** Yeah, cold water from the tap

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Bring it to the boil. [*laughs*]

**NICK GRIMSHAW:** [*laughs*]

**HELENA BONHAM CARTER:** Yeah, I've done that.

**ANGELA HARTNETT:** Oh!

**NICK GRIMSHAW:** Then you go to the local infirmary.

**ANGELA HARTNETT:** Then you go and buy a rice cooker down the road. No.

**NICK GRIMSHAW:** No.

**HELENA BONHAM CARTER:** Yeah.

**ANGELA HARTNETT:** You bring it to the boil, reduce the heat onto the lowest heat and cover the rice and cook it for 10 minutes. So you've brought it to the boil-

**HELENA BONHAM CARTER:** Uh-huh.

**ANGELA HARTNETT:** -lid on, reduce the heat to low, the lowest heat.

**HELENA BONHAM CARTER:** Okay, 10 minutes?

**ANGELA HARTNETT:** 10 minutes, cook it for 10 minutes. Take it off the heat, lid still on, and let it rest for 10 minutes, and then you'll have perfect rice.

**NICK GRIMSHAW:** And then you'll have perfect rice.

**HELENA BONHAM CARTER:** And let it rest. So, my dearest Dot, who's basically my wife at home-

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Mm.

**HELENA BONHAM CARTER:** -who's amazing-

**ANGELA HARTNETT:** Mm.

**HELENA BONHAM CARTER:** -who's fed me and my children for years-

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** She puts it in a bed.

**ANGELA HARTNETT:** She puts it in a bed?

**HELENA BONHAM CARTER:** She puts it actually in a bed under a, um, tea cloth.

**NICK GRIMSHAW:** In your bed, is that what you're saying?

**HELENA BONHAM CARTER:** In somebody's bed. I don't know if it's my bed. But she says when she puts it to bed, it's a Polish thing.

**NICK GRIMSHAW:** Oh.

**HELENA BONHAM CARTER:** I think.

**NICK GRIMSHAW:** Because the duvet's like some insulation.

**HELENA BONHAM CARTER:** Does that make sense? What would that do? Make it puffier?

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** But after, after she's cooked it.

**HELENA BONHAM CARTER:** Oh, yeah, definitely.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** *[laughs]*

**HELENA BONHAM CARTER:** Yeah, yeah.

**ANGELA HARTNETT:** No, no.

**HELENA BONHAM CARTER:** She's cooked it.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah-

**HELENA BONHAM CARTER:** So, she puts it to rest.

**ANGELA HARTNETT:** -she's basically doing what Luke's doing.

**HELENA BONHAM CARTER:** She does-

**ANGELA HARTNETT:** -she's keeping it insulated.

**HELENA BONHAM CARTER:** Insulated. And she puts it in the bed. Why would she put it in the bed?

**NICK GRIMSHAW:** Just cosy.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** Cosy. She puts it to bed.

**ANGELA HARTNETT:** Yeah, that's right.

**HELENA BONHAM CARTER:** She puts it to rest.

**ANGELA HARTNETT:** For about 10 minutes, probably.

**HELENA BONHAM CARTER:** Exactly. And it's uber fluffy.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Mm.

**HELENA BONHAM CARTER:** Perfect.

**ANGELA HARTNETT:** That's it. I think that's what people go wrong is they cook the rice, take it off the heat and they think it's done. But actually you've got to let it rest-

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** -and let the grains absorb any of the extra water.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** You also can go with your fork in there to just fluff it up a little bit-

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Put the lid back on.

**HELENA BONHAM CARTER:** And that's with every, okay, I'm gonna, I feel.

**NICK GRIMSHAW:** We've got it.

**ANGELA HARTNETT:** Yeah, you've gotta try it.

**NICK GRIMSHAW:** 'Cause I can make rice, like the rice you did when we had Jamali Maddix here and it had the chicken on top.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** And the rice was delicious because it had, you know, it's full of chicken fat.

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** And then Mesh is still like, 'Oh my God, that rice, like you smashed it.' But-

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** I mean, that had some help. It had the full fat of a full chicken.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** So yeah, that's good to know. Gotta let it rest.

**ANGELA HARTNETT:** Stick it to bed. You can let it rest, yeah.

*[theme music plays]*

**NICK GRIMSHAW:** Helena Bonham Carter, this is your fast food quiz.

**HELENA BONHAM CARTER:** Yes.

**NICK GRIMSHAW:** And yes, it's just like Mastermind.

**HELENA BONHAM CARTER:** Okay.

**NICK GRIMSHAW:** Tell us your favourite way to eat eggs.

**HELENA BONHAM CARTER:** Boiled, soldiers.

**NICK GRIMSHAW:** Okay.

**HELENA BONHAM CARTER:** Egg in a glass.

**NICK GRIMSHAW:** Egg in a glass.

**ANGELA HARTNETT:** That's it. What's your favourite sandwich filling?

**HELENA BONHAM CARTER:** Um, cucumber club. *[laughs]*

**ANGELA & NICK:** *[laughs]*

**NICK GRIMSHAW:** Form of potato.

**ANGELA HARTNETT:** Is that a sandwich or a drink?

**HELENA BONHAM CARTER:** It's multiple! I've got three personalities. Don't you understand? What? What?

**NICK GRIMSHAW:** Favourite form of potato.

**HELENA BONHAM CARTER:** Favourite form of potato, oh, mashed. But triple cooked chip.

**NICK GRIMSHAW:** Yes.

**ANGELA HARTNETT:** Okay, good one. Favourite herb?

**HELENA BONHAM CARTER:** Coriander, but parsley.

*[studio laughter]*

**HELENA BONHAM CARTER:** The flat leaf.

**NICK GRIMSHAW:** Flat leaf.

**ANGELA HARTNETT:** I now understand this bag.

**NICK GRIMSHAW:** The bag is making sense.

**HELENA BONHAM CARTER:** I'm a Gemini, don't you get it.

**NICK GRIMSHAW:** What is the best crisp?

**HELENA BONHAM CARTER:** I like a Kettle. I like the ridged ones.

**ANGELA HARTNETT:** Yes.

**HELENA BONHAM CARTER:** With either, but any flavour. Salt and vinegar, cheese and onion.

**ANGELA HARTNETT:** You like the textured, crisp. What's your favourite snack bag item?

**NICK GRIMSHAW:** Oh god.

**ANGELA HARTNETT:** If you have one.

**HELENA BONHAM CARTER:** No, you can't make me cry.

**NICK GRIMSHAW:** You can't, you can't.

**ANGELA HARTNETT:** *[laughs]* Your face was like, 'No! Not after all that!'

**NICK GRIMSHAW:** I really want to know this one.



**HELENA BONHAM CARTER:** But I think I think dark chocolate's a good one.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** I want to know this one. Do you have a favourite kitchen utensil?

**HELENA BONHAM CARTER:** Fork.

**NICK GRIMSHAW:** Fork?

*[studio laughter]*

**HELENA BONHAM CARTER:** Or-

**NICK GRIMSHAW:** Great, really, good.

**HELENA BONHAM CARTER:** Yeah, a spoon. Yeah.

**NICK GRIMSHAW:** Yeah, really good. Really good. Um, let's do one more, shall we?

**ANGELA HARTNETT:** What's your favourite dish from your childhood?

**HELENA BONHAM CARTER:** My mum made hamburgers that disintegrated.

**NICK GRIMSHAW:** Oh.

**ANGELA HARTNETT:** Oh, that's quite something.

**NICK GRIMSHAW:** Ooh got a magic trick.

**HELENA BONHAM CARTER:** It's a special recipe. To this day, my brother asks his wife to make disintegrating hamburgers.

**ANGELA HARTNETT:** Really?

**NICK GRIMSHAW:** Should have made them Ange.

**ANGELA HARTNETT:** Yeah, should have made them.

*[theme music plays]*

**NICK GRIMSHAW:** Hey, we need to talk about Agatha Christie's Seven Dials, um, which is out on the 15th of January on Netflix.

**ANGELA HARTNETT:** Very good.

**NICK GRIMSHAW:** As told to me earlier by Helena Bonham Carter.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** Congratulations.

**NICK GRIMSHAW:** Tell us all about this adaptation and all about this show and when we asked and also what made you say yes.

**HELENA BONHAM CARTER:** When you read a good script. You just know it.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** It's like when you meet a good person.

**ANGELA HARTNETT:** Yeah [*laughs*]

**HELENA BONHAM CARTER:** [*laughs*] You know-

**NICK GRIMSHAW:** You know.

**HELENA BONHAM CARTER:** -someone's innately good.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** You know.

**HELENA BONHAM CARTER:** You know. You know. And you just go like, well, it's a no-brainer. I love those decisions-

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** -in life when you don't have to actually decide.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** You know what I mean?

**NICK GRIMSHAW:** Yes.

**HELENA BONHAM CARTER:** And it's Chris Chibnall who wrote it. Brilliant. And, um, I love Agatha Christie.

**ANGELA HARTNETT:** Mm.

**HELENA BONHAM CARTER:** She's brilliant. And I hadn't read this one. Who doesn't like a whodunit.

**ANGELA HARTNETT:** Yeah, of course.

**NICK GRIMSHAW:** A classic.

**HELENA BONHAM CARTER:** Particularly if you don't know whodunit.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** This one has been a bit updated. It's definitely an adaptation-

**ANGELA HARTNETT:** Mm.

**HELENA BONHAM CARTER:** -not a translation.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** So, everyone who goes, you know, who might have read the book, it's not, it's got a different ending.

**ANGELA HARTNETT:** Oh, that's good.

**HELENA BONHAM CARTER:** Have I already spoiled it?

**NICK GRIMSHAW:** No!

**ANGELA HARTNETT:** No, you haven't.

**NICK GRIMSHAW:** No!

**HELENA BONHAM CARTER:** It's so hard to talk about.

**ANGELA HARTNETT:** Because it's not one that's known.

**HELENA BONHAM CARTER:** No, it's not one that's known. So it's not a Marple.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** And it's not a Poirot. She's called Bundle, as in bundle of energy.

**NICK GRIMSHAW AND ANGELA HARTNETT:** Mm-hm.

**HELENA BONHAM CARTER:** Young, young dynamic female lead.

**ANGELA HARTNETT:** Were there a series of Bundle, Christie stories?

**HELENA BONHAM CARTER:** I think Bundle existed, but I can't remember anymore. Um, he was in the first one, which is something called The Secret of Something of Chimneys.

**ANGELA HARTNETT:** Okay, right.

**HELENA BONHAM CARTER:** And then she thought, oh, I've got rather fond of her.

**ANGELA HARTNETT:** Bring her back.

**HELENA BONHAM CARTER:** And then she carried her on.

**NICK GRIMSHAW:** Carried her on.

**HELENA BONHAM CARTER:** And she's the lead. So, she's young-

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** -and she is, everything happens to her. And yet, so she's an amateur-

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** -sort of detective.

**ANGELA & NICK:** Mm-hm.

**HELENA BONHAM CARTER:** And it's really, she writes also really wittily.

**ANGELA HARTNETT:** And you play her mother?

**HELENA BONHAM CARTER:** I'm the mum.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** Yeah. I'm the mum. Or the granny these days. I just played a granny. But this one, I was the mum.

**ANGELA HARTNETT:** You were the mum, in this one?

**HELENA BONHAM CARTER:** And she is a great character.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** A recluse. Hates people.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** Can only do her geraniums-

**ANGELA HARTNETT:** Mm.

**HELENA BONHAM CARTER:** -which was something I had to learn too.

[*laughs*]

**ANGELA HARTNETT:** [*laughs*]

**HELENA BONHAM CARTER:** And she has a dog, a great dog. She doesn't do humans. She hates people.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** It's post, quite interesting because First World War, everyone goes roaring 20s. Ooh, what fun.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** Actually, a lot of people, it wasn't that fun because everyone had died.

**ANGELA HARTNETT:** Mm.

**HELENA BONHAM CARTER:** From the First World War.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** So with my character, it's like she's grief central.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** She's stuck in 1915 when she lost her-

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** -her son.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** And she's quite eccentric as a result. Um, and she and Bundle are living in this massive house.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** There's always a massive house in Agatha Christie, you see. Which is called Chimneys, which was Badminton, where we shot.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** Which is where they invented Badminton.

**NICK GRIMSHAW:** Oh, yeah.

**ANGELA HARTNETT:** Oh, right.

**HELENA BONHAM CARTER:** We were in the actual room.

**ANGELA HARTNETT:** Oh, brilliant.

**NICK GRIMSHAW:** Call it Badminton.

*[studio laughter]*

**NICK GRIMSHAW:** Call it Badminton.

**HELENA BONHAM CARTER:** I mean, the places we get to go.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** And it was, it was really fun. She's amazing, Mia McKenna Bruce.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** Huge energy. I mean, she, and you know what? Within two weeks, it's always odd how sometimes the subject of the thing informs what happens.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** She didn't get killed, but she did break her foot.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** Within three weeks. And it was like, oh my God, what are we going to do? She slipped up.

**NICK GRIMSHAW:** Oh, whoah.

**ANGELA HARTNETT:** Oh crikey.

**HELENA BONHAM CARTER:** And we thought, well, we're, we're f\*\*\*\*\*.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** I mean, it's like a footballer.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** Because everything was following her.

Because-

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** -it was all steady-cam. She can't walk. She's just hobbling.

**NICK GRIMSHAW:** Mm-hm.

**HELENA BONHAM CARTER:** And also you could hear her from a mile off, away-

**ANGELA HARTNETT:** [*laughs*]

**HELENA BONHAM CARTER:** -dragging her thing. And then what was amazing was, so I thought, right, we're going to have a nice time off.

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** And then within 24 hours, they discovered that she had her non-identical, as short as she is, because she is proper tiny-

**ANGELA HARTNETT:** Mm.

**HELENA BONHAM CARTER:** -sister was flown in. They had a wig on, put the wig on. And she did all the walking shots.

**NICK GRIMSHAW:** All the walking shots.

**HELENA BONHAM CARTER:** Yeah. And Mia did all the stationary close-up ones. [*laughs*]

**NICK GRIMSHAW:** Oh my god.

**ANGELA HARTNETT:** No way!

**HELENA BONHAM CARTER:** And I just thought, oh no-

**NICK GRIMSHAW:** Oh no can we not.

**HELENA BONHAM CARTER:** -we do have to work yeah we work-

**NICK GRIMSHAW:** Oh.

**HELENA BONHAM CARTER:** -and then what happened her leg got better and then we shot this other scene of me coming down the staircase.

**NICK GRIMSHAW:** Uh-huh.

**HELENA BONHAM CARTER:** I slipped up and everyone was like aw-

**NICK GRIMSHAW:** Oh no.

**HELENA BONHAM CARTER:** And my foot was well messed up, didn't break.

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** Didn't break.

**HELENA BONHAM CARTER:** But within a fraction.

**NICK GRIMSHAW:** Oh wow.

**HELENA BONHAM CARTER:** Same foot!

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** Badminton.

**NICK GRIMSHAW:** No double-

**HELENA BONHAM CARTER:** Badminton.

**ANGELA HARTNETT:** It's not a safe place.

**HELENA BONHAM CARTER:** And you know what? It is not. It's exactly like an Agatha Christie house.

**NICK GRIMSHAW:** Mm-hm.



**HELENA BONHAM CARTER:** It looks gorgeous, but it's not safe.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Not safe.

**HELENA BONHAM CARTER:** And when I first went to the location-

**ANGELA HARTNETT:** I mean, apart from the murders.

**HELENA BONHAM CARTER:** -apart from the murders, I thought that staircase is lethal.

**NICK GRIMSHAW:** [*laughs*] Yeah, and it was.

**HELENA BONHAM CARTER:** And I was right! Anyway, it's really worth watching.

**NICK GRIMSHAW:** Yeah.

**HELENA BONHAM CARTER:** Apart from all that.

[*studio laughter*]

[*theme music plays*]

**NICK GRIMSHAW:** We come to the end of the show question. For your chance to win this Waitrose goodie bag, all you've got to do is answer the following question. On Dish, we have learned about some actors' on-set superpowers. Cynthia Erivo baked cookies for everyone on Wicked.

**HELENA BONHAM CARTER:** [*scoffs and rolls eyes*]

[*studio laughter*]

**NICK GRIMSHAW:** Olivia Colman-

**HELENA BONHAM CARTER:** Of course, everyone did, oh God.

**NICK GRIMSHAW:** Olivia Colman had her pull my finger trick.

**ANGELA HARTNETT:** Oh yeah, that's right.

**NICK GRIMSHAW:** Which we discovered around this table.

**HELENA BONHAM CARTER:** What's pull my finger?

**NICK GRIMSHAW:** You don't want to pull Olivia Colman's finger.

**HELENA BONHAM CARTER:** I probably do.

**NICK GRIMSHAW:** What is your on set superpower?

**HELENA BONHAM CARTER:** Snacks.

**NICK GRIMSHAW:** Snacks, of course!

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** That's it.

**HELENA BONHAM CARTER:** What's weird is that I come on set, and everyone takes the piss, but by the end, everyone's going.

**ANGELA HARTNETT:** I bet they're eating.

**NICK GRIMSHAW:** They all want them.

**HELENA BONHAM CARTER:** Everyone's coming to like, do you have some chocolate?

**ANGELA HARTNETT:** Yeah

**NICK GRIMSHAW:** Exactly.

**HELENA BONHAM CARTER:** Do you have like-

**ANGELA HARTNETT:** Of course, course.

**NICK GRIMSHAW:** So, you may mock her, but she's key to production, actually.

**ANGELA HARTNETT:** Yeah, very key.

**NICK GRIMSHAW:** Actually, thank you.

**HELENA BONHAM CARTER:** I provide my own catering.

**NICK GRIMSHAW:** Yes.

**ANGELA HARTNETT:** Yeah, saving them money as well.

**HELENA BONHAM CARTER:** Yeah.

**NICK GRIMSHAW:** That's an on-set superpower.

**HELENA BONHAM CARTER:** I basically am a wannabe usherette.

**NICK GRIMSHAW:** *[laughs]*

**HELENA BONHAM CARTER:** Because I like making.

**NICK GRIMSHAW:** Bringing in a thing.

**HELENA BONHAM CARTER:** Yeah, just providing the thing that people need.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Making people happy. You're a giver, you're a giver.

**HELENA BONHAM CARTER:** I try, I try to be.

**ANGELA HARTNETT:** Yeah

**HELENA BONHAM CARTER:** I mean, a lot of people don't want to take from me.

*[studio laughter]*

**HELENA BONHAM CARTER:** But-

**ANGELA HARTNETT:** For shoving chocolate into them.

**HELENA BONHAM CARTER:** But I am.

**NICK GRIMSHAW:** There you are. Well, the goodie bag is yours.

Congratulations. The goodie bag is yours.

*[studio applause and clapping]*

**NICK GRIMSHAW:** You can take that on set.

**HELENA BONHAM CARTER:** Thank you.

**NICK GRIMSHAW:** Helena, thank you so much.

**HELENA BONHAM CARTER:** My please

**NICK GRIMSHAW:** That was so fun.

**ANGELA HARTNETT:** You were brilliant.

**HELENA BONHAM CARTER:** That was really fun and now I feel confident.

**NICK GRIMSHAW:** Yeah, you could do a cheese toastie.

**HELENA BONHAM CARTER:** I could do a cheese toastie.

**ANGELA HARTNETT:** Of course, you can.

**NICK GRIMSHAW:** You could do a cheese toastie.

**ANGELA HARTNETT:** Yeah.

**HELENA BONHAM CARTER:** And basically everyone, all they want is a cheese toastie.

**NICK GRIMSHAW:** That's all you want.

**ANGELA HARTNETT:** Yeah, everyone wants that.

**NICK GRIMSHAW:** I'm going to finish yours actually.

**ANGELA HARTNETT:** You can have mine. You can take the shallots if you want.

**NICK GRIMSHAW:** Helena, thank you so much.

**HELENA BONHAM CARTER:** Can I?

**NICK GRIMSHAW:** Yeah, get them in the snack bag.

**HELENA BONHAM CARTER:** My, my, um-

**ANGELA HARTNETT:** Elevated.

**HELENA BONHAM CARTER:** Everything's elevating me. You're elevating me guys.

*[studio laughter]*

**HELENA BONHAM CARTER:** Thank you for the elevation.

**NICK GRIMSHAW:** A round of applause for our guest Helena Bonham Carter everybody.

*[studio applause]*

*[theme song plays]*

**NICK GRIMSHAW:** Thank you so much.

**ANGELA HARTNETT:** Thank you.

**HELENA BONHAM CARTER:** Thank you.

**NICK GRIMSHAW:** Thank you.

**HELENA BONHAM CARTER:** Thank you, everyone.

**NICK GRIMSHAW:** I loved her. I loved Helena Bonham Carter.

**ANGELA HARTNETT:** She was fantastic.

**NICK GRIMSHAW:** Wasn't she?

**ANGELA HARTNETT:** You just want to go out and go out with her.

**NICK GRIMSHAW:** Oh, my God.

**ANGELA HARTNETT:** You'd have such fun.

**NICK GRIMSHAW:** I thought she was so fab.

**ANGELA HARTNETT:** She just doesn't care.

**NICK GRIMSHAW:** No, she really doesn't.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** I loved it. I loved just having her root through the bag.

**ANGELA HARTNETT:** And I bet if we turned up at her house and said, we're here to cook, she'll just go, yeah, 'Come in.'

**NICK GRIMSHAW:** Come on in.

**ANGELA HARTNETT:** 'There's the kitchen'

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** 'Tidy up.'

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** 'I'll see you in a minute.' And she'd go and make us a martini or something.

**NICK GRIMSHAW:** I loved her. Yeah, she was great fun. Um, well, before we wrap up today's episode, we actually have a message from Claire who starts by fusing our names together in quite a bad way. She says, 'Hi Nangeick.'

**ANGELA HARTNETT:** Not sure I'm a big fan of that.

**NICK GRIMSHAW:** No, I'm not sure about Nangeick. Angelic might be better.

**ANGELA HARTNETT:** No.

**NICK GRIMSHAW:** Or Nanjula. Nanjula?

**ANGELA HARTNETT:** I don't think any of them.

**NICK GRIMSHAW:** No, we don't need it.

**ANGELA HARTNETT:** I don't think we need to fuse.

**NICK GRIMSHAW:** No, it's fine. We don't need to fuse.

**ANGELA HARTNETT:** Why are you doing that, Emma?

**NICK GRIMSHAW:** We don't need to. She's called Claire.

**ANGELA HARTNETT:** Oh, Claire.

*[crew laughter]*

**NICK GRIMSHAW:** Why are you doing that, Emma?

**ANGELA HARTNETT:** Oh Emma.

**NICK GRIMSHAW:** Get that as new merch.

*[crew laughter]*

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** Why are you doing that, Emma? Anyway, Claire says-

**ANGELA HARTNETT:** Claire, why are you doing that, Claire?

**NICK GRIMSHAW:** -'I have an asparagus question that I'm sure either of you can answer. Well, maybe Ange. Is there an urban myth that you need to break the stalks? I'm not even sure why you do it. Something to do with getting rid of woody ends? Love listening to Dish and have listened right from the beginning. Keep up the good work. Love, Claire.' Thank you, Claire. Yeah, you know you get asparagus, and you snap it?

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** And it's just sort of like it snaps where it snaps. Should we be doing that?

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** Yes. Yeah. And is it to get rid of the woody ends?

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** Yeah. Okay, thanks for getting in touch, Claire.

**ANGELA HARTNETT:** *[laughs]* Done, next.

**NICK GRIMSHAW:** More question answered next week.

**ANGELA HARTNETT:** Yes, yes, yes.

**NICK GRIMSHAW:** So, you just get rid of them, yeah.

**ANGELA HARTNETT:** You do, no. Especially at sort of the end of the season, they're much more woody bits.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Um, I know why she's asking that, because she's probably buying them in maybe supermarkets. And I'll be honest-

**NICK GRIMSHAW:** Like Waitrose.

**ANGELA HARTNETT:** Maybe a little bit out of season, probably get, and they won't have those sort of woody bits because they're not being really cultivated right.

**NICK GRIMSHAW:** Right.

**ANGELA HARTNETT:** So, when you're buying them in season, which will start sort of Easter time and they'll run for a couple of months, you'll always get those woody bits and they just snap where they should.

**NICK GRIMSHAW:** Mm-hm

**ANGELA HARTNETT:** And that's all you need to do.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Then fry them, cook them, boil them, whatever you want to do with them.

**NICK GRIMSHAW:** All right. So yeah, you are absolutely right, Claire.

**ANGELA HARTNETT:** Well, done, Claire.

**NICK GRIMSHAW:** Yeah, well done, Claire. You know what's up.

**ANGELA HARTNETT:** Thank your mate, Emma.

**NICK GRIMSHAW:** If you do want to get in touch with us, email us [dish@waitrose.co.uk](mailto:dish@waitrose.co.uk) with any questions and Angela will deep dive into answers for you.

*[theme song plays]*

**NICK GRIMSHAW:** If that episode has left you wanting more, find us on Instagram, TikTok and YouTube. Just search Dish.

**ANGELA HARTNETT:** If you want to make any of the meals I cook on Dish, head to [waitrose.com/dishrecipes](https://waitrose.com/dishrecipes) for all the ingredients and the recipes.

**NICK GRIMSHAW:** Email your questions, thoughts, and suggestions to [dish@waitrose.co.uk](mailto:dish@waitrose.co.uk).

**ANGELA HARTNETT:** Dish from Waitrose is a Cold Glass production.

**VOICEOVER:** Waitrose, the home of food lovers.