

**Paapa Essiedu can't resist our spicy prawn tacos with rhubarb and scotch bonnet salsa**



**NICK GRIMSHAW:** Dish from Waitrose is a Cold Glass Production. This podcast may contain some strong language and adult themes.

*[theme music plays]*

**NICK GRIMSHAW:** Hello, welcome to Dish from Waitrose. I am Nick Grimshaw.

**ANGELA HARTNETT:** And I'm Angela Hartnett.

**NICK GRIMSHAW:** Hey, Angela Hartnett.

**ANGELA HARTNETT:** Hey, Nick Grimshaw.

**NICK GRIMSHAW:** Um, an exciting day today. We have a great actor, Paapa Essiedu—

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** –is gonna be with us to talk about Falling, to talk about Babies, to talk about being in the theatre.

**ANGELA HARTNETT:** Olivier Awards.

**NICK GRIMSHAW:** Talk about winning an Olivier Award.

**ANGELA HARTNETT:** Yeah, yeah.

**NICK GRIMSHAW:** Um, he's really great. And really nice, and he's going to be with us on the show.

**ANGELA HARTNETT:** Very exciting.

**NICK GRIMSHAW:** Um, now we're in like the midst of May–

**ANGELA HARTNETT:** Summer nights.

**NICK GRIMSHAW:** Is it summer? It's at the cusp of summer. It's happening.

**ANGELA HARTNETT:** It's starting, it's starting. Have you eaten outside yet?

**NICK GRIMSHAW:** Um.

**ANGELA HARTNETT:** Have you done it yet?

**NICK GRIMSHAW:** Well, this is the time I like to do it.

**ANGELA HARTNETT:** But have you done it?

**NICK GRIMSHAW:** Well, I've— Well, listen, I actually want to talk to you about something. I got, last year, a Gozney.

**ANGELA HARTNETT:** Gozney, yeah, pizza oven.

**NICK GRIMSHAW:** Which is like a pizza oven. But apparently, and I've had it for a year and I say apparently because I've not used it.

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** You, you can cook everything in it.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** And you can like have gas.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Or you can, um—

**ANGELA HARTNETT:** Wood.

**NICK GRIMSHAW:** Wood.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Burn wood.

**ANGELA HARTNETT:** Burn wood.

**NICK GRIMSHAW:** So you can have like wood-fired pizza.

**ANGELA HARTNETT:** Yeah, if you ever use it.

**NICK GRIMSHAW:** If I ever use it.

**ANGELA HARTNETT:** You've had it for a year.

**NICK GRIMSHAW:** You know.

*[crew laughs]*

**NICK GRIMSHAW:** I've had it for— I've had it since last summer.

**ANGELA HARTNETT:** Why have you never used it?

**NICK GRIMSHAW:** Because I'm—

**ANGELA HARTNETT:** because it's dirty?

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** Messy?

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** Too much?

**NICK GRIMSHAW:** I'm a bit scared about blowing up the neighbourhood with the gas.

**ANGELA HARTNETT:** I don't think you're gonna blow up the neighbourhood.

**NICK GRIMSHAW:** The gas feels too crazy.

**ANGELA HARTNETT:** Why didn't you use the wood then.

**NICK GRIMSHAW:** Like you can buy a gas canister and just have a fire in your garden? Like, I need someone to show me how to do it.

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** The only person that's offered how to do it, is Goldie.

**ANGELA HARTNETT:** Okay.

**NICK GRIMSHAW:** And I don't know– I love Goldie. I don't know if Goldie with a lighter and a gas canister–

**ANGELA HARTNETT:** Yeah, I'll come and show you.

**NICK GRIMSHAW:** –in my back garden. Maybe I need you to do it.

**ANGELA HARTNETT:** I've put a gas canister.

**NICK GRIMSHAW:** It's like it's easy.

**ANGELA HARTNETT:** It's so easy.

**NICK GRIMSHAW:** You said it's easy.

**ANGELA HARTNETT:** So easy.

**NICK GRIMSHAW:** So maybe I need you to come and help me—

**ANGELA HARTNETT:** I'll come and show you.

**NICK GRIMSHAW:** —because I've got a vision of doing it and cooking—

**ANGELA HARTNETT:** Okay.

**NICK GRIMSHAW:** —in the garden.

**ANGELA HARTNETT:** We'll do it together.

**NICK GRIMSHAW:** And then the wood element as well.

**ANGELA HARTNETT:** Yeah, I just know that I'll come round and you and Mesh—

**NICK GRIMSHAW:** No!

**ANGELA HARTNETT:** —will have those like scientific spectacles—

*[crew laughs]*

**ANGELA HARTNETT:** —because you'll be worried that you'll, you'll have gloves up to here, you know, padding. Yeah.

**NICK GRIMSHAW:** No, no!

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** This summer I'm gonna be outside cooking.

**ANGELA HARTNETT:** Okay, alright.

**NICK GRIMSHAW:** Do you, do you cook outside? Do you have an outdoor facility?

**ANGELA HARTNETT:** We, we do, we do have a fire, we have a burner.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Um but we haven't got one—

**NICK GRIMSHAW:** What's a burner?

**ANGELA HARTNETT:** Well, we sort of have a, like, this log burner. So it's like a, a metal fire that opens and we put all the logs in and we burn—

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** —in there.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** And we have this old Mongolian, like, clay oven, which is really lovely. And I bought it for my brother as his wedding present.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** And then he moved back to New York and he said, ‘You only bought that because you knew I wasn't going to take that back to New York.’

**NICK GRIMSHAW:** And was that true?

**ANGELA HARTNETT:** No, because he left 2 years after he got married.

**NICK GRIMSHAW:** Right.

**ANGELA HARTNETT:** In fact, yeah. So, but we use that and that's brilliant. So it's a really holds the heat as this—

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** —clay oven, and I keep, and it's starting to sort of break a little bit. And I keep trying to find another one because they're amazing.

**NICK GRIMSHAW:** Oh, Mongolian—

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** —clay oven.

**ANGELA HARTNETT:** Exactly, yeah.

**NICK GRIMSHAW:** Um, before we get Paapa Essiedu in, shall we talk about seasonality?

**ANGELA HARTNETT:** Yeah, well, not sort of seasonality. We're going to talk about these because Paapa—

**NICK GRIMSHAW:** Chillies.

**ANGELA HARTNETT:** —loves heat and chilli in his food.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** And, and these are pretty much available all year round, but I think people don't necessarily understand the differences between chillies and what you can do with them. You know, I think a lot of people just put them in and hope it all works. But I think you've also, if you're not using the seeds, they're going to be less spicy. So these, you know, these ones, Scotch bonnets.

**NICK GRIMSHAW:** Yeah, I love Scotch bonnet.

**ANGELA HARTNETT:** These are super, super spicy. Then you've got your jalapeño. Well, these are there, so you've got, these are quite grassy, the jalapeños. They're milder in heat, so I like to put these in salads.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** I think you can make lovely slaws in these. This I'll put in like spaghetti.

**NICK GRIMSHAW:** A red one.

**ANGELA HARTNETT:** A red one.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** A red one's in spaghetti, tomato sauces, and stuff like that. Brilliant if you stuff them into a chicken.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** And lovely in lots of different curries. So a lot of the heat is in the seeds.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** So lots of people sort of remove the seeds, but actually if you want it super spicy, keep the seeds in.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** So we do, um, grow them in the UK, and obviously as it's, as the days open up, longer days, more sun.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** They're going to get better and better, and their flavours will really start to open up.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** So now's the time to buy the UK chillies.

**NICK GRIMSHAW:** Okay, I feel like I want to grow them. Maybe I've missed the boat, but maybe I'll get a chilli plant. I feel like my kitchen is the hottest place on earth.

**ANGELA HARTNETT:** Yeah, it'd be perfect, yeah.

**NICK GRIMSHAW:** I bloody love it in there.

**ANGELA HARTNETT:** You can buy the little plants.

**NICK GRIMSHAW:** Gozney.

**ANGELA HARTNETT:** Gozney.

**NICK GRIMSHAW:** A chilli farm.

**ANGELA HARTNETT:** It's just, you know, it's all happening with you there.

**NICK GRIMSHAW:** Yeah, well, let's get rid of those chillies and get our guest in, shall we? Lets get him in.

**ANGELA HARTNETT:** Yes, let's do that.

**NICK GRIMSHAW:** Let's welcome our guest today on Dish.

*[theme music plays]*

*[applause]*

**NICK GRIMSHAW:** Hi, welcome!

**ANGELA HARTNETT:** How are you?

**PAAPA ESSIEDU:** I'm very well, thank you.

**NICK GRIMSHAW:** Good, good.

**ANGELA HARTNETT:** Hi Paapa lovely to see you. How are you?

**PAAPA ESSIEDU:** Very, very, very happy to be here.

**NICK GRIMSHAW:** Welcome to Dish.

**ANGELA HARTNETT:** Good, welcome, welcome.

**PAAPA ESSIEDU:** I'm starving.

**ANGELA HARTNETT:** We're happy to have you with us.

**NICK GRIMSHAW:** *[laughs]*

**PAAPA ESSIEDU:** I ain't eaten for 3 days.

**NICK GRIMSHAW:** Oh my God—

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** —he's been prepping, he's gone method for Dish.

**ANGELA HARTNETT:** Method, yeah. Perfect.

**NICK GRIMSHAW:** Well, come on in.

**ANGELA HARTNETT:** Yeah, come down. Come and sit down.

**NICK GRIMSHAW:** Come and sit down. And we're going to do a margarita for you guys.

**PAAPA ESSIEDU:** Yeah, I heard there were margaritas going.

**ANGELA HARTNETT:** Coming straight for you.

*[theme music plays]*

**NICK GRIMSHAW:** Should we welcome our guest, Angela?

**ANGELA HARTNETT:** Yes, very much so.

**NICK GRIMSHAW:** Let's welcome our guest patiently waiting at the dish table right now. I'm very excited to have this excellent actor with us today.

**ANGELA HARTNETT:** Yes.

**NICK GRIMSHAW:** There is one concern that I have.

**ANGELA HARTNETT:** What?

**NICK GRIMSHAW:** Um, he's said in the past that he's not the biggest fan of eating in front of people.

**ANGELA HARTNETT:** *[laughs]* Well 'cause we're a food podcast.

**NICK GRIMSHAW:** So yeah, please welcome to face his fears, Paapa Essiedu, everybody!

*[cheering and applause]*

**NICK GRIMSHAW:** You can do it! You can eat in front of people!

**ANGELA HARTNETT:** Come on!

**NICK GRIMSHAW:** Come on!

**ANGELA HARTNETT:** You'll manage.

**NICK GRIMSHAW:** Hi!

**ANGELA HARTNETT:** Hi!

**PAAPA ESSIEDU:** Hi!

**NICK GRIMSHAW:** *[laughs]*

**PAAPA ESSIEDU:** Hi! I'm scared now. *[laughs]*

**NICK GRIMSHAW:** No, don't be scared! Yeah, when we were doing the research and we saw that, we were like—

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** –oh no!

**PAAPA ESSIEDU:** Yeah, to be fair, I thought it was a podcast. I thought it was an audio experience.

**ANGELA HARTNETT:** Yes, yeah.

**NICK GRIMSHAW:** Oh no.

**PAAPA ESSIEDU:** Hi guys, hi, hi.

**NICK GRIMSHAW:** *[laughs]*

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**NICK GRIMSHAW:** Hi everybody, they're used to it.

**ANGELA HARTNETT:** They know, they know.

**NICK GRIMSHAW:** Um, how are you?

**PAAPA ESSIEDU:** I'm so good, man. I was just saying I'm a massive, massive fan of the podcast, you know–

**ANGELA HARTNETT:** Aw.

**PAAPA ESSIEDU:** –so it feels like a great privilege to be invited to, to be with you.

**NICK GRIMSHAW:** Oh, well—

**ANGELA HARTNETT:** Thank you.

**NICK GRIMSHAW:** —thank you for being here. We're so happy to—

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** —have you join us. Um, we have started with a spicy margarita.

**PAAPA ESSIEDU:** Mm.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Because you like all things spicy, we heard.

**PAAPA ESSIEDU:** Mm.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** So we thought we would do this. So we've done, it's like a green margarita.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** So it's got lime in it.

**ANGELA HARTNETT:** Feels healthy.

**NICK GRIMSHAW:** Cucumber. Yeah, it feels–

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** It feels healthy.

**PAAPA ESSIEDU:** 5-a-day, right?

**ANGELA HARTNETT:** 5-a-day.

**NICK GRIMSHAW:** 5-a-day, yeah.

**ANGELA HARTNETT:** Definitely.

**NICK GRIMSHAW:** Yeah, well, cheers!

**ANGELA HARTNETT:** Cheers!

**PAAPA ESSIEDU:** Cheers!

**NICK GRIMSHAW:** And welcome!

**PAAPA ESSIEDU:** Cheers! In the eyes.

**NICK GRIMSHAW:** Cheers!

**ANGELA HARTNETT:** Cheers! Cheers!

**NICK GRIMSHAW:** With a little salty–

**ANGELA HARTNETT:** Yeah

**NICK GRIMSHAW:** –situation.

**ANGELA HARTNETT:** Mm. Ooh, spicy!

**NICK GRIMSHAW:** Ooh.

**ANGELA HARTNETT:** That is that's a good kick.

**PAAPA ESSIEDU:** Guys, don't you like it? *[laughs]*

**ANGELA HARTNETT:** Yeah, I do like it.

*[crew laughs]*

**PAAPA ESSIEDU:** I'm like, 'That's amazing!' You're like, 'Ooh.'

**NICK GRIMSHAW:** No it's just–

**ANGELA HARTNETT:** It has a kick.

**NICK GRIMSHAW:** –it's yeah, yeah.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Wow.

**ANGELA HARTNETT:** It is delicious.

**NICK GRIMSHAW:** It's delicious. It is delicious.

**PAAPA ESSIEDU:** I'm like rack it up! Rack it up!

**NICK GRIMSHAW:** We like it spicy. I mean, how– I mean I like a spicy thing.

**ANGELA HARTNETT:** I like spicy.

**NICK GRIMSHAW:** When you were just cooking out there–

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** –and you were making the sauce, you were like, ‘How spicy should we go?’

**ANGELA HARTNETT:** How spicy– We were all testing, saying ‘Is this spicy enough, or not spicy enough.’

**PAAPA ESSIEDU:** Mm.

**ANGELA HARTNETT:** And we've added a Scotch bonnet into it.

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** Is it?

**ANGELA HARTNETT:** Yeah, now it's spicy.

**PAAPA ESSIEDU:** I, I, I grew up on Scotch bonnets.

**ANGELA HARTNETT:** I can add another one if you want.

*[crew laughs]*

**NICK GRIMSHAW:** *[laughs]*

**ANGELA HARTNETT:** I mean, they're very, it's spicy. It's gonna be a bit of a hit.

**NICK GRIMSHAW:** We should start by saying massive congratulations.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Because, uh, you were a recent recipient of an Olivier Award, no less.

**ANGELA HARTNETT:** Woo!

**NICK GRIMSHAW:** So round of applause.

*[applause]*

**NICK GRIMSHAW:** An Olivier.

**ANGELA HARTNETT:** Amazing.

**NICK GRIMSHAW:** Good to say an Olivier, isn't it?

**PAAPA ESSIEDU:** Yeah, yeah.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** It's really good to say.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** So tell us about the evening and tell us about how that was for you because, um, quite an honour. It was for All My Sons, right?

**PAAPA ESSIEDU:** Mm.

**PAAPA ESSIEDU:** Yeah, it's nuts, mate. It's nuts. Like I loved doing All My Sons, it was one of those dream jobs I've been doing, like, I've been doing plays so consistently since I've become an actor—

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** —and like the theatre is important to me, you know, and I think it's a, it's, it's, it's a beautiful medium. And that play is one of my favourite plays. But yeah, what was so great about this really was the cast, you know, like Bryan Cranston.

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** I grew up on that guy, you know, like—

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** —Malcolm in the Middle.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Can it ever be topped?

**NICK GRIMSHAW:** *[laughs]*

**PAAPA ESSIEDU:** In fact, they're bringing it back, so hopefully. But, um—

**NICK GRIMSHAW:** They're bringing it back?

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** You didn't know?

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** Oh brilliant.

**PAAPA ESSIEDU:** Get on Tiktok, baby.

**NICK GRIMSHAW:** Malcolm in the Middle, come on.

**PAAPA ESSIEDU:** Yeah.

**ANGELA HARTNETT:** *[laughs]*

**PAAPA ESSIEDU:** And Marianne Jean-Baptiste and Hayley Squires and Tom Glynn-Carney—

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Yes.

**PAAPA ESSIEDU:** Like, it's a dream cast, you know? So it's, it's amazing working on something like that. Um, and our director, Ivo van Hove, is this visionary director who did a legendary production of, A View from the Bridge, again about 14 years ago. So yeah, Sunday was just like a great kind of full stop to what was—

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Mm.

**PAAPA ESSIEDU:** Because it's a long time. We did that show—

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** —for 16 weeks—

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** —you know, and you go through—

**ANGELA HARTNETT:** It's a long season.

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** It's long, right?

**ANGELA HARTNETT:** Yeah, yeah, course.

**NICK GRIMSHAW:** And it seems hard core.

**PAAPA ESSIEDU:** Yeah, I mean, it's tough, but you're also energised, you know.

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** Every, every audience is different—

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** —and they give you energy. And you have to remember, like, they're seeing it for the first time

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** They're engaging—

**ANGELA HARTNETT:** Yeah, yeah.

**PAAPA ESSIEDU:** —with the story for the first time. So it doesn't feel like you're just doing the same thing—

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** —that you did yesterday.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** You're, you're engaging with a new audience that have got new energy and whatever. So it is hard, but it's galvanising as well.

**NICK GRIMSHAW:** But it feels like a really exciting, like, busy time for you at the moment.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** It feels like a lot is happening.

**PAAPA ESSIEDU:** Yeah, it's full on, you know, and you're lucky. You're lucky—

**NICK GRIMSHAW:** Uh-huh

**PAAPA ESSIEDU:** —to be busy, to get opportunities, you know? And I feel really proud of all the things that I've been doing recently. But also, you know, like sometimes you actually just want a day to just sit down.

**ANGELA HARTNETT:** Chill out, yeah.

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** Just have a couple of days, yeah.

**ANGELA HARTNETT:** Come on a podcast, a few margaritas.

**NICK GRIMSHAW:** Yeah, you got too, yeah

**PAAPA ESSIEDU:** But, um, I had, actually no, I won't tell that story.

**NICK GRIMSHAW:** No, come on.

**PAAPA ESSIEDU:** I heard that Brian Cox–

**NICK GRIMSHAW:** Yes.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** –was on this show.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** And he banged like 3 of these.

**ANGELA HARTNETT:** Yeah.

*[crew laughs]*

**PAAPA ESSIEDU:** And then went and did the show anyway.

**NICK GRIMSHAW:** He did.

**ANGELA HARTNETT:** 3 of those and half a bottle of wine.

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** Do you know what I mean, like he's an inspiration.

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** And half a bottle of wine?!

**NICK GRIMSHAW:** Yeah!

*[crew laughs]*

**NICK GRIMSHAW:** He did.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** He did.

**PAAPA ESSIEDU:** Raa, they don't build them like that no more, do you know what I mean?

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** They don't. Because I'm—

**PAAPA ESSIEDU:** That's a real actor.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

*[everyone laughs]*

**PAAPA ESSIEDU:** That's a real actor, you know.

**ANGELA HARTNETT:** Come on!

**PAAPA ESSIEDU:** Do you know what I mean, yeah.

**NICK GRIMSHAW:** Yeah, because he, that was hardcore. Yeah 'cause he—

**ANGELA HARTNETT:** But what he kept saying was, he goes, ‘I’m, I’m 80 now, I don’t care.’

**NICK GRIMSHAW:** Yeah, he didn’t care.

**ANGELA HARTNETT:** He was literally saying, and you can see that, he doesn’t—

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** —what he’s coming out with.

**PAAPA ESSIEDU:** He’s like, ‘What you gonna do? Fire me?’

**NICK GRIMSHAW:** To be fair, like—

*[crew laughs]*

**ANGELA HARTNETT:** Why not!

**NICK GRIMSHAW:** —he’s got no f\*\*\*\* to give.

**ANGELA HARTNETT:** You know, if you’re 80.

**NICK GRIMSHAW:** Yeah, we’re too tired.

**PAAPA ESSIEDU:** They need to get him into drama schools.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yes.

*[everyone laughs]*

**PAAPA ESSIEDU:** This is what the next generation–

**ANGELA HARTNETT:** Yeah!

**PAAPA ESSIEDU:** –need to hear, man.

**ANGELA HARTNETT:** Yeah, exactly!

**NICK GRIMSHAW:** Yeah, it's like, not that deep, guys.

**ANGELA HARTNETT:** Yeah!

**NICK GRIMSHAW:** But yeah, he had 3 margaritas, a bottle of wine.

**ANGELA HARTNETT:** I love that *[laughs]*

**NICK GRIMSHAW:** And then went on stage in the West End playing, Bach?

**ANGELA HARTNETT:** Oh my God, but it was just like hardcore play. I went to see it.

**PAAPA ESSIEDU:** You need to get in the audience of that night.

*[crew laughs]*

**ANGELA HARTNETT:** Yeah, yeah, yeah. *[laughs]*

**NICK GRIMSHAW:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** A bonus episode.

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** So, like, ‘Did you follow the story?’

**NICK GRIMSHAW:** Yeah, like, ‘Did you know what's going on?’

**ANGELA HARTNETT:** I love. *[laughs]*

**NICK GRIMSHAW:** I love it. Well, we'll see how today goes. Before we eat, we always like to talk about your likes and your dislikes.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Before you came on, we were talking about, you know, chillies—

**ANGELA HARTNETT:** Yeah, yeah.

**NICK GRIMSHAW:** —and you like a spicy flavour. They've already featured in your drink, but your favourite cuisines we heard were Thai and Mexican.

**PAAPA ESSIEDU:** Mm.

**NICK GRIMSHAW:** Big flavours and a kick of chilli. How hot can you go?

**PAAPA ESSIEDU:** You know what, like—

**NICK GRIMSHAW:** Has anything been too hot?

**PAAPA ESSIEDU:** It has, you know. And like, I, I kind of rate myself, you know, like I just said, I grew up on Scotch bonnets.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Like, my mum was like relentless, like, as a kid.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Do you know what I mean. You know, usually with your kids, you like, you like dull it down a little bit—

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** —to like, uh, wean them onto it.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** She didn't do that for me. So, she was like, 'You either eat that or you eat rice and butter.'

**NICK GRIMSHAW:** Yeah *[laughs]*

**ANGELA HARTNETT:** *[laughs]*

**PAAPA ESSIEDU:** Do you know what I mean, so I was like, eventually I was like, ‘This rice and butter life cannot run anymore.’

*[everyone laughs]*

**PAAPA ESSIEDU:** Do you know what I mean? So, I had to like, just like go through it. But I went through the pain barrier.

**NICK GRIMSHAW:** Uh-huh.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** And like now, I think I've got a fairly good tolerance. But the issue is like, I go around talking the talk, whatever. But like my tell, is like, if something is that bit too spicy, I immediately get the hiccups.

**NICK GRIMSHAW:** Uh-huh.

**ANGELA HARTNETT:** Oh, right.

**NICK GRIMSHAW:** Okay.

**PAAPA ESSIEDU:** So, I'll be out here being like—

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** ‘Yeah, I can run *[hiccups]*’ You know? Like—

*[everyone laughs]*

**PAAPA ESSIEDU:** And it's just like so humiliating, if you're trying to like run that thing, you're like, 'Hey.'

**ANGELA HARTNETT:** God.

**PAAPA ESSIEDU:** How do you feel about chilli?

**ANGELA HARTNETT:** I like it. I like— not on everything.

**PAAPA ESSIEDU:** From your perspective.

**ANGELA HARTNETT:** I don't like it on everything. Like, I'll have it on maybe a bit of chilli with anchovies and like fried eggs if I wanted something like that. I'd like it in a pasta sauce, but I wouldn't necessarily put it with a roast chicken unless it was some sort of recipe—

**PAAPA ESSIEDU:** Mm-hm.

**ANGELA HARTNETT:** That called for it, you know. So, I think it depends what you put it in, you know. I love it today, it'll be brilliant.

**NICK GRIMSHAW:** It can be a slippery slope into chilli addiction.

**ANGELA HARTNETT:** Yeah, but it's like, I think once you get into something, it's like olives and anchovies.

**PAAPA ESSIEDU:** Yeah.

**ANGELA HARTNETT:** You know. I will put anchovies on everything.

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** Really?

**ANGELA HARTNETT:** No, I love it, you know. I'll put it in pasta sauces, I'll put it with chicken—

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** —I'll have it on toast with eggs, you know, so it's wha-

**NICK GRIMSHAW:** In a brew!

**ANGELA HARTNETT:** *[laughs]* In a brew, a little anchovy. In a cocktail.

**PAAPA ESSIEDU:** There's that thing where they say you've got to eat like 92 olives or something to— Have you heard that? If you don't like olives, you have to have 92 or something.

**ANGELA HARTNETT:** Oh, to change if you don't like something. Yeah, yeah.

**PAAPA ESSIEDU:** I did that, still didn't like them.

**ANGELA HARTNETT:** Oh, right. *[laughs]*

**NICK GRIMSHAW:** *[laughs]*

**PAAPA ESSIEDU:** But! But actually, the other day I had my first olive—

**NICK GRIMSHAW:** Uh-huh.

**PAAPA ESSIEDU:** –that I loved.

**NICK GRIMSHAW:** Oh.

**ANGELA HARTNETT:** Oh, which one?

**PAAPA ESSIEDU:** I was in, um, a restaurant in King's Cross called Camino, I think.

**ANGELA HARTNETT:** Yeah. I know, yeah.

**PAAPA ESSIEDU:** And- You know it, yeah?

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** And they don't– I was like, I was like, ‘Can I have some crisps?’

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** They were like, ‘Um this is actually a very upmarket establishment. We don't do crisps.’

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** Don't do crisps.

**PAAPA ESSIEDU:** So, I was like, f\*\*\* it, I'll do olives.

*[everyone laughs]*

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** And like, these olives tasted like um–

**NICK GRIMSHAW:** Oh.

**ANGELA HARTNETT:** We're they quite big?

**PAAPA ESSIEDU:** –tasted like salami. They were like, um green.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Um, not massive.

**ANGELA HARTNETT:** Right, okay.

**PAAPA ESSIEDU:** Like olive size, I guess.

**ANGELA HARTNETT:** Yeah.

*[everyone laughs]*

**PAAPA ESSIEDU:** But they were delicious.

**ANGELA HARTNETT:** Okay.

**PAAPA ESSIEDU:** So maybe I'm, maybe I'm better.

**NICK GRIMSHAW:** Maybe you're through it!

**PAAPA ESSIEDU:** Maybe that was my 93rd olive! Do you know what I mean?

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah, yeah.

**NICK GRIMSHAW:** That was the 93rd one! That was the one.

**PAAPA ESSIEDU:** Yeah.

**NICK GRIMSHAW:** 'Cause I was the same when I was a kid. I didn't like them, and then I was like, I feel like I want to get through this. Um, some of your other favourites.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Alongside were chilli were garlic, ginger, soy, honey, FRESH, written in capitals, tomatoes.

**ANGELA HARTNETT:** Oh, not tinned.

**NICK GRIMSHAW:** And coriander. Angela, you famously hate coriander.

**ANGELA HARTNETT:** Mm, yeah.

**NICK GRIMSHAW:** You do love a fresh tomato.

**ANGELA HARTNETT:** Do love fresh tomato.

**NICK GRIMSHAW:** What do you mean when you say fresh tomato?

**PAAPA ESSIEDU:** You know, like—

**NICK GRIMSHAW:** Just not in a can?

**PAAPA ESSIEDU:** No, I just mean—

**ANGELA HARTNETT:** A ripe one.

**PAAPA ESSIEDU:** Yeah, you know, sometimes you eat a tomato, and it just tastes like water.

**NICK GRIMSHAW:** Yes.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** And it's like the wrong kind of red, or whatever.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Especially like if you have— I hate it when they do it in like a tomato and like basil salad or whatever.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** And like the flavour is the tomato–

**NICK GRIMSHAW:** Uh-huh.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** –and it's just like–

**ANGELA HARTNETT:** It isn't, yeah.

**PAAPA ESSIEDU:** –it's just like water and leaves.

**NICK GRIMSHAW:** Yeah, yeah.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Do you know what I mean?

**NICK GRIMSHAW:** Uh-huh.

**PAAPA ESSIEDU:** I hate that.

**NICK GRIMSHAW:** Uh-huh.

**PAAPA ESSIEDU:** But like, you know, like those, like those ones that you can kind of tell, you know–

**NICK GRIMSHAW:** Mm.

**PAAPA ESSIEDU:** –they’re Mediterranean or whatever.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** You can smell them–

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** –before you cut them, cut into them. That's what I prefer.

**NICK GRIMSHAW:** Yeah. What is that?

**ANGELA HARTNETT:** Definitely.

**NICK GRIMSHAW:** Is that just seasonality?

**ANGELA HARTNETT:** It's a ripe tomato.

**NICK GRIMSHAW:** It's a ripe tomato

**ANGELA HARTNETT:** I hate to say that.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** It's essentially a ripe tomato.

**NICK GRIMSHAW:** That is my worst though, if you get a tomato coming and–

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** –you're like, it's like, it's water.

**ANGELA HARTNETT:** You just wouldn't have a tomato now.

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** They're not right, it's not the right season for them. You need them actually end of August, September.

**PAAPA ESSIEDU:** Really.

**ANGELA HARTNETT:** Where you've had the sun all summer and they've ripened them. And you know, I love our country, but we don't get the sun. So, you need them from Spain or southern France or Italy.

**NICK GRIMSHAW:** Mh-hm.

**PAAPA ESSIEDU:** Uh-huh.

**ANGELA HARTNETT:** But what you're having, you should just send them back. Go, 'That is, not a ripe tomato.'

**PAAPA ESSIEDU:** Yeah, but it's the wrong time of month.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** They're not gonna give you a better one, are they?

**ANGELA HARTNETT:** No.

*[everyone laughs]*

**NICK GRIMSHAW:** Did you want ripe ones?

**PAAPA ESSIEDU:** Shall we go again?

**NICK GRIMSHAW:** Yeah, 'Oh sorry.'

**ANGELA HARTNETT:** 'That's all we've got!'

**NICK GRIMSHAW:** 'That's all we've got. That's all we've got.'

**PAAPA ESSIEDU:** Yeah.

**NICK GRIMSHAW:** Um, when we asked you what you might like today, you said, 'I'd love Angela to make a super flavoured beautiful Thai-inspired chicken or fish with rice and a spicy pomelo salad. Is that too specific?' You asked. I love specific.

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** I love when a guest knows what they want. Do you, as the chef?

**ANGELA HARTNETT:** I do, I do, but I haven't made any of that, so I'm quite embarrassed.

*[crew laughs]*

**ANGELA HARTNETT:** I didn't know that was on the cards.

**PAAPA ESSIEDU:** Yeah.

**NICK GRIMSHAW:** Really?

**ANGELA HARTNETT:** No!

**NICK GRIMSHAW:** Well, I feel like what we're having today is going to be spicy.

**ANGELA HARTNETT:** Yeah, it's going to be spicy.

**NICK GRIMSHAW:** Fish.

**ANGELA HARTNETT:** It's true. Yeah, it's going to be spicy. There's fish.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** The rest we can ignore.

**ANGELA HARTNETT:** We're not having the rice.

**NICK GRIMSHAW:** The rest we can ignore.

**ANGELA HARTNETT:** That's fine.

**NICK GRIMSHAW:** Um, another one of your loves, which I was like, I've never even heard of this, was and it was sort of a guilty pleasure from you, was the white

chocolate matcha latte, which you said is disgusting but also delicious. Talk to me about your relationship with the white chocolate matcha latte.

**PAAPA ESSIEDU:** You know what, so basically, I used to have a white chocolate oat milk matcha iced latte from—

**ANGELA HARTNETT:** *[laughs]*

**PAAPA ESSIEDU:** —Blank Street Coffee every night before I did the show.

**NICK GRIMSHAW:** Uh-huh.

**ANGELA HARTNETT:** Oh God.

**PAAPA ESSIEDU:** In All My Sons. And like, sometimes it's pathetic, but sometimes actors, you just get locked in—

**NICK GRIMSHAW:** Uh-huh.

**ANGELA HARTNETT:** Right.

**PAAPA ESSIEDU:** —do you know what I mean? Like, so you do a thing once and then the show like maybe doesn't go terribly and then you're like, I can't do this show again without not doing that.

**ANGELA HARTNETT:** Superstitions. Yeah.

**PAAPA ESSIEDU:** Superstitions.

**ANGELA HARTNETT:** Yeah, yeah.

**PAAPA ESSIEDU:** So, my superstition is I'm having–

**NICK GRIMSHAW:** *[laughs]*

**PAAPA ESSIEDU:** –like genuinely maybe like 80 grammes of sugar–

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** *[laughs]*

**PAAPA ESSIEDU:** –like green sugar before I go on stage every day. And I used to like walk into the theatre holding it and like the producers used to think it was a green juice.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** You know? And I was like, I could get diabetes, buddy. I will be suing you. But like, yeah, I was just locked in. It's so, so sweet. But, like–

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** –I just couldn't do a show without it.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** You know, I remember I didn't do it once and it went real bad.

**NICK GRIMSHAW:** No way!

**ANGELA HARTNETT:** No!

**PAAPA ESSIEDU:** Yes.

**NICK GRIMSHAW:** Wow!

**PAAPA ESSIEDU:** This stuff is real, you know?

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** I used to be, you know, they say you shouldn't say the Scottish play—

**ANGELA HARTNETT:** Oh yeah, don't mention the Scottish play.

**PAAPA ESSIEDU:** —in, in the theatre.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** I used to be like, yeah, whatever. And like, my friend was doing that play the other day and he was like, 'I don't give a f\*\*\*, man.' And he was just like saying it and all the lovies were like, 'Oh my God, oh my God.'

**ANGELA HARTNETT:** *[laughs]*

**PAAPA ESSIEDU:** A piece of set fell from the ceiling.

**ANGELA HARTNETT:** *[gasps]* No!

*[crew laughs]*

**NICK GRIMSHAW:** Don't say it.

**PAAPA ESSIEDU:** For real. And they—

**ANGELA HARTNETT:** Oh my God.

**PAAPA ESSIEDU:** And like, he was like, 'What?' And all of them were like, 'Mmm yeah.'

**ANGELA HARTNETT:** Yeah *[laughs]*

**NICK GRIMSHAW:** Mm.

**PAAPA ESSIEDU:** Like, 'I told you. Don't say it.'

**NICK GRIMSHAW:** Don't say it.

**PAAPA ESSIEDU:** Can you imagine.

**ANGELA HARTNETT:** Don't say it.

**NICK GRIMSHAW:** Don't say it.

**ANGELA HARTNETT:** Oh my God I'm not gonna say it.

**NICK GRIMSHAW:** And there was only one dislike–

**ANGELA HARTNETT:** Oh.

**NICK GRIMSHAW:** –from you. Um, that was cheese.

**PAAPA ESSIEDU:** Yeah, I'm not really on it. It's like, to be honest, it's like my mum's getting a lot of airtime here, but like, it started– She used to put those Dairy Lea triangles–

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** –in my packed lunch.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** And I used to hate them.

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** And actually, also in the '90s, I remember they used to have like loads of Babybels.

**ANGELA HARTNETT:** Yeah, still around, still around.

**NICK GRIMSHAW:** Yes.

**PAAPA ESSIEDU:** I watched those adverts and be like, ‘That looks so good.’

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Like, whoever like directed that was like–

**NICK GRIMSHAW:** And it was like bouncing.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** You know, like get him a franchise, whatever.

**ANGELA HARTNETT:** *[laughs]*

**PAAPA ESSIEDU:** But like, um but it never tasted–

**ANGELA HARTNETT:** Yeah

**PAAPA ESSIEDU:** It never tasted in my mouth–

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** –like it did in my mind.

**ANGELA HARTNETT:** Yeah, yeah, yeah

**PAAPA ESSIEDU:** Do you know what I mean? So, I guess this is just like a very long grudge.

*[crew laughs]*

**ANGELA HARTNETT:** *[laughs]*

**PAAPA ESSIEDU:** And then I remember at school, the cheese sandwich became a staple—

**NICK GRIMSHAW:** Yes.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** —of like, you know, like even like pizzas. I'm alright with pizzas now, but like school pizzas.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah. Too much cheese.

**ANGELA HARTNETT:** They're not the best.

**PAAPA ESSIEDU:** Cheesy, right?

**NICK GRIMSHAW:** Yeah, they're cheesy.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** And you can see them like sprinkling the cheese and I'm like, gross.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** So, I used to like sell the cheese, off of my pizza—

**ANGELA HARTNETT:** Love that, love that.

**PAAPA ESSIEDU:** –to like other kids.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Entrepreneur from early, right?

**ANGELA HARTNETT:** Yeah. *[laughs]*

**NICK GRIMSHAW:** *[laughs]*

**PAAPA ESSIEDU:** I used to like swap, like I'd like cut like a piece of the cheese off my pizza and I'd swap it for like, I think like 4 Freddos.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Oh, that's good.

**PAAPA ESSIEDU:** Which I think is a good idea–

**ANGELA HARTNETT:** Nice. There's a market.

**PAAPA ESSIEDU:** –in the modern economy.

**NICK GRIMSHAW:** Yeah, yeah, yeah.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Do you know what I mean? Freddos are expensive now.

**NICK GRIMSHAW:** Freddos yeah.

**ANGELA HARTNETT:** All right, let me go and chuck the cheese out now. No, no, no.

*[crew laughs]*

**NICK GRIMSHAW:** No, there's no cheese is there? There's not cheese.

**ANGELA HARTNETT:** No, no cheese.

**NICK GRIMSHAW:** Surely. Surely, surely. And I've heard you've been getting into cooking recently, or you've been doing a cooking course?

**PAAPA ESSIEDU:** Yeah, yeah. I've been learning, like, there might be a thing I'm doing where I need to like pass as a chef.

**NICK GRIMSHAW:** Right.

**PAAPA ESSIEDU:** You know, so I've been trying to learn like chef, cheffy kind—

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** —of skills, like how, like chopping and knife work.

**NICK GRIMSHAW:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** And it's actually quite, it's quite good to come on this because—

**NICK GRIMSHAW:** Yeah,

**PAAPA ESSIEDU:** –I've always like–

**NICK GRIMSHAW:** You can watch–

**PAAPA ESSIEDU:** The levels were low.

**NICK GRIMSHAW:** –the master.

**PAAPA ESSIEDU:** Yeah.

**NICK GRIMSHAW:** And how is that when you get to do something like that? Is that always quite fun when you get to learn a skill–

**PAAPA ESSIEDU:** It's good, you know, um–

**NICK GRIMSHAW:** –outside of what you do?

**PAAPA ESSIEDU:** I think what I find amazing actually about it is how meditative–

**NICK GRIMSHAW:** Mm.

**PAAPA ESSIEDU:** –it is and like calming, and it's just like time flies, you know. I, like, I'm, I used to be, and I'm not now, but I used to be, I, I could chop but just very slowly, you know. So, you would watch me like chopping garlic–

**NICK GRIMSHAW:** Uh-huh.

**PAAPA ESSIEDU:** –very meticulously and like everything's burnt already–

**NICK GRIMSHAW:** *[laughs]*

**PAAPA ESSIEDU:** –you know. But now I can, like, I learnt that thing–

**NICK GRIMSHAW:** Oh yeah, this–

**PAAPA ESSIEDU:** Is that true, Angela, that you meant when you're chopping you meant to use your knuckle rather than your–

**ANGELA HARTNETT:** Yeah, you sort of hold it like that.

**PAAPA ESSIEDU:** Yeah. Like that.

**ANGELA HARTNETT:** Yeah, yeah and you chop against an edge in a way, yeah.

**PAAPA ESSIEDU:** You can do that thing, right?

**ANGELA HARTNETT:** I, you can, but I don't. I tend not to.

**NICK GRIMSHAW:** What, what's a good thing to look cheffy?

**ANGELA HARTNETT:** I mean, if you were really cheffy and you wanted to know, it's that I always use a spoon to cook, 'cause everyone has a spoon on them. And so, you check how things are cooked with a spoon–

**PAAPA ESSIEDU:** What?

**ANGELA HARTNETT:** –you know, just by the feeling.

**NICK GRIMSHAW:** To get the temperature?

**ANGELA HARTNETT:** The temperature, but just feeling it. It's the texture of it and the consistency.

**PAAPA ESSIEDU:** You stick a spoon into like a chicken?

**ANGELA HARTNETT:** So basically, a knife into a chicken. But if I was doing, I'd put the end of the spoon into there and I'd check the give on it.

**PAAPA ESSIEDU:** Wow.

**NICK GRIMSHAW:** Oh.

**ANGELA HARTNETT:** And if I felt that it was giving, then I know it's cooked.

**PAAPA ESSIEDU:** Wow.

**ANGELA HARTNETT:** You, see?

**NICK GRIMSHAW:** End of a spoon.

**ANGELA HARTNETT:** There you go.

**NICK GRIMSHAW:** If I watched a film and you were using the end of a spoon–

**ANGELA HARTNETT:** You'd be like.

**NICK GRIMSHAW:** –I'd be like, 'What's he doing?'

**ANGELA HARTNETT:** What's he doing?

**PAAPA ESSIEDU:** Special thanks to Angela Hartnett.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah [*laughs*]

**NICK GRIMSHAW:** What about tea towel on the shoulder?

**ANGELA HARTNETT:** Oh no, I hate that.

**NICK GRIMSHAW:** No, no.

**ANGELA HARTNETT:** That annoys me.

*[crew laughs]*

**PAAPA ESSIEDU:** Do you do like- What about like the waving?

**ANGELA HARTNETT:** But that is a very male thing.

**NICK GRIMSHAW:** Right.

**ANGELA HARTNETT:** Like Gordon always has tea towel on his shoulder.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** My husband always does that, and he just does my head in. Another cheffy thing that loads of them do, and that's what, is they have it on their shoulder, they don't wipe their hands, and they wipe their arse, which is awful.

*[crew laughs]*

**ANGELA HARTNETT:** Do not do that.

**NICK GRIMSHAW:** Do not do that.

**ANGELA HARTNETT:** It's unprofessional.

**PAAPA ESSIEDU:** But maybe do, do that.

**ANGELA HARTNETT:** Yeah, maybe—

*[crew laughs]*

**ANGELA HARTNETT:** —maybe, yeah.

**NICK GRIMSHAW:** It's real.

**PAAPA ESSIEDU:** It sounds like I should do that.

**ANGELA HARTNETT:** It's real.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** 'Cause I heard Gordon Ramsay's good.

**ANGELA HARTNETT:** Yeah [*laughs*]

*[everyone laughs]*

**NICK GRIMSHAW:** Yeah, he's alright. [*laughs*]

**ANGELA HARTNETT:** He's alright.

**PAAPA ESSIEDU:** My question is like, do you– What's like the most techy, like, cheffy, like, instruments that you've got in your kitchen?

**NICK GRIMSHAW:** Ooh, what have I got? I don't know if I have anything too techy

**PAAPA ESSIEDU:** I don't know if you got like a salad spinner.

**NICK GRIMSHAW:** Oh yeah, I got salad spinner, yeah.

*[crew laughs]*

**PAAPA ESSIEDU:** I think that's quite techy.

**NICK GRIMSHAW:** Yeah, I got a salad spinner.

**PAAPA ESSIEDU:** Okay, yeah.

**NICK GRIMSHAW:** Got a juicer.

**PAAPA ESSIEDU:** Uh-huh.

**NICK GRIMSHAW:** Micro-blade.

**PAAPA ESSIEDU:** Have you got a food processor?

**NICK GRIMSHAW:** Got a, uh— I do have a food processor.

**PAAPA ESSIEDU:** Yeah.

**NICK GRIMSHAW:** Because, yeah, and actually I owe that back, like Bake Off lent it me and they never collected it.

*[crew laughs]*

**ANGELA HARTNETT:** What and you've never given it back?

**NICK GRIMSHAW:** No, they never, like, I think they, I don't know what happened with it, but come and collect it, Bake Off. Um—

*[crew laughs]*

**NICK GRIMSHAW:** —but I do use the NutriBullet, yeah.

**PAAPA ESSIEDU:** Yeah.

**NICK GRIMSHAW:** Yeah. What about you? Have you got stuff?

**PAAPA ESSIEDU:** Well, I mean, like, I just got like a bunch of knives.

**NICK GRIMSHAW:** Yes.

**PAAPA ESSIEDU:** You know, so I've got like the chef's knife. I'm looking to Angela to like rectify this. I've got the chef's knife, I've got the paring knife.

**NICK GRIMSHAW:** Uh-huh.

**PAAPA ESSIEDU:** I've got the serrated paring knife.

**NICK GRIMSHAW:** Yes.

**PAAPA ESSIEDU:** I got the fish knife.

**NICK GRIMSHAW:** Yes.

**PAAPA ESSIEDU:** Yeah.

**NICK GRIMSHAW:** Yeah, you need a good knife.

**PAAPA ESSIEDU:** You need a good knife.

**NICK GRIMSHAW:** A good sharp knife.

**PAAPA ESSIEDU:** I think that's half the thing. Yeah.

*[theme music plays]*

**NICK GRIMSHAW:** The food is here.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Angela, let's get involved, Paapa.

**ANGELA HARTNETT:** Yeah, don't worry.

**NICK GRIMSHAW:** And then, Ange, you can talk us through these. So, we've got, yeah—

**ANGELA HARTNETT:** You've got spicy prawn—

**NICK GRIMSHAW:** Prawn and pork?

**ANGELA HARTNETT:** Yeah, spicy prawn tacos—

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** —with rhubarb and Scotch bonnet salsa. And this is a recipe by Ixta Belfrage. And so, in it— So basically the prawn mix, so, we've got prawns, we've got pancetta, you can leave that out if you want to. We've got mango chutney, sesame oil, some curry powder, chilli flakes, and salt. And you blend all that together.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Into a nice sort of pâté. And fry them until they are lightly coloured brown. And then we make a rhubarb and Scotch bonnet salsa. And so, in there you've got rhubarb—

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** –lime juice, Scotch bonnets, chipotle chilli, honey and some lime leaves. And then you cook that down to, so it's a really, really thick salsa.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** And then a little bit of Greek yoghurt and lime zest on the side just to cool it down, if you need to cool it down. And then it's garnished with a little bit of julienne–

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** –of um–

**NICK GRIMSHAW:** Spring onions.

**ANGELA HARTNETT:** –spring onion, yeah. So, and then we spice, you know, and I put a little bit of spring onion into the prawn and pork mix as well and sort of increased the chilli a little bit. So, I hope it's all right.

**NICK GRIMSHAW:** Mm. It's good.

**ANGELA HARTNETT:** You're making me look very nervous, you two.

**PAAPA ESSIEDU:** It's unreal.

**ANGELA HARTNETT:** Oh, thank God.

**NICK GRIMSHAW:** It's delicious.

*[crew laughs]*

**ANGELA HARTNETT:** *[laughs]*

**PAAPA ESSIEDU:** I've merked one already.

**NICK GRIMSHAW:** Mm-hm. One's down.

**ANGELA HARTNETT:** One's down.

**NICK GRIMSHAW:** We've both had one during that.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Mm.

**NICK GRIMSHAW:** Um, it's really good. The Scotch bonnet is such a good spice to use because—

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** —it's not instant, is it?

**ANGELA HARTNETT:** No, it's a slow—

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** –it gets you at the end. Yeah, no, that, that's quite punchy now, I think.

**PAAPA ESSIEDU:** It's good.

**ANGELA HARTNETT:** Some people just put spice for the sake of it–

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** –and they don't understand that balance of, you know, it shouldn't just be heat.

**PAAPA ESSIEDU:** Mm.

**ANGELA HARTNETT:** It's got to have flavour coming through it.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** But I think with that you get all that, you get a little bit of the sweetness.

**NICK GRIMSHAW:** The rhubarb's great with it.

**PAAPA ESSIEDU:** I don't think it should be so hot that like– It shouldn't be like an endurance test.

**ANGELA HARTNETT:** No.

**NICK GRIMSHAW:** No.

**ANGELA HARTNETT:** Exactly.

**PAAPA ESSIEDU:** I once did underestimate a Scotch bonnet.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Um, someone I know recommended me an elixir to have when you're sick.

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** Right? And in the elixir, it's like a teaspoon of turmeric, fresh ginger, a whole fresh garlic bulb.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Not bulb, um—

**ANGELA HARTNETT:** Clove, yeah.

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** Half a lemon, honey, and as much chilli as you can tolerate.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Right.

**PAAPA ESSIEDU:** I put half a Scotch bonnet in–

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** –with the seeds.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Oh wow.

**PAAPA ESSIEDU:** Nearly passed out.

*[everyone laughs]*

**PAAPA ESSIEDU:** And like, that like, I'm not saying that for effect.

**ANGELA HARTNETT:** No, no, no.

**PAAPA ESSIEDU:** Like, literally I was walking to the tube, and I was like, ‘I'm going to die here.’

*[everyone laughs]*

**PAAPA ESSIEDU:** I'm going to die on the spot. Half a Scotch Bonnet.

**NICK GRIMSHAW:** Whoa, whoa.

**ANGELA HARTNETT:** Jeepers.

**NICK GRIMSHAW:** Did it cure your illness?

**PAAPA ESSIEDU:** I'm fine now.

**ANGELA HARTNETT:** [laughs]

**NICK GRIMSHAW:** *[laughs]* I'm fine now. There's also a wine pairing.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Which is Sauvignon Blanc from New Zealand. Nice pairing with a spicy prawn taco.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Um, so, it's got citrus notes which will complement the rhubarb but also stand up to the chilli. It's called Tohu Sauvignon Blanc.

**ANGELA HARTNETT:** Tohu.

**NICK GRIMSHAW:** And if you want to try this recipe or get any of the ingredients, [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes) is where you find all the information on how to make this. And you can also watch Angela on YouTube and Instagram, making this, so sort of a how-to video.

**ANGELA HARTNETT:** How to.

**NICK GRIMSHAW:** I find them easier than reading.

**ANGELA HARTNETT:** Do you?

**NICK GRIMSHAW:** I love a how-to.

*[theme music plays]*

**NICK GRIMSHAW:** Now, one thing we wanted to talk to you about was, um bill splitting? Something that you were passionate about bringing to Dish today. In restaurants, when paying the bill, that thing that happens when people want to get very specific—

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** —about the bill paying. And your problem, I believe, was when people are like, ‘Oh, I didn’t have the olives.’

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Obviously there are levels to this, right?

**NICK GRIMSHAW:** Right.

**PAAPA ESSIEDU:** And if I’m honest, like, there is a slight, there is also like, um, a character judgement here. But like, my—

**ANGELA HARTNETT:** Judge away, I say.

**NICK GRIMSHAW:** *[laughs]*

*[crew laughs]*

**ANGELA HARTNETT:** Seriously.

**PAAPA ESSIEDU:** Yeah, but my, my real, like, the thing that gets me furious is someone that I know can afford to spend well.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Oh yeah

**PAAPA ESSIEDU:** But doesn't.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** You know, because like that's undermining the whole process of this being like a communal experience.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Mm, yeah.

**PAAPA ESSIEDU:** You know? It's like saying like, 'This is what I got.'

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** 'I don't want to have any—

**ANGELA HARTNETT:** Yeah

**PAAPA ESSIEDU:** —involvement in it.' Like, obviously if like we're out and like, say someone doesn't drink and like people have ordered like bottles of champagne or whatever. Yeah of course.

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** Fine, cool.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** But like, there's something— And it's just long and boring.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** It's boring.

**NICK GRIMSHAW:** It's a real vibe killer at the end.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** And you're right, if it's something ridiculous like that, but if it's someone's like, 'I actually didn't eat, like I think, a carrot—'

**PAAPA ESSIEDU:** 'I didn't get the breadsticks.'

**NICK GRIMSHAW:** It's like, ugh.

**PAAPA ESSIEDU:** Shut up.

**ANGELA HARTNETT:** Yeah, yeah.

**NICK GRIMSHAW:** It's not that deep.

**ANGELA HARTNETT:** No.

**PAAPA ESSIEDU:** I mean, who gets breadsticks [*laughs*].

*[crew laughs]*

**NICK GRIMSHAW:** [*laughs*] Um, how do you stand on that, Ange?

**ANGELA HARTNETT:** No, no, I can't stand it.

**NICK GRIMSHAW:** Just split it.

**PAAPA ESSIEDU:** We want to go.

**ANGELA HARTNETT:** I've got a friend, I'm not going to name and shame—

**NICK GRIMSHAW:** Go on.

**PAAPA ESSIEDU:** Go on.

**ANGELA HARTNETT:** But sometimes— Um, no, no, no.

*[crew laughs]*

**PAAPA ESSIEDU:** Go on.

**ANGELA HARTNETT:** Um, and sometimes she'll go, 'I'm not having a starter.' And actually, I know what it was. We went on holiday to Italy, and I'll name and shame you, Sears. And she was going—

**PAAPA ESSIEDU:** Whoa.

**ANGELA HARTNETT:** 'I don't want a starter.'

*[crew laughs]*

**ANGELA HARTNETT:** But no, we've had this conversation. And we'd be out, it was, we were sort of inter-railing and stuff. She would say, 'I won't have a starter.' And I was in Italy, so I'd have a starter. And then she'd start eating my food. And I said, 'No, Nicola. It's not gonna happen. If you want a starter, I'll buy you a starter. But you do not eat off my plate when I've ordered a starter.'

**PAAPA ESSIEDU:** Wow.

*[crew laughs]*

**NICK GRIMSHAW:** It sounds like a fun holiday.

*[crew laughs]*

**ANGELA HARTNETT:** That was one of our things, there was many things. That was on the classic holiday when I said to her, 'Can you shut the door, please?' And she did. And I said, 'No, with you behind it.'

*[everyone laughs]*

**NICK GRIMSHAW:** Woah! Oh, woah.

**PAAPA ESSIEDU:** *[laughs]*

**ANGELA HARTNETT:** We're still friends. Nick is one of my dearest friends. She reminded me of that the other day.

**NICK GRIMSHAW:** That is so good.

**ANGELA HARTNETT:** I said, 'Did I never said that?' She's, 'Yes, you did. Yes, you did.' But anyway—

**NICK GRIMSHAW:** I love it.

**ANGELA HARTNETT:** She got her own back because then when we were in Rome, we were interrailing, and I got, I got out the tube because we were I don't know having another row or something—

**NICK GRIMSHAW:** *[laughs]*

**ANGELA HARTNETT:** —and I did it quite, quietly— I did it really slowly. And as I got out, the tube door stuck—

**CREW MEMBER:** *[gasp]*

**ANGELA HARTNETT:** —round my head like this.

*[everyone laughs]*

**PAAPA ESSIEDU:** Whilst you was having the row?

**ANGELA HARTNETT:** Literally. I was going out the door and, you know, we had all our bags, and my head was out the door and, you know, we had all our bags, and my head was like this—

**NICK GRIMSHAW:** *[laughs]*

**ANGELA HARTNETT:** And I was going, ‘Nicola! Nicola!’

**NICK GRIMSHAW:** *[laughs]*

*[crew laughs]*

**ANGELA HARTNETT:** And she was literally on the platform. She fell about laughing and then we became best friends again, you see. Took the tube off, but she was like, I was going, ‘Nicola, help! Help!’ And she was just like, you know.

**NICK GRIMSHAW:** *[laughing]* Like this—

**PAAPA ESSIEDU:** Like, nothing undermines—

**ANGELA HARTNETT:** Yeah, exactly!

**PAAPA ESSIEDU:** —the point that you're making.

*[everyone laughs]*

**NICK GRIMSHAW:** Really good.

**ANGELA HARTNETT:** Anyway, we've had many challenges, me and Sears.

**NICK GRIMSHAW:** Many challenges.

**ANGELA HARTNETT:** But we're still the bestest of mates, so that's a sign, isn't it? Yeah.

**NICK GRIMSHAW:** Aw, well, I think that's good—

**ANGELA HARTNETT:** Yeah, that's good, yeah.

**NICK GRIMSHAW:** —in a friendship. Brutal honesty.

**ANGELA HARTNETT:** Yeah, it is brutal.

**NICK GRIMSHAW:** Brutal honesty.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Um, should we talk—

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** *[laughs]* Should we talk about Falling?

**PAAPA ESSIEDU:** Lets.

**ANGELA HARTNETT:** Oh.

**NICK GRIMSHAW:** We've got a few things to talk to you about.

**ANGELA HARTNETT:** Oh I loved it.

**NICK GRIMSHAW:** We want to talk about Babies, and we want to talk about Falling, which is available to stream, and watch live on, on Channel 4 as well.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** And so, it's created by Jack Thorne, who people will know probably from Adolescence.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Amongst many other things. You play a priest that falls in love with a nun. Classic. I, I genuinely, as a kid, thought that they dated.

*[everyone laughs]*

**NICK GRIMSHAW:** Like, genuinely, was like, 'Oh, so priests go out with nuns.'

*[everyone laughs]*

**NICK GRIMSHAW:** I did!

**PAAPA ESSIEDU:** So, you thought like the monastery was like the dating house?

**ANGELA HARTNETT:** Oh my god.

**NICK GRIMSHAW:** I did. And I went to—

*[everyone laughs]*

**ANGELA HARTNETT:** What Catholic school did you go to? *[laughs]*

**PAAPA ESSIEDU:** It was like a speed dating booth.

**NICK GRIMSHAW:** I went to Catholic school!

**ANGELA HARTNETT:** *[laughing]* That's what I mean!

**NICK GRIMSHAW:** And that's what I thought.

**ANGELA HARTNETT:** *[laughing]* What sort of education!

**NICK GRIMSHAW:** I thought the altar boys were their kids.

*[everyone laughs]*

**NICK GRIMSHAW:** I did. I was like—

**ANGELA HARTNETT:** *[laughing]* I can't believe that.

**NICK GRIMSHAW:** I thought the Pope was their granddad. No, I'm joking.

**ANGELA HARTNETT:** Don't be ridiculous.

**NICK GRIMSHAW:** I'm joking.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Um, you star alongside Keeley.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Of course, who we loved.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Um, who we had a great time with on Dish.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Tell us all about Falling and, and tell us what it was about this that made you say, yes.

**PAAPA ESSIEDU:** Look, like, Jack, man, because you say like everyone knows Jack from Adolescence

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** And like today maybe that's true, but like Jack's a legend of the game—

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** —in every medium, you know. This is a guy who like, he wrote on Skins.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Right.

**PAAPA ESSIEDU:** Iconic for my generation, at least.

**ANGELA HARTNETT:** Mm. Yeah, yeah.

**PAAPA ESSIEDU:** You know, This Is England, iconic—

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** —for my generation. But he also like does plays as well. He wrote the Harry Potter play—

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** —iconic, you know. And everything— Like now he's obviously writing the Beatles movie, you know.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** So, this is a guy who like knows no limits in terms of his talent. So, I was lucky enough to work with him maybe like 10 years ago in a show called Kiri with Sarah Lancashire. And yeah, he asked me to do this— And it's one of those ones where, like, I'd said yes before I even read it. So, you just like hope it's, you hope it's always like—

**NICK GRIMSHAW:** I've lost it for this one.

**ANGELA HARTNETT:** Yeah *[laughs]*

**PAAPA ESSIEDU:** Do you know what I mean

**NICK GRIMSHAW:** Pretty good hitters.

**PAAPA ESSIEDU:** Yeah, but like, no, he's brilliant. The way he writes character and story and, and the, the heart that he puts—

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** I think that's the common denominator—

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** —in all of those things—

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** —I just said. Like, the heart that he puts into his work—

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** —is just, without part.

**NICK GRIMSHAW:** How is it going to work with Keeley Hawes? Because we loved her when she came on here.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Keeley's a legend.

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** Do you know what I mean? Like, Keeley is actually a legend.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** Like, she's one of those people where, like, you talk to people who don't even watch TV and they're like, 'Oh, I love her.'

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** Wherever you go in this country—

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** —like, she's a legend, you know? So yeah, it was, it was a real treat to be able to, like, do something like this with her.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** Um, she's brilliant in the show. Um, yeah.

**NICK GRIMSHAW:** Um, so you said yes before you saw the script. You saw the script and then it was good.

**PAAPA ESSIEDU:** And then I said yes again.

**NICK GRIMSHAW:** Yes, again.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Yes, I will do that.

**PAAPA ESSIEDU:** Double yes, yeah.

**NICK GRIMSHAW:** That must have been a first for you to say yes *[laughs]* before you've read a script.

**PAAPA ESSIEDU:** Yeah, but like, I really do mean it. Jack's like no other.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** And like, there's a reason— You know, like Adolescence. There's a reason why that show is obviously like one of the most watched on Netflix.

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** But also, like affecting, like government policy.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** Like he has got that impact. He will be remembered—

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** —generationally.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** So like, I'm not being flippant when I say yes before you read it.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** Because you honestly don't need to, you know it's going to be brilliant.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Mm. But did you know the premise? Did you know it was about a priest?

**PAAPA ESSIEDU:** Yeah, yeah, yeah.

**ANGELA HARTNETT:** Oh

**NICK GRIMSHAW:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** But also like the premise was great.

**ANGELA HARTNETT:** Okay. And how did you train for that?

**PAAPA ESSIEDU:** Yeah, um, what, to play priest?

**ANGELA HARTNETT:** To be a priest, yeah.

**PAAPA ESSIEDU:** I grew up going to church up until I was about like 16 or 17.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** So, I've got like a certain background knowledge of Christianity and—

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** And that world being in churches—

**ANGELA HARTNETT:** Sure, yeah.

**PAAPA ESSIEDU:** —especially in this country. But yeah, I spent a lot of time with a guy called Father Jarell who runs a beautiful church in um, in Cardiff—

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** —where we shot. And what I loved about him is he like busts open like the idea of what a priest is meant to be or look like.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** Or how they hold themselves. You know, he's like this, like amazing, like fabulous, like—

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Um, well, like, dressed.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Like sharp-tongued.

**ANGELA HARTNETT:** Yeah

**PAAPA ESSIEDU:** Like guy, very young guy.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Who like carries his, his, not his spaniel around wherever he goes, no his Jack Russell.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** He carries him and is in the service, you know—

**ANGELA HARTNETT:** Yeah, brilliant.

**PAAPA ESSIEDU:** –with him.

**NICK GRIMSHAW:** Love.

**PAAPA ESSIEDU:** You know. And yeah, like– You know, I kind of grew up on the idea of like priests are meant to be very, kind of like–

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** –severe.

**NICK GRIMSHAW:** Mm-hm. Mm-hm.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**PAAPA ESSIEDU:** He's b- but he was sexy. Basically, he was sexy.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**NICK GRIMSHAW:** Yeah

**ANGELA HARTNETT:** Yeah

**PAAPA ESSIEDU:** He made it sexy.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** The one thing I, when I was watching is that– It comes together very quickly–

**PAAPA ESSIEDU:** Mm.

**ANGELA HARTNETT:** –as in the love story, without giving it all away.

**NICK GRIMSHAW:** Sure.

**ANGELA HARTNETT:** You know, I felt, God, you felt there was the flirtation over the food straight away in that kitchen.

**PAAPA ESSIEDU:** Mm.

**ANGELA HARTNETT:** No, I did. And when the scrambled eggs came up, even though I looked at them and thought, ‘Keeley, you have not done a good job there.’

**NICK GRIMSHAW:** How were they? Really!

*[crew laughs]*

**ANGELA HARTNETT:** She whisks.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** She didn't fold.

**NICK GRIMSHAW:** Mm

**ANGELA HARTNETT:** Should have folded.

**PAAPA ESSIEDU:** You know what, I'll feed that back to her.

**ANGELA HARTNETT:** Feed that back to her. You know.

**PAAPA ESSIEDU:** You know– I swear they got like a scrambled egg specialist in.

*[everyone laughs]*

**PAAPA ESSIEDU:** So that person just got rinsed, man.

**NICK GRIMSHAW:** Wow

**ANGELA HARTNETT:** They just got fired.

**PAAPA ESSIEDU:** They just got rinsed.

**NICK GRIMSHAW:** Wow.

**ANGELA HARTNETT:** No, I know, I know. I see it.

**PAAPA ESSIEDU:** Whisk instead of fold.

**ANGELA HARTNETT:** But it did feel like it was like love over food.

**PAAPA ESSIEDU:** Yeah.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** That's what it felt like, you know?

**PAAPA ESSIEDU:** Yeah.

**ANGELA HARTNETT:** And, you know, even though you was— Your character was like, ‘No, I'll be fine, I'm okay.’ They were insistent on looking after you.

**PAAPA ESSIEDU:** Yeah.

**ANGELA HARTNETT:** And then when you were probing her, that's when it all, it felt like the romance was even starting back then.

**PAAPA ESSIEDU:** Yeah. Sometimes in those moments—

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** —when, you know, you meet that person—

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** —like words are not enough.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Or like, you, you, you can never say what you feel, because it's—

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** —too overwhelming.

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** So, you're so focused on like doing the thing.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** You know, it's like that thing of like when you're like having arguments, sometimes it happens in the car.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** When you like don't have to look at each other, you can just like look straight through.

**ANGELA HARTNETT:** Yeah, yeah, yeah. No, it's true.

**PAAPA ESSIEDU:** There's a third party. But yeah, I think Jack was really smart to write that as a—

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** —third character. It's a love triangle with scrambled eggs.

**ANGELA HARTNETT:** I do.

*[crew laughs]*

**ANGELA HARTNETT:** And the cabbages, they were another big thing.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Cabbages feature very heavily. Yeah.

**NICK GRIMSHAW:** Um, like I say, you can see it right now.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** The other thing that you can see right now, which is excellent, which I watched, uh—

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** —recently, uh, is Babies.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Which you can see—

**PAAPA ESSIEDU:** Yeah.

**NICK GRIMSHAW:** —on BBC iPlayer.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Uh, where you star opposite Siobhán Cullen. And you play Stephen and Lisa, and they're on a, a journey, um, and a journey to discover, you know, what they want to do. Do they want to have kids? What they're gonna do. Um, can you fill us in without giving away exactly what happens in Babies?

**PAAPA ESSIEDU:** Yeah, Babies is ultimately a love story about a couple of couples, actually. But like, yeah, me and Siobhán play a couple called Stephen and Lisa who, you know, in their early stages in a marriage, they're like, it's like they love each other. They found their person—

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** —if you believe in such a thing, you know.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** They're ready to do life. And one of the things they want to do is like have a child together. But, you know, like it's that thing of when you hit a certain point in your life, it's almost like you spend your whole life like trying not to get whoever you're with pregnant.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** And then once you're ready to do it, it's sometimes not as straightforward as that.

**ANGELA HARTNETT:** Yeah, mm.

**PAAPA ESSIEDU:** So, this show kind of dissects and investigates and analyses like some of the challenges that come on that journey, both in terms of, you know, that's one part of it, but also about how they like try to stay together, how they try to remain loving each other.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** And also, how that kind of like butterflies outwards in terms of how—

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** —it affects their friendships, their families.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** Etc., etc.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** I love your relationship on screen.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** Yeah.

**NICK GRIMSHAW:** I think you guys are so great in it

**ANGELA HARTNETT:** They are.

**NICK GRIMSHAW:** And I think you start it truly believing that like, oh, they're a real couple.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** You're so, sort of fluid in the way—

**ANGELA HARTNETT:** Yeah, yeah.

**NICK GRIMSHAW:** —that you converse with each other.

**PAAPA ESSIEDU:** Mm.

**NICK GRIMSHAW:** And you have such a nice time making each other laugh in it.

**PAAPA ESSIEDU:** Siobhán, that's my dog, man. She's like—

**ANGELA HARTNETT:** Aww.

**NICK GRIMSHAW:** She's fantastic in it.

**PAAPA ESSIEDU:** She's so incredible.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** I cannot stress to use, like, how talented—

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** —this woman is.

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** Like, she's gonna go everywhere.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** You know, you're gonna see her on every red carpet, award ceremony, whatever. She's that brilliant. You know.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** And, uh, yeah, I'm so— I, I feel so proud of the work that—

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** —everyone's done on it.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Having spent so much time with her, I'm so proud of her.

**ANGELA HARTNETT:** No it's brilliant.

**NICK GRIMSHAW:** Yeah, you can see Babies right now if you want—

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** —to go and see that on BBC iPlayer.

*[theme music plays]*

**NICK GRIMSHAW:** Paapa, are you ready for your fast food quiz?

**PAAPA ESSIEDU:** Hit me.

**NICK GRIMSHAW:** Okay, here we go. Quickfire answers please. What is your favourite way to eat eggs?

**PAAPA ESSIEDU:** Uh, scrambled, very well done.

**ANGELA HARTNETT:** Yeah, I'm like that. Sorry, I know it's fast food.

**PAAPA ESSIEDU:** Are you?

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** I like them very well done.

**PAAPA ESSIEDU:** They—

**ANGELA HARTNETT:** Don't like them runny.

**NICK GRIMSHAW:** It's quick fire, quick fire.

**ANGELA HARTNETT:** Sorry. What's your favourite sandwich filling?

**PAAPA ESSIEDU:** Ooh, peanut butter.

**NICK GRIMSHAW:** Uh, what's your favourite form of potato?

**PAAPA ESSIEDU:** Chips, like crispy.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** You know.

**NICK GRIMSHAW:** Those little crispy, little ones.

**PAAPA ESSIEDU:** You know actually—

**ANGELA HARTNETT:** They're not fat ones.

**PAAPA ESSIEDU:** —my favourite chips are like McCain's Oven Chips.

**NICK GRIMSHAW:** Oh.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Yeah, but like really well—

**ANGELA HARTNETT:** Yeah

**PAAPA ESSIEDU:** —crispy.

**ANGELA HARTNETT:** Yeah, really cooked. Yeah. Um, favourite herb?

**PAAPA ESSIEDU:** Coriander.

**ANGELA HARTNETT:** Okay.

*[crew laughs]*

**NICK GRIMSHAW:** What is the best crisp on the market?

**PAAPA ESSIEDU:** Uh, it's, it's a Walkers cheese and onion.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** What's your favourite bean?

**PAAPA ESSIEDU:** My favourite bean?

**ANGELA HARTNETT:** Bean, you know, like a chickpea or a butter bean or a baked bean.

**PAAPA ESSIEDU:** Legume.

**NICK GRIMSHAW:** Um.

**ANGELA HARTNETT:** Legume. Or a green bean.

**NICK GRIMSHAW:** Legume *[laughs]*

**ANGELA HARTNETT:** Legume. *[laughs]*

*[crew laughs]*

**PAAPA ESSIEDU:** *[laughs]* Legume is, um, I get a black-eyed bean.

**ANGELA HARTNETT:** Yeah, nice. We haven't had that before.

**NICK GRIMSHAW:** Uh, what's your favourite kitchen utensil?

**PAAPA ESSIEDU:** I guess like now I would say a chef's knife.

**NICK GRIMSHAW:** Mm-hm, Chef's knife.

**ANGELA HARTNETT:** Oh, very good. Uh, what's your favourite toast topping?

**PAAPA ESSIEDU:** Like, not guac, but like avocado.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** That's a bit— But really chopped up.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Really.

**PAAPA ESSIEDU:** Actually, avocado, lemon.

**ANGELA HARTNETT:** Yeah, a bit chilli.

**PAAPA ESSIEDU:** Tomato, like bit of chilli. Like.

**ANGELA HARTNETT:** Yeah, nice.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Yeah, that's good.

**NICK GRIMSHAW:** Uh, what is your, favourite pasta?

**PAAPA ESSIEDU:** I don't love pasta, you know.

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** Oh my God, Angela, cover your ears.

*[crew laughs]*

**PAAPA ESSIEDU:** Coriander.

**NICK GRIMSHAW:** Angela's gonna explode.

**PAAPA ESSIEDU:** Okay, no, let me say, um—

**NICK GRIMSHAW:** It can be a pass.

**PAAPA ESSIEDU:** Can I say linguine?

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Does that make me like a Philistine?

**ANGELA HARTNETT:** No not at all.

**NICK GRIMSHAW:** No, we love linguine.

**ANGELA HARTNETT:** It's fine.

**PAAPA ESSIEDU:** I like to go [*pretends to twirl pasta*]. Yeah, like that.

**ANGELA HARTNETT:** Yeah, perfect then.

**NICK GRIMSHAW:** We love a linguine.

**ANGELA HARTNETT:** Um, what's your favourite chocolate bar?

**PAAPA ESSIEDU:** I would say, [*laughs*] this is pathetic, a white chocolate Twix.

**NICK GRIMSHAW:** Oh!

**ANGELA HARTNETT:** Oh, I've never had a white chocolate Twix.

**NICK GRIMSHAW:** Never experienced that.

**PAAPA ESSIEDU:** Yeah, that's, that's like—

**ANGELA HARTNETT:** You've got a white chocolate thing; you love a white chocolate.

**PAAPA ESSIEDU:** That's like connected to the white chocolate matcha.

**NICK GRIMSHAW:** The matcha.

**ANGELA HARTNETT:** Exactly, yeah. You've got that.

**NICK GRIMSHAW:** Oh, white chocolate Twix.

**ANGELA HARTNETT:** God.

*[theme music plays]*

**NICK GRIMSHAW:** Um, Paapa, we come to the end of the show question. Um, for your chance to win the Waitrose goodie bag, all you've got to do is answer this question.

**ANGELA HARTNETT:** All those goodies for you.

**NICK GRIMSHAW:** Okay, we would love you to tell us for the Waitrose goodie bag about your performance as an understudy in King Lear.

**PAAPA ESSIEDU:** *[laughs]* Oh my God.

**NICK GRIMSHAW:** *[laughs]*

**PAAPA ESSIEDU:** Yeah um.

**NICK GRIMSHAW:** *[laughs]* I don't know this story.

**PAAPA ESSIEDU:** *[laughs]*

**ANGELA HARTNETT:** *[laughs]*

**NICK GRIMSHAW:** But I know it's good. I feel like it's going to be good.

**PAAPA ESSIEDU:** All right, so, um, I, I was in the production of King Lear like ages ago that Sam Mendes directed. Had amazing actors in it, whatever. Um, I was like—

**ANGELA HARTNETT:** *[laughs]*

**PAAPA ESSIEDU:** I was like fairly fresh out of drama school, so I was playing like a smaller part— I had like 2, 3 lines, but I was understudying one of the bigger parts, Edmund. And the way usually it works, or at the time it worked, and at the National is that which doesn't make any sense, is that what they do is they just like do the play until you got to the press night.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** And then they'd rehearse the understudies so that if—

**ANGELA HARTNETT:** Oh right.

**PAAPA ESSIEDU:** —anyone was sick.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Or, you know, like there's an injury or whatever, that you could—

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Step in.

**PAAPA ESSIEDU:** –you could tap in, right?

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Anyway, we're in previews, so we still haven't really done the rehearsals yet, but like, I'm like bored as f\*\*\* in it. I've only got like 2, 3 lines, so I've been like turning up to the guy who I'm understudying, I've been turning up to his rehearsals.

**NICK GRIMSHAW:** Mm-hm.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Like some kind of stalker, you know?

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** And like, he'd just be doing his thing and I'd be in the corner writing like notes feverishly. Um, I'm a nerd. And then anyway, got to doing the show and halfway through the show, he's speaking like this, the's doing the line– Well, he's doing Shakespeare, but he's doing the lines and then halfway through a line– [*becomes mute*] So for people who aren't watching that video–

*[everyone laughs]*

**PAAPA ESSIEDU:** It was good though, guys.

**ANGELA HARTNETT:** He lost his voice.

**NICK GRIMSHAW:** It was good.

**PAAPA ESSIEDU:** He lost his voice. Like—

**ANGELA HARTNETT:** Oh my god.

**PAAPA ESSIEDU:** But it was as if he was muted.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** You know.

**NICK GRIMSHAW:** Wow.

**PAAPA ESSIEDU:** It just disappeared.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** Abandoned. And we were backstage all like, like, wow, that's so exciting.

**NICK GRIMSHAW:** Mm-hm.

**PAAPA ESSIEDU:** And then I was like, f\*\*\*.

*[everyone laughs]*

**PAAPA ESSIEDU:** You know, because I was the one who has to understudy him. So, like, he kind of like, his scene partner kind of muddled through to the end of the scene, saying all of his lines.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** And Sam Mendes, Sir Sam Mendes as he is now, came backstage to me and was like, 'You're on, mate.' And he was like, 'Do you want to go on with the book or without the book?' And because I'm a nerd, I'd been like stalking the guy in the rehearsal.

**ANGELA HARTNETT:** Mm.

**PAAPA ESSIEDU:** So, I was like, 'I know all the lines, so I'm not going to go on with the book.'

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** He was like, 'Sick.' It like, it gets to—

*[crew laughs]*

**PAAPA ESSIEDU:** It gets to the interval, and then he goes in front of the audience and he's like, 'All right, to the audience, you tonight you've seen two actors' worst nightmares. One is losing the voice in front of 1,000 people. The other is having to go on as an understudy without any rehearsal. Enjoy.'

**ANGELA HARTNETT:** *[laughs]*

**PAAPA ESSIEDU:** And then the curtain came out and I was on, you know.

**NICK GRIMSHAW:** Woah.

**PAAPA ESSIEDU:** Yeah, it was—

**ANGELA HARTNETT:** Oh my God.

**PAAPA ESSIEDU:** It was like pretty out of body but—

**NICK GRIMSHAW:** Wow. And were you, were you freaking out? Were you nervous or were you okay with it?

**PAAPA ESSIEDU:** Yeah, it was, it was nuts. Like, I saw Kate Fleetwood, who I who I did the first scene with, her first line is, ‘Oh, the difference between man and man.’

**ANGELA HARTNETT:** *[laughs]*

**PAAPA ESSIEDU:** Which obviously got a massive laugh.

**ANGELA HARTNETT:** Yeah, of course.

**PAAPA ESSIEDU:** The audience was seeing like—

**ANGELA HARTNETT:** One guy and another guy.

**PAAPA ESSIEDU:** Let's just say the other guy didn't look like me.

*[everyone laughs]*

**PAAPA ESSIEDU:** So, it got a big laugh, which kind of like eased—

**ANGELA HARTNETT:** Relaxed you straight away.

**NICK GRIMSHAW:** Yes

**PAAPA ESSIEDU:** Yeah, it was like doing it in slow motion, honestly, because like—

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** —I didn't even know where to stand.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** I didn't know where the lights were. You know.

**NICK GRIMSHAW:** Wow.

**PAAPA ESSIEDU:** You're operating completely on instinct. But yeah—

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** —thrilling.

**ANGELA HARTNETT:** But I bet everyone pulled together like that. The crew and everyone—

**NICK GRIMSHAW:** Yeah.

**PAAPA ESSIEDU:** Yeah, it was amazing. The audience were incredible.

**ANGELA HARTNETT:** They would have been so supportive.

**PAAPA ESSIEDU:** So supportive.

**ANGELA HARTNETT:** Yeah.

**PAAPA ESSIEDU:** It was amazing, yeah.

**ANGELA HARTNETT:** Oh brilliant.

**PAAPA ESSIEDU:** Yeah.

**ANGELA HARTNETT:** Well, done, you.

**NICK GRIMSHAW:** Yeah amazing.

**ANGELA HARTNETT:** Go on.

**NICK GRIMSHAW:** Well, the goodie bag is yours, of course.

*[cheering and applause]*

**PAAPA ESSIEDU:** Way! Amazing.

**NICK GRIMSHAW:** That was so fun.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Thank you so much.

**ANGELA HARTNETT:** Thank you.

**PAAPA ESSIEDU:** Aw thanks so much.

**ANGELA HARTNETT:** That was such good fun.

**PAAPA ESSIEDU:** That was absolutely del— look how clean my plate is.

**ANGELA HARTNETT:** I know, really clean.

**NICK GRIMSHAW:** I know I love that.

**PAAPA ESSIEDU:** Like I've licked it.

**NICK GRIMSHAW:** *[laughs]*

*[crew laughs]*

**NICK GRIMSHAW:** Well, we should take that home—

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Take that chipotle home.

**ANGELA HARTNETT:** Yeah definitely. Yeah, thank you. You were brilliant.

**NICK GRIMSHAW:** Yeah, thank you so much.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Great to hang out.

**ANGELA HARTNETT:** Yeah, really good.

**NICK GRIMSHAW:** Round of applause for our guest, Paapa Essiedu, everybody.

*[cheering and applause]*

**NICK GRIMSHAW:** Thank you.

**ANGELA HARTNETT:** Thank you.

*[theme music plays]*

**NICK GRIMSHAW:** Before we go, we thought we would do a quick question from one of our wonderful Dish listeners.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Uh, this is from Briar in Maidenhead. Uh, they say, ‘Dear Angela and Nick, what a lovely pair of humans—

**ANGELA HARTNETT:** Oh bless.

**NICK GRIMSHAW:** —on a lovely podcast.’

**ANGELA HARTNETT:** Aw.

**NICK GRIMSHAW:** ‘Uh, love your podcast, love the one-pot chicken with spicy rice. I'm dutifully making the lamb for friends for dinner tonight, which I also hope I love. I'm also trying to make a chocolate mousse. If Waitrose are wondering what caused a spike in chocolate sales this week, look no further, I'm on my third attempt to get egg yolks into the melted chocolate without ending up with a rock of cement. Uh, the egg yolks were room temperature, the chocolate a little cooled. In my final attempt, I beat in some boiling water and that helped, but if the recipe called for that much water, surely it would be listed. I've checked several recipes. What is the trick? Lots of love, exhausted and exasperated, Briar in Maidenhead. A chocolate mousse. I saw someone making a chocolate mousse on Instagram the other day.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Which was just chocolate and warm water.

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Like pure chocolate, and then he froze it.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** Or chilled it.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** And then he scooped it, and it was like gelato.

**ANGELA HARTNETT:** Yeah, like a crèmeux.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Yeah.

**NICK GRIMSHAW:** And it was sort of like that sort of like mousse you might get in France.

**ANGELA HARTNETT:** Yeah, yeah, yeah.

**NICK GRIMSHAW:** Where it's like— Or Italy?

**ANGELA HARTNETT:** Mm.

**NICK GRIMSHAW:** Where it's like— Oh, like a crèmeux?

**ANGELA HARTNETT:** Yeah, like a crèmeux. Yeah.

*[everyone laughs]*

**NICK GRIMSHAW:** So, what's the hack? What's the trick to make a chocolate mousse

**ANGELA HARTNETT:** I mean, I don't know what recipe she's using, bless them.

**NICK GRIMSHAW:** What would— How would you make a nice chocolate mousse?

**ANGELA HARTNETT:** I would make a chocolate mousse, melt my chocolate.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** Then I would whisk my yolks and my sugar together.

**NICK GRIMSHAW:** Yeah.

**ANGELA HARTNETT:** To beat those. Then I would make an Italian meringue with my whites, a bit more sugar, and then I'd have double cream whipped. And then you meant bring it all together. So, what you do is you have your Italian meringue, which is basically cooked meringue, and you add that to your chocolate, and then you fold in your double cream.

**NICK GRIMSHAW:** Mm.

**ANGELA HARTNETT:** And that seems to work. I'll tell you two hints. There's a great cookery book in a year's time, if you can wait that long.

**NICK GRIMSHAW:** From you?

**ANGELA HARTNETT:** No, from Neil—

**NICK GRIMSHAW:** Oh.

*[crew laughs]*

**ANGELA HARTNETT:** —French House. And he's got one of the most best chocolate mousses ever.

**NICK GRIMSHAW:** Oh yeah.

**ANGELA HARTNETT:** Neil's recipe is amazing.

**NICK GRIMSHAW:** Oh, I've had that.

**ANGELA HARTNETT:** And it's probably online somewhere.

**NICK GRIMSHAW:** Uh-huh.

**ANGELA HARTNETT:** Or obviously go on Waitrose, they're bound to have one. Martha will have one.

**NICK GRIMSHAW:** Martha will have one.

**ANGELA HARTNETT:** Martha will.

**NICK GRIMSHAW:** Come one surely.

**ANGELA HARTNETT:** Martha Collison will have one.

**NICK GRIMSHAW:** Come on, you can trust them. If you do want to get in touch with any questions, email us [dish@waitrose.co.uk](mailto:dish@waitrose.co.uk). Um, see you next week.

*[theme music plays]*

**ANGELA HARTNETT:** See you next week.

**NICK GRIMSHAW:** See you next week. If that episode has left you wanting more, find us on Instagram, TikTok, and YouTube, just search Dish.

**ANGELA HARTNETT:** If you want to make any of the meals I cook on Dish, head to [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes) for all the ingredients and the recipes. Dish from Waitrose is a Cold Glass Production.

**VOICEOVER:** Waitrose, the home of food lovers.