

**Sara Pascoe is bowled over by our minestrone soup**



**NICK GRIMSHAW:** Dish from Waitrose is a Cold Glass Production. This podcast may contain some strong language and adult themes.

*[theme music plays]*

**NICK GRIMSHAW:** Hello and welcome to Dish from Waitrose. I am Nick Grimshaw.

**ANGELA HARTNETT:** And I'm Angela Hartnett.

**NICK GRIMSHAW:** Uh, hello, welcome. Um, hey, we have today coming to see us, on Dish, Sara Pascoe.

**ANGELA HARTNETT:** Oh yes! Like her.

**NICK GRIMSHAW:** Oh yes.

**ANGELA HARTNETT:** We like Sara, we do.

**NICK GRIMSHAW:** Have you met Sara Pascoe before?

**ANGELA HARTNETT:** Never met Sara, no.

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** You must know that, I've met about 4 people that have been on this podcast, ever.

**NICK GRIMSHAW:** Well, I never know, I never know, you, you never know with you.

**ANGELA HARTNETT:** But we both come from- I, I grew up in Kent but then moved to Essex when I was about 11, and Sara grew up in Essex, so I wonder if she's been to some of the same things I might have been.

**NICK GRIMSHAW:** Where would you go out clubbing in Essex that Sara Pascoe might have been?

**ANGELA HARTNETT:** You went to the Shannon, which was in Ilford-

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** -which is the Irish club, which is all Catholic Irish.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** And then Hollywood's-

**NICK GRIMSHAW:** Oh.

**ANGELA HARTNETT:** -was the big club in Romford. So I will ask whether she went to Hollywood's.

**NICK GRIMSHAW:** Did you go Hollywood's?

**ANGELA HARTNETT:** I went to Hollywood's.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** I'm just thinking, I'm trying to, because I'm you know, over 10 years older than her, so she, it might not have been around when she was, but we'll see.

**NICK GRIMSHAW:** I love that for a club name, Hollywood's.

**ANGELA HARTNETT:** Hollywood's.

**NICK GRIMSHAW:** [*in a Cockney accent*] 'Going down Hollywood's.'

**ANGELA HARTNETT:** [*in a Cockney accent*] 'Going down Hollywood's.'

**NICK GRIMSHAW:** [*in a Cockney accent*] 'Going down Hollywood's.' Um, well, SARA Pascoe is here to talk about a lot of great things.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Of course, she's an excellent comic, you will have seen her on all over the telly, everything from panel shows-

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** -she's presented shows like Great British Sewing Bee, uh, The Last Woman on Earth as well-

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** -when she travelled the world. And but one thing that we've got to talk to her about is she, uh, has two great loves in her life.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Soup and Take That.

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** Do either of these things strike any-

**ANGELA HARTNETT:** Soup, I love.

**NICK GRIMSHAW:** Yeah

**ANGELA HARTNETT:** Soup, I'm totally with her on the soup.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Take That, don't mind.

**NICK GRIMSHAW:** Don't mind.

**ANGELA HARTNETT:** But as I said, I'm quite older than her, so my band, uh, Duran Duran, and then Spandau Ballet as well.

**NICK GRIMSHAW:** Oh yes.

**ANGELA HARTNETT:** And of course, as you saw when, um-

**NICK GRIMSHAW:** Martin came on.

**ANGELA HARTNETT:** -Martin came on, sort of weak at the knees because he was my crush then, you see.

**NICK GRIMSHAW:** Well, Sara Pascoe, today on to talk about obviously her life, we will talk about Take That-

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** -we will talk about soup. It's the first time we've had soup.

**ANGELA HARTNETT:** I know, you're not a big fan, are you?

**NICK GRIMSHAW:** Ah, not really.

**ANGELA HARTNETT:** How you describe it, it's not your genre.

**NICK GRIMSHAW:** It's not my genre.

**ANGELA HARTNETT:** Which has just kept me chuckling all morning.

**NICK GRIMSHAW:** Yeah, I, I, yeah, I think it's my least favourite genre of food.

**ANGELA HARTNETT:** Yeah, so you never make soup? If you had to, chunky or smooth? Nothing-

**NICK GRIMSHAW:** Mm, broth.

**ANGELA HARTNETT:** Broth.

**NICK GRIMSHAW:** Like, I like more that route, brothy.

**ANGELA HARTNETT:** Okay.

**NICK GRIMSHAW:** I don't like, uh, I think, do you know what I think it is? From working in offices-

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** -you know, when people have-

**ANGELA HARTNETT:** It's the smell of it-

**NICK GRIMSHAW:** -have a soup in the microwave.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** And then once that soup's been in the microwave, like, your office is smelling like that 'til next Wednesday.

**ANGELA HARTNETT:** Well, it smells like- Yeah, no, I'm with you.

**NICK GRIMSHAW:** Like that is it. And it sort of lingers.

**ANGELA HARTNETT:** Yeah, yeah.

**NICK GRIMSHAW:** I don't know, there's something about soup that makes me think, we should open a window.

**ANGELA HARTNETT:** Yeah, yeah.

**NICK GRIMSHAW:** Yeah, go for a- I don't know.

**ANGELA HARTNETT:** I don't think you ever said you disliked anything I've made-

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** -so this could be the first time.

*[crew laughs]*

**NICK GRIMSHAW:** This will be nice. I can smell it, when I came in today, I was like, 'It smells good.' Um, before we, have our soupy SARA, um, we should talk about what's seasonal. Today we're going to talk about venison.

**ANGELA HARTNETT:** Oh yeah, I was looking down, but there is no venison.

**NICK GRIMSHAW:** Usually if you're watching this on YouTube or Spotify, usually you will bring a prop onto the table. I was hoping you'd bring up a raw bit of venison-

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** -or maybe bring a live one in.

**ANGELA HARTNETT:** A live one. Yeah.

**NICK GRIMSHAW:** Um, is this the time to be having venison?

**ANGELA HARTNETT:** It is, it's game season. So, it starts at the end of last year, sort of wintertime, goes right through to April. Um, we have lots of venison in this country, especially up in Scotland and Yorkshire and Berkshire especially. So, we really should, um, utilise it. It's really lean meat, it's really delicious, and we actually have more than we need. So, it's good to-

**NICK GRIMSHAW:** What in the UK? It's highly sustainable meat?

**ANGELA HARTNETT:** Yeah, it's very sustainable meat, uh, and you can make lovely stews with it, you can use it in burgers, you can make meatballs, you can do a pasta dish with it, or you can have just roasted piece of lovely venison.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** So it's delicious and it goes well with lots of berries like blackberries-

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** -figs, things like that, quinces, cherries, all that sort of thing, so it's good.

**NICK GRIMSHAW:** It's not an obvious thing to go and pop to Waitrose and get, is it?

**ANGELA HARTNETT:** No, but they do it in Waitrose now, so that's a good thing. And they probably- and I think they do them little steaks, which is perfect. And if you're into that high protein diet, venison is perfect for you.

**NICK GRIMSHAW:** Oh.

**ANGELA HARTNETT:** The only thing you need to, because it is very lean, if you're making it in a stew, maybe add a little bit of diced pancetta or something just to get that little fattiness thing.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** But it's very delicious.

**NICK GRIMSHAW:** What would you say if someone fancies to be super seasonal listening to this, they want to go and make venison for the first time? Do you think start with like a venison steak?

**ANGELA HARTNETT:** I think so. I think start with a steak and treat it like a steak. So, you'd roast it in the pan, cook it pink, and then serve it with a lovely lot of- in the oven, loads of root vegetables, your parsnips, onions, carrots, etc. Celeriac.

**NICK GRIMSHAW:** Mm, I'm really tasting that today.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** Do you know what I mean? Do you taste that?

**ANGELA HARTNETT:** And the thing is about venison, because it is so lean, you don't necessarily need a sauce with it. So, you could serve it with things like raredcurrant jellies-

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** -and things like that.

**NICK GRIMSHAW:** I thought you said rat.

**ANGELA HARTNETT:** [*laughs*]

[*crew laughs*]

**NICK GRIMSHAW:** Could serve it with rats.

[*theme music plays*]

**NICK GRIMSHAW:** Okay, well, let's get our guest Sara Pascoe in. We won't be having venison with her.

**ANGELA HARTNETT:** No.

**NICK GRIMSHAW:** She doesn't eat animal products.

**ANGELA HARTNETT:** No, she's vegan.

**NICK GRIMSHAW:** Venison is one. Um, so we'll get Sara Pascoe in.

*[studio cheering and applause]*

**NICK GRIMSHAW:** Yes

**SARA PASCOE:** Hi, hello!

**NICK GRIMSHAW:** Hi Sara Pascoe!

**ANGELA HARTNETT:** Hi Sara!

**NICK GRIMSHAW:** Welcome!

**SARA PASCOE:** Thank you so much.

**NICK GRIMSHAW:** How are ya?

**SARAPASCOE:** Thank you so much for having me.

**NICK GRIMSHAW:** Aw, thanks for coming.

**ANGELA HARTNETT:** Lovely to have you.

**NICK GRIMSHAW:** Come in, are you alright?

**SARA PASCOE:** I'm really well thank you.

**ANGELA HARTNETT:** Great.

**SARA PASCOE:** I saw you using your muscles on the cafetière.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** Cafetière, it was bloody hard work, tha. Yeah!

**ANGELA HARTNETT:** Yeah, for you.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** 2 hands.

**SARA PASCOE:** Thank you.

**NICK GRIMSHAW:** 2 hands.

**SARA PASCOE:** I know I saw, I saw your little arms trembling.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** I was like that! Biggest workout of my year. Ah, well, welcome. We'll get you in and sat down-

**ANGELA HARTNETT:** Yeah, lets get you sat down.

**NICK GRIMSHAW:** -and I'll pour you a coffee from that.

**SARA PASCOE:** Thank you.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** Are you sure you've got the upper body strength?

**NICK GRIMSHAW:** I can try

**SARA PASCOE:** *[laughs]*

**NICK GRIMSHAW:** I can try.

**SARA PASCOE:** To lift the whole thing.

*[theme music plays]*

**NICK GRIMSHAW:** Okay, it's guest time, Angela.

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** I feel like we should welcome our guest, who is a comedian, a writer, an author who loves to do their own introductions-

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** -at gigs.

**SARA PASCOE:** Please welcome to the podcast, it's Sara Pascoe.

*[studio cheering and applause]*

**NICK GRIMSHAW & ANGELA HARTNETT:** Yeah!

**SARA PASCOE:** Thank you.

**NICK GRIMSHAW:** Hi, Sara Pascoe.

**ANGELA HARTNETT:** Hi, Sara.

**SARA PASCOE:** This is the most amazing thing about being a comedian and why-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -I think everyone should be a comedian, is that you just get a clap for arriving at work.

[*studio laughter*]

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** You haven't done anything else but say your own name off stage and everyone's like, yeah.

**NICK GRIMSHAW & ANGELA HARTNETT:** Yeah!

**SARA PASCOE:** It's so nice.

**ANGELA HARTNETT:** That's true, actually. Yeah, I never thought about that.

**NICK GRIMSHAW:** Yeah, you don't get that in the restaurant, do you, Ange?

**ANGELA HARTNETT:** No!

**NICK GRIMSHAW:** You get boo!

[studio laughter]

**ANGELA HARTNETT:** Thank you, Nick. [laughs]

**SARA PASCOE:** [laughs]

**NICK GRIMSHAW:** ‘Boo! She’s here!’ Um, how are you, you alright?

**SARA PASCOE:** I'm really well, thank you. How are you?

**NICK GRIMSHAW:** Yeah, good. Thanks for coming to see us.

**ANGELA HARTNETT:** Yeah, we' re all good, thank you, yeah.

**NICK GRIMSHAW:** We've got you a, a coffee. You've asked for a black coffee.

**SARA PASCOE:** Yes.

**NICK GRIMSHAW:** To start.

**SARA PASCOE:** Yes. Well, I was offered alcohol.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** But I've got a tour show tonight.

**NICK GRIMSHAW:** Uh-huh.

**ANGELA HARTNETT:** Right.

**SARA PASCOE:** Otherwise, I'd love to have had a glass of wine with you guys.

**ANGELA HARTNETT:** Okay.

**SARA PASCOE:** But, um, yeah, that's why black coffee.

**ANGELA HARTNETT:** Where are you tonight?

**SARA PASCOE:** Uh, Nottingham.

**ANGELA HARTNETT:** Oh gosh, okay so-

**SARA PASCOE:** Yeah, so it's not too far or anything.

**ANGELA HARTNETT:** Not too bad.

**NICK GRIMSHAW:** Nah. Before you came in, we were just talking about two of your great loves-

**SARA PASCOE:** Yes.

**NICK GRIMSHAW:** -that I think we should start straight away by talking about.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Um, Take That and Soup.

**SARA PASCOE:** Oh God, I just combined them in my mind.

*[studio laughter]*

**NICK GRIMSHAW:** Oh boy, oh boy.

**SARA PASCOE:** Just bobbing around in a bisque.

**NICK GRIMSHAW:** Gary Barlow bisque.

**SARA PASCOE:** Little rubber rings.

*[studio laughter]*

**SARA PASCOE:** Gary Barlow bisque. Um, oh God, they are my, my two great loves. And, um, I was told that today it's, uh, 20 years since Take That broke up.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Oh, yeah

**NICK GRIMSHAW:** Oh 30!

**ANGELA HARTNETT:** 30.

**SARA PASCOE:** It can't be 30.

**NICK GRIMSHAW:** It's 30- 30?

**SARA PASCOE:** Oh my God, I'm much older than I thought I was. It is 30 years. 30 years.

**NICK GRIMSHAW:** 30? 30?

**ANGELA HARTNETT:** God.

**NICK GRIMSHAW:** It feels like they maybe got together about 20 years ago.

**ANGELA HARTNETT:** Mm, 30 feels long-

**SARA PASCOE:** Mm, 30 years since they broke up.

**NICK GRIMSHAW:** 30 years since they broke-

**ANGELA HARTNETT:** How were you when they broke up then?

**SARA PASCOE:** We were really devastated, me and my sister Cheryl. I mean, we did have a serious conversation about ending our lives-

**ANGELA HARTNETT:** Oh my gosh.

**SARA PASCOE:** But we just ended up— but we ended up just like bunking off school-

**NICK GRIMSHAW:** That's more, yeah.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** Because at school they took it really seriously. Like, all the kids are too depressed, you know, this is before mental health or anything.

**ANGELA HARTNETT:** Yeah, sure.

**SARA PASCOE:** They were worried about us. But I remember when Take That got back together, that was just such a sign of like, life is long-

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** -and things that you think are so traumatic at the time sometimes-

**ANGELA HARTNETT:** Aren't, yeah.

**SARA PASCOE:** Yeah, fully cycle.

**NICK GRIMSHAW:** How did the news get broken? Did they- they did like a press conference or something?

**SARA PASCOE:** It was on the news, yeah.

**NICK GRIMSHAW:** News!

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** It wasn't like social media days.

**NICK GRIMSHAW:** No.

**SARA PASCOE:** It was-

**ANGELA HARTNETT:** I bet it was on John Craven's Newsround. I think it was!

**SARA PASCOE:** That would've, that would've, that would have been in the afternoon.

**NICK GRIMSHAW:** I think it was main news.

**ANGELA HARTNETT:** And main news!

**SARA PASCOE:** I that it's like first thing in the morning. I think it was like-

*[crew laughs]*

**ANGELA HARTNETT:** Was it?

**SARA PASCOE:** We woke up and it was like-

**ANGELA HARTNETT:** Why they all laughing at John Craven's Newsround-

**NICK GRIMSHAW:** Yeah!

**SARA PASCOE:** Because it sounds like, it sounds like that's where you get all your information still.

*[studio laughter]*

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Who's your favourite? Or is your favourite?

**SARA PASCOE:** We love them equally-

**ANGELA HARTNETT:** Oh.

**SARA PASCOE:** -because we were so loyal

**NICK GRIMSHAW:** Yes.

**ANGELA HARTNETT:** Okay.

**SARA PASCOE:** And also, we felt that they were so different. We appreciated them for different things, I keep saying we because it's me and my sister Cheryl.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah, sure.

**SARA PASCOE:** Um, we the fans-

[*studio laughter*]

**SARA PASCOE:** Loved, loved them all equally for many different reasons.

**ANGELA HARTNETT:** Have you met any of them?

**SARA PASCOE:** No, and I don't think I ever can. [*laughs*]

**ANGELA HARTNETT:** [*laughs*] Is there a restraining order that we don't know about?

**NICK GRIMSHAW:** Yeah, it's not by choice, by law.

**SARA PASCOE:** I don't think I'd be able to be as cool as I would like to be-

**ANGELA HARTNETT:** Right, okay, yeah.

**SARA PASCOE:** And then I think I'd regret it forever. Have you ever had that with anyone?

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Um, yeah, and I've got it-

**SARA PASCOE:** When you just really adore them.

**ANGELA HARTNETT:** I have gushed a couple of times.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Clive Owen came to the restaurant once.

**SARA PASCOE:** Oh yeah.

**ANGELA HARTNETT:** And, and not so much 'cause- Yeah, huge fan, but also extraordinarily good looking.

**SARA PASCOE:** Yes.

**ANGELA HARTNETT:** And so you're just like- And my friend who was with him, Peter, brought him in afterwards. He said, 'You were pathetic.'

**NICK GRIMSHAW:** Oh no!

**ANGELA HARTNETT:** *[laughs]* because I was just like, ‘Oh, so lovely to meet you, you’re amazing.’

*[studio laughter]*

**ANGELA HARTNETT:** Oh yeah, I've done it with loads of people! Idris Elba came to the restaurant, and Neil just came up and goes, ‘Hello, I'm her boyfriend.’

*[studio laughter]*

**SARA PASCOE:** Yeah.

**ANGELA HARTNETT:** I was going, ‘Oh my God, you're amazing.’

**SARA PASCOE:** Yeah.

**ANGELA HARTNETT:** Yeah, no, I'm pathetic. I really shouldn't meet any of them.

**SARA PASCOE:** Yeah, with very handsome men, it sounds like that's your thing.

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** You just like- You know, anyway, so I have done that. Not any chefs, just actors-

**NICK GRIMSHAW:** Just actors.

**ANGELA HARTNETT:** -who are really good looking.

**SARA PASCOE:** Yeah. What about you?

**NICK GRIMSHAW:** I did make a good decision once to not meet Prince. I went to see Prince.

**ANGELA HARTNETT:** Oh yeah.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** And then afterwards someone was like, 'Do you want to meet him?' And I was like, like, yeah, and then walk in to meet him, I was like, 'No.' Because what am I gonna say? Like, 'Oh, I love your songs.'

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Like, 'That was good.'

**SARA PASCOE:** And, and, then you'd see the look of disappointment in his face.

**NICK GRIMSHAW:** Yeah, like he didn't care.

**SARA PASCOE:** What are you gonna tell him? 'You're a genius.'

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** 'You're the best at this.'

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** Like, you're my-

**NICK GRIMSHAW:** 'Purple Rain's good.'

**SARA PASCOE:** He knows all that stuff.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** And then it's like, oh.

**NICK GRIMSHAW:** Now what? Yeah.

**SARA PASCOE:** And then and you'd-

**NICK GRIMSHAW:** Yeah, yeah.

**SARA PASCOE:** That would forever be the memory.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Agree.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** So, I avoided.

**SARA PASCOE:** The cool thing would be to meet them in a different circumstance and like also like sort of make out you don't know who they are.

**NICK GRIMSHAW:** Oh yeah.

**ANGELA HARTNETT:** Oh.

**SARA PASCOE:** ‘We're just really getting on.’

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** ‘Oh, do you do music?’

**NICK GRIMSHAW:** ‘Oh!’

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** ‘Oh, that explains the platforms and the trilby!’

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**SARA PASCOE:** That was my fantasy with Take That. I used to have this fantasy that in Romford, where I grew up-

**ANGELA HARTNETT:** Mm.

**SARA PASCOE:** -that their limo would break down-

**ANGELA HARTNETT:** Right.

**SARA PASCOE:** -on the way to Wembley.

**NICK GRIMSHAW:** *[laughs]*

**SARA PASCOE:** And I'd be like, 'Oh guys, are you alright?' And they'd be like, 'Uh- We need the AA.' And I'd be like, 'Come in, I'll make you beans on toast.'

*[studio laughter]*

**SARA PASCOE:** Cooking!

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** And I had to- They'd be like, in my front room, and then they'd be like, 'Oh, we've forgotten how to be normal people.'

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** 'Thank you so much.'

**ANGELA HARTNETT:** Mm.

**SARA PASCOE:** 'For giving us this taste of-'

**NICK GRIMSHAW:** Of normality.

**ANGELA HARTNETT:** Normality.

**NICK GRIMSHAW:** Of life.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** ‘Thanks for seeing us as humans.’

**ANGELA HARTNETT:** Of course, yeah.

**SARA PASCOE:** And then I'd be like, ‘If you want to bath-’

[*studio laughter*]

**SARA PASCOE:** ‘Help yourself, like make yourself at home.’ And then I'd go into school the next day and I'd be like, ‘Oh, I'm just friends with, Take That now.’ And they'd be like, and they'd be like, ‘Sara, more of your lies.’ And I'd be like, ‘This one's true.’

**NICK GRIMSHAW:** This is true.

**ANGELA HARTNETT:** [*laughs*]

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** I'm surprised you've not met them though and like crossed paths at like telly or going to do radio shows.

**ANGELA HARTNETT:** Mm, yeah.

**SARA PASCOE:** I think I maybe could have pushed it a little bit. Aisling, my friend Aisling Bea-

**NICK GRIMSHAW:** Uh-huh.

**SARA PASCOE:** -was in the Take That movie.

**ANGELA HARTNETT:** Right, okay.

**NICK GRIMSHAW:** Oh yes.

**SARA PASCOE:** And they had a premiere in Leicester Square, and again, I queued up, but I was about 7 months pregnant, and I was pushing my toddler and it was hot. And I just suddenly went, ‘This is not right.’

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** ‘I can't meet Mark Owen like this.’

**ANGELA HARTNETT:** No.

**NICK GRIMSHAW:** Not right now.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Yeah. Not right now.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Now we move on to your other obsession.

**ANGELA HARTNETT:** Yes.

**SARA PASCOE:** Yes.

**NICK GRIMSHAW:** Soup.

**SARA PASCOE:** I love soup, so, much.

**NICK GRIMSHAW:** What do you love more?

**SARA PASCOE:** Oh, soup or Take That?

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** Well, I probably eat soup more than I listen to Take That's music.

**ANGELA HARTNETT:** Oh.

**SARA PASCOE:** But if I had to get rid of one for the planet, I'd feel really selfish getting rid of Take That, so I'd get rid of soup.

**NICK GRIMSHAW:** Get rid of soup.

**ANGELA HARTNETT:** Okay.

**SARA PASCOE:** Not that you were making me.

**NICK GRIMSHAW:** No, we're not. It's not a hard and fast rule. Yeah, um, we were talking about before you came on, I am not a massive soup fan. Brothy business, yes, like a ramen-

**SARA PASCOE:** So like miso?

**NICK GRIMSHAW:** -oh yeah, or like a miso, or what we're having today.

**ANGELA HARTNETT:** You wouldn't like a sort of creamed celeriac or celery soup?

**SARA PASCOE:** No one would like that!

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** It's a soup!

**NICK GRIMSHAW:** Thank you, Sara!

**ANGELA HARTNETT:** It is a soup.

**SARA PASCOE:** Creamed- I know, but you've just taken the worst two things-

**ANGELA HARTNETT:** [*laughs*]

**SARA PASCOE:** -and put them together.

**NICK GRIMSHAW:** Yeah, not a creamy, not a creamy guy.

**ANGELA HARTNETT:** No creamy soup.

**NICK GRIMSHAW:** Not a creamy guy, yeah.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Um, wanted to go through some of your likes and dislikes.

**ANGELA HARTNETT:** Mm.

**SARA PASCOE:** Okay, yeah, yeah.

**NICK GRIMSHAW:** They are sort of soup-ish.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Alongside soup, we have stew.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Also, laksa.

**SARA PASCOE:** Yeah, yeah, so these are sort of soup adjacent.

**NICK GRIMSHAW:** Soup adjacent.

**SARA PASCOE:** Lumpy soups.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** I wonder if I'm dehydrated.

*[studio laughter]*

**SARA PASCOE:** My body is so desperate for fluid-

**ANGELA HARTNETT:** You need moisture in there.

**SARA PASCOE:** -that I like to eat it.

**NICK GRIMSHAW:** And other things to mention on the list, uh, mashed potato, avocado, mango, and tofu. You don't eat animal products?

**SARA PASCOE:** No.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** No. Um, you've also said that mash, better than chips.

**SARA PASCOE:** Yeah, I think, I think this is comfort food territory-

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Right, yeah.

**SARA PASCOE:** And I think soup, the warmth of it.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** And it's so healthy.

**ANGELA HARTNETT:** Mm, yeah.

**SARA PASCOE:** It's such a great way to eat loads of beans and vegetables.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** Stew exactly the same for that reason. And mash, for me, that's like a disgusting comfort food.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** Like, you know, you can make it taste so buttery, you can put olive oil in it.

**NICK GRIMSHAW:** Mh-hm.

**ANGELA HARTNETT:** Yeah, sure.

**SARA PASCOE:** Salt and pepper. And I don't know, I'm miming like a pig  
[imitates a pig]

**ANGELA HARTNETT:** [laughs]

[crew laughs]

**NICK GRIMSHAW:** No, I love mash.

**SARA PASCOE:** I wanna shove it into my face.

**NICK GRIMSHAW:** There is something deeply comforting about it.

**ANGELA HARTNETT:** Yeah, yeah, yeah, there is.

**SARA PASCOE:** And it's a great addition to a roast. My husband is obsessed with his own roast potatoes.

**ANGELA HARTNETT:** Right.

**SARA PASCOE:** But he won't do mash as well. And I'm like, you can have both.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** So would you do both?

**SARA PASCOE:** Yeah, I would.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** He's I shouldn't say this in public, but his roast potatoes are too crispy for me.

**NICK GRIMSHAW:** Whoa.

**ANGELA HARTNETT:** Ooh.

**SARA PASCOE:** I like the squashy bit inside a potato.

**NICK GRIMSHAW:** Right, right.

**ANGELA HARTNETT:** Oh.

**SARA PASCOE:** And he likes all very skin.

**ANGELA HARTNETT:** So for you, it's a texture thing as much as anything.  
Yeah, okay.

**SARA PASCOE:** Yeah, I think so.

**ANGELA HARTNETT:** And is he vegan as well?

**SARA PASCOE:** No.

**ANGELA HARTNETT:** No okay.

**SARA PASCOE:** Exact opposite. Greek-Australian.

**ANGELA HARTNETT:** Right.

**SARA PASCOE:** Likes really good meats-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -that's taken 6 hours.

**ANGELA HARTNETT:** Crikey, yeah.

**NICK GRIMSHAW:** Yeah, and how is that? Are you sort of averse to?

**SARA PASCOE:** We're divorcing, yeah.

*[studio laughter]*

**ANGELA HARTNETT:** Every Sunday roast.

**SARA PASCOE:** I really thought I could convert him, but 5 years in, nope.

**NICK GRIMSHAW:** Nope.

**ANGELA HARTNETT:** No chance.

**NICK GRIMSHAW:** Nope, not doin' it.

**SARA PASCOE:** He's still a murderer.

*[studio laughter]*

**SARA PASCOE:** It's over. It's fine. I am. I really believe that food is so personal.

**NICK GRIMSHAW:** Mh-hm, yeah.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** And we all have access to the same information

**NICK GRIMSHAW:** Mh-hm, yeah.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** And we make our own decisions.

**ANGELA HARTNETT:** Sure.

**SARA PASCOE:** I love not eating animals, but I also understand that, other people don't care.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** [*laughs*]

**SARA PASCOE:** And that's fine!

**NICK GRIMSHAW:** Yeah, that's fine.

**SARA PASCOE:** That's fine.

**NICK GRIMSHAW:** How long have you been-

**SARA PASCOE:** It is fine.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** -not eating animals for?

**SARA PASCOE:** Not since I was 7, eating meat.

**NICK GRIMSHAW:** Uh-huh.

**ANGELA HARTNETT:** Right.

**SARA PASCOE:** And then probably quite a long time ago, now maybe about 15 years ago, um I met lots of people who were also vegan. There's a lot of vegan stand-ups actually.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Mm.

**SARA PASCOE:** I don't know if you found this. Comedians used to be quite rock and roll, they used to like do cocaine and stuff, and now we're all just like-

**ANGELA HARTNETT:** Kombucha.

**SARA PASCOE:** Having naked baths and kombucha, [*laughs*], yeah.

**ANGELA HARTNETT:** [*laughs*] Well, I'm gonna get you a bowl of nutrition, lovely vegetables.

**NICK GRIMSHAW:** Ooh yes!

**SARA PASCOE:** Ooh, how exciting! Thank you so much for doing this for me.

**ANGELA HARTNETT:** That's all right.

**NICK GRIMSHAW:** Oh no, of course. We spoke about it before you came on. I think the soup issue for me was, you know, you smell it in like an office microwave.

**SARA PASCOE:** Yes.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** And do you mean like sort of tomato soup?

**NICK GRIMSHAW:** Yes.

**SARA PASCOE:** Is that what you think? Office microwave tomato soup-

**NICK GRIMSHAW:** Yeah and the sort of scent in a carpeted, grey room.

**SARA PASCOE:** Do you ever, when you're ill, really want soup though?

**NICK GRIMSHAW:** Not really, no.

**SARA PASCOE:** If you were rained on, would you want a can of tomato soup then?

**NICK GRIMSHAW:** No, uh-

**SARA PASCOE:** No scenario? Even like-

**NICK GRIMSHAW:** I don't think I'd-

**SARA PASCOE:** No.

**NICK GRIMSHAW:** No. I think the only time I'd have soup is when Sara Pascoe came on.

**SARA PASCOE:** *[laughs]*

**NICK GRIMSHAW:** [*laughs*]

**SARA PASCOE:** And you've got no choice.

**NICK GRIMSHAW:** No choice. Yeah, yeah. Never crave it

**SARA PASCOE:** Pascoe won't turn up unless there's soup.

**NICK GRIMSHAW:** Yeah, she won't come unless there's- No soup, no turn up. Um, what about when you're touring-

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** -like tonight for example?

**SARA PASCOE:** Yes.

**NICK GRIMSHAW:** I think it's so much more hardcore than a band.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Like, when you look at these shows, they're on for like, on for years.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Do you enjoy that element of, of, being out and about?

**SARA PASCOE:** I like being by myself-

**NICK GRIMSHAW:** Mm-hm.

**SARA PASCOE:** -and I like trains-

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** -and I like reading, or I like doing some writing, so I really like it. Apart from about 20 minutes beforehand, when I'm in the backstage. I don't know if you ever have this before work, because, you know, like, we do things that we love, we're so lucky, but like, just before it starts, you go, 'What am I doing? What am I doing this for?' Like, you know, you get nervous, or- It is also a job.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** So, 20 minutes before I go, 'What am I doing!'

**NICK GRIMSHAW:** 'I hate this.'

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** 'Terrifying.'

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Yeah. And then do you have any way to sort of battle that? Do you have any like pre-show?

**SARA PASCOE:** Yes. I just, I just try- This is what I tell myself, this is how I open my heart-

**NICK GRIMSHAW:** Mm.

**SARA PASCOE:** -to not sound too pretentious, but to just go, anyone who leaves the house to come and see something live when there's so much on their Netflix they haven't seen.

**NICK GRIMSHAW:** Yeah, true.

**SARA PASCOE:** TV's amazing, movie's amazing, you can just be snuggled at home with your own snacks. Leaving the house is such an act of wanting community, wanting togetherness, that makes me feel very emotional.

**NICK GRIMSHAW:** Mm-hm.

**SARA PASCOE:** And the fact that they've come to see me, oh my God, I'm so lucky.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** I try and make myself feel really grateful.

**NICK GRIMSHAW:** Yeah, that's good. That is good. Yeah, because they've not, yeah, they're going with the intention of that-

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** 'I love Sare Pascoe. I bought a ticket.'

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** 'I'm having a night out in the rain.'

**SARA PASCOE:** Yeah, exactly. Because I think otherwise you can get too much like, 'Oh what if I'm not good? Or what if I'm too tired.' Or

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** And they're negative thoughts to put in yourself.

**NICK GRIMSHAW:** Yeah, terrible.

**SARA PASCOE:** Yeah, because you must have that with live radio.

**NICK GRIMSHAW:** Yeah, every day.

**SARA PASCOE:** I don't know how, I don't know how anyone just talks-

**NICK GRIMSHAW:** Me neither.

**SARA PASCOE:** -without knowing what's gonna come out of their mouth.

**NICK GRIMSHAW:** Yeah, no, me neither. And you don't wanna think about it. I always think it's like when you're on a plane, you don't wanna start thinking, 'How does this work?' Don't think about it!

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Like, this is a bit heavy for this sky.

**SARA PASCOE:** How is it in the air? Yeah.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** Why am I trusting aerodynamics?

**NICK GRIMSHAW:** Yeah, just don't think about it.

**SARA PASCOE:** Yeah, yeah.

**NICK GRIMSHAW:** And I think, yeah, with radio or stand-up, just like, just get on with it.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Don't over- do the inner workings.

**SARA PASCOE:** Because I have delusions of grandeur, so a bit like the Take That limo story.

**NICK GRIMSHAW:** Uh-huh.

**SARA PASCOE:** No matter how high we are in the air, I have this sort of theory on how I'll survive on the plane.

**NICK GRIMSHAW:** Yes.

**SARA PASCOE:** Like [*laughs*]

**NICK GRIMSHAW:** 'We'll be alright!'

**SARA PASCOE:** I'll use a little table over my head-

**NICK GRIMSHAW:** [*laughs*]

**SARA PASCOE:** -and they'll be like, 'Wow, only Sara survived the whole crash.'

[*crew laughs*]

**SARA PASCOE:** 'Yeah, no one even thought to put the tray over their head.'

**NICK GRIMSHAW:** [*laughs*]

**SARA PASCOE:** Yeah, yeah. Absolutely. 'My skull was safe.'

[*theme music plays*]

**SARA PASCOE:** So many vegetables and it smells so lovely. So this would never be in a microwave in an office.

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** No.

**SARA PASCOE:** No. I bet Idris Elba would love it.

**ANGELA HARTNETT:** He'd love it.

**NICK GRIMSHAW:** Oh, Idris would love a bit of this.

**ANGELA HARTNETT:** He would love it.

**NICK GRIMSHAW:** Um, so talk us through this minestrone soup, Ange, that we've got here. Um, how-

**SARA PASCOE:** Oh my God, it's so nice.

**ANGELA HARTNETT:** Aw, thank you.

**SARA PASCOE:** Nick, I can't wait for you to eat it and become a soup convert for the rest of your life.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** Um, so yeah, so tell us what we've got here, Ange. How did you make this minestrone soup?

**ANGELA HARTNETT:** So it's a Martha Collison recipe, and it's the best minestrone soup. And so it's olive oil in a pan, then you add your chopped carrots, your onion, your celery, Sauté that down for about 10 minutes, then add your garlic, then it's tinned tomatoes and your stock, tinned cannellini beans, and then you cook all of that for about 15 minutes. Then when you're ready to serve your soup, because that's your base-

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** -then you add in your cavolo nero and your courgettes diced because they're softer, so they'll take less time to cook, and have your pasta pre-cooked on the side.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** So then you finish that all off together.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** And there may be a bay leaf in there, so just be careful because I only took one out and I couldn't find the other one.

**NICK GRIMSHAW:** Okay, I'll find that. Bit of a fun game.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** And then you always cook the pasta separately. Why would you do it separately to-

**ANGELA HARTNETT:** Well, I think these are big pieces of pasta. If I had little ditalini at home and I was gonna serve the whole soup in one go, then I'd put it probably in the pasta. But because there's extra left, then I sort of just cook it on the side.

**NICK GRIMSHAW:** Okay.

**ANGELA HARTNETT:** Just 'cause then if I've got more, 'cause if you leave it in the soup, it's gonna absorb it all.

**SARA PASCOE:** It gets really giant.

**ANGELA HARTNETT:** Yeah, exactly. Yeah.

**SARA PASCOE:** It's like penne, it's like that long.

**ANGELA HARTNETT:** Yeah, it becomes huge.

**NICK GRIMSHAW:** Mm. Wow, that is so tasty.

**ANGELA HARTNETT:** There you go, see, you're converted, aren't you?

**NICK GRIMSHAW:** Maybe I don't like the mush of soup 'cause this has like got bits-

**ANGELA HARTNETT:** Texture to it.

*[crew laughs]*

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Can you tell I've been doing this for years?

**SARA PASCOE:** *[laughs]* Wow, please translate for a normal person.

**NICK GRIMSHAW:** Yeah, no, it's so good, so tasty. And then what's like the umami situation?

**ANGELA HARTNETT:** A little bit of Parmesan. The cheeses on the top, like the rinds of cheese, like Parmesan. If you had that, you'd put that in the base when you're cooking the soup

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** Because all of that will sort of melt down into it. And if you want to spice it up, which I think if you've got a cold, whenever we're not well, we'll make something like this, but we put chilli in as well.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Oh yeah.

**ANGELA HARTNETT:** Or smoked, you know, chipotle chillies in it-

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** -you know, and it's great.

**NICK GRIMSHAW:** It's really good.

**ANGELA HARTNETT:** It's a great way of using all dried spices as well. So you can add dried oregano, if you've got even mixed herbs, you can use those. And then we just finish it with fresh parsley, but you don't need it if you haven't got the fresh parsley.

**NICK GRIMSHAW:** Wait, I love this.

**ANGELA HARTNETT:** Dried is fine.

**SARA PASCOE:** It's really good.

**ANGELA HARTNETT:** You really?

**NICK GRIMSHAW:** I love soup.

**ANGELA HARTNETT:** I love soup [*laughs*]

**SARA PASCOE:** Now he's become a soup guy.

[*crew laughs*]

**NICK GRIMSHAW:** I love soup. And then where would you, uh you know, we like Italy, we like her to guard a region. They're like, 'Oh, we'd never do that in Bologna.' Where's minestrone from?

**ANGELA HARTNETT:** It's- Well, I think they've all got a version of it. They've all got a version of soup, you know, different regions. You know, I was talking about when I was doing it, there's one that's pasta and fagioli, so it's beans and pasta. But everywhere in Italy's got their own version of it. So, you know, but minestrone I think is the North, Emilia-Romagna-

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** -probably Tuscany that way, you know.

**NICK GRIMSHAW:** There is a wine pairing, um a blue print Gavi, um from Waitrose, of course!

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** And if you want to get that wine or the recipe or the ingredients, [waitrose.com/dishrecipes](http://waitrose.com/dishrecipes), get them on there.

**SARA PASCOE:** This kind of thing, I think this is where people who aren't confident cooks can start to get their confidence-

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -because you can make something that's so delicious that you understand the whole process.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** You can't go too far wrong.

**NICK GRIMSHAW:** No.

**SARA PASCOE:** I don't think.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** If you did overcook something a little bit.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** Or undercook it.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** It'll be a bit al dente.

**ANGELA HARTNETT:** Yeah, its fine.

**SARA PASCOE:** It will sort itself out when you reheat it.

**NICK GRIMSHAW:** Mm-hm.

**SARA PASCOE:** Yeah, and then you can play with seasoning and those kinds of things-

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** -and see the difference that it makes.

**NICK GRIMSHAW:** Totally!

**ANGELA HARTNETT:** I also think it's something we use, we do at home a lot. It's, it's, it's we'll always have like on a Monday or something if we're off work, it's 'cause you use up stuff. 'Cause you've always got tins in the, you know, tinned tomatoes, tinned beans.

**SARA PASCOE:** Yeah.

**ANGELA HARTNETT:** You've always got old bits of vegetables in the fridge.

**SARA PASCOE:** You've always got an old brown onion somewhere.

**ANGELA HARTNETT:** Yeah, you definitely have.

**NICK GRIMSHAW:** Always.

**SARA PASCOE:** A garlic.

**ANGELA HARTNETT:** Always, garlic.

**SARA PASCOE:** They can't really go off.

**NICK GRIMSHAW:** Mm.

**SARA PASCOE:** It's really delicious, isn't it?

**ANGELA HARTNETT:** Pleasure.

**NICK GRIMSHAW:** Have we got leftover for Sara?

**ANGELA HARTNETT:** Of course we have.

**NICK GRIMSHAW:** Oh you can take some for tonight.

**SARA PASCOE:** Oh my God.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** In case Take That come round.

**NICK GRIMSHAW:** Yeah.

*[crew laughs]*

**NICK GRIMSHAW:** Ooh Gary!

**SARA PASCOE:** They hear the podcast and like, ‘That soup sounds so nice. We were in the neighbourhood.’ [*laughs*]

[*crew laughs*]

**NICK GRIMSHAW:** We just thought we'd pop in.

**ANGELA HARTNETT:** So, you went to, um, the same school as my brother.

**SARA PASCOE:** Really?

**ANGELA HARTNETT:** You went to Gaines?

**SARA PASCOE:** I did.

**ANGELA HARTNETT:** He went to Gaines. Yeah. He's-

**SARA PASCOE:** When was he there?

**ANGELA HARTNETT:** Oh, a good 10, 15 years before you.

**SARA PASCOE:** Oh, right okay.

**ANGELA HARTNETT:** But did you ever go to Hollywood's?

**SARA PASCOE:** Um, every week.

**ANGELA HARTNETT:** Oh, there you see.

**NICK GRIMSHAW:** Oh wow okay.

**ANGELA HARTNETT:** I knew it. I went to Hollywood's.

**NICK GRIMSHAW:** You went to Hollywood's.

**SARA PASCOE:** Hollywood's was such an institution.

**ANGELA HARTNETT:** I was thinking about that.

**SARA PASCOE:** They didn't care, Nick, about how old you were.

**ANGELA HARTNETT:** Yes.

**SARA PASCOE:** So, um, um, you know, 14, 15, I had braces, you just sort of kept your mouth closed-

**NICK GRIMSHAW:** [*laughs*]

**SARA PASCOE:** -by going past the bouncers, they didn't care.

**NICK GRIMSHAW:** Didn't care.

**SARA PASCOE:** And it was a pound for a drink.

**ANGELA HARTNETT:** Yes, yeah.

**NICK GRIMSHAW:** Wow.

**SARA PASCOE:** You get a Foster's for a pound or a Hooch back in those days.

**ANGELA HARTNETT:** They had podi- They had podiums.

**SARA PASCOE:** Yeah.

**ANGELA HARTNETT:** That you could stand on and dance.

**NICK GRIMSHAW:** Aw!

**SARA PASCOE:** Yeah

**ANGELA HARTNETT:** I mean, it was brilliant.

**SARA PASCOE:** Do you know who used to go there sometimes? Martine McCutcheon from EastEnders.

**ANGELA HARTNETT:** Did she?

**NICK GRIMSHAW:** [*gasps*]

**SARA PASCOE:** And that was always the big thing.

**NICK GRIMSHAW:** Wow!

**ANGELA HARTNETT:** Wow!

**SARA PASCOE:** Tiffany from EastEnders is in.

[*studio laughter*]

**NICK GRIMSHAW:** Oh, huge, huge!

**SARA PASCOE:** Yeah, the occasional, like, maybe Frank Lampard in the early days kind of thing.

**ANGELA HARTNETT:** Yeah, yeah.

**SARA PASCOE:** The occasional

**ANGELA HARTNETT:** The occasional West Ham-

**SARA PASCOE:** West Ham footballer. Yeah.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** And what sort of music were they on in Hollywood's?

**SARA PASCOE:** Dance music, but all the-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -amazing dance music. So, I'm doing, uh, Desert Island Discs-

**NICK GRIMSHAW:** Oh wow.

**SARA PASCOE:** -in a couple of weeks.

**ANGELA HARTNETT:** Okay nice.

**SARA PASCOE:** And I said, 'I really don't want to scare like your listeners, but can we have Sweet Like Chocolate Boy?'

[*studio laughter*]

**SARA PASCOE:** Can you- Do you know the one where the world goes round and the love-

**NICK GRIMSHAW:** Mm.

**SARA PASCOE:** Like, it's all those kinds of songs.

**ANGELA HARTNETT:** Yeah, yeah.

**NICK GRIMSHAW:** Wow, love.

**SARA PASCOE:** So, like really, really good dance music-

**ANGELA HARTNETT:** Dance Music, yeah.

**SARA PASCOE:** -with lyrics, that are really good to run to now, actually.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** I don't dance anymore. I don't go out to discos, I mean, but sometimes I go on a running machine and I listen to the old tunes.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** [*laughs*] Yeah.

**SARA PASCOE:** Get my heart beating.

**NICK GRIMSHAW:** Are you gonna do Sweet Like Chocolate as one of your Desert Island Discs?

**ANGELA HARTNETT:** Mm.

**SARA PASCOE:** No, I, I actually-

**NICK GRIMSHAW:** That'd be amazing.

**SARA PASCOE:** Oh, it was either going to be that kind of music or it was going to be entire Take That, all 8 songs.

**ANGELA HARTNETT:** Oh yes.

**NICK GRIMSHAW:** Oh, nice.

**SARA PASCOE:** I know I've been very restrained and I only got Never Forget.

**ANGELA HARTNETT:** Oh, okay.

**SARA PASCOE:** Yeah.

**ANGELA HARTNETT:** Just the one. Just the one.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** And then when you were growing up and you were going to, you know, your nights out in Hollywood's-

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Plural.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Plural.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Where, what- Where, what were you thinking of doing with your life? Was it always going to be comedy?

**SARA PASCOE:** No.

**NICK GRIMSHAW:** Was it always a need to perform?

**SARA PASCOE:** I wouldn't have known that comedy was a thing, but I did want to be, uh, famous, and that's very important, actor.

**NICK GRIMSHAW:** Oh, right okay.

**ANGELA HARTNETT:** Oh!

**SARA PASCOE:** I really, really wanted to be an actor.

**NICK GRIMSHAW:** Mm-hm.

**SARA PASCOE:** I was, I was very naive. I was when I was really precocious and like, I had my first Oscar by 22-

**NICK GRIMSHAW:** Mm-hm.

**SARA PASCOE:** -or I'll kill myself.

[*crew laughs*]

**SARA PASCOE:** I remember we once had TIE come into school.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** Did you ever have TIE? It's like a-

**NICK GRIMSHAW:** What's that?

**SARA PASCOE:** -Theatre in Education.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Oh okay.

**SARA PASCOE:** So, we had this group and they were doing this play about why you, um, shouldn't drink drive.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** And it was sort of that theatre where the character, they stop and you can tap in and go like-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** ‘What the character should have done.’

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** ‘Like, I’m not coming with you-

*[crew laughs]*

**SARA PASCOE:** -you’ve had 3 beers.’

**ANGELA HARTNETT:** *[laughs]*

**SARA PASCOE:** So, like that. And it had such an effect on me. I just suspend my disbelief too easily. So, I watched it and I thought, ‘I’m just never gonna learn to drive in case I drink.’ And I still haven’t learned to drive ‘cause this play was so powerful.

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** *[laughs]*

**SARA PASCOE:** But at the end they- I like, like put my hand up to tell them that I was going to be an actor and they were like, ‘Oh right.’ And I was like, ‘I’m going to go to RADA, I’m gonna go to Broadway, and then I’m gonna win my first Oscar by 22.’ I was like this little mini Tom Hiddleston. But, uh, it, it, it didn’t happen.

**NICK GRIMSHAW:** And did you do plays and stuff at school? Did you carry on doing it, yeah-

**SARA PASCOE:** Oh yeah, we did assemblies, Cheryl and I, that no one had asked for. So-

**NICK GRIMSHAW:** Oh, love.

**ANGELA HARTNETT:** Brilliant.

*[studio laughter]*

**SARA PASCOE:** I would ask like, 'Um, is the hall free today?'

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah, no way.

**SARA PASCOE:** We did a two-woman version of Oliver-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -where I played Fagin and she played the helpful Dodger. Oliver wasn't even in it, so we basically just put on stuff. I, I was really keen on the fact that my school wasn't doing enough about war.

**ANGELA HARTNETT:** Right, okay.

**SARA PASCOE:** To educate the children about war.

**ANGELA HARTNETT:** War.

**SARA PASCOE:** So I did like an alphabet of war assembly for everyone, introducing them to the war poets. I was very unpopular, can you guess?

*[studio laughter]*

**SARA PASCOE:** But this is the thing, and it did actually serve me well in terms of becoming a comedian, because like even then I knew I didn't care if people didn't like me as long as they were looking at me-

**NICK GRIMSHAW:** Right.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -while they didn't like me.

*[crew laughter]*

**SARA PASCOE:** I was always more comfortable, I'd be more comfortable in a, in a room with everyone looking at me being like, 'You, Bellend.'

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** But they're looking.

**ANGELA HARTNETT:** Yeah, yeah, yeah. 'But, they're looking at me.'

**SARA PASCOE:** Rather than just being in the room, like no one even cares that I'm here.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Wow. Yeah. Um, and then what were your mum and dad, were they supportive? Were your family like, 'Oh, you should be on the stage, you should go to drama?'

**SARA PASCOE:** I think I'm really lucky with my parents-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -because my dad is a musician, but he's a kind of musician who dedicates himself to craft, he thinks fame is sort of embarrassing.

**ANGELA HARTNETT:** Right, okay.

**SARA PASCOE:** And to, to pursue that is really embarrassing.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** So, when Cheryl and I, I think I'm really lucky that I auditioned for Barrymore in a shopping centre to sing. But, um, I think if we'd come up in X Factor, Pop Idol days, we'd have been at all of those shows.

**ANGELA HARTNETT:** Right yeah.

**SARA PASCOE:** And then Big Brother at that point when they were open auditions. I'm really lucky-

**ANGELA HARTNETT:** Mm.

**SARA PASCOE:** -that it was just-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -aged out of it slightly.

**NICK GRIMSHAW:** Yeah, just not televised.

**SARA PASCOE:** Yes yeah. Now I'd be in like the geriatric group. [*laughs*]

**ANGELA HARTNETT:** [*laughs*]

**SARA PASCOE:** But my dad, who didn't live with us, but he was um, whenever I said about wanting to be famous, he was like, 'You don't even know what that is.' Which is true. And my mum didn't care, which is, I think, I think it's good to have parents who aren't too invested-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -about your work because you're then sort of free to do it. You wouldn't want your sort of mum ringing up going, 'How did it go? Did you get it?'

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Sure. Yeah.

**SARA PASCOE:** 'When will you find out?' I think that's a lot of pressure.

**NICK GRIMSHAW:** A lot of pressure

**ANGELA HARTNETT:** For the child. Yeah of course.

**SARA PASCOE:** My mum just said, 'As long as you're not asking to borrow money, I don't care.'

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah, do whatever you want.

**SARA PASCOE:** Yeah.

**ANGELA HARTNETT:** So when did you break into it? What did you go and do, like the comedy clubs? Did you do Edinburgh?

**SARA PASCOE:** I really have failed sideways because I really wanted to be an actor. I auditioned for, um, drama school for 2 years. So, I didn't go to university, which auditioned, and then the jobs I was actually doing, um, I sang with Robbie Williams's dad for 3 months in a hotel in Nottingham in 2001. Um-

**ANGELA HARTNETT:** You stayed with his dad?

**SARA PASCOE:** No, I worked with his dad.

**ANGELA HARTNETT:** Oh, I thought you said you stayed with his dad.

**SARA PASCOE:** Yeah.

**ANGELA HARTNETT:** I thought that is weird.

**SARA PASCOE:** Anything to get near him, Angela.

*[studio laughter]*

**NICK GRIMSHAW:** I went out with Robbie's dad.

**ANGELA HARTNETT:** Yeah, yeah, back track here, what is going on!

**SARA PASCOE:** That's why I don't want to meet him, actually.

**ANGELA HARTNETT:** Yeah, obviously.

**SARA PASCOE:** Persona non grata.

**ANGELA HARTNETT:** Now I understand

**SARA PASCOE:** Broke his heart.

**ANGELA HARTNETT:** Yeah, yeah.

**NICK GRIMSHAW:** Yeah. So, hang on you did a

*[studio laughter]*

**ANGELA HARTNETT:** No, so go on you worked with his dad.

**SARA PASCOE:** Worked with his dad in a hotel, but I was doing those kind of jobs, like Ents jobs.

**NICK GRIMSHAW:** Mm.

**SARA PASCOE:** I was, I was in a hotel in Lanzarote doing hotel entertainment. You know, when you do the bingo and stuff-

**ANGELA HARTNETT:** Yes, yeah.

**NICK GRIMSHAW:** I love that.

**SARA PASCOE:** -as well as your little shows. Yeah, so all those kind of jobs. And, um, then I decided to go to university because I had no money. I needed a student loan, but I also realised you could do plays there and that drama school's quite respected academia.

**NICK GRIMSHAW:** Mm-hm.

**SARA PASCOE:** So I did an English degree, did loads of plays, auditioned for drama school for another 2 years. And while I was trying to be an actor, I was living with my friend Cariad, and basically I started doing gigs as a character to sort of keep my hand in-

**ANGELA HARTNETT:** Right, okay.

**SARA PASCOE:** -because it's so hard to be an actor-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -and everyone wants to be an actor. And, um, the minute I did stand-up, I was like, 'Oh, this is what I'm supposed to do.'

**ANGELA HARTNETT:** *[laughs]*

**SARA PASCOE:** And everything, everything became clear. It's like, 'Oh, that is what I am.'

**NICK GRIMSHAW:** This is it.

**ANGELA HARTNETT:** Right.

**SARA PASCOE:** The reason I'm such a bad actor, I found this out in therapy about 4 years ago.

**ANGELA HARTNETT:** You're not a bad actor.

**SARA PASCOE:** I'm a really bad actor because I don't lose myself, because I want to be seen.

**ANGELA HARTNETT:** Right.

**SARA PASCOE:** And that's comedy.

**NICK GRIMSHAW:** Oh.

**SARA PASCOE:** Comedy is showing yourself.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** And I would be like, 'I'm Lady Macbeth!'

**NICK GRIMSHAW:** Yeah.

*[studio laughter]*

**SARA PASCOE:** 'What's going on! Oh my hands!' I was, I didn't, I didn't ever, I didn't ever, when other actors would talk about losing themselves, I'd be like, 'Do you mean putting on a voice?'

*[studio laughter]*

**SARA PASCOE:** So, it all worked out really well.

**ANGELA HARTNETT:** Yeah, got you.

**SARA PASCOE:** My first gig, I went home, it was in Balham, so I was at this long tube ride to Barnet, and I just, I was so full of all of the good chemicals, hormones.

**ANGELA HARTNETT:** Mm.

**SARA PASCOE:** And I was like, 'I'm a one-man band, I'm gonna travel the world telling my stories.' And I'm so lucky and that's 20 years-

**NICK GRIMSHAW:** Wow.

**SARA PASCOE:** -next year-

**ANGELA HARTNETT:** Right.

**SARA PASCOE:** -and I'm still in a honeymoon period with my job, really-

**NICK GRIMSHAW:** Oh wow.

**SARA PASCOE:** -I'm really lucky.

*[theme music plays]*

**NICK GRIMSHAW:** Hey, we should talk about Zero Stars.

**SARA PASCOE:** Mm.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Which is your new show, which is coming in April time.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** On the television.

**SARA PASCOE:** Yes.

**NICK GRIMSHAW:** With Roisin.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Roisin Conaty, I'm obsessed with, by the way.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** I'm obsessed with her. She is the wisest, funniest person ever.

**NICK GRIMSHAW:** Mm-hm.

**SARA PASCOE:** And essentially we got pitched this job, which is, do you want to go on holiday together 8 times this summer?

**NICK GRIMSHAW:** Yes.

**ANGELA HARTNETT:** Yes. [*laughs*]

**SARA PASCOE:** Yes, please. So desperate for it. Didn't really listen to what the show was, which is very poorly reviewed tourist attractions.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** I love.

**SARA PASCOE:** I was I was like, 'You had me at Roisin!'

**NICK GRIMSHAW:** 'Yeah, I'll go!'

**SARA PASCOE:** 'Sorry, what's that about Albania?' Okay.

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** Oh, okay.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** So, what do you do? You and Roisin-

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** -go on your holiday, but it's, it's holidays based on bad reviews.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** Yes. Everywhere we go to, hotels, resorts, restaurants, are all places that some people-

**ANGELA HARTNETT:** Right.

**SARA PASCOE:** -have really disliked.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** And actually what kept happening in the series is that, you'd read these reviews. People are really harsh online now.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** One tiny thing or something that isn't to their particular taste.

**NICK GRIMSHAW:** Mh-hm.

**ANGELA HARTNETT:** Mm.

**SARA PASCOE:** And often we would go and have a really wonderful time, because when you are with your friend-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -and you want to have a nice time, life is fantastic

**ANGELA HARTNETT:** Yeah of course.

**SARA PASCOE:** And it's what you make of it. But there were some, you know, odd stuff. We went on the worst cruise.

**ANGELA HARTNETT:** Really?

**SARA PASCOE:** The most poorly reviewed cruise.

**NICK GRIMSHAW:** Where was that?

**ANGELA HARTNETT:** Why was it so bad? What were they saying?

**SARA PASCOE:** I think the ship is from the '80s.

**NICK GRIMSHAW:** Right.

**SARA PASCOE:** And, um, and you can't you can't-

**NICK GRIMSHAW:** There's a hole in it?

**SARA PASCOE:** -you can't get off. Well, there was a hole!

**NICK GRIMSHAW:** Na-

**SARA PASCOE:** There's a hole in my bathroom.

**NICK GRIMSHAW:** Oh-

**SARA PASCOE:** It didn't have a drain, it just had like a hole in the floor. And I'd taken my, like, youngest son, who was 18 months with me, and he kept putting my phone in there-

**ANGELA HARTNETT:** Oh.

**SARA PASCOE:** -and it was full of, full of hair.

**NICK GRIMSHAW:** Ugh!

**ANGELA HARTNETT:** Oh!

**SARA PASCOE:** 30 years of hair.

**NICK GRIMSHAW:** No!

**ANGELA HARTNETT:** Oh no.

**SARA PASCOE:** And I said to the director, 'You've got to get in my room. It's got this hole full of hair.' And he went, 'We can't!'

**NICK GRIMSHAW:** No.

**SARA PASCOE:** You know, 'We can't show, a hair hole!'

[studio laughter]

**NICK GRIMSHAW:** We can't. Too, too-

**ANGELA HARTNETT:** Too much, people turn off. Yeah.

**NICK GRIMSHAW:** -too much. And where was your cruise? Where did you go on that?

**SARA PASCOE:** Oh, so it starts in Turkey and it goes to Greece.

**NICK GRIMSHAW:** Okay.

**ANGELA HARTNETT:** Right.

**SARA PASCOE:** Or well, vice versa.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** Starts in Greece, goes to Turkey. Yeah.

**NICK GRIMSHAW:** Right, right, right. I mean, I love the idea of this. I can't wait to see this. Yeah, I really can't.

**SARA PASCOE:** Yeah, I, I think that's what's great about it as a format, is it is really funny.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Mm.

**SARA PASCOE:** It's funny what they made us do. I went to Transylvania-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -which I never would have done by myself.

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** Sure.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Too scary.

**SARA PASCOE:** Yeah, we got to do graffiti. We shot guns!

**NICK GRIMSHAW:** Oh!

**ANGELA HARTNETT:** Oh wow!

**SARA PASCOE:** In a rifle range in Albania. So we did some stuff where I was like-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -I never would have done that.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah, of course.

**SARA PASCOE:** Yeah, Roisin was really brave. She had her nose waxed in Turkey.

*[crew laughs]*

**NICK GRIMSHAW:** Oh.

**SARA PASCOE:** I hope she won't mind me saying that. *[laughs]* It is in the programme.

**NICK GRIMSHAW:** Not as part of the show. *[laughs]*

**SARA PASCOE:** No, no, because they said to us, go to, they often didn't tell us really what was going to happen.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** So we'd go and meet a contributor, there might be a translator, and they duh, duh, duh- And we thought we were in a barber's. I thought I might get a head massage.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** And then he starts putting cotton buds, with wax, up Roisin's nose.

**ANGELA HARTNETT:** Oh god!

**SARA PASCOE:** He yanks them out, he's like, 'Your turn.' I was like, 'No, no, no-'

**ANGELA HARTNETT:** [*laughs*]

**SARA PASCOE:** 'I don't want-'

**NICK GRIMSHAW:** No, don't do it- I've done that, it's fantastic.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** I think it is fantastic. I'm just scared of pain.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** And it was quite brutal.

**ANGELA HARTNETT:** And how are these contributors? I mean, how do they feel they were getting all these terrible reviews and then you were there to-

**NICK GRIMSHAW:** Film it.

**SARA PASCOE:** Well, that's it. It was done very honestly. So they always knew. And usually-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -especially if it's a small business, what you realise is these businesses sort of, either, sink or float based on these reviews.

**ANGELA HARTNETT:** Yeah, of course.

**SARA PASCOE:** So quite often they wanted a chance to show.

**ANGELA HARTNETT:** Oh, to re-show, yeah.

**SARA PASCOE:** Yes, there's no lift here. Yeah. But that's because it's only 2 floors and it's a listed building.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**SARA PASCOE:** And that's what you'd find is that sometimes people would be going, 'They're mad.' What do people expect when your- Like you're on holiday?

**ANGELA HARTNETT:** Yeah of course.

**SARA PASCOE:** Obviously, if you've got issues and you can't climb stairs, but who's-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -who's- Just lug your suitcase up there and shut up.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah, exactly.

**NICK GRIMSHAW:** I love when you see reviews, well, I don't love, I hate it actually, but when you see, it's a crazy thing when you see reviews about, yeah, nothing to do with the restaurant.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** So, 'The table next to me were really noisy.'

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**NICK GRIMSHAW:** 'Two stars.'

**SARA PASCOE:** I know, yeah.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** What's that got to do with Angela Hartnett?

**SARA PASCOE:** Yeah.

**ANGELA HARTNETT:** No, no, no. We've had customers, we had customers the day after Trump got elected. And unfortunately there were two Trump people who love Trump-

**SARA PASCOE:** Celebrating, yeah.

**ANGELA HARTNETT:** But then literally the letter I got the next day blaming me for Trump's election. I'm like, 'How is this my fault?!'

**SARA PASCOE:** I've always held you responsible.

**NICK GRIMSHAW:** Yeah, I believe that.

[*studio laughter*]

**ANGELA HARTNETT:** Yeah. It's like, 'Why am I getting abuse now?!'

**SARA PASCOE:** I know.

**ANGELA HARTNETT:** And then of course as a result they just went for everything else. I just thought, 'No, you just had a bad night.'

**SARA PASCOE:** That's it.

**ANGELA HARTNETT:** Sorry about that, but that's not my fault.

**SARA PASCOE:** It has got out of control.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** And I think, I think people sometimes need to go, 'Am I doing this because I just need to feel better?'

**ANGELA HARTNETT:** Mm.

**SARA PASCOE:** And it's very bad karma sometimes.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** Unless you really do need to warn other-

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** -patrons. Do you need to write that? Could you be more reasonable?

**ANGELA HARTNETT:** Yeah, yeah, yeah,

**SARA PASCOE:** Yeah.

**ANGELA HARTNETT:** I think so.

**SARA PASCOE:** Sometimes I'll tell you something that happens on Amazon-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -if you write a book-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -when you sell your book, sometimes something might go wrong with the parcel-

**ANGELA HARTNETT:** Mm.

**SARA PASCOE:** -or maybe it gets a bit ripped, you know, it's an accident, and they'll put a 1-star review on your book.

**ANGELA HARTNETT:** Oh.

**SARA PASCOE:** Like, turns up and-

**ANGELA HARTNETT:** And its yeah.

**SARA PASCOE:** -the front cover's ripped, you go, I didn't rip it!

[*studio laughter*]

**SARA PASCOE:** And put it, in your Amazon package, sent it to you like, 'Oh yeah, 8 quid down the drain.'

**NICK GRIMSHAW:** Yeah, no, and then it f\*\*\*\* up the average and everything.

**SARA PASCOE:** Exactly yeah.

**NICK GRIMSHAW:** 'Yeah, I hate Sara Pascoe, my envelope was ripped!'

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** 'Never forgive her!' Well, I can't wait to see that.

**ANGELA HARTNETT:** Yeah, that's gonna be brilliant.

**NICK GRIMSHAW:** I love Roisin, I've not seen Roisin Conaty for years.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Should have her on here.

**SARA PASCOE:** Roisin, Roisin would have lots to talk to you about food. Because I don't eat animals, a lot of the places we went to, obviously a lot of countries, their delicacies are horrible bits of animals.

**NICK GRIMSHAW:** Yeah. [*laugh*]

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** So every time we would get to a restaurant, they'd be like, 'Okay, this is the best Georgian restaurant, um, Sara, they're not gonna be able to have anything for you.'

[*studio laughter*]

**SARA PASCOE:** And then I would sit there and have a nice glass of wine and they'd be bringing-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -her like you know, full skulls-

**NICK GRIMSHAW:** Oh.

**ANGELA HARTNETT:** Oh God

**SARA PASCOE:** -with brains in, like lambs' heads and testicles and all of that. 'She'd be like, oh great, okay.'

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** I mean it is then.

**ANGELA HARTNETT:** Thank you.

**SARA PASCOE:** Yes, yeah.

**NICK GRIMSHAW:** Great, thank you. So that's coming in April on TLC.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Also on TLC now is Mock the Week.

**SARA PASCOE:** It's the place to be for comedy now.

**NICK GRIMSHAW:** It's the place to be.

**SARA PASCOE:** There's upwards of 2 programmes.

*[studio laughter]*

**SARA PASCOE:** Um, Mock the Week, so this is really exciting. I don't know, um, but so it got cancelled on the BBC-

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Oh yeah.

**SARA PASCOE:** -which is a shame.

**ANGELA HARTNETT:** Real shame.

**SARA PASCOE:** Because there used to be more panel shows, used to be more satire.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** And it was a bit sad. And I think people like myself who'd actually stopped doing the show were like, 'Oh, you know-' And then when they brought it back, everyone was really thrilled. It's like Russell Howard did the first one, you know-

**ANGELA HARTNETT:** Mm.

**SARA PASCOE:** -from like back in the day. And then Katherine Ryan and I did one together.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** that's on this Sunday, but it'll already have been on by the time the podcast comes out.

**NICK GRIMSHAW:** Uh-huh.

**SARA PASCOE:** They've got an amazing lineup.

**ANGELA HARTNETT:** Mm.

**SARA PASCOE:** The world is such a horror show.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** And we're all having to process it and feel useless about it.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**SARA PASCOE:** So finding some of the little chinks of light-

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -to make fun of is really glorious.

*[theme music plays]*

**NICK GRIMSHAW:** Sara Pascoe, it is time for your fast food quiz. Uh, Sara Pascoe, what is your favourite sandwich filling?

**SARA PASCOE:** Hummous.

*[studio laughter]*

**SARA PASCOE:** Did I say that like a pervert?

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Houmous.

**SARA PASCOE:** Houmous.

**NICK GRIMSHAW:** Houmous.

**ANGELA HARTNETT:** Okay. What's your favourite herb?

**SARA PASCOE:** Basil.

**NICK GRIMSHAW:** Uh, what's your favourite form of potato?

**SARA PASCOE:** Mashed.

**ANGELA HARTNETT:** The dish you miss most when you're away from home?

**SARA PASCOE:** Oh God, what do I miss? Soup, soup, soup.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Soup, soup, soup.

**SARA PASCOE:** Yeah, homemade soup. Yeah.

**ANGELA HARTNETT:** Homemade soup, yeah.

**NICK GRIMSHAW:** What is the best crisp?

**SARA PASCOE:** Prawn cocktail.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** Oh.

**SARA PASCOE:** I think there's milk in it though, the vegans will be writing in.

**NICK GRIMSHAW:** Oh no.

**ANGELA HARTNETT:** Oh okay.

**SARA PASCOE:** But I'm still saying it.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah whatever.

**SARA PASCOE:** Yeah, still amazing.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** What's your favourite bean?

**SARA PASCOE:** Butter bean

**ANGELA HARTNETT:** Butter bean, yeah.

**SARA PASCOE:** All day long.

**NICK GRIMSHAW:** A very personal question, what's your favourite kitchen utensil?

**SARA PASCOE:** What is the name for the one that's like this shape, on a stick?

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** And I feel like you could, You could smack someone with it, or you could scoop.

**NICK GRIMSHAW:** Spatula.

**SARA PASCOE:** Spatula. Do you think, is that spatula?

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Probably yeah.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** But not like a wooden one, like a triangle.

**NICK GRIMSHAW:** Right.

**SARA PASCOE:** No, the one-

**ANGELA HARTNETT:** Metal?

**SARA PASCOE:** No, I think probably plastic, some kind of silicone.

**NICK GRIMSHAW:** Plastic.

**SARA PASCOE:** You have different colours.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah, spatula.

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** Spatula's good, okay.

**NICK GRIMSHAW:** Yeah, but more square, you mean?

**SARA PASCOE:** Yeah the end.

**NICK GRIMSHAW:** Like not a scooper.

**SARA PASCOE:** Yeah, the end, yeah.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah, I know what you mean. A pa- like a paddle.

**ANGELA HARTNETT:** Or palette.

**SARA PASCOE:** It's like a small paddle. [*laughs*]

**ANGELA HARTNETT:** Yeah, yeah.

**SARA PASCOE:** Yeah, a small kitchen paddle.

**NICK GRIMSHAW:** Yeah, what is that for?

**SARA PASCOE:** Slapstick.

**NICK GRIMSHAW:** 'Cause it doesn't go under an egg, it's more of a-

**ANGELA HARTNETT:** You scrape things with it really.

**SARA PASCOE:** But you could get, you could get a-

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** Scrambled egg would be great.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yes.

**SARA PASCOE:** You could do that with it, yeah.

**NICK GRIMSHAW:** What would you call that?

**ANGELA HARTNETT:** I'd call it a spatula.

**NICK GRIMSHAW:** Yeah, spatula. Yeah. Okay.

**ANGELA HARTNETT:** What's your best Sunday roast?

**SARA PASCOE:** I think you want some kind of vegan Wellington, but lots and lots of then of, you need moisture-

**ANGELA HARTNETT:** Yeah.

**SARA PASCOE:** -you need gravy, roast potatoes, mashed potato, red cabbage, carrots, broccoli, sweet corn. Is that enough?

**ANGELA HARTNETT:** That's quite a lot.

**SARA PASCOE:** I think that is enough.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah, that's good.

**SARA PASCOE:** But then I would also then still want cranberry and mint sauce. I know I don't eat the meat, but I like the, I like to-

**ANGELA HARTNETT:** The accompaniment.

**SARA PASCOE:** -have the options.

**NICK GRIMSHAW:** Yeah, yeah.

**SARA PASCOE:** Yeah.

**ANGELA HARTNETT:** Yeah, that's good, yeah.

**NICK GRIMSHAW:** You need the wet for sure.

**SARA PASCOE:** Yeah, yeah.

**NICK GRIMSHAW:** You need the wet.

[*theme music plays*]

**NICK GRIMSHAW:** Uh, Sara, we come to the end of the show question for your chance to win the Waitrose goodie bag here. Um-

**SARA PASCOE:** I really want it, by the way.

**NICK GRIMSHAW:** Yeah, it's good, it is good. All you've got to do is take on the challenge of the end of the show question.

**ANGELA HARTNETT:** There you go.

**SARA PASCOE:** Oh my God. Oh my goodness.

**ANGELA HARTNETT:** All those goodies.

**NICK GRIMSHAW:** Stocked, yeah.

**SARA PASCOE:** 'Hi Sara, thank you for coming on Dish.' You're welcome. 'It's been a pleasure. That was, and we don't use the spelling of this word lightly, soup-er.'

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** See what we did there.

**SARA PASCOE:** Spelt with an 'ou'. 'Okay, in order to win the Waitrose goodie bag, you just need to take part in a Winner Stays on Game, vegan soup edition.'

**NICK GRIMSHAW:** Yeah.

**SARA PASCOE:** ‘Nick and Angela will read out the names of soup flavours. You just decide the winner of each soup-off. Thanks, Team Dish.’ Thank you, Team Dish. Let's go.

**NICK GRIMSHAW:** Okay, let's go.

[*crew laughs*]

**ANGELA HARTNETT:** [*laughs*]

**NICK GRIMSHAW:** Are you ready?

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Okay, tomato and basil soup or pea, leek, and watercress?

**SARA PASCOE:** Tomato and basil.

**ANGELA HARTNETT:** Okay, tomato and basil soup or butternut squash and tarragon?

**SARA PASCOE:** Tomato and basil.

**NICK GRIMSHAW:** Tomato and basil soup or chunky vegetable?

**SARA PASCOE:** Chunky vegetable.

[*crew laughs*]

**ANGELA HARTNETT:** Okay, chunky vegetable or spicy red lentil?

**SARA PASCOE:** Spicy red lentil.

**NICK GRIMSHAW:** Spicy red lentil or miso?

**SARA PASCOE:** Spicy red lentil.

**ANGELA HARTNETT:** Spicy red lentil or carrot and coriander?

**SARA PASCOE:** Spicy red lentil.

*[studio laughter]*

**NICK GRIMSHAW:** Spicy red lentil or potato and leek?

**SARA PASCOE:** Spicy red lentil.

**ANGELA HARTNETT:** Spicy red lentil or mushroom soup?

**SARA PASCOE:** Spicy lentil.

**NICK GRIMSHAW:** Spicy red lentil or gazpacho?

**SARA PASCOE:** Spicy red lentil! It's a cold soup!

**ANGELA HARTNETT:** Spicy red lentil or Angela's minestrone?

**SARA PASCOE:** Angela's, Minna-bloody-stroni.

**ANGELA HARTNETT:** Minna-bloody-stroni.

*[crew laughs]*

**NICK GRIMSHAW:** Angela's minestrone or French onion?

**SARA PASCOE:** Angela's minestrone. You're not going to beat it, by the way. Angela's minestrone.

**ANGELA HARTNETT:** Angela's minestrone or your minestrone?

**SARA PASCOE:** Angela's minestrone.

**ANGELA HARTNETT:** Aw.

**NICK GRIMSHAW:** Aw, well, the game has ended. What have we learned?

**SARA PASCOE:** That Angela made an amazing minestrone.

**ANGELA HARTNETT:** Aw.

**NICK GRIMSHAW:** Yeah!

*[studio cheering and applause]*

**NICK GRIMSHAW:** And the goodie bag is yours!

**ANGELA HARTNETT:** Ay!

**SARA PASCOE:** Thank you.

**ANGELA HARTNETT:** Thank you.

**NICK GRIMSHAW:** Yes!

**SARA PASCOE:** Oooh!

**NICK GRIMSHAW:** That's a really high octave.

**ANGELA HARTNETT:** Yes, very good.

**NICK GRIMSHAW:** I don't know why-

*[crew laughter]*

**ANGELA HARTNETT:** I felt the pressure.

**NICK GRIMSHAW:** -but I was like, I really wanted to get that bag, but it's like the bag's yours.

**SARA PASCOE:** I think we've got a game show there.

*[studio laughter]*

**NICK GRIMSHAW:** Just that. Just that. Uh-huh.

**SARA PASCOE:** Yeah.

**NICK GRIMSHAW:** Call TLC.

**SARA PASCOE:** Yes, yes.

**NICK GRIMSHAW:** Please, come on.

**ANGELA HARTNETT:** I love that, thank you, Sara.

**SARA PASCOE:** And if it was a kids' show, then we could like gunge people with soup.

**NICK GRIMSHAW:** Yes!

**ANGELA HARTNETT:** [*laughs*]

[*crew laughs*]

**SARA PASCOE:** Every time they turned one down.

**NICK GRIMSHAW:** Yes.

**ANGELA HARTNETT:** Yeah, yeah, yeah, that would be it.

**SARA PASCOE:** Down it would come.

**ANGELA HARTNETT:** Oh, yeah, yeah, yeah.

**NICK GRIMSHAW:** And it's hot! No-

[*studio laughter*]

**NICK GRIMSHAW:** Boiling up. Um, Sara, thank you so much.

**ANGELA HARTNETT:** Thank you so much.

**NICK GRIMSHAW:** That was really fun.

**ANGELA HARTNETT:** It was brilliant.

**SARA PASCOE:** Thank you so much. That was really lovely.

**ANGELA HARTNETT:** Oh no you've been great.

**SARA PASCOE:** Thanks a lot. And that was so delicious.

**ANGELA HARTNETT:** Oh, thank you.

**NICK GRIMSHAW:** So, we've got more for Sara to take.

**ANGELA HARTNETT:** We have.

**SARA PASCOE:** God you're so kind. So kind.

**NICK GRIMSHAW:** Round of applause for Sara Pascoe, everybody!

*[studio cheering and applause]*

**SARA PASCOE:** Thank you, everybody. Thank you.

**ANGELA HARTNETT:** Thank you, Sara!

*[theme music plays]*

**NICK GRIMSHAW:** Um, a massive thank you to Sara Pascoe-

**ANGELA HARTNETT:** Brilliant.

**NICK GRIMSHAW:** -for coming to see us. Before we go, um, we have a message and also some art-

**ANGELA HARTNETT:** We do.

**NICK GRIMSHAW:** From a listener called Bella. Um, Bella says, ‘Hello lovely Angela and Nick, not a dilemma, uh, I just wanted to show my appreciation for the two of you. I discovered Dish recently and it honestly turned out to be just what I need to feed, no pun intended.’

**ANGELA HARTNETT:** Aw.

**NICK GRIMSHAW:** ‘Uh, my grumpy and lonely soul of late.’ Aw. ‘I’ve had quite a few big life changes to deal with recently, but you guys and the whole team at Dish have brought me so much comfort and peace. It feels like sitting down to have a cosy chat with old friends and the addition of an amazing guest 50 times a day on repeat whilst I catch up with every episode twice over. What’s not to love?’

**ANGELA HARTNETT:** Aw.

**NICK GRIMSHAW:** ‘Um, aside from this, I fill my spare time with doodling and creating art on my iPad. So I thought, why not combine the two and attempt to create some of you? I hope you love my drawing as much as I love the podcast. Um, all my love, Bella.’ Oh well, thanks for your message, Bella.

**ANGELA HARTNETT:** Shall I show you?

**NICK GRIMSHAW:** Oh my God, let me see it. Oh my God, thanks Bella! That's fab!

**ANGELA HARTNETT:** It's pretty good, isn't it?

**NICK GRIMSHAW:** Oh my God, it's really good.

**ANGELA HARTNETT:** Oh bless Bella.

**NICK GRIMSHAW:** If you're listening to this, Bella has done a picture of us.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Right here on the dish table.

**ANGELA HARTNETT:** Look how she's done your hair cut. She's done it really well.

**NICK GRIMSHAW:** It's really good. That's actually a great hair reference for me.

**ANGELA HARTNETT:** Yeah, Bella, well done.

**NICK GRIMSHAW:** Love, thank you, Bella.

**ANGELA HARTNETT:** Aw, thank you, Bella. It's very kind.

**NICK GRIMSHAW:** Thank you, Bella, and thanks for reaching out.

**ANGELA HARTNETT:** We're glad you're listening.

**NICK GRIMSHAW:** If you do want to get in touch with us, um, please email us [dish@waitrose.co.uk](mailto:dish@waitrose.co.uk). But yeah, that's fab. I love the colours and everything.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah, there's texture.

**ANGELA HARTNETT:** She's done it brilliantly.

**NICK GRIMSHAW:** Yeah, thank you so much, Bella.

**ANGELA HARTNETT:** Thank you, Bella.

**NICK GRIMSHAW:** And thank you everybody for listening and we will see you next week for more Dish. So we will see you then.

*[theme music plays]*

**NICK GRIMSHAW:** If that episode has left you wanting more, find us on Instagram, TikTok, and YouTube, just search Dish.

**ANGELA HARTNETT:** If you want to make any of the meals I cook on Dish, head to [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes) for all the ingredients and the recipes. Dish from Waitrose is a Cold Glass Production.

**VOICEOVER:** Waitrose, the home of food lovers.

