Katherine Parkinson is sweet on our mushroom risotto



[theme music plays]

ANGELA HARTNETT: Coming up on Dish

NICK GRIMSHAW: with Katherine Parkinson.

KATHERINE PARKINSON: I like tomato ketchup on my roasts.

NICK GRIMSHAW: Wow.

KATHERINE PARKINSON: I'll put the Yorkshire pudding in it, and I'll put the chicken in it.

ANGELA HARTNETT: Wow.

KATHERINE PARKINSON: Is that unusual then?

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: I've not experienced it.

[crew laughs]

KATHERINE PARKINSON: Can we edit that out?

[*everyone laughs]*

NICK GRIMSHAW: You have worked in a restaurant?

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: Which is where Angela started out, right? Same restaurant?

KATHERINE PARKINSON: You didn't start out in TGI Fridays.

NICK GRIMSHAW: No, she didn't.

KATHERINE PARKINSON: I was gonna say *[laughs]*

[crew laughs]

NICK GRIMSHAW: No, she didn't. No.

KATHERINE PARKINSON: I can boil an egg.

NICK GRIMSHAW: Yes.

KATHERINE PARKINSON: I was expecting a round of applause for that.

NICK GRIMSHAW: Yeah-

[applause]

NICK GRIMSHAW: -she can boil an egg. Whoa, huge.

KATHERINE PARKINSON: Thank you.

NICK GRIMSHAW: Huge. Dish from Waitrose is a Cold Glass production. This podcast may contain some strong language and adult themes.

[theme music ends]

NICK GRIMSHAW: Hello, welcome to Dish from Waitrose. I'm Nick Grimshaw.

ANGELA HARTNETT: And I'm Angela Hartnett.

NICK GRIMSHAW: Hello. How are you?

ANGELA HARTNETT: I'm good, thanks. How are you?

NICK GRIMSHAW: I'm good. Yes.

ANGELA HARTNETT: Good.

NICK GRIMSHAW: I'm good.

ANGELA HARTNETT: Get down to business.

NICK GRIMSHAW: Yeah, let's get down to business. We have, um, Katherine Parkinson-

ANGELA HARTNETT: We do.

NICK GRIMSHAW: -coming in to see us today.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Um, I've never met her.

ANGELA HARTNETT: Unusual for you to never have met.

NICK GRIMSHAW: Have you ever crossed paths?

ANGELA HARTNETT: No.

NICK GRIMSHAW: No?

ANGELA HARTNETT: You always ask me this question.

NICK GRIMSHAW: I don't think that's a— is this a weird question?

ANGELA HARTNETT: How many people I've met that have been on this podcast.

NICK GRIMSHAW: Have you met— have you met Michael Caine?

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Have you met Paul McCartney?

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Right, so it's not that weird, is it-

[crew laughs]

NICK GRIMSHAW: -if I'm saying—

ANGELA HARTNETT: They haven't been on the podcast.

NICK GRIMSHAW: Yeah, but yeah, no, but you didn't meet them on the podcast.

ANGELA HARTNETT: True.

NICK GRIMSHAW: Yeah. So, you have your like dos and all that, and people come to the restaurant. You never know with you.

ANGELA HARTNETT: You never know.

NICK GRIMSHAW: You never know. I don't know. Um, I've never met her, but I think she'll be great fun.

ANGELA HARTNETT: She's gonna be fun.

NICK GRIMSHAW: Yeah, we just watched her accepting one of her BAFTAs. She feels adorable.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Don't you think? Straight up.

ANGELA HARTNETT: She wants Champagne and Parmesan when she arrives.

NICK GRIMSHAW: Yeah, I mean, love that.

ANGELA HARTNETT: I mean, we love that already, don't we?

NICK GRIMSHAW: Yeah, absolutely. Perfect. Um, well, Katherine will be here in a sec. Uh, we have a few things to talk about.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: I feel like first of all, we should talk about Riz Ahmed. I loved Riz.

ANGELA HARTNETT: He was amazing.

NICK GRIMSHAW: Didn't you.

ANGELA HARTNETT: Yeah. Everyone sort of fell in love with him. All the crew afterwards-

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: -they were like, oh, there was, you know, and the fact he said, can he come on again?

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: I think Tom's already booked him.

NICK GRIMSHAW: He's getting back on.

ANGELA HARTNETT: He's there. He's there.

NICK GRIMSHAW: Yeah. Riz asked maybe he could come on 'cause he took home—

ANGELA HARTNETT: Tupperware.

NICK GRIMSHAW: Tupperware.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: 3 boxes-

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: -of Tupperware of extra bits-

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: -that Angela had made. So, he was like, I'll come on every week.

ANGELA HARTNETT: With his Tupperware.

NICK GRIMSHAW: I could do like, a returning bit.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: Tupperware Riz.

ANGELA HARTNETT: Tupperware Riz.

NICK GRIMSHAW: Was the name he was gonna be.

ANGELA HARTNETT: I love that. I think we should.

NICK GRIMSHAW: But no, he was really great.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: We loved him. I worry that we are going to feel sad when we see him on another thing, like once you see him on another podcast.

ANGELA HARTNETT: Oh, I see. Do you avidly look out for our guests on other podcasts?

NICK GRIMSHAW: No, but I just feel like, oh, you'll be a bit like-

ANGELA HARTNETT: You'll be disappointed.

NICK GRIMSHAW: Like seeing an ex.

ANGELA HARTNETT: Well, especially if he goes on that one that dissed you the other week.

NICK GRIMSHAW: Oh, not that Off Menu.

ANGELA HARTNETT: Was it that Off Menu.

NICK GRIMSHAW: Yeah, not that. Our arch enemies.

ANGELA HARTNETT: Yeah, yeah.

NICK GRIMSHAW: Boo, yeah, boo.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: Oh, I'll wring their necks when I see them.

ANGELA HARTNETT: Yeah. They don't even cook.

[crew laughs]

NICK GRIMSHAW: No.

ANGELA HARTNETT: Anyway, Riz, don't go on that one. That's all we ask.

NICK GRIMSHAW: This is going out on like the 11th of November.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Uh, would you be like, yeah, Christmas.

ANGELA HARTNETT: Oh yes.

NICK GRIMSHAW: I think so.

ANGELA HARTNETT: Yeah. Your tree gone up?

NICK GRIMSHAW: No, I don't do the tree till like the 1st of December.

ANGELA HARTNETT: Okay. And you want two?

NICK GRIMSHAW: Mesh wants 3, as discussed.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Because he wants us to have one in our bedroom, which I think is crazy.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: A Christmas tree in the bedroom.

ANGELA HARTNETT: Having said that. I would like a Christmas tree in every window of my house.

NICK GRIMSHAW: Yeah, you would. And you can't afford 46 Christmas trees.

[crew laughs]

ANGELA HARTNETT: *[laughs]* 56.

NICK GRIMSHAW: 56. Sorry.

ANGELA HARTNETT: Do your maths.

NICK GRIMSHAW: Yeah, yeah, yeah. Sorry, there's the other—

ANGELA HARTNETT: No, no, I keep trying to persuade the neighbours and say we should have a Santa going from roof all the way down.

NICK GRIMSHAW: Aw.

ANGELA HARTNETT: And a few have gone, yeah, and then a few have just looked at me and gone, don't you dare do that. I'd love it.

NICK GRIMSHAW: Let's make that happen, please. Um, well, Christmas is officially crept into vision because the Waitrose Christmas-

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: -advert is now out.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: Um, we're recording this before its release-

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: -but what you're about to hear or see right now is our reaction to that Christmas advert.

[transition music]

NICK GRIMSHAW: Angela and I are gonna watch the Waitrose Christmas advert right now. We're sharing headphones. Actually, we often do this on the way home from Dish, don't we?

ANGELA HARTNETT: *[laughs]* It's- We're jogging.

NICK GRIMSHAW: Listen to a bit of Skepta on the bus, sharing headphones, yeah, we love it. Okay, so let's watch this.

NICK GRIMSHAW: You getting ready for Dish.

ANGELA HARTNETT: *[laughs]* Looking gorgeous.

NICK GRIMSHAW: Keira's back. Ahh!

ANGELA HARTNETT: Oooooh.

[transition music]

ANGELA HARTNETT: So, it's the return, isn't it? It's the sequel to The Perfect Gift.

NICK GRIMSHAW: Yes! Good to have a sequel, we've got Keira Knightley back. We've got Joe Wilkinson back as Phil.

[transition music]

ANGELA HARTNETT: Ooh! That looks like Wellington or something.

NICK GRIMSHAW: A good Wellington would make you re-consider marriage.

[transition music]

NICK GRIMSHAW: You don't want to run too fast with a Wellington.

[transition music]

NICK GRIMSHAW: I like that she's just Keira Knightley.

ANGELA HARTNETT: I know!

NICK GRIMSHAW: Don't you?

ANGELA HARTNETT: Who wouldn't wanna marry Keira Knightley?

NICK GRIMSHAW: I would marry Keira Knightley.

ANGELA HARTNETT: Yeah, there we go!

NICK GRIMSHAW: I'd also marry Joe Wilkinson.

ANGELA HARTNETT: *[laughs]*

[transition music]

ANGELA HARTNETT: Aww bless. It's sweet, there's very sweet, funny moments in it.

NICK GRIMSHAW: It's absolutely ridiculous. In the best way possible, isn't it?

ANGELA HARTNETT: *[laughs]*

[transition music]

ANGELA HARTNETT: That's right up our street. Cheese. To say I love you, or marry me instead.

NICK GRIMSHAW: Mhmmm. For sure.

ANGELA HARTNETT: Looks good, the food, though.

NICK GRIMSHAW: The food looks really good. I want that Wellington. Well there we go, Angela, it's officially Christmas.

[transition music]

NICK GRIMSHAW: Katherine Parkinson will be here in a second to talk about Rivals, uh, a BAFTA winner, as we said, for, uh, Here We Go and The It Crowd as well.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: What do you call it? The IT Crowd?

ANGELA HARTNETT: IT Crowd.

NICK GRIMSHAW: Oh, I always call it The It Crowd the other day.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: That's like the thing, The It Crowd, isn't it?

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: As opposed to The IT Crowd. You know what I mean-

ANGELA HARTNETT: We do.

NICK GRIMSHAW: -that show about computers. Um, but first, let's talk about our star ingredient.

ANGELA HARTNETT: Mushrooms.

NICK GRIMSHAW: Mushrooms.

ANGELA HARTNETT: We love a mushroom.

NICK GRIMSHAW: Love mushrooms. And one of my Angela Hartnett life lessons was to do with mushrooms, actually, because I always used to put them in the pan with like loads of butter.

ANGELA HARTNETT: Oh yeah.

NICK GRIMSHAW: They soak it up and then they start burning, and then like put loads of butter in. Before you know it, you've put like a pack of butter-

ANGELA HARTNETT: Yeah, yeah.

NICK GRIMSHAW: -and oil. And you told me how to cook mushrooms.

ANGELA HARTNETT: Yeah, I always do a little bit of oil to start with, just— or you can even do a dry pan.

NICK GRIMSHAW: I do dry pan.

ANGELA HARTNETT: Yeah, there's various ways. Some people even do a little bit of water in there, tiny bit, not often, but dry pan or a little bit of oil. And then once they've sautéed off, then add your butter because they're so porous, they take in all of the flavour inside. They take in.

NICK GRIMSHAW: So, they sort of go in dry.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: You think this is not gonna be good.

ANGELA HARTNETT: But there's so much water in them.

NICK GRIMSHAW: And then the water comes out.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: And then you cook that water.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Then you add your stuff.

ANGELA HARTNETT: Then add your little flavour.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Add your olive oil-

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: -or your little bit of garlic. Especially if you're gonna add something like garlic, you need a bit of olive oil or butter in there.

NICK GRIMSHAW: Yes.

ANGELA HARTNETT: We've got a dish in one of the restaurants where we just do mushrooms with Marmite. So literally sauté down big portobello mushrooms like these.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Take off the sort of skin here.

NICK GRIMSHAW: Oh.

ANGELA HARTNETT: So, it's a little bit lighter. And then we sort of chop them up and then do those with just spoons of Marmite and people love it. It's a great on toast dish.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Then you can do them, stuff them if you want to, or they're great in— lots of people put them in bolognese. Not my thing, but lots of people do.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: And these ones are little new ones. These are maitake mushrooms-

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: -similar to the shiitake family. And we're having these today in our risotto. I've finished those in a pan, a little bit of oil, some garlic. We're going to put them on top of our mushroom risotto. But never throw the stem away or the stalks away. You know, never throw any of the peelings away.

ANGELA HARTNETT: Always keep them for stocks. And also, don't— try not to, you know, you get either a damp cloth to just wash any grit off or a mushroom broth, because as soon as you put them in water, they absorb it all, and then they take forever to cook.

NICK GRIMSHAW: And to get the water out.

ANGELA HARTNETT: Exactly.

NICK GRIMSHAW: Yeah, because we're going to have mushroom risotto today-

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: -which I love. Is there a particular mushroom that you would have, or maybe one that you would definitely not put in?

ANGELA HARTNETT: Um, I don't put things like shiitake mushrooms in because I find they, they go better in Chinese food and different sort of broths and stuff like that.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: I always use dried porcini mushrooms.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: So, they're the porcini mushrooms you're getting now in, well, sort of season's finished, the set mushroom, and they're all dried and you make the stock out of that to cook the risotto. So always use those. And then we've got some chestnut mushrooms in there. As I said, we've got this maitake mushroom in there as well. So, and we've got a bit of mushroom paste as well.

NICK GRIMSHAW: Oh.

ANGELA HARTNETT: This is a Martha Collison recipe, and Martha has gone all out.

NICK GRIMSHAW: Okay, well, should we welcome Katherine Parkinson?

ANGELA HARTNETT: Yes, let's do it.

[theme music plays]

[applause]

ANGELA HARTNETT: Hey!

NICK GRIMSHAW: How are you?

KATHERINE PARKINSON: I'm very good. I'm really hungry.

NICK GRIMSHAW: Oh.

ANGELA HARTNETT: Good.

NICK GRIMSHAW: Let's start.

KATHERINE PARKINSON: Like, very, very hungry.

ANGELA HARTNETT: We've got loads of nibbles on the table.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Come and sit down.

NICK GRIMSHAW: Yeah, come on in. We like a hungry guest. Oh, the dogs won't go out when it's cold.

ANGELA HARTNETT: No, same.

NICK GRIMSHAW: I'm like, for God's sake.

ANGELA HARTNETT: It does make you wonder.

NICK GRIMSHAW: One of my dogs always goes out because it thinks its head's out, that it's outside, and then just like wees in the kitchen.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: 'Cause her head's out, she's like, ugh. I'm like, no, you're still in.

KATHERINE PARKINSON: That's like my husband.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: *[laughs]*

[theme music plays]

NICK GRIMSHAW: Let's welcome our guest.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: I always love a guest when they come in and they say over there, I'm starving. A round of applause, the excellent Katherine Parkinson, everybody.

[cheering and applause]

KATHERINE PARKINSON: Thank you.

NICK GRIMSHAW: Hello.

KATHERINE PARKINSON: Hello.

NICK GRIMSHAW: It honestly is like music to our ears-

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: -when a guest comes in and is like-

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: I'm starving.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: I am starving. And this is like, you know me.

NICK GRIMSHAW: We do.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: We did do our research.

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: We got you some crisps, um, a bit of Parmesan.

ANGELA HARTNETT: With Champagne to go with your Parmesan.

KATHERINE PARKINSON: Yes. Oh my God.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: So, cheers and welcome.

KATHERINE PARKINSON: I'm literally gasping.

NICK GRIMSHAW: Cheers.

KATHERINE PARKINSON: Cheers.

NICK GRIMSHAW: Thank you. Thank you. Cheers.

ANGELA HARTNETT: Cheers.

KATHERINE PARKINSON: For the Champagne.

NICK GRIMSHAW: Then you- Yeah, obviously.

ANGELA HARTNETT: Cheers, cheers.

NICK GRIMSHAW: Well, thank you for coming, Katherine, and thank you for choosing champagne.

KATHERINE PARKINSON: Oh. Mm.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: It feels right now, about 4 in the afternoon.

NICK GRIMSHAW: It feels right. Yeah.

KATHERINE PARKINSON: Thank you for the Champagne.

ANGELA HARTNETT: Pleasure.

KATHERINE PARKINSON: Does everyone get Champagne?

NICK GRIMSHAW: No.

ANGELA HARTNETT: People request. We know it's your favourite.

NICK GRIMSHAW: *[laughs]*

KATHERINE PARKINSON: Thanks. It's— I try to pretend it's for medicinal reasons.

ANGELA HARTNETT: Right.

KATHERINE PARKINSON: I drink only Champagne nowadays. *[laughs]*

NICK GRIMSHAW: Why?

ANGELA HARTNETT: What are the medicinal reasons?

KATHERINE PARKINSON: Because- Well, because I'm 49-

ANGELA HARTNETT: Okay.

KATHERINE PARKINSON: -and although I'm trying to convince myself I'll be the only person in the history of time not to experience something called the menopause-

ANGELA HARTNETT: Oh.

KATHERINE PARKINSON: -I'm assuming hormonally I must be a bit, you know, a bit off.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: And I get headachy if I have the cheap wine that has sustained me-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -for the last few decades.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: And I do feel that if I have Champagne, I feel fine.

NICK GRIMSHAW: Yeah.

[everyone laughs]

NICK GRIMSHAW: So, it's medicinal.

ANGELA HARTNETT: I, I agree.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: It's medicinal.

NICK GRIMSHAW: Yeah, yeah.

KATHERINE PARKINSON: I mean, I don't even like drinking.

NICK GRIMSHAW: No.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: I said I'm doing Dry October, actually.

NICK GRIMSHAW: Right. *[laughs]*

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: Cheers.

ANGELA HARTNETT: Cheers.

NICK GRIMSHAW: Yeah. Cheers. Yeah. Like, it's not— you don't want to drink Champagne, you have to.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: The body craves it-

KATHERINE PARKINSON: Yeah, yeah, yeah.

NICK GRIMSHAW: -I feel.

ANGELA HARTNETT: It's telling you. It's telling you.

NICK GRIMSHAW: Is there any sort of food science in that, Angela, that Champagne would not give you a headache? Surely not.

ANGELA HARTNETT: What I would say is probably the cheap wine, as you were saying, probably, yeah, the way it's made, maybe not as good for you. for you as Champagne. Yeah, I would sort of-

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: Do you think there's anything in the wood Chardonnays-

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: No.

KATHERINE PARKINSON: -like avoiding that? Somebody told me that once.

ANGELA HARTNETT: But there's definitely something as you get older. Some people go, I can't drink red anymore, it gives me really great headaches. Or people like someone I said that I can't drink white.

KATHERINE PARKINSON: Mm.

ANGELA HARTNETT: So, if your body is telling you can only drink Champagne-

KATHERINE PARKINSON: But the weird thing is-

ANGELA HARTNETT: -I would say only drink Champagne.

KATHERINE PARKINSON: -I'm alright with really cheap cider as well. So, I don't really-

ANGELA HARTNETT: Oh.

KATHERINE PARKINSON: Quite find that it's-

ANGELA HARTNETT: You're very confusing Katherine.

KATHERINE PARKINSON: It's very-

ANGELA HARTNETT: You're a medical marvel, that's all.

KATHERINE PARKINSON: -one end of the spectrum that's all.

ANGELA HARTNETT: A medical marvel.

NICK GRIMSHAW: *[laughs]*

KATHERINE PARKINSON: Thank you, thank you.

NICK GRIMSHAW: Um, we heard that you love these Lindt balls. So, they-

KATHERINE PARKINSON: For a minute I thought they were Maltesers because I need glasses, but I realised they're much bigger-

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -than Maltesers.

NICK GRIMSHAW: They've been served naked, as nature intended-

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: -without a wrapper there.

KATHERINE PARKINSON: *[laughs]*

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: And a little Parmesan because you're a big cheese fan-

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: -which we'll get onto in a second.

KATHERINE PARKINSON: A huge cheese fan.

NICK GRIMSHAW: And cheese great with-

KATHERINE PARKINSON: They've got pistachio Lindt balls now. Have you tried those?

NICK GRIMSHAW: They're in there.

KATHERINE PARKINSON: Oh, my word.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: This is literally like my birthday.

NICK GRIMSHAW: Yeah, they're in there. They're in there.

KATHERINE PARKINSON: Look at this.

NICK GRIMSHAW: And we're having a Parmesan with it-

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: -because it's quite a good pairing. Was it you that told-

ANGELA HARTNETT: Very good.

NICK GRIMSHAW: -us about the pairing of Parmesan and Champagne?

ANGELA HARTNETT: Yeah. Really good pairing. Yeah.

NICK GRIMSHAW: Mm-hm. Now, Dish doesn't really truly begin until we've sort of gone through our guests' likes and dislikes. So, I thought we could do that with you, Katherine.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: Like Champagne. Yeah. Right. Also, on there, there is Parmesan, but also, it could be any cheese because you did say when we asked what sort of stuff you do love, you said all cheeses.

KATHERINE PARKINSON: It's just so common.

NICK GRIMSHAW: Yeah. No, we love a cheese. Do you have a favourite? Is there something that you particularly love to eat?

KATHERINE PARKINSON: I like one at the moment I'm buying, which is called Rachel, and somebody that sold it to me said it was called Rachel because the person that made the cheese, it's his ex-girlfriend, was called Rachel-

NICK GRIMSHAW: Uh-huh.

KATHERINE PARKINSON: -and she was quite nutty.

ANGELA HARTNETT: Oh.

KATHERINE PARKINSON: But I don't know if that's true.

NICK GRIMSHAW: Oh.

ANGELA HARTNETT: Ah.

KATHERINE PARKINSON: so, I'm saying, I'm saying Rachel.

NICK GRIMSHAW: Rachel.

KATHERINE PARKINSON: I'm thinking-

NICK GRIMSHAW: She quite a-

KATHERINE PARKINSON: -imagining somebody, but I don't know-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -if he made that up. Apparently, that's why it's called—

NICK GRIMSHAW: That's a good story.

KATHERINE PARKINSON: It's a goat's cheese.

ANGELA HARTNETT: Goat's cheese.

NICK GRIMSHAW: A goat's cheese and it's a nutty Rachel.

ANGELA HARTNETT: And is it a nutty sort of flavour.

KATHERINE PARKINSON: It's nutty.

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: Ah there you go.

KATHERINE PARKINSON: Lovely cheesy.

NICK GRIMSHAW: Is there any no's for you in the cheese world?

KATHERINE PARKINSON: Literally no-nos.

NICK GRIMSHAW: No-nos.

KATHERINE PARKINSON: I sort of vaguely avoid the ones with blue stuff in it because I thought that was like a healthy-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -a healthy choice-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -but not at Christmas. It all comes out.

NICK GRIMSHAW: I think so.

KATHERINE PARKINSON: And everything else. My room when I was at university was called The Dairy because-

ANGELA HARTNETT: *[laughs]*

KATHERINE PARKINSON: -I, I am quite— I'm about 99% dairy product-

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: *[laughs]*

KATHERINE PARKINSON: -1% sugar.

NICK GRIMSHAW: Yeah. It's actually— everyone's laughing, but it's actually a fact.

KATHERINE PARKINSON: It is a fact.

NICK GRIMSHAW: Yeah. It’s a fact, actually.

KATHERINE PARKINSON: I had a blood test.

NICK GRIMSHAW: Yeah, it's actually— she did a blood test. *[laughs]*

KATHERINE PARKINSON: I actually have had a blood test, and I don't know whether this is relevant or even whether I want to say this-

NICK GRIMSHAW: *[laughs]*

KATHERINE PARKINSON: -um, but this isn't being filmed, is it, so it's fine-

[everyone laughs]

KATHERINE PARKINSON: -so I've got low iron. I've got very low iron.

NICK GRIMSHAW: Uh-huh.

ANGELA HARTNETT: Oh, okay.

KATHERINE PARKINSON: Everything else is fine. I'm not diabetic despite my, uh, sweet tooth. So, cheers.

NICK GRIMSHAW: *[laughs]*

ANGELA HARTNETT: *[laughs]*

KATHERINE PARKINSON: Um, but I, um, yeah, I, I have very low iron-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -and I think it's because I eat a lot of dairy and not much meat-

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Right.

KATHERINE PARKINSON: -at the moment and probably not enough vegetables. Plus, if you have green tea, after a meal. I didn't know this-

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: -but it stops the absorption of iron. And also, if you have a lot of whole grain pasta, which I do, it's got some acid in it which also stops you absorbing iron.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: So basically, in my efforts to be healthy, I've made myself like emergency level anaemic.

NICK GRIMSHAW: Deficiency in iron.

ANGELA HARTNETT: Wow.

NICK GRIMSHAW: I've read that about green tea today.

ANGELA HARTNETT: I didn't know that about green tea.

KATHERINE PARKINSON: Mm.

NICK GRIMSHAW: Yeah, because I've— because I wake up, I do the radio in the morning early-

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: -so the coffee consumption, we were having too much, so we've started having-

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: -green tea. And I've read that very thing today, that like depletes your iron. Do we need iron?

KATHERINE PARKINSON: Yeah, yeah.

ANGELA HARTNETT: We do. Yeah, we can't be-

[crew laughs]

ANGELA HARTNETT: but not once you've had it in the morning.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: After, you'll be all right.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Yeah, one in the morning is fine.

NICK GRIMSHAW: One in the morning is fine. Yeah.

KATHERINE PARKINSON: I don't eat red meat. I thought that was a good thing to avoid-

NICK GRIMSHAW: Yeah, no its back on now.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -but yeah, it's back on the menu.

NICK GRIMSHAW: Yeah, yeah, yeah. Uh, another thing that you love on your list of likes was Dover sole.

KATHERINE PARKINSON: Oh, yeah.

NICK GRIMSHAW: Quiet, quite-

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: -a loved fish on dish-

ANGELA HARTNETT: Yeah, yeah.

NICK GRIMSHAW: -wouldn't you say? A lot of people love a Dover sole.

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: The rest of the list is sort of in the sweet aisle.

ANGELA HARTNETT: Mm.

KATHERINE PARKINSON: Is it?

NICK GRIMSHAW: Pistachio cream.

KATHERINE PARKINSON: You got me in a truthful moment. Pistachio cream. Blimey.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: I don't know if I've experienced it. It's like a spread or—

KATHERINE PARKINSON: It's a spread, but I put it on everything really-

NICK GRIMSHAW: Mm.

KATHERINE PARKINSON: -or just straight out, to put on the top of porridge.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: I've actually painted my living room the same colour as-

ANGELA HARTNETT: Oh.

KATHERINE PARKINSON: -pistachio cream, which means I'm constantly craving it.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Delicious.

KATHERINE PARKINSON: Yeah, it's really nice. I assumed it was an Italian thing.

ANGELA HARTNETT: It is, yeah.

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: I think it's like a Nutella paste but pistachio paste.

NICK GRIMSHAW: Oh yeah.

KATHERINE PARKINSON: Yeah, so it's—

NICK GRIMSHAW: Oh yeah.

KATHERINE PARKINSON: It's a health choice again.

NICK GRIMSHAW: It's healthy.

[crew laughs]

ANGELA HARTNETT: It is healthy.

NICK GRIMSHAW: High protein, natural fats. Yeah, that's good. Yeah, uh, also on there, so many healthy things. Basque cheesecake, uh, you've got some raw stuff, raw cookie dough-

KATHERINE PARKINSON: Uh-huh.

NICK GRIMSHAW: -um, Lindt balls. I love asking what your favourite thing is. Lindt balls.

ANGELA HARTNETT: Yeah, it's brilliant though.

NICK GRIMSHAW: It's a fact.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Absolutely delicious.

KATHERINE PARKINSON: Are you allowed to say that since it's a brand?

NICK GRIMSHAW: Um, yeah?

KATHERINE PARKINSON: Like, will I get like— will I be the face of Lindt balls?

NICK GRIMSHAW: Many boxes.

ANGELA HARTNETT: Yeah, send lots.

KATHERINE PARKINSON: I never got a single free Malteser when I did the Maltesers ad.

ANGELA HARTNETT: Outrageous.

KATHERINE PARKINSON: Not a single thing.

NICK GRIMSHAW: Yeah, because you did the Maltesers ad.

KATHERINE PARKINSON: Mm.

NICK GRIMSHAW: Um-

KATHERINE PARKINSON: A long time ago.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: Yeah, but I sort of— I wanted to be like— they offered me a sort of something to spit it out in-

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: Right.

KATHERINE PARKINSON: -because it was so much chocolate we were eating. But I sort of saw it as a kind of challenge to— I wanted to look really kind of, you know-

NICK GRIMSHAW: Method.

KATHERINE PARKINSON: -strong and method.

ANGELA HARTNETT: Yeah. *[laughs]*

KATHERINE PARKINSON: So, I ate all of them and I got a kind of chocolate blindness.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Wow.

KATHERINE PARKINSON: Like, if you have loads of chocolate, it does send you a bit-

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Oh.

KATHERINE PARKINSON: -a bit strange. Yeah. And I— it's sort of an— actually, I have never, never eaten another Malteser since because, no disrespect to them, but when you've had that many in that short a time.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: It's a wrap on those yeah.

ANGELA HARTNETT: And that’s enough.

NICK GRIMSHAW: Another thing that we've put on the table is a bottle of ketchup because, um, you said that you have ketchup with everything.

KATHERINE PARKINSON: I like tomato ketchup on my roasts. My husband does a very good roast-

NICK GRIMSHAW: Wow.

KATHERINE PARKINSON: -and he just, he shakes his head. It's just like, oh.

NICK GRIMSHAW: Where would it be placed? Would it accompany sort of everything?

KATHERINE PARKINSON: I put it on its own, you know.

NICK GRIMSHAW: Yeah, it's on its own.

ANGELA HARTNETT: It has its own little bit.

KATHERINE PARKINSON: That's its own thing, isn't it?

NICK GRIMSHAW: Mm-hm, mm-hm, yeah.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: But I'll, I'll put the Yorkshire pudding in it-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -put the chicken-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -in it, and the—

ANGELA HARTNETT: Wow.

KATHERINE PARKINSON: Is that not— is that, is that unusual then?

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: I, I've not experienced it.

KATHERINE PARKINSON: Can we-

NICK GRIMSHAW: Personally.

[crew laughs]

KATHERINE PARKINSON: -can we edit that out?

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: Can we lose the ketchup?

ANGELA HARTNETT: The reason you like it is 'cause you've got a sweet tooth.

NICK GRIMSHAW: Oh yeah.

KATHERINE PARKINSON: I am a sugar addict.

ANGELA HARTNETT: Yeah. But that's the thing is there's sugar in so many things-

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: -like bread, pasta. You're gonna have sugar in lunch today.

NICK GRIMSHAW: And a bit of ketchup on that risotto.

ANGELA HARTNETT: Yeah, yeah.

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: Get that out on there.

ANGELA HARTNETT: I'm gonna start making it.

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: Get that out on there.

KATHERINE PARKINSON: Is that not a thing?

NICK GRIMSHAW: When it comes to dislikes, Katherine, you told us you don't like an oyster. No, not much?

KATHERINE PARKINSON: Yeah, I wanna like, again, I wanna like oysters. I mean, my husband's got a shellfish allergy-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -so I think I don't like oysters out of sympathy with him a little bit-

NICK GRIMSHAW: That’s good.

KATHERINE PARKINSON: -as well. 'Cause I sort of figured if I had one, and kissed him on the lips, which we still occasionally do.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: His lips would-

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: -potentially really swell.

NICK GRIMSHAW: A disaster.

KATHERINE PARKINSON: But it might look great.

NICK GRIMSHAW: Yeah, might look good.

KATHERINE PARKINSON: Like lip fillers.

NICK GRIMSHAW: On the way there, it might look quite fab, but then it's the puking next day.

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: You've also gone off red meat.

KATHERINE PARKINSON: I have. I have gone off.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: Again, like if you cut something out of your diet, then you sort of— it doesn't really agree with you-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -once you sort of have it again. But now I know about my, my really alarming iron deficiency.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: Maybe I need to start kind of—

NICK GRIMSHAW: Maybe you need to get back on it. Um, your drinks of choice were Champagne, which we've gone for today, or Fanta. I like that.

[crew laughs]

NICK GRIMSHAW: Katherine Parkinson between Champagne and Fanta.

KATHERINE PARKINSON: I'm a really classy person.

NICK GRIMSHAW: *[laughs]*

KATHERINE PARKINSON: I think I wrote these in a moment, a rare moment of honesty. I did-

NICK GRIMSHAW: Mm.

KATHERINE PARKINSON: -when I, when I sort of started going to restaurants as a sort of young adult-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -I honestly thought it was like the done thing to go, um, can I have a glass of wine and a Fanta, please?

NICK GRIMSHAW: *[laughs]*

KATHERINE PARKINSON: I thought that was really sophisticated.

NICK GRIMSHAW: Yeah, yeah. And a Fanta.

KATHERINE PARKINSON: But I, I try to avoid fizzy drinks now because, you know, I get my sugar elsewhere.

ANGELA HARTNETT: *[laughs]*

[crew laughs]

NICK GRIMSHAW: Um, how about your own cooking, Katherine? Are you someone that likes to cook?

KATHERINE PARKINSON: Um, I can boil an egg.

NICK GRIMSHAW: Yes.

KATHERINE PARKINSON: Mm. Yeah, I was expecting a round of applause for that.

NICK GRIMSHAW: Yeah. You can boil an egg?

[cheering and applause]

NICK GRIMSHAW: Whoa, that's huge.

KATHERINE PARKINSON: Thank you.

NICK GRIMSHAW: Huge.

KATHERINE PARKINSON: Thank you.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: I, I, I cook my— actually, one of my daughters really likes my-

NICK GRIMSHAW: Egg.

KATHERINE PARKINSON: -my meal, my only meal I do, not the egg-

NICK GRIMSHAW: *[laughs]* Not the egg.

KATHERINE PARKINSON: -pasta meal that I do-

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: -better than anything-

NICK GRIMSHAW: Uh-huh.

KATHERINE PARKINSON: -my husband cooks. I'm not being competitive-

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: -but, you know, he cooks most of the meals-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -but she likes what I cook best. But it's this wholegrain pasta-

NICK GRIMSHAW: Uh-huh.

KATHERINE PARKINSON: -with some ricotta and pesto and a bit of Parmesan on top, which I would love to jazz up a bit. But she's quite a cautious eater. But my youngest is not. So, you sort of have to kind of— manage that a bit. But yes, so I do a pasta dish-

NICK GRIMSHAW: Uh-huh.

KATHERINE PARKINSON: -and I pretend it's really complicated and sort of special and magical, but it's as basic as I've just told you.

NICK GRIMSHAW: Yeah, *[laughs]* but they're the best ways with pasta, I feel like.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Simple, delicious.

ANGELA HARTNETT: Yes. Yeah.

NICK GRIMSHAW: And then what about your husband? What does he cook that, that you love?

KATHERINE PARKINSON: My husband's an actor-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -a very funny, brilliant actor, but he talks about how he would like to have gone into service quite a lot-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -and he sort of likes– not in a sex way-

NICK GRIMSHAW: No.

KATHERINE PARKINSON: -but pretend.

[everyone laughs]

NICK GRIMSHAW: Right. I can't wait for this.

KATHERINE PARKINSON: I could see in your eyes you thought that's where we were going. We roleplay.

NICK GRIMSHAW: Right. Yeah. You're Angela. He's Neil. You're in Murano.

[everyone laughs]

KATHERINE PARKINSON: He would be Angela.

NICK GRIMSHAW: Yeah, he'd be Angela. Got it.

KATHERINE PARKINSON: No, he likes, he likes doing really nice breakfast entrees-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -with really— he's got great sort of just a good eye for detail.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: So does really nice porridge-

NICK GRIMSHAW: Mm.

KATHERINE PARKINSON: -you know, just— and then does really nice roasts and salmon. And he's got really good because I'm not cooking as much.

NICK GRIMSHAW: *[laughs]*

KATHERINE PARKINSON: I've allowed him-

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: -to develop his skills.

NICK GRIMSHAW: Yes.

KATHERINE PARKINSON: Well, I think he— yeah, he's— yeah, he's very particular-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -in a really nice way-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -with it all. So.

NICK GRIMSHAW: Well, if he loves it, let him do it.

KATHERINE PARKINSON: That's why I do it.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: It's a— it's an act of selflessness.

NICK GRIMSHAW: You're very giving. You're very giving. Yeah. Um, I always feel like good actors have worked in restaurants or bars-

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: -or cafes because it's like, you know, good character studies-

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: -or something. You, you have done that. You have worked in a restaurant.

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: Which is where Angela started out, right? Same restaurant.

KATHERINE PARKINSON: You didn't start out in TGI Fridays.

NICK GRIMSHAW: No, she didn't, she didn't.

KATHERINE PARKINSON: *[laughs]*

[crew laughs]

KATHERINE PARKINSON: No. Don’t! Oh, no.

NICK GRIMSHAW: How was your time there? Did you like it? Did you enjoy it?

KATHERINE PARKINSON: So, I was drawn to working there because they sort of sold it as a kind of a place where wannabe actors would work.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: So, you had to— they called it an audition to get a job there.

NICK GRIMSHAW: Do they?

KATHERINE PARKINSON: And you had to sort of have a bit of fun about you.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: You had to wear a cookie hat.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: Um, and you had to sort of squat down. That was the hardest bit.

NICK GRIMSHAW: *[laughs]*

KATHERINE PARKINSON: I'm not great on my haunches, never was. And you had to say, hi, I'm Katherine, I'm your waitress for this evening. Well, how can I help you? And it had to be all like that. But I did serve Torvill and Dean.

NICK GRIMSHAW: Oh!

ANGELA HARTNETT: Fancy.

NICK GRIMSHAW: And how long were you there? How long were you doing your—

KATHERINE PARKINSON: I was there full-time-

NICK GRIMSHAW: Uh-huh.

KATHERINE PARKINSON: -for quite a while because I wanted to go to Italy in my year out. I was quite young for my year, so I had a year out and I, um, saved up money-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -and went to Florence. I've been a bit crushy on all things Italian.

ANGELA HARTNETT: Yes.

KATHERINE PARKINSON: All my life, really.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: I've you know, married a man that looks Italian but is from down the road.

NICK GRIMSHAW: *[laughs]*

KATHERINE PARKINSON: Um, and yeah, and I just sort of went to live in Florence with the money I made from there. And I remember falling in love with food, not even like street food, pizzas in sort of bars on the side of the— and, and just time standing still.

NICK GRIMSHAW: And what did you do when you were there?

KATHERINE PARKINSON: I did a language school for 3 hours-

NICK GRIMSHAW: Oh wow.

KATHERINE PARKINSON: -uh, 3 hours a day-

NICK GRIMSHAW: Uh-huh.

KATHERINE PARKINSON: -and then the rest of the time I ate.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: And flirted with Italian men.

NICK GRIMSHAW: That's—

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: It's a good thing to do.

KATHERINE PARKINSON: But that is all I did.

NICK GRIMSHAW: Yeah. One of the things that we found that you liked about food was that you love something that is dear to both mine and Angela's hearts, which was a love of the boozy lunch.

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: Which feels— me and Andrew have always said a little bit more decadent, a bit more of a treat than going out for your tea.

KATHERINE PARKINSON: It's suiting me now.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: I mean, with children as well-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -I want to be there in the evening. I love a boozy lunch.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: I like to start, really, at 11.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: Wow, yeah, okay. Yeah. Give us the ideal setup for you.

KATHERINE PARKINSON: The ideal setup is meeting someone really funny-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -and I've got, um, you know, I think there's a lot of people in our industry generally that are-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -fun on there, so that's good. And, um, I like to meet about 11. I'd have Dover sole-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -for appearance's sake.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: I mean, obviously I'd rather have chips-

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: -and ketchup-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -but I do love Dover sole with creamed spinach.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: Probably somewhere like, there's a place called Café Murano. I've never been, but I've heard of it.

[crew laughs]

NICK GRIMSHAW: Right, yeah. Yeah, I hear it's-

KATHERINE PARKINSON: Is it? Is it?

NICK GRIMSHAW: Alright, yeah, yeah, yeah.

KATHERINE PARKINSON: Or the Ivy West Street or Delaunay.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: I like old, old school. When I go like, ooh.

NICK GRIMSHAW: Mm.

KATHERINE PARKINSON: Did I say that I like mushroom risotto? 'Cause this is what I'm thinking.

ANGELA HARTNETT: I don't know. I'm hoping you like mushroom risotto.

NICK GRIMSHAW: We really hope you do. 'Cause that's what we're having.

KATHERINE PARKINSON: I don't eat mushrooms. *[laughs]*

NICK GRIMSHAW: No.

[theme music plays]

NICK GRIMSHAW: Food is here.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: We have a risotto, mushroom risotto.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: I love the colours of this.

ANGELA HARTNETT: Yes, very autumnal.

NICK GRIMSHAW: Looks great. Very autumnal, yeah. Um, but yeah, fill us in on what we're having, Angela.

ANGELA HARTNETT: So, we've got the best mushroom risotto, and it's a recipe by Martha Collison. You start off with some dried porcini mushrooms or dried wild mushrooms. You soak them in a touch of water to hydrate them back up.

NICK GRIMSHAW: Hot or cold?

ANGELA HARTNETT: Hot water. Hot water. Then while they're hydrating back up, chop your celery and your onion really finely in a pan with some olive oil and just sauté those down for about 10 to 15 minutes until they're totally soft and translucent. Then add your risotto into the onions and celery, sauté that for a couple of minutes just to get a little, little sort of toasting onto the risotto rice, and then add your white wine and deglaze it down.

NICK GRIMSHAW: When you say deglaze, please.

ANGELA HARTNETT: Deglaze, sorry, evaporate all the white wine-

KATHERINE PARKINSON: Mm.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: -so that you get rid of all the alcohol.

KATHERINE PARKINSON: Yeah, yeah, yeah.

NICK GRIMSHAW: Yeah, sorry, Angela, sorry, Katherine, sorry, yeah.

ANGELA HARTNETT: Then add into the risotto then your chopped porcini, which you've just drained off from the stock. Add the stock into your other stock, which you have in a pan already boiling, because that's what's going to cook your risotto. So, you've got your mushroom stock with your vegetable stock mixed together, nice hot heat boiling, and then you start adding a ladle at a time to the

risotto just to start cooking your rice. And would generally take about 18 to 20 minutes. And every time you add a ladle, you do a little stir. You know, it's quite a therapeutic thing to do.

KATHERINE PARKINSON: It's delicious.

NICK GRIMSHAW: Mm.

KATHERINE PARKINSON: I can't stop eating it-

NICK GRIMSHAW: It's so delicious.

KATHERINE PARKINSON: -but I suppose that's the point.

NICK GRIMSHAW: Yeah.

[everyone laughs]

ANGELA HARTNETT: So, Martha is brilliant. She's added so much mushroom flavour. So, she's got the maitake mushrooms, we've sautéed some chestnut mushrooms, and she's also added a teaspoon of porcini mushroom paste as well. And they've all gone through the risotto and then some finished on top with some parsley.

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: When you get to about 20 minutes, taste your risotto, taste it all the time, check the seasoning. And when you feel there's, a tiny bite, take it off the heat and then add in your mantecare, as they say, mantecare, the butter and the Parmesan-

NICK GRIMSHAW: Butter.

KATHERINE PARKINSON: Butter, yeah.

[crew laughs]

ANGELA HARTNETT: -into it to get that creaminess.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: Yeah.

ANGELA HARTNETT: And then sort of let it settle for about a minute and then serve it.

KATHERINE PARKINSON: Oh, my goodness.

NICK GRIMSHAW: I love it.

KATHERINE PARKINSON: And, um-

NICK GRIMSHAW: Thank you.

KATHERINE PARKINSON: -I mean, I sort of, 'cause I'm not a big cook, I stopped listening at celery, but-

[everyone laughs]

KATHERINE PARKINSON: -I'm so pleased there's celery in it. 'Cause that's good for you, isn't it?

NICK GRIMSHAW: Very good for you.

KATHERINE PARKINSON: And you know, I'm very like health minded.

NICK GRIMSHAW: Very healthy, health obsessed.

[crew laughs]

KATHERINE PARKINSON: I'm just sort of-

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: It's like Gwyneth Paltrow's with us today. I am obsessed.

[everyone laughs]

NICK GRIMSHAW: Obsessed.

KATHERINE PARKINSON: Thank you, thank you. I think we would be friends.

NICK GRIMSHAW: Like an Italian Gwyneth Paltrow.

KATHERINE PARKINSON: *[laughs]* That's actually genuinely made my day.

ANGELA HARTNETT: And then we have a Pinot Noir wine pairing.

NICK GRIMSHAW: Oh yeah, so it's a Schug Pinot Noir is the wine pairing that we've got with it, which apparently is fantastic with mushroom dishes. If you want to try this recipe or any of the recipes, Waitrose.com/dishrecipes. The wine pairing is on there, the ingredients.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: All of that. And Angela will have also done a video that you can watch on our socials.

[theme music plays]

NICK GRIMSHAW: Should we talk about Rivals?

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: Um, so Rivals is back, season 2. When did you first get the call about Rivals, and was it an immediate yes?

KATHERINE PARKINSON: I think I got a text when I was doing an audiobook, or certainly in a studio doing— from my, Laura Wade is one of the writers, main writers on Rivals, and she's somebody that I've worked with once, done lots of theatre for-

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -over the years. So, she just texted me about it. So, it was about making dates work, but I didn't have to audition, which was— is really nice in some ways. But then sometimes you worry when you turn up that you're sort of doing something *[in a funny voice]* 'really strange and they didn't expect you to do it like this.'

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: *[laughs]*

KATHERINE PARKINSON: It's like, oh no, if I'd auditioned, they'd have known-

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -I was gonna do that, but, uh-

NICK GRIMSHAW: *[laughs]*

[crew laughs]

KATHERINE PARKINSON: -but it's, um, yes.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: So, I got the text saying from her and it was lovely. But it's just, it's one of the nicest things I think as you get older is working with people that you've worked with for years.

NICK GRIMSHAW: Yeah, yeah.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: But it's a very nice job. I think you can probably tell we're all having quite a good time.

ANGELA HARTNETT: I think you're just all like having a fantastic time.

NICK GRIMSHAW: A really fantastic time.

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: And it was like, what, because it was sort of talked about, I feel like, before it was definitely talked about a lot before we all got to see it.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: Mm.

NICK GRIMSHAW: And there was a big sort of, you know, hype and conversations around it.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: And there must have been sort of, a sort of a pressure or fear knowing that it was going to come out.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: And then people loved it and it really-

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: -became a massive thing, didn't it? The first series, it really—

KATHERINE PARKINSON: It was led with such confidence-

NICK GRIMSHAW: -cut through. Yeah.

KATHERINE PARKINSON: -by the showrunner, Dominic Treadwell-Collins. So, I feel like sometimes, you know, you sort of thing, oh God, can you tell something's going to be— do as well as it does. And I sort of felt like I did know with that. And I think it's sometimes just the integrity of the person in charge-

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -and the— even if I, even if I wasn't sure it was going to land, because you can never be sure of that, I knew I would like what we made-

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -because he's so clever and brilliant. That world is so fun. I mean, having— I was born in '77, so I feel like the '80s is familiar in a, in a way, but that world sort of not-

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -because I was a bit more— Yeah. suburban and not, not going, you know, not those parties in those big houses or whatever. But, you know, the abandon and the smoking and the drinking and the affairs and everything.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: You can't help but live vicariously through that when you're sort of not doing any of those things. Cheers.

[everyone laughs]

NICK GRIMSHAW: And, you know, I thought I'd like it. I really did.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: And I sat and watched it. I watched it with Liv, my niece, actually.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: And we, like, watched an episode and then it was one of those ones where we'd, like, watch the whole thing.

ANGELA HARTNETT: Yeah, you binge it.

NICK GRIMSHAW: You watch, yeah, we binge, and I don't— I rarely binge something, and I think there's something so watchable-

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: -and obviously gossipy about it.

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: You know, I like that sort-

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: -of like gossipy element-

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: -to it, you know?

KATHERINE PARKINSON: And it's so clever as well as being kind of, you know, sort of quite camp and sort of joyful.

NICK GRIMSHAW: I think one of the things that we've gotta talk about is Lizzie's affair, your character Lizzie's affair-

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: -with Danny Dyer.

KATHERINE PARKINSON: Mm.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: And just to, you know, I don't love an affair, obviously, absolute nightmare, but we're not encouraging them.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: But it's really good for some reason.

ANGELA HARTNETT: But they're unhappy characters, they're people.

NICK GRIMSHAW: Yeah, there's something, yeah.

KATHERINE PARKINSON: Yeah.

ANGELA HARTNETT: You're not happy with your husband.

KATHERINE PARKINSON: No.

ANGELA HARTNETT: He's not happy with his wife.

KATHERINE PARKINSON: How could you be?

ANGELA HARTNETT: No.

KATHERINE PARKINSON: Yeah.

ANGELA HARTNETT: So, I think there's love there.

NICK GRIMSHAW: Yeah, there's love for the affair-

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: -which normally-

KATHERINE PARKINSON: Mm.

NICK GRIMSHAW: -I think you're a bit like-

KATHERINE PARKINSON: Mm.

ANGELA HARTNETT: And also, because both your characters are beautiful people.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: 'Cause mostly, a lot of the characters on Rivals, you just think, God, you're an absolute wanker.

KATHERINE PARKINSON: Absolutely.

NICK GRIMSHAW: Yeah.

[crew laughs]

ANGELA HARTNETT: You know? Well, you do, don't you?

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: Or an 80s wanker.

ANGELA HARTNETT: Or you think, God, you're awful.

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Whereas actually you look at both you and Danny's character and you love them.

KATHERINE PARKINSON: Yeah.

ANGELA HARTNETT: You sort of, you've got real empathy with them both, you know?

KATHERINE PARKINSON: Yeah.

ANGELA HARTNETT: So, you want it to work.

NICK GRIMSHAW: Yeah. When you were on set and you were doing it, would Jilly Cooper come to set and be there?

KATHERINE PARKINSON: Oh, she was there so much-

NICK GRIMSHAW: Oh, wow.

KATHERINE PARKINSON: -which is why, you know, when she passed away quite suddenly, it was such a shock. She would be there and she had— she was just so twinkly. And, you know, I don't think it's— I think it's fine to say she was asking where the Champagne was sort of before 12. *[laughs]*

NICK GRIMSHAW: Oh. Why the hell not.

KATHERINE PARKINSON: And just, so, so, um, generous-

ANGELA HARTNETT: Mm.

KATHERINE PARKINSON: -and delighted. And this is somebody whose books were pretty much in every kind of household when I was growing up.

ANGELA HARTNETT: Yeah of course.

KATHERINE PARKINSON: Right?

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: When I was growing up, you know, they would be in my sort of uncle's house in Belfast-

ANGELA HARTNETT: Mm.

KATHERINE PARKINSON: -and the house down in sort of Tolworth where I grew up.

ANGELA HARTNETT: Yeah, yeah, yeah.

KATHERINE PARKINSON: And then in sort of quite well-to-do houses-

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -and working-class houses. I felt like she kind of—her reach is absolutely huge. And I think she was a little bit, you know, perhaps underrated in some, in some quarters. And I think that it's been wonderful for her books and it was wonderful for her because she was so excited by it all. So, it was great. Yeah.

NICK GRIMSHAW: How was dinner at hers when you went round? Was it a few of you? Was it just you and Jilly?

KATHERINE PARKINSON: Because I was doing her audiobook-

NICK GRIMSHAW: Mm.

KATHERINE PARKINSON: -for a book she'd written. And, and so it was just a few of us actually. But she— I remember her giving the showrunner Dominic a present of a painting of a dog *[laughs]* which was quite sweet. And just— it was just a really nice, proper kind-

ANGELA HARTNETT: Mm.

KATHERINE PARKINSON: -of not, not sort of fancy, but proper sort of meat and 2 veg meal.

ANGELA HARTNETT: Yeah, yeah, yeah.

KATHERINE PARKINSON: And I remember talking to her about her new book. It was going to be about the Spartans.

ANGELA HARTNETT: Oh.

KATHERINE PARKINSON: Pretending I knew so much about this.

NICK GRIMSHAW: You were like, right, yeah.

ANGELA HARTNETT: *[laughs]*

KATHERINE PARKINSON: Oh my God, don't get me started.

[everyone laughs]

KATHERINE PARKINSON: Googling in the toilet Spartans because that's supposed to have been my subject.

ANGELA HARTNETT: Yeah, yeah.

KATHERINE PARKINSON: As, as you know, I'm a fraud.

[everyone laughs]

KATHERINE PARKINSON: So, cheers again.

NICK GRIMSHAW: When you have found yourself in that situation-

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: *[laughs]*

NICK GRIMSHAW: -and someone's talking about something-

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: -you have no idea what they're talking about, do you tell them? Or do you let go?

KATHERINE PARKINSON: No, I, I'm such a— I'm so good at convincing people, I convince myself.

ANGELA HARTNETT: *[laughs]*

KATHERINE PARKINSON: I've had really passionate chats about books I haven't read.

NICK GRIMSHAW: No!

KATHERINE PARKINSON: And then I've gone home and gone, I haven't even read them.

ANGELA HARTNETT: Yeah, yeah, yeah.

KATHERINE PARKINSON: Yeah.

[theme music plays]

NICK GRIMSHAW: Can we talk about your BAFTA wins?

ANGELA HARTNETT: Yes!

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: That was a surprise.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: *[laughs]*

KATHERINE PARKINSON: Yeah, I haven't felt— I feel like I've been quite busy, so I haven't had time to sit and stroke it and stare at it-

NICK GRIMSHAW: Uh-huh.

KATHERINE PARKINSON: -like take selfies with it.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: Um, but it's all been a bit sort of busy. But, uh, I wasn't— I did not— when I know people say they didn't see it coming, but I don't think anybody saw— I just didn't think I'd win. So, I was really very, very surprised-

ANGELA HARTNETT: Mm.

KATHERINE PARKINSON: -and so did a slightly shit speech.

NICK GRIMSHAW: No.

ANGELA HARTNETT: No.

NICK GRIMSHAW: It was— by the way, it was for Here We Go.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: And you'd also won one for The IT Crowd.

KATHERINE PARKINSON: Yes.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: So, uh, 2 BAFTAs.

KATHERINE PARKINSON: Yes.

NICK GRIMSHAW: Fantastic. So that's good. I think two-

KATHERINE PARKINSON: I just wish I'd like quoted the Beatles or something in my speech, you know what I mean?

NICK GRIMSHAW: No, I think your speech was really good.

ANGELA HARTNETT: No. It was real.

NICK GRIMSHAW: Yeah, I think it was good.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: No, I think it was really good because I don't think you want to look like you're going in prepared.

ANGELA HARTNETT: No.

KATHERINE PARKINSON: No.

NICK GRIMSHAW: You know, people are like, oh, I had no idea, and then they deliver like this monologue.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: Yeah.

ANGELA HARTNETT: Yeah, of course.

KATHERINE PARKINSON: *[laughs]*

NICK GRIMSHAW: Yeah, I'm like, right. So, I think it's actually—

KATHERINE PARKINSON: I just want to say—

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: Yeah. I think it's weird though because the year before I've been nominated for Rivals and I didn't expect to win then, but I didn't expect to win even more this time. But I think that it's genuinely quite stressful when you're sitting there-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -and trying to contort your face. I haven't had Botox yet, so I, you know, trying to do a still face-

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -and sort of not look pissed off.

NICK GRIMSHAW: *[laughs]*

ANGELA HARTNETT: Yeah, yeah, yeah.

KATHERINE PARKINSON: By the time you've sat through hours of a ceremony-

ANGELA HARTNETT: Of course, yeah.

KATHERINE PARKINSON: -you are quite up for winning.

ANGELA HARTNETT: Up for stuff.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: And then like you go from being— everyone is saying, well done.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: Literally the instant you lose, everyone's like, I'm so sorry.

NICK GRIMSHAW: I'm so sorry.

KATHERINE PARKINSON: It'd be awful to be you.

ANGELA HARTNETT: *[laughs]*

KATHERINE PARKINSON: And so, it's a weird switch.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Yeah. And it's a weird energy because everyone's a bit nervous in there-

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: -and everyone's like slightly uncomfortable-

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: -just because you're wearing like, you know, you're like done up and weird.

ANGELA HARTNETT: Yeah, yeah, yeah.

KATHERINE PARKINSON: I was a bit worried I wouldn't be able to walk in my very nice outfit-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -but I, you know, I was sort of dressed like a glamorous crow and-

NICK GRIMSHAW: *[laughs]*

KATHERINE PARKINSON: -and I was worried I was going to fall over. That was my main concern.

NICK GRIMSHAW: Well, massive congratulations. Where do you have them? Where are the awards?

KATHERINE PARKINSON: I've got a small room that my husband calls the chaos room.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: Because it's quite messy and they're both up on the—

NICK GRIMSHAW: So prime position in the house.

KATHERINE PARKINSON: Yeah. If that shell fell and you walked through it, you'd be killed.

NICK GRIMSHAW: Dead.

KATHERINE PARKINSON: Yeah.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: Death by BAFTA. Quite good.

ANGELA HARTNETT: That's the way to die isn't it.

NICK GRIMSHAW: The BAFTA. The BAFTA.

ANGELA HARTNETT: That's the one to do it, yeah. I like that one.

NICK GRIMSHAW: And then was theatre the way you started out?

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: Because I know you've done a lot of— you've done a lot of theatre work. Was that where you first started your journey into acting?

KATHERINE PARKINSON: It was, I suppose a lot of people do because you do school plays and stuff, don't you?

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Mm.

KATHERINE PARKINSON: University plays rather than sort of, although that might have changed now. I guess people are doing sort of short films.

NICK GRIMSHAW: Yeah, short films on TikTok or something.

KATHERINE PARKINSON: Yeah. But yeah, so that's why I, when I was at university, I did like 30 plays and, you know, not a lot of work until the very last few weeks.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: So, I did start in theatre and then I got Doc Marten when I was about 26 or something and 25. And then that was sort of— it is different money making TV to theatre.

ANGELA HARTNETT: Mm.

KATHERINE PARKINSON: I was sort of, at the Gate back to back doing plays, but there's no way you can really live in London-

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -without any kind of financial support.

ANGELA HARTNETT: And how many series did you do, Doc Martin?

KATHERINE PARKINSON: I think, again, I don't know. It's like everything's gone.

NICK GRIMSHAW: *[laughs]*

ANGELA HARTNETT: *[laughs]*

KATHERINE PARKINSON: I don't know. But I know that I loved every minute.

ANGELA HARTNETT: Because you're down in Cor-

KATHERINE PARKINSON: Yeah.

ANGELA HARTNETT: It's all based down in Port Isaac, isn’t it.

NICK GRIMSHAW: Cornwall yeah.

KATHERINE PARKINSON: And I got back home late last night from something else, and I just thought it is so special, Cornwall, isn't it?

ANGELA HARTNETT: Yeah, yeah, it is. It's beautiful.

KATHERINE PARKINSON: It's such a— there's something like about the light or the— I just feel like it's— yeah-

ANGELA HARTNETT: Mm.

KATHERINE PARKINSON: -like I just always think, why aren't we here?

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Why aren't we? Why? I know.

ANGELA HARTNETT: Why are we even here.

KATHERINE PARKINSON: It is also in my blood on my mum's side-

ANGELA HARTNETT: Ah.

KATHERINE PARKINSON: -so I'm not just being some-

ANGELA HARTNETT: So, you've got the Cornish blood.

KATHERINE PARKINSON: -sort of obnoxious-

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -Londoner saying that.

NICK GRIMSHAW: No.

KATHERINE PARKINSON: Yeah, I'm basically Cornish.

NICK GRIMSHAW: They hate us down there.

KATHERINE PARKINSON: I'm as Cornish as I am Italian.

[everyone laughs]

ANGELA HARTNETT: So very.

KATHERINE PARKINSON: Very.

ANGELA HARTNETT: Very.

KATHERINE PARKINSON: Very, very.

NICK GRIMSHAW: Very, very. Do you miss theatre? Do you have any sort of-

KATHERINE PARKINSON: I do.

NICK GRIMSHAW: -longings to go? Because it's a whole different lifestyle, isn't it, to being on set?

KATHERINE PARKINSON: Yeah. And I had some great experiences. I've been reading about wonderful Andrew Scott, you know.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: I had a great time doing a play with him and Ben Whishaw-

ANGELA HARTNETT: Mm.

KATHERINE PARKINSON: -way, way ahead of its time, actually, a play called Cock. And, um, it was about a man falling in love with the person rather than, rather than the gender.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: And it was sort of, yeah, felt quite sort of radical at the time. But, and I've had some great experiences on stage, but I just, my daughter's at an age that I want to be home in the evenings.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: But it's also really nice for restaurant life because you do a play and then you go to a restaurant afterwards-

ANGELA HARTNETT: Yeah, yeah go for dinner and stuff.

KATHERINE PARKINSON: -which I really like that.

NICK GRIMSHAW: I always think that sounds like quite a fab—

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: But I mean, apart from the horror and the terror of being on stage-

KATHERINE PARKINSON: Yeah.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: -but like finishing-

ANGELA HARTNETT: Once it's finished.

NICK GRIMSHAW: -and then going for your dinner late.

KATHERINE PARKINSON: Oh, it's so nice.

ANGELA HARTNETT: Going for a martini and something to eat.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: I guess once you've gone through theatre though, the telly must be a nicer day in the office in terms of the fear.

KATHERINE PARKINSON: It is-

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: -but like you don't have nearly as long to get used to what you're doing.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Mm.

KATHERINE PARKINSON: And I do struggle with that a bit still now 'cause I've done so much more theatre even now than I have done TV, that we have to get up to speed really quickly.

ANGELA HARTNETT: Right, yeah.

KATHERINE PARKINSON: Because they haven't got time, you know, I always want another take.

ANGELA HARTNETT: Right.

KATHERINE PARKINSON: I know some people aren't like that, but I'm always like, no, no, no, I'm just getting the hang of it.

NICK GRIMSHAW: Getting into it, yeah.

KATHERINE PARKINSON: I'm just working out what's funny on this take or whatever.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: So, I don't love that side of it, but it works better at the moment for me with my family.

ANGELA HARTNETT: Mm.

KATHERINE PARKINSON: But, and it's, and obviously more people see it-

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: -so you feel like it's, in a sense, in that sense, it's kind of really worth your while. But I do think most actors prefer theatre because-

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -you're in charge-

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: -of the edit.

ANGELA HARTNETT: Mm.

KATHERINE PARKINSON: *[laughs]*

NICK GRIMSHAW: Yeah, you-

ANGELA HARTNETT: That’s true. Yeah. There's nothing—

NICK GRIMSHAW: I mean, I guess your character sort of unfurls, like you understand them a bit-

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: -more and like-

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: -what actually would that be like?

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: And it's live.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: Just live, live.

NICK GRIMSHAW: I always think it's so terrifying.

ANGELA HARTNETT: And do you do— we've had some actors on here when they say when they're in the theatre, do you sort of become— obviously become that character? But in someone like listening to music, you think your character would wear perfume? You think your character—

KATHERINE PARKINSON: I do both those things.

ANGELA HARTNETT: Yeah, like any other rituals that you do?

KATHERINE PARKINSON: I'm, I'm- it's excuse. It's an excuse to buy nice perfume.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: Character needs it.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: So, I bought a perfume that gave everyone a headache on Rivals.

ANGELA HARTNETT: *[laughs]*

KATHERINE PARKINSON: Like, they were all begging me to stop wearing. So, I'll change it for the new series.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Yeah, yeah, yeah.

KATHERINE PARKINSON: But I don't like to change it in case— because honestly, it throws *[whispers]* 'particularly the male actors.'

ANGELA HARTNETT: Right.

KATHERINE PARKINSON: It throws them.

ANGELA HARTNETT: Right.

KATHERINE PARKINSON: They don't know why they're thrown.

NICK GRIMSHAW: Oh.

KATHERINE PARKINSON: If you wear a different perfume and you're doing a, like, a sort of, you know, several months run of 8 shows a week of a theatre show.

ANGELA HARTNETT: Of course. Yeah.

KATHERINE PARKINSON: I remember changing my perfume once when I was doing Home, I'm darling. And just seeing it in the eyes of the actors going, what's changed?

ANGELA HARTNETT: Yeah, oh that's mad isn't it.

KATHERINE PARKINSON: Stick to that. I love the excuse to listen to some music.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: But I always think I don't really have much in the way of preparation. But my husband's always saying, like, if I— if the character's anxious, I'll be anxious. If the character's depressed, I'll be depressed. If the character's in love, I'll be in love. It is a bit like—

ANGELA HARTNETT: Oh, so he feels it more than you?

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: Yeah. I think he's probably got a more objective take on it. And I— yeah.

NICK GRIMSHAW: And can you say bye to characters easy?

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: Definitely.

NICK GRIMSHAW: Really? *[laughs] really.* You're like, bye.

KATHERINE PARKINSON: I feel like I'm really— not promiscuous is the wrong word, but like, I just sort of am obsessed and then it goes-

NICK GRIMSHAW: Uh-huh.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -and then I move on to the next thing.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: You don't want to be selfish about it.

ANGELA HARTNETT: Sure. Yeah.

KATHERINE PARKINSON: And I suppose, you know, if you're going home to children at the end of the day, it's probably easiest to do that if you're staying away from home or whatever.

ANGELA HARTNETT: Yeah, of course.

KATHERINE PARKINSON: And also, you don't want to look like a wanker.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: No, you can't be in character on air.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: No. I think there's a way to— I've known actors like stay in character on set and be really charming about it, and stay in the character. Please don't think I'm a wanker-

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -but I'm staying-

NICK GRIMSHAW: Uh-huh.

KATHERINE PARKINSON: -in character by doing this accent or whatever. But I think, yeah, you need to kind of get a balance.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Yeah. I think so.

KATHERINE PARKINSON: I would rather people like me than be a good actor.

[everyone laughs]

KATHERINE PARKINSON: I don't know why. I don't know why.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: That seems more important.

NICK GRIMSHAW: That’s so good.

ANGELA HARTNETT: I think you're doing both.

KATHERINE PARKINSON: *[laughs]*

NICK GRIMSHAW: Yeah, you're doing both-

ANGELA HARTNETT: You're fine.

NICK GRIMSHAW: -thankfully Katherine.

ANGELA HARTNETT: You're fine. Yeah.

[theme music plays]

NICK GRIMSHAW: Are you ready for your fast food quiz?

KATHERINE PARKINSON: Mm.

NICK GRIMSHAW: It's quickfire.

KATHERINE PARKINSON: Mm.

NICK GRIMSHAW: Tell us your favourite way, Katherine Parkinson, to eat eggs.

KATHERINE PARKINSON: Whole.

ANGELA HARTNETT: Whole.

[everyone laughs]

KATHERINE PARKINSON: I mean, as in whole in my hole.

NICK GRIMSHAW: Yeah, whole.

ANGELA HARTNETT: Yeah. *[laughs]*

[crew laughs]

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: Whole in the hole. Whole in the hole.

ANGELA HARTNETT: What's your favourite sandwich filling?

KATHERINE PARKINSON: Pistachio cream. *[laughs]*

ANGELA HARTNETT: Pistachio cream. I like that.

NICK GRIMSHAW: Mm. What's the best form of potato?

KATHERINE PARKINSON: Roasted-

NICK GRIMSHAW: Correct.

KATHERINE PARKINSON: -by my husband.

ANGELA HARTNETT: What's your favourite fruit?

KATHERINE PARKINSON: I'm getting into, um, satsumas.

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: Oh, okay. Nice.

NICK GRIMSHAW: Uh, what's the best crisp on the market?

KATHERINE PARKINSON: Monster Munch, pickled onion.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Oh, wow.

KATHERINE PARKINSON: Yeah.

ANGELA HARTNETT: Favourite Sunday roast?

KATHERINE PARKINSON: I'm gonna start eating the, the beef again.

ANGELA HARTNETT: Okay.

KATHERINE PARKINSON: Um, and, um, roast potatoes, Yorkshire pudding, and tomato ketchup.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: As, uh, an Italian person-

KATHERINE PARKINSON: Yeah.

NICK GRIMSHAW: -what would you say is the best pasta?

KATHERINE PARKINSON: Sorry, I just translate that in my head.

[everyone laughs]

KATHERINE PARKINSON: Penne.

ANGELA HARTNETT: What's your favourite toast topping?

KATHERINE PARKINSON: I like an almond butter with banana.

NICK GRIMSHAW: Mm-

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: -yeah.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Can be claggy.

KATHERINE PARKINSON: Yes.

[crew laughs]

NICK GRIMSHAW: But just be careful. Can be claggy.

KATHERINE PARKINSON: A lot of things can be claggy, babe.

ANGELA HARTNETT: Now I know you don't eat sugar, so what's your favourite ice cream?

KATHERINE PARKINSON: What's ice cream?

[everyone laughs]

KATHERINE PARKINSON: Do you know what? I say pistachio to seem sort of really-

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Sophisticated.

KATHERINE PARKINSON: -upper middle class.

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: But if I'm honest, it's just chocolate. It's a milky-

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -Dairy Milk chocolate.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: Straccia-

ANGELA HARTNETT: Stracciatella.

NICK GRIMSHAW: -tella.

KATHERINE PARKINSON: That sounds like a virus.

[everyone laughs]

ANGELA HARTNETT: That's the one.

KATHERINE PARKINSON: That's the one. The virus one.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: Or pistachio and chocolate is quite nice. I've got a very nice ice cream place near me, so there's always a new flavour.

ANGELA HARTNETT: Always a new flavour-

KATHERINE PARKINSON: Mm.

ANGELA HARTNETT: -to try. Ice cream is the dessert we love.

NICK GRIMSHAW: It is.

KATHERINE PARKINSON: But obviously I avoid it because I don't eat sugar.

NICK GRIMSHAW: No, obviously.

[theme music plays]

NICK GRIMSHAW: Okay, we come to the end of the show question, Katherine, for your chance to take home this Waitrose goodie bag as modelled here by Angela Hartnett.

KATHERINE PARKINSON: Oh wow, that's really nice.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: That's proper, that is.

NICK GRIMSHAW: Yeah. It's proper.

KATHERINE PARKINSON: It's my colours.

NICK GRIMSHAW: Uh, all we want you to do to take the bag home is do some cheese pairings. Well, you know that you're a lover of all cheeses-

KATHERINE PARKINSON: Mm.

NICK GRIMSHAW: -so, you know, which cheese goes with this occasion? Um, I will give you the occasion, you give me the cheese. The birth of a child.

[everyone laughs]

NICK GRIMSHAW: Come on, I've got one in my head. I've got one in my head.

KATHERINE PARKINSON: I've got one.

NICK GRIMSHAW: And what have you got?

KATHERINE PARKINSON: One's come immediately.

NICK GRIMSHAW: What?

KATHERINE PARKINSON: Brie.

NICK GRIMSHAW: Oh!

ANGELA HARTNETT: Oh!

KATHERINE PARKINSON: 'Cause that's sort of what—

[everyone laughs]

NICK GRIMSHAW: Yeah, yeah, yeah, yeah, I see. I was gonna say Babybel.

ANGELA HARTNETT: Yeah, yeah, I was gonna say Babybel.

KATHERINE PARKINSON: Babybel is-

NICK GRIMSHAW: Um-

KATHERINE PARKINSON: -much more charming.

NICK GRIMSHAW: Yeah. Angela?

ANGELA HARTNETT: Engagement.

KATHERINE PARKINSON: I think a little bit of a naughty Stilton for engagements, I think.

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: Ooh.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Oh, sophisticated.

NICK GRIMSHAW: Mm.

KATHERINE PARKINSON: It's a sort of you know, winter months engagement.

ANGELA HARTNETT: Yes, very nice. Go on.

NICK GRIMSHAW: It feels homely, like a new chapter-

KATHERINE PARKINSON: Mm.

NICK GRIMSHAW: -or something.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: For sure.

KATHERINE PARKINSON: But I suppose it's also already gone stale.

NICK GRIMSHAW: It's already gone.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: It's already worn, yeah.

KATHERINE PARKINSON: But you know, that's truthful.

NICK GRIMSHAW: Yeah, yeah.

ANGELA HARTNETT: That's truthful.

NICK GRIMSHAW: Is there a retirement cheese?

KATHERINE PARKINSON: *[laughs]*

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: These are not the questions. This wasn't what I was expecting.

NICK GRIMSHAW: No, it's very serious.

KATHERINE PARKINSON: I like it.

NICK GRIMSHAW: Yeah, it's very serious.

KATHERINE PARKINSON: It's gotta be something quite aged.

NICK GRIMSHAW: Mm-hm.

KATHERINE PARKINSON: An aged cheddar.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Yeah. Thank you for all your hard work.

KATHERINE PARKINSON: Yeah, yeah, yeah. Don't speak to me.

NICK GRIMSHAW: Yeah, yeah. Okay, great. Yeah.

ANGELA HARTNETT: Yeah. What about if it was a really big birthday?

KATHERINE PARKINSON: Well, I might have a big birthday coming up.

ANGELA HARTNETT: Exactly.

NICK GRIMSHAW: Oh.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: 'Cause you know, people, I've seen people having cheesecakes.

ANGELA HARTNETT: Like wedding cakes, yeah.

KATHERINE PARKINSON: Mm.

NICK GRIMSHAW: So, like it's cake.

ANGELA HARTNETT: We can have that.

NICK GRIMSHAW: But you should have that.

KATHERINE PARKINSON: I had a profiterole croquembouche on my wedding day.

ANGELA HARTNETT: Oh, wow.

KATHERINE PARKINSON: And I'm thinking of having something similar for my big birthday-

ANGELA HARTNETT: Yeah.

KATHERINE PARKINSON: -my 30th that's coming up.

NICK GRIMSHAW: Mm-hm.

[crew laughs]

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: But can you have a cheese profiterole croquembouche? That's just great.

ANGELA HARTNETT: Yes, no, but they make little cheese goujons.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: So, it's the profiterole choux-

KATHERINE PARKINSON: Oh.

ANGELA HARTNETT: -and you fill it with a cheese-

NICK GRIMSHAW: Oh yeah.

ANGELA HARTNETT: -like, paste, cream.

NICK GRIMSHAW: So, you want—

ANGELA HARTNETT: You could do that.

NICK GRIMSHAW: So, the correct answer to that question was a-

KATHERINE PARKINSON: croquembouche.

NICK GRIMSHAW: -profiterole-

ANGELA HARTNETT: Yeah, cheese.

NICK GRIMSHAW: -stuffed with cheese.

KATHERINE PARKINSON: Mozzarella.

ANGELA HARTNETT: Croquembouche.

NICK GRIMSHAW: Yeah.

KATHERINE PARKINSON: Croquembouche.

NICK GRIMSHAW: Mm, mm. Is there a funeral cheese?

KATHERINE PARKINSON: Actually, it's a nice one I've had recently with Alpine blossom on it-

ANGELA HARTNETT: Oh.

KATHERINE PARKINSON: -and I don't know what it's called.

NICK GRIMSHAW: Floral.

KATHERINE PARKINSON: Floral. Yeah.

ANGELA HARTNETT: Okay.

KATHERINE PARKINSON: Like just a bouquet on top.

NICK GRIMSHAW: Yeah, that's nice. Yeah.

KATHERINE PARKINSON: Yeah. Or just the cheese that will probably be on my dead body, just sort of forming. So human cheese.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: So, cheese and ounces of you. Yeah. Yeah.

KATHERINE PARKINSON: A dead human cheese.

NICK GRIMSHAW: Human raclette.

[everyone laughs]

ANGELA HARTNETT: Oh.

KATHERINE PARKINSON: What bit of me is that? Is that like my torso?

NICK GRIMSHAW: Don't worry. Have a cracker.

KATHERINE PARKINSON: Beautiful.

NICK GRIMSHAW: Yeah. Well, that was brilliant.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Love that game. The goodie bag is yours, Katherine.

[applause]

KATHERINE PARKINSON: Thank you.

[theme music begins to play]

KATHERINE PARKINSON: Genuinely delighted.

NICK GRIMSHAW: Of course. Of course. Katherine, thank you so much. That was so fun.

ANGELA HARTNETT: Thank you. That was brilliant. Yeah.

KATHERINE PARKINSON: What a pleasure. My God.

ANGELA HARTNETT: Oh, thank you. It was great.

NICK GRIMSHAW: You can watch Rivals right now on Disney+. Katherine Parkinson, thank you so much.

[applause]

KATHERINE PARKINSON: Thank you very much. Thank you, guys. Really lovely.

NICK GRIMSHAW: That was so fun. Thank you.

ANGELA HARTNETT: So fun.

NICK GRIMSHAW: If that episode has left you wanting more, find us on Instagram, TikTok, and YouTube. Just search Dish.

ANGELA HARTNETT: If you wanna make any of the meals I cook on Dish, head to waitrose.com/dishrecipes for all the ingredients and the recipes.

NICK GRIMSHAW: Email your questions, thoughts, and suggestions to dish@waitrose.co.uk.

ANGELA HARTNETT: Dish from Waitrose is a Cold Glass production.

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