

Niall Horan joins us for an epic beef bourguignon pie



NICK GRIMSHAW: Dish from Waitrose is a Cold Glass production. This podcast may contain some strong language and adult themes.

[theme music plays]

NICK GRIMSHAW: Hello and welcome to Dish from Waitrose. I'm Nick Grimshaw.

ANGELA HARTNETT: And I'm Angela Hartnett.

NICK GRIMSHAW: And we are here for an episode of Dish with a wonderful guest today.

ANGELA HARTNETT: Someone you know very well.

NICK GRIMSHAW: Yes, wonderful Niall. Have you ever met Niall?

ANGELA HARTNETT: Never met Niall.

NICK GRIMSHAW: Oh, you're going to like Niall.

ANGELA HARTNETT: Oh, good.

NICK GRIMSHAW: I think you're going to like him. He is really nice guy. Yeah, real fun to hang out with. He has a brand-new single called Dinner Party. Yeah, and an album called Dinner Party.

ANGELA HARTNETT: Perfect.

NICK GRIMSHAW: What more do we want? Someone with a food-related album, who's actually

ANGELA HARTNETT: That ticks all our boxes.

NICK GRIMSHAW: A real good laugh.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Um, he sent me a voice note.

ANGELA HARTNETT: Okay.

NICK GRIMSHAW: When he said he was coming on Dish, half of it was him doing an impression of me.

ANGELA HARTNETT: [*laughs*]

NICK GRIMSHAW: [*in a silly voice*] "Hiya"

ANGELA HARTNETT: Hiya

NICK GRIMSHAW: *[in a silly voice]* "It's me, I'm coming on Dish." I was like

ANGELA HARTNETT: Do I, do I sound like that?

NICK GRIMSHAW: That's not how I talk. Thank you, Niall. But yeah, he's great. He's really fun and

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: You'll really like him. So a lot to talk to Niall about today because an incredible career

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Really, when you think about

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: It truly.

ANGELA HARTNETT: How old is he? Early 30s, no?

NICK GRIMSHAW: Early 30s.

ANGELA HARTNETT: Wow.

NICK GRIMSHAW: And they were made famous at, yeah, like 16. But yeah, I said to him, I said, I think you're gonna have a really nice time on Dish. I think you guys will really get on. I think Niall and you are at your optimum personality in the pub.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: I just think you are both great people to go to the pub with.

ANGELA HARTNETT: Okay.

NICK GRIMSHAW: I've hung out with him at Glastonbury.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: I've hung out with you at Glastonbury.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: I just think it's gonna be a fun one.

ANGELA HARTNETT: It's gonna work.

NICK GRIMSHAW: It's gonna work.

ANGELA HARTNETT: Let's get him in.

NICK GRIMSHAW: I don't think there's gonna be awkward silences

ANGELA HARTNETT: Okay.

NICK GRIMSHAW: Is all I was gonna say

ANGELA HARTNETT: That's good.

NICK GRIMSHAW: With the pair of you two.

ANGELA HARTNETT: We never have that.

[theme music plays]

NICK GRIMSHAW: Um, but should we get on with this?

ANGELA HARTNETT: I think so

NICK GRIMSHAW: 'Cause I think it's gonna be a lot of fun.

ANGELA HARTNETT: Let's do it.

NICK GRIMSHAW: So, let's get Niall in.

[cheering and applause]

NIALL HORAN: Hello, hello, hello.

NICK GRIMSHAW: Hi, Niall.

NIALL HORAN: Hello, Nick.

NICK GRIMSHAW: Welcome. How are you?

ANGELA HARTNETT: Hi, Niall. Nice to meet you.

NIALL HORAN: Hello, how are you?

ANGELA HARTNETT: How are you?

NIALL HORAN: Lovely to meet you.

NICK GRIMSHAW: I really like you two meeting.

NIALL HORAN: Yeah.

ANGELA HARTNETT: Aw bless you.

NICK GRIMSHAW: I really like it.

ANGELA HARTNETT: Bless you.

NICK GRIMSHAW: I really like it.

NIALL HORAN: You think we're a good match.

ANGELA HARTNETT: [*laughs*]

NICK GRIMSHAW: Great match. How are you? Are you okay?

NIALL HORAN: I'm good.

NICK GRIMSHAW: Yeah?

NIALL HORAN: I'm good. Look at this for an audience.

ANGELA HARTNETT: Are you excited?

NICK GRIMSHAW: I know.

ANGELA HARTNETT: I know.

NIALL HORAN: To watch 3 people eat food.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: [*laughs*]

NICK GRIMSHAW: They love it. We're gonna make you a pie.

NIALL HORAN: You are?

NICK GRIMSHAW: Yes.

ANGELA HARTNETT: Yeah. We've made you one. It's in there.

NICK GRIMSHAW: We made you one. It's in there.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: But yeah, come on, sit down.

ANGELA HARTNETT: Come sit down.

NICK GRIMSHAW: and we'll make you a cocktail first.

NIALL HORAN: I love a pie.

ANGELA HARTNETT: I think you're gonna make a pie, allegedly.

NIALL HORAN: Am I?

ANGELA HARTNETT: Apparently.

NIALL HORAN: Oh, geez, I'm nervous.

NICK GRIMSHAW: Alright, let's get rid of that. Nervous?

ANGELA HARTNETT: Oh, come on.

NIALL HORAN: In such prestige.

NICK GRIMSHAW: Oh, shove off.

ANGELA HARTNETT: Behave.

[theme music plays]

NICK GRIMSHAW: Okay. So, should we welcome our guest, Angela?

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Let's do this. Please welcome a singer, songwriter who sold millions of records in the world.

ANGELA HARTNETT: Millions, yeah.

NICK GRIMSHAW: But did you know that his first time on stage was playing the role of Oliver?

ANGELA HARTNETT: Oh, wow.

NICK GRIMSHAW: Did you know that?

ANGELA HARTNETT: I did not know that.

NICK GRIMSHAW: Hopefully asking you for more,

ANGELA HARTNETT: More please.

NICK GRIMSHAW: More more. A round of applause for Niall Horan, everybody.

[applause]

NICK GRIMSHAW: Niall!

NIALL HORAN: Hiya!

ANGELA HARTNETT: Welcome.

NICK GRIMSHAW: Hi!

NIALL HORAN: Hello.

ANGELA HARTNETT: How are you?

NIALL HORAN: Thanks for having me.

NICK GRIMSHAW: Oh, thank you for coming.

NIALL HORAN: This is fun, isn't it?

NICK GRIMSHAW: Very fun.

ANGELA HARTNETT: Yeah.

NIALL HORAN: A whole audience to watch you eat your dinner.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: I know. It is quite the, quite the crew.

ANGELA HARTNETT: Don't feel self-conscious about it.

NIALL HORAN: Oh, not at all.

ANGELA HARTNETT: It's fine.

NIALL HORAN: There's no one over there.

NICK GRIMSHAW: No.

NIALL HORAN: How are you two?

NICK GRIMSHAW: Yeah, we're good.

ANGELA HARTNETT: Very well.

NIALL HORAN: Big fan. Love the podcast.

ANGELA HARTNETT: Oh, thank you, that's so sweet.

NICK GRIMSHAW: Aw, thanks.

NIALL HORAN: Is it called a podcast?

NICK GRIMSHAW: Well, we got sold a podcast

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: And now it's filmed.

ANGELA HARTNETT: Yeah.

[crew laughs]

NICK GRIMSHAW: There's like an audience.

ANGELA HARTNETT: It's become something else.

NICK GRIMSHAW: Yeah.

NIALL HORAN: It's like Saturday Night Takeaway.

[everyone laughs]

NICK GRIMSHAW: Do you know what I mean?

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: You could win a car! You could win a lasagne or something on Dish or something. But no, we were so happy you were coming on.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Thank you.

NICK GRIMSHAW: I've been saying to Ange, I really feel like, and I've been saying to Niall as well, I feel like you two will get on.

ANGELA HARTNETT: Excellent.

NICK GRIMSHAW: I think you're both great hangs.

ANGELA HARTNETT: On that note, I think my oven might

NICK GRIMSHAW: Oh she's off!

ANGELA HARTNETT: No, no

NICK GRIMSHAW: What is it?

ANGELA HARTNETT: I think it's too high. It is, yeah.

NICK GRIMSHAW: Oh, it's too high.

ANGELA HARTNETT: Yeah, thats

NICK GRIMSHAW: The pie is too high.

NIALL HORAN: See, that's just genius, isn't it? Just like, you know

NICK GRIMSHAW: she sensed that.

NIALL HORAN: She's just like, I'm presenting a show here

NICK GRIMSHAW: Uh-huh.

NIALL HORAN: But also the pie's a bit hot.

NICK GRIMSHAW: Also

ANGELA HARTNETT: I just know it was on like 250.

NIALL HORAN: Oh, Jesus.

NICK GRIMSHAW: Jesus.

ANGELA HARTNETT: Exactly, you know yourself it's wrong.

NICK GRIMSHAW: Too high.

ANGELA HARTNETT: So just turn it down.

NICK GRIMSHAW: Too high.

ANGELA HARTNETT: Too high.

NICK GRIMSHAW: Well, we're welcoming you with a Negroni.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: I've done you

NIALL HORAN: Oh.

NICK GRIMSHAW: A pomegranate Negroni.

NIALL HORAN: Stunning.

NICK GRIMSHAW: So cheers, Niall.

ANGELA HARTNETT: Cheers. Well done.

NIALL HORAN: Cheers. Thanks for having me.

ANGELA HARTNETT: Cheers.

NICK GRIMSHAW: Ange, you're welcome.

NIALL HORAN: This is lovely.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Cheers. We love it. Little, um

NIALL HORAN: Where are we going after?

ANGELA HARTNETT: Oh, crikey. That is punchy.

NICK GRIMSHAW: Well, you know.

[crew laughs]

ANGELA HARTNETT: That is strong, eh?

NIALL HORAN: Grimmy.

NICK GRIMSHAW: What? Well, that's the recipe.

ANGELA HARTNETT: That's the recipe. Oh, yeah.

NIALL HORAN: That is the recipe.

NICK GRIMSHAW: That was the recipe. I love one smell. You're like, where are we going after?

ANGELA HARTNETT: *[laughs]*

NIALL HORAN: *[laughs]*

NICK GRIMSHAW: Where are we going after? Um, so how is life for you, Niall?

ANGELA HARTNETT: Yeah.

NIALL HORAN: Yeah.

NICK GRIMSHAW: I've not seen you for a long time. I can't remember the last time I saw you.

NIALL HORAN: We were drunk at an Adele concert.

NICK GRIMSHAW: We were drunk at an Adele concert.

ANGELA HARTNETT: Okay.

NIALL HORAN: Yeah, yeah. He's got, he's got a bit of a mad cousin. Have you met cousin Liv?

ANGELA HARTNETT: I have met

NICK GRIMSHAW: My niece.

ANGELA HARTNETT: Niece

NIALL HORAN: Niece.

ANGELA HARTNETT: I've met Liv, yeah.

NIALL HORAN: Yeah. So we had a few beers.

ANGELA HARTNETT: So, was it the Adele concert here or was it out in Vegas?

NIALL HORAN: No, it was in Hyde Park. She did the British Summertime thing.

NICK GRIMSHAW: Yeah. That was fun.

NIALL HORAN: We had a few beers that night.

ANGELA HARTNETT: A few beers.

NIALL HORAN: But yeah, good. I always love seeing you.

NICK GRIMSHAW: Yeah, we always have a nice time.

NIALL HORAN: We always seem to be— this is the first time we've done it sober in a while, to be fair.

NICK GRIMSHAW: True, actually.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: Yeah, yeah. We always seem to cross paths at a good time. Glastonbury.

NIALL HORAN: Glastonbury.

NICK GRIMSHAW: Have a great time at Glastonbury.

ANGELA HARTNETT: I always feel you two are the people, after you when you've done awards or you went to things like

NIALL HORAN: Yeah.

ANGELA HARTNETT: The Brits and stuff and did

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: The radio the next day. You two would be in the same state.

NIALL HORAN: That's happened, that's happened a few times.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: That's definitely happened.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: You actually, because I thought about this, I lost my voice last week. And I always think about when at Glastonbury once I was doing the radio and I completely lost my voice

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: And you saved me with— you went and got some spray that you had.

NIALL HORAN: Yeah, yeah, maybe.

NICK GRIMSHAW: Things that you had, like a weird,

NIALL HORAN: Like a lozenge.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Oh okay.

NICK GRIMSHAW: But it was like, it looked medical.

NIALL HORAN: They're called Vocalzone.

NICK GRIMSHAW: They look- Right. Yeah.

ANGELA HARTNETT: Oh.

NIALL HORAN: They're basically medical level.

NICK GRIMSHAW: Yeah.

NIALL HORAN: Lozenges.

ANGELA HARTNETT: Nice.

NIALL HORAN: They're not your average Strepsil.

NICK GRIMSHAW: No.

ANGELA HARTNETT: Not your average.

NICK GRIMSHAW: No, it's for, for singers.

ANGELA HARTNETT: For singers.

NIALL HORAN: For singers.

ANGELA HARTNETT: Performers and singers.

NICK GRIMSHAW: It's for singers. But it's dead nice to see you and, and also you've got a new record which we need to talk about in a second.

NIALL HORAN: Yeah, that will be great.

NICK GRIMSHAW: And you presumably have spent the past year or so crafting that and making that.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: How does it feel now being back in these sorts of rooms when you've had, you know, time away?

ANGELA HARTNETT: Yeah.

NIALL HORAN: It is. It is a bit mad because I finished the tour at the end of '24.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: Disappeared for like, literally did nothing for 5 or 6 months and then just

ANGELA HARTNETT: Yeah.

NIALL HORAN: Started writing this album. Um, and it's funny when you get back to you like you're, it's like being first day at school again, even though I've done this kind of like promotional getting yourself back out there.

ANGELA HARTNETT: Mm.

NIALL HORAN: And into the conversation again and stuff

ANGELA HARTNETT: Yeah.

NIALL HORAN: For the last 15 years.

ANGELA HARTNETT: Do you like doing all that promotional stuff? Is that something you sort of revel in?

NICK GRIMSHAW: *[laughs]*

NIALL HORAN: *[laughs]*

ANGELA HARTNETT: Why are you laughing?

NICK GRIMSHAW: Well, I don't know if anyone likes

NIALL HORAN: No one's going around going, "I love it."

NICK GRIMSHAW: I love it.

ANGELA HARTNETT: Alright, fair enough, fair enough.

NICK GRIMSHAW: Give me an interview. Do you like doing interviews about Dish?

ANGELA HARTNETT: No.

[everyone laughs]

ANGELA HARTNETT: Fair enough, fair enough. Got it, got it.

NIALL HORAN: But no, it is funny. It's like you're getting back on the horse again.

ANGELA HARTNETT: Yeah.

NIALL HORAN: But it's great. Like, I, when you're away from it for a bit, you're actually

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Excited to get back into the mix.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Especially when you've got something that you really like.

NICK GRIMSHAW: Yeah.

NIALL HORAN: Like, You know what I mean? When you've got music that you like and you

NICK GRIMSHAW: Yeah.

NIALL HORAN: Want to tell people about.

ANGELA HARTNETT: Mm.

NIALL HORAN: So that's the main reason we do it, probably. And then, yeah, no, it's just good to be back at it again.

NICK GRIMSHAW: Yeah.

NIALL HORAN: It's been a while.

NICK GRIMSHAW: What do you do when you're totally off? Because a tour and doing this sort of, you know, promo work

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: And I think Niall's doing it like truly the world over as well.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: You know what I mean? It's not like do Dish and like go on the radio

ANGELA HARTNETT: That's it. He's everywhere.

NICK GRIMSHAW: Everywhere.

NIALL HORAN: *[laughs]*

NICK GRIMSHAW: What do you do when you're off and you can have that dedicated bit of time away?

NIALL HORAN: I used to just like not do much at all, but now I'm in a relationship, have a house, have a dog

ANGELA HARTNETT: Right.

NIALL HORAN: Things are a little bit different. Like, I long to be at home

ANGELA HARTNETT: Yeah.

NIALL HORAN: A lot more than I used to.

ANGELA HARTNETT: Mm.

NIALL HORAN: Like, growing up in the industry, like, wherever— it didn't matter where I was.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Like, I was just living out of a suitcase for 15 years, so it didn't really matter where I was. So, I never really had that, like, I had a place in London always, but it never like really felt like a home.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: So this is the first time that I've had like a home and someone to go home to.

ANGELA HARTNETT: Yeah.

NIALL HORAN: And all that kind of lovely

NICK GRIMSHAW: Aw nice.

NIALL HORAN: Loved-up stuff.

ANGELA HARTNETT: Aw.

NIALL HORAN: So I like, I literally like going home, walking around the village.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Drinking copious amounts of coffee and walking the dog too much, you know.

ANGELA HARTNETT: And do you feel more – oh my God, I was nearly gonna say another boy band.

NIALL HORAN: *[laughs]* When you were in the Backstreet Boys

NICK GRIMSHAW: *[laughs]*

ANGELA HARTNETT: You know, when you came out- Came out, that's the wrong thing as well.

[everyone laughs]

NICK GRIMSHAW: No, come on, Ange.

NIALL HORAN: Ange!

ANGELA HARTNETT: Sorry, sorry what's the band called?

NICK GRIMSHAW: One Direction!

ANGELA HARTNETT: Thank you sorry, I'm a lot older than I look, honestly.

NICK GRIMSHAW: *[Laughs]*

ANGELA HARTNETT: I'm nearly 60, I can't remember anything. Right, when you were in One Direction, that felt quite controlled for it, for you, like they were telling you what to do when you had to tour and all that. Do you feel now much more that you're your own obviously your own person, you can do what you want when you want, you know.

NIALL HORAN: Yeah, I think you just get used to

ANGELA HARTNETT: Yeah.

NIALL HORAN: Seeing the way it can be done on side A and then doing it a little bit differently on side B. Like it at that time also, a lot younger

ANGELA HARTNETT: Mm.

NIALL HORAN: Full of energy

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: You know, and just learning how it works

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: Takes time to like

ANGELA HARTNETT: Yeah.

NIALL HORAN: Have the right team around you to write

ANGELA HARTNETT: Sure.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: Touring crew

ANGELA HARTNETT: Yeah.

NIALL HORAN: When to tour, when not to tour

ANGELA HARTNETT: Yeah.

NIALL HORAN: When to make an album.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: I like the idea of going to work

ANGELA HARTNETT: Mm.

NIALL HORAN: Being pop star Niall.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah, pop star Niall. *[laughs]*

NICK GRIMSHAW: Pop star Niall. He's pop star Niall today.

ANGELA HARTNETT: Today I will be pop star Niall.

NIALL HORAN: Yeah *[laughs]* And then come home and not be pop star Niall.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Fair enough.

NICK GRIMSHAW: It's tiring being pop star Niall.

ANGELA HARTNETT: Yeah.

NIALL HORAN: I'm knackered.

ANGELA HARTNETT: *[laughs]*

NIALL HORAN: Look at the bags.

NICK GRIMSHAW: Knackered. Absolutely knackered.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Um, we said at the top of your intro that you were in Oliver. Was that the first time you were on the stage?

NIALL HORAN: Yeah, I think it was.

NICK GRIMSHAW: Yeah.

NIALL HORAN: I did like little like carol services

NICK GRIMSHAW: Uh-huh.

NIALL HORAN: Things at school.

ANGELA HARTNETT: Mm.

NIALL HORAN: I had this teacher called Miss Caulfield, and she figured out that I could sing.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Right.

NIALL HORAN: I must have been doing it quite loudly. And then she put me in like these little- I was singing like the first verse of Away in a Manger.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Mm-hm banger.

[Everyone laughs]

NIALL HORAN: A banger. And then, yeah, they were making, I was about 10 maybe, and they were doing a little school production of

ANGELA HARTNETT: Yeah.

NIALL HORAN: Oliver Twist, and I got cast as Oliver, and I just, yeah, and I think that's where I fell in love with it. Like

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah.

NIALL HORAN: I was like, yeah.

ANGELA HARTNETT: The performing and stuff, yeah.

NIALL HORAN: Yeah, and that's just being up there and getting all the attention.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: And did you enjoy it? 'Cause I think it's funny when you're a kid, like, half of you kind of wants to do it, and then half, it's quite terrifying putting yourself out there

ANGELA HARTNETT: Nervous, yeah.

NICK GRIMSHAW: In front of like the school and everything.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: But did you, did you love it?

NIALL HORAN: Yeah, no, it's a bit of both. Like, I was probably an overconfident 10-year-old

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Mm.

NIALL HORAN: And wanted to be up there and then got up there and bricked myself.

NICK GRIMSHAW: *[laughs]*

NIALL HORAN: All of a sudden, not so confident.

ANGELA HARTNETT: Yeah, yeah, yeah.

NIALL HORAN: But no, I loved all that stuff. I loved going to watch shows.

NICK GRIMSHAW: Mm.

NIALL HORAN: I loved being in them. My aunt was like my biggest fan. She lived in New York and she would actually make me sing.

NICK GRIMSHAW: Uh-huh

ANGELA HARTNETT: Right, okay.

NIALL HORAN: You know, one of them people that were like, do an accent or be funny.

ANGELA HARTNETT: [*laughs*]

NIALL HORAN: So, I had to do all the singing stuff when I was a kid, so I couldn't get away from it really. But yeah, I think it was just an overconfident 10-year-old.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Just run around the place.

NICK GRIMSHAW: Uh-huh.

ANGELA HARTNETT: You've done all right.

NICK GRIMSHAW: Yeah, you've done all right out of it.

NIALL HORAN: Now I'm an annoying 33-year-old.

NICK GRIMSHAW: *[laughs]*

ANGELA HARTNETT: *[laughs]*

NIALL HORAN: Some things never change.

NICK GRIMSHAW: Niall will be performing a song from Oliver

ANGELA HARTNETT: Yes, yes, yes, exactly.

NICK GRIMSHAW: At the end of the show.

NIALL HORAN: Sing

NICK GRIMSHAW: Sing

NIALL HORAN: Consider yourself-

[crew laughs]

NICK GRIMSHAW: Did you do shows, Ange, when you were little?

ANGELA HARTNETT: Not at home, but I was in school plays and stuff,

NICK GRIMSHAW: Yeah.

NIALL HORAN: Yeah.

ANGELA HARTNETT: And, you know, so I, and always because my voice is quite deep, I went to an all-girls school. I was out to play the bloke.

NIALL HORAN: *[laughs]*

NICK GRIMSHAW: *[laughs]*

ANGELA HARTNETT: That was the thing.

NICK GRIMSHAW: I love, I love.

ANGELA HARTNETT: I was tall and I had to play— I was always the bloke, you know.

NICK GRIMSHAW: Who were you in things?

ANGELA HARTNETT: Well, things like when we did West Side Story, I was Tony.

NICK GRIMSHAW: *[laughs]*

[crew laughs]

ANGELA HARTNETT: Oh, you see? You see, laughing? This whole show's gonna be mocking me. What a pair of shits, the pair of them.

NICK GRIMSHAW: We're not. I love the idea of you being

NIALL HORAN: *[in a deep voice]* "You alright, Tony?"

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: "Alright, Tony?"

NIALL HORAN: That Negroni is- I'm gonna be hammered after this.

NICK GRIMSHAW: I know, well, you wanted a Negroni. I will say you were very, uh, we're gonna do your food likes and dislikes.

NIALL HORAN: Yeah.

NICK GRIMSHAW: And I like that you took it seriously.

NIALL HORAN: Well, to be honest, I thought it was for Ange's cooking. Like, what does he not like?

NICK GRIMSHAW: Yes.

NIALL HORAN: I didn't realise it was gonna be a talking point.

NICK GRIMSHAW: Yeah.

NIALL HORAN: Well, I'm happy to talk about them. Yeah.

NICK GRIMSHAW: We're gonna go through them right now.

NIALL HORAN: These are hard times in my life.

NICK GRIMSHAW: We're gonna go through them right now.

NIALL HORAN: *[laughs]*

NICK GRIMSHAW: So, your likes are Japanese food, Italian food

NIALL HORAN: Yeah.

NICK GRIMSHAW: Smash burgers.

NIALL HORAN: Yeah.

NICK GRIMSHAW: Two fast food chains make the list: McDonald's and Five Guys.

NIALL HORAN: Yeah. *[laughs]*

NICK GRIMSHAW: I'd say they're my burger places. Absolutely.

NIALL HORAN: Mostly hungover

NICK GRIMSHAW: Yeah.

NIALL HORAN: burger eating.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Yeah. We also heard

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: That you love spicy food.

NIALL HORAN: Yeah, I love spicy food.

NICK GRIMSHAW: And you're into hot sauces.

NIALL HORAN: Yeah.

NICK GRIMSHAW: It's not spicy pie today though, is it?

ANGELA HARTNETT: Not spicy pie.

NICK GRIMSHAW: Not spicy pie. Spicy pie.

NIALL HORAN: [*laughs*]

NICK GRIMSHAW: Um, your dislikes were avocado.

ANGELA HARTNETT: Oh.

NIALL HORAN: Hate avocado.

NICK GRIMSHAW: Hate avocado. Do you, do you live in LA or you

NIALL HORAN: Part-time

NICK GRIMSHAW: part-time.

NIALL HORAN: Yeah.

NICK GRIMSHAW: They're mad for it there.

NIALL HORAN: I do. You know what, I don't mind guacamole funnily enough.

ANGELA HARTNETT: Yeah.

NIALL HORAN: I think it's a textural thing.

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: Right.

NIALL HORAN: I don't like, you know, when you have like avocado

ANGELA HARTNETT: Sliced, yeah.

NIALL HORAN: sliced avocado toast

NICK GRIMSHAW: Yeah.

NIALL HORAN: Or something like that.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Uh, your other nos were cucumber, radish, apples.

NIALL HORAN: Yeah.

NICK GRIMSHAW: Also actually, the thing I think, the only thing you dislike, coriander.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Oh my God.

NICK GRIMSHAW: Yeah. We also, our team did some research and they found out that it's a big no to peas.

NIALL HORAN: Yeah, they're a bit too earthy for me.

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: Oh okay.

NIALL HORAN: They get in the way of

NICK GRIMSHAW: Mm.

NIALL HORAN: Some great meals.

ANGELA HARTNETT: Oh right.

[crew laughs]

NIALL HORAN: Like a lot of those, like, like a lot of those things that I've mentioned.

NICK GRIMSHAW: Yeah, like what are they adding?

NIALL HORAN: Cucumber.

NICK GRIMSHAW: Yeah.

NIALL HORAN: Coriander is a disaster.

ANGELA HARTNETT: Yeah.

NIALL HORAN: You know, when you, when you don't like something

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: And it's the last the meal has been made

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: As you know, you work in the kitchens and you just

NICK GRIMSHAW: [*laughs*]

[*crew laughs*]

ANGELA HARTNETT: do that little bit after-

NIALL HORAN: the little bit at the end.

NICK GRIMSHAW: on the end.

NIALL HORAN: Thanks.

NICK GRIMSHAW: Not that.

ANGELA HARTNETT: Don't need

NIALL HORAN: *You [bleep] it for me.*

[crew laughs]

NICK GRIMSHAW: *[laughs]* Um, you also said, and this is one that we do get quite a lot, fruit in savoury meals.

NIALL HORAN: Yeah, I wanna caveat that because

NICK GRIMSHAW: Okay.

NIALL HORAN: the first one, when I'd seen it written down, I filled in a form for this, by the way.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: There was a survey done for Dish.

NICK GRIMSHAW: There was a survey.

NIALL HORAN: *[laughs]*

NICK GRIMSHAW: Yes.

NIALL HORAN: Enter a competition to be

ANGELA HARTNETT: *[laughs]*

NIALL HORAN: and I won and I'm here.

NICK GRIMSHAW: *[laughs]*

[crew laughs]

NIALL HORAN: Thanks for having me. It was the first thing that came to mind was American breakfasts.

ANGELA HARTNETT: Right, yeah.

NIALL HORAN: You know when you stay somewhere or you go somewhere and they do eggs, bacon, and then just like on the same plate, a load of strawberries and blueberries and

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Oh yeah.

NIALL HORAN: And you're like, come on, are you trying to tell me that that's your way of justifying health on this?

ANGELA HARTNETT: Yeah, yeah, yeah.

NIALL HORAN: You know what I mean? You got big fat streaky bacon dripping

ANGELA HARTNETT: Yeah.

NIALL HORAN: And then you just like have strawberries

ANGELA HARTNETT: strawberries and blueberries.

NIALL HORAN: I just don't really get it.

NICK GRIMSHAW: Not into that.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Well, I hate to say it, but I did pomegranate your Negroni.

NIALL HORAN: I like

NICK GRIMSHAW: That's all right.

ANGELA HARTNETT: Yeah.

NIALL HORAN: That's all right, I'll take that.

ANGELA HARTNETT: That's a drink, it's not food.

NICK GRIMSHAW: Not a food, a drink.

NIALL HORAN: Waitrose pomegranate.

NICK GRIMSHAW: Yes.

ANGELA HARTNETT: Yes.

NIALL HORAN: Is it? They're my favourite.

NICK GRIMSHAW: Oh, they are the best.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Do you know what I mean? Just get a little spoon.

NICK GRIMSHAW: They, oh.

NIALL HORAN: Just have them on the move, you know?

NICK GRIMSHAW: They are the best.

NIALL HORAN: I'm posh now, by the way.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: He's now posh.

NIALL HORAN: Yeah, yeah.

NICK GRIMSHAW: Okay.

NIALL HORAN: We all are, aren't we?

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: We all are now, aren't we? We can't help it. We had other two, we had two other notes from you as well, Niall. Firstly, you said you would like a meal that is classified as hearty.

NIALL HORAN: Mm.

NICK GRIMSHAW: Good word.

ANGELA HARTNETT: Okay.

NICK GRIMSHAW: One of our favourite food adjectives.

NIALL HORAN: Mm-hm.

NICK GRIMSHAW: And secondly, you wanted some tips on making a pie.

NIALL HORAN: Yeah.

NICK GRIMSHAW: Well, do you know what? We like to make dreams come true on this programme.

[everyone laughs]

NICK GRIMSHAW: You're gonna make a pie.

NIALL HORAN: Yes! Go on! You're gonna show me?

ANGELA HARTNETT: Yeah, come on, Niall.

NICK GRIMSHAW: Head to the kitchen.

ANGELA HARTNETT: Yeah, head to the kitchen.

NICK GRIMSHAW: All I do, just be here?

CREW: Swivel.

NICK GRIMSHAW: Swivel. Swivel. Swivel.

[crew laughs]

NICK GRIMSHAW: Thanks, Manish. Yeah, if you just swivel.

NIALL HORAN: If you could just swivel and be out of focus to the camera.

NICK GRIMSHAW: That'd be great, yeah.

ANGELA HARTNETT: So that's a lovely beef bourguignon pie, which we're gonna eat later. So this is all cooked. So you basically cook your pastry before.

NIALL HORAN: Yeah.

ANGELA HARTNETT: You line it, bake blind it, so you basically put in some baking beans or rice so that it cooks

NIALL HORAN: Oh right.

ANGELA HARTNETT: Nice and solid. Egg wash it so that puts like egg yolk

NIALL HORAN: Mm-hm.

ANGELA HARTNETT: So it firms it up, and then we put our pie filling in.

NIALL HORAN: Right.

ANGELA HARTNETT: So you can do all that.

NIALL HORAN: Do you want me to do that?

ANGELA HARTNETT: Yeah, I want you to do that bit, and then we're going to put our pie topping on.

NIALL HORAN: How much do I put in there?

ANGELA HARTNETT: Right up to the level so it's nice and full, because the pastry is going to sit on top.

NIALL HORAN: All right, okay.

ANGELA HARTNETT: So you don't want it sort of sinking.

NIALL HORAN: Maybe I should maybe not do it like that.

NICK GRIMSHAW: Yes.

ANGELA HARTNETT: Yeah.

NIALL HORAN: That was a Rookie error right there.

NICK GRIMSHAW: Yeah, generous.

ANGELA HARTNETT: Right, you're alright.

NIALL HORAN: Let's get in there.

NICK GRIMSHAW: We want a hearty one.

NIALL HORAN: There we go, a nice hearty one.

ANGELA HARTNETT: That's it, yeah, lovely.

NIALL HORAN: Lovely.

ANGELA HARTNETT: The edges, that's all looking good.

NIALL HORAN: Might as well finish it off, here we go.

ANGELA HARTNETT: Yeah, you may as well. God, that was good portion control.

NIALL HORAN: What do you think of that?

ANGELA HARTNETT: Nice, right, now I'm just gonna

NIALL HORAN: I'm a genius.

ANGELA HARTNETT: Very good. Right, now you're gonna crimp it a little bit. I didn't crimp this one, 'cause I didn't give mine, so you're gonna just fold over like this. Gives you another little extra edge.

NIALL HORAN: Oh Lord.

ANGELA HARTNETT: Come on, oh Lord. Lord's not gonna help you now, Niall, it's just you. Right, there you go.

[crew laughs]

ANGELA HARTNETT: Come on, there you go. Crimp like that, just fold it over.

NIALL HORAN: So you kind of do a bit of that.

ANGELA HARTNETT: That's it, yeah, you got it, that's it. That's it.

NIALL HORAN: Fold that way.

ANGELA HARTNETT: Yeah.

NIALL HORAN: And then

ANGELA HARTNETT: Little pinch down, go on.

NIALL HORAN: Yeah.

ANGELA HARTNETT: That's it, yeah, that's it, there you go. Go on, last little bit and then we're done.

NIALL HORAN: You sure you want to watch this?

NICK GRIMSHAW: How's he doing, Ange.

ANGELA HARTNETT: He's doing alright actually, it's alright. He's up there with- Who else we had up here? Damien Lewis.

NICK GRIMSHAW: Yes.

ANGELA HARTNETT: Yeah, you're up there with Damien.

NIALL HORAN: That's the first time I've ever heard that mentioned in the same sentence.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: Yeah, Damien Lewis. Major pie crimpers.

ANGELA HARTNETT: There you go, no one's done this much work. Right, then pie on top.

NIALL HORAN: Come on.

NICK GRIMSHAW: Pie on top.

ANGELA HARTNETT: So stick that there.

NIALL HORAN: So is it okay for that pastry to break?

ANGELA HARTNETT: Yeah, a little bit, because the thing is with pie, is you need to make sure you do a little slip so the steam comes out so that this doesn't go soggy.

NIALL HORAN: I see.

ANGELA HARTNETT: Otherwise, when the steam will come out, make it soggy. And the last little bit to give it a nice golden colour,

NIALL HORAN: Little egg wash.

ANGELA HARTNETT: A little bit of egg wash. You see, you know the terminology already.

NIALL HORAN: *[laughs]* I once made a Wellington.

ANGELA HARTNETT: Oh, there you go.

NIALL HORAN: And ruined a whole New Year's party.

ANGELA HARTNETT: Why?

NIALL HORAN: Because it just burst and

ANGELA HARTNETT: Oh, right okay.

NIALL HORAN: there was pastry everywhere. We basically just had a nice fillet steak.

ANGELA HARTNETT: Lovely. *[laughs]*

NICK GRIMSHAW: With a bit of mushrooms beside.

NIALL HORAN: Bit of mushroom.

NICK GRIMSHAW: They were flung on the side.

ANGELA HARTNETT: That's quite ambitious, Wellington.

NICK GRIMSHAW: Yeah, that is.

NIALL HORAN: It was my first.

ANGELA HARTNETT: I've never made one.

NIALL HORAN: I was watching a Gordon.

ANGELA HARTNETT: Gordon, yeah.

NIALL HORAN: I was watching Gordon.

ANGELA HARTNETT: He's responsible for it now.

NIALL HORAN: *[Gordon Ramsey impression]* "So, here we have the"

[crew laughs]

NICK GRIMSHAW: But he started something with Wellingtons, didn't he?

ANGELA HARTNETT: Everywhere.

NICK GRIMSHAW: Everyone started making them.

ANGELA HARTNETT: Constant, yeah.

NIALL HORAN: Feels like his is the only recipe of all time as well now everyone knows as well. *[laughs]*

ANGELA HARTNETT: *[laughs]* Anyone that actually works

NICK GRIMSHAW: *[laughs]*

NIALL HORAN: All the chefs are like, "I make an unbelievable Wellington."

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Yeah. Everyone does.

NIALL HORAN: I can't do it.

ANGELA HARTNETT: Right.

NIALL HORAN: Right.

ANGELA HARTNETT: That's looking good.

NIALL HORAN: We're nearly there. Is that enough?

ANGELA HARTNETT: Yeah, that's perfect. Now we're gonna stick it in the oven.

NICK GRIMSHAW: And what do you do the egg wash for, Ange?

ANGELA HARTNETT: Just give it a nice golden colour.

NICK GRIMSHAW: Okay.

ANGELA HARTNETT: But you see, Niall's will look good because his is really nice. He crimped it, whereas I didn't crimp mine. I was a bit lazy and just stuck it on the top.

NICK GRIMSHAW: We always say that about you. Lazy.

ANGELA HARTNETT: Yeah, very lazy. Lazy.

[crew laughs]

NICK GRIMSHAW: Lazy Michelin star chef.

NIALL HORAN: I've just met her and I know exactly what you're talking about.

[applause]

NICK GRIMSHAW: Niall, come on, the sous chef.

[theme music plays]

NICK GRIMSHAW: Do you like to cook? Because,

NIALL HORAN: Yeah, I know, to be fair I do.

NICK GRIMSHAW: Yeah.

NIALL HORAN: And I think during COVID I got mad into it.

NICK GRIMSHAW: Yeah.

NIALL HORAN: You just try on every

NICK GRIMSHAW: Yeah, yeah, yeah.

NIALL HORAN: website and everything, anything you haven't made before, you give a crack.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: When I'm home, I try and do a little bit, nothing overly complicated

NICK GRIMSHAW: Yeah.

NIALL HORAN: Because I, you know, when you think I want to be patient.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: And then you get halfway through it, you're like, oh, this is a pain.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: But, I think as, as I'm getting older, I find things that I used to find boring- like I'm into gardening now.

NICK GRIMSHAW: I heard that.

NIALL HORAN: Yeah.

NICK GRIMSHAW: Well, same. I have also gone through this thing of like

NIALL HORAN: Yeah.

NICK GRIMSHAW: You know, taking pictures of a magnolia tree and sending them to my mum.

NIALL HORAN: I did that the other day.

NICK GRIMSHAW: Look at these buds.

NIALL HORAN: Isn't it lovely?

NICK GRIMSHAW: Yeah.

NIALL HORAN: I know the names of about 5 or 6 flowers now that I never knew before. *[laughs]*

NICK GRIMSHAW: *[laughs]* So I like this that you're gardening and cooking and.

NIALL HORAN: You know, as you know, I spend so much time in the hotels and

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: Travel in the world, and I feel like the last few years I've just been able to just I'm in the settle down, settling down period.

NICK GRIMSHAW: Yeah.

NIALL HORAN: And

NICK GRIMSHAW: It's nice to be in that.

NIALL HORAN: It's been nice to just be at home and do stuff like that that people watching this would go, I do that every day.

NICK GRIMSHAW: What do you like to cook then? What is the sort of thing that you do like to do? If me and Ange were coming for tea.

NIALL HORAN: If you and Ange were coming around.

NICK GRIMSHAW: What would you do?

NIALL HORAN: Well, I'm an unbelievable pie maker, if you didn't know.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: Unbelievable. Well, crimped pies.

NIALL HORAN: Honestly, some of the best crimping pies there are. What would I do if you were coming around?

NICK GRIMSHAW: What would you like doing? Because I don't like anything like too fancy or stressy.

NIALL HORAN: No, no, no.

NICK GRIMSHAW: I like doing like a chicken and potatoes and a salad.

NIALL HORAN: That kind of thing.

NICK GRIMSHAW: Yeah.

NIALL HORAN: Or I'll tell you a funny one. My manager, Harry, I went around to his house one day and he was making spaghetti bolognese and it looked like he was going to some mad effort and I was in the corner just drinking wine. And um, I was like this is really nice, he was like mate I've got the best recipe for spaghetti bolognese ever. I was like when we leave just text me.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: So I was at home that night, I get a text like 11 or 12 o'clock and it just had www.jamieoliver.com.

NICK GRIMSHAW: [*laughs*]

ANGELA HARTNETT: [*laughs*]

NIALL HORAN: And he thought he'd broken, broken the earth here with this, like, out of this world best spaghetti bolognese recipe. But to be fair, it is phenomenal.

NICK GRIMSHAW: It's pretty good, yeah.

NIALL HORAN: And yeah, it's a slow cooker one, you know

NICK GRIMSHAW: Yeah, yeah, yes.

NIALL HORAN: One of those like leave it in for a couple of hours and it actually is really lovely.

NICK GRIMSHAW: Yeah.

NIALL HORAN: Love making a roast.

NICK GRIMSHAW: Yes.

NIALL HORAN: And my partner makes the meanest roast, so I just kind of leave her to it. But I love a good roast potato and a good bit of pork or something like that. Simple stuff, like nothing that— if people are coming around, you don't want to embarrass yourself, do you?

NICK GRIMSHAW: No, and I've done that before. I've always been too ambitious.

NIALL HORAN: Yeah.

NICK GRIMSHAW: I'd always make something

NIALL HORAN: Oh.

NICK GRIMSHAW: I've never made before. Oh, we've got the pie here.

ANGELA HARTNETT: So they went a bit big with the portion, but I think that's

NICK GRIMSHAW: Wow.

ANGELA HARTNETT: Don't feel you have to eat it all.

NICK GRIMSHAW: You said hearty.

ANGELA HARTNETT: It's hearty.

NICK GRIMSHAW: It's going to fuel the tour, this.

[theme music plays]

NICK GRIMSHAW: Niall wanted a pie, now he gets a pie.

NIALL HORAN: Yeah.

NICK GRIMSHAW: Um, tell us what we've got here, Angela, please.

ANGELA HARTNETT: So we have a beef bourguignon pie with cauli cheddar mash. Uh, we've made a beef bourguignon stew, which is a Martha Collison recipe.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: So we've used ox cheek that we've braised down with some bacon lardons, carrots, onion, garlic

NIALL HORAN: Mm.

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: A little bit of tomato puree, some red wine, beef stock, and you basically braise that for at least 3 to 4 hours till it's really soft and beautiful. And then the bourguignon part at the end, you add in some roasted mushrooms and some baby onions, and you mix that all in at the end.

NIALL HORAN: Oh.

ANGELA HARTNETT: And so that's our pie filling.

NICK GRIMSHAW: And then the pastry— do you make the pastry? I've never made pastry in my life.

ANGELA HARTNETT: We did make the pastry, shortcrust pastry

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: From Diana Henry. Plain flour, salted butter

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Blend that all together, egg yolk to bind it with a touch of water, and then you let it rest.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: I blind bake the pastry and then fill it with a cold filling. Um, and then-

NICK GRIMSHAW: That is delicious.

ANGELA HARTNETT: And then we have

NIALL HORAN: It's so good.

ANGELA HARTNETT: Cauliflower and potato mash. So it's basically mashed potato with mashed cauliflower as well. And some cheddar cheese.

NICK GRIMSHAW: And some cheddar cheese. Lovely.

ANGELA HARTNETT: A little bit of Dijon mustard as well.

NIALL HORAN: Oh, I love a bit of Dijon. This is so good.

NICK GRIMSHAW: This is really good. My mum makes a beef bourguignon, but never a beef bourguignon pie.

ANGELA HARTNETT: Has she not?

NICK GRIMSHAW: No, she needs to.

ANGELA HARTNETT: Oh, there you go.

NICK GRIMSHAW: Come on, Eileen. Get that, get that pie

ANGELA HARTNETT: Come on Eileen.

NIALL HORAN: I'll come around and show her how to crimp.

NICK GRIMSHAW: Yeah, you can come around and crimp.

ANGELA HARTNETT: Yeah, to crimp.

NICK GRIMSHAW: You can do that. So what sort of meat are we talking?

ANGELA HARTNETT: So, we use ox cheek

NICK GRIMSHAW: Ox cheek.

ANGELA HARTNETT: Or you can do a lovely like stewing steak

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Or braising steak

NIALL HORAN: Mm.

ANGELA HARTNETT: But ox cheek is just delicious. Yeah, it's a really, you know, quite a muscly part of the

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: Animal, so it takes a long time to cook down, but that's why it's so lovely because all the

NICK GRIMSHAW: Yes.

ANGELA HARTNETT: Sinew in there and all

NIALL HORAN: Yeah.

ANGELA HARTNETT: The fat in there and stuff.

NIALL HORAN: How long do you braise it for?

ANGELA HARTNETT: At least 3 to 4 hours. Yeah, so a long time. And the other thing you put in, we put in this lovely bouquet garni of loads of thyme and rosemary, so we sort of tie that all together and that sort of really

NICK GRIMSHAW: What do you call that again?

ANGELA HARTNETT: bouquet garni

NICK GRIMSHAW: I love that.

ANGELA HARTNETT: [*laughs*] You love that?

NIALL HORAN: Is that where you like

ANGELA HARTNETT: Wrap it all up.

NIALL HORAN: wrap it up.

ANGELA HARTNETT: You can either cover it all wrapped in a leek

NIALL HORAN: Yeah.

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: Or you just tie it so it all— so basically you can take it out.

NIALL HORAN: Or wrapped in a leek, sorry.

ANGELA HARTNETT: A leek, yeah.

NIALL HORAN: Oh.

ANGELA HARTNETT: So, a leek will hold it all together, or we just tied it together. And then maybe a couple of bay leaves in here, so just watch out for the bay leaves.

NICK GRIMSHAW: Just watch out.

NIALL HORAN: But that's fine, they won't harm you.

NICK GRIMSHAW: This is delicious. I love a pie. I never make a pie. It's quite good for a dinner party, isn't it? Because it's

ANGELA HARTNETT: yeah, it's one thing

NICK GRIMSHAW: easy

ANGELA HARTNETT: one pot wonder.

NICK GRIMSHAW: and actually delicious.

NIALL HORAN: Yeah, there's nothing worse than having to be like all over the oven when you're trying to have

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: Pour drinks for people and stuff.

ANGELA HARTNETT: Conversations.

NIALL HORAN: Yeah.

NICK GRIMSHAW: Yeah, I've never made it, pastry, and I don't know why, because I imagine it's like ye olde.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Like, it must be quite—

ANGELA HARTNETT: you would like it because it's quite therapeutic to make

NICK GRIMSHAW: Mm.

ANGELA HARTNETT: Especially if you do it by hand and you're sort of rubbing in the flour

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: With the butter and stuff.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: But it does take patience. You've got to do stages of it. You can't rush it.

NIALL HORAN: I've attempted it before, but it

ANGELA HARTNETT: Yeah.

NIALL HORAN: Always seems to split. You're obviously telling me that it's not that bad when it comes to pies

ANGELA HARTNETT: No, yeah.

NIALL HORAN: But there are certain dishes that—

ANGELA HARTNETT: Yeah, you need to. Yeah. And to be honest, you can— I mean, Waitrose do great ready-made stuff.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: So you can use that as well if you want to.

NIALL HORAN: Alright.

ANGELA HARTNETT: But if you want to make it, it's easy to make. But just take your time. Make it the night before

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Then take it out of the fridge an hour before and then roll it. You know, just sort of take your time.

NICK GRIMSHAW: Wait. Did you make this one?

ANGELA HARTNETT: I didn't make that one because it's gluten-free.

NICK GRIMSHAW: And is that from a packet?

ANGELA HARTNETT: That is from a packet.

NICK GRIMSHAW: It's really good.

ANGELA HARTNETT: It's delicious.

NICK GRIMSHAW: It's got a crunch because sometimes— I genuinely forgot it didn't have gluten in it.

ANGELA HARTNETT: Yeah.

NIALL HORAN: I didn't realise you were gluten-free.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Oh, you have if you listen to Dish.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Talk about it every week.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: If you want to try this recipe, if you want to make it at home, at [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes) you'll find all the ingredients, the how-to on

there. You'll find the Niall crimping method as it's now referred to. And then the wine pairing, we've gone for a Côte de Rhône pairing

ANGELA HARTNETT: Hm.

NICK GRIMSHAW: Which would be perfect with a beef bourguignon

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: A nice Côte de Rhône red, right?

ANGELA HARTNETT: Yeah, yeah. Very robust and fruity.

NIALL HORAN: This is a stupid question. This can all be bought at Waitrose?

NICK GRIMSHAW: Uh, hello.

NIALL HORAN: Including the wine?

NICK GRIMSHAW: Yeah, including the wine.

ANGELA HARTNETT: Including the wine. Yeah, very much so. Now you're down the road from one. We'll see you in there shopping.

NICK GRIMSHAW: See you in there.

NIALL HORAN: Oh yeah.

NICK GRIMSHAW: Oh yeah.

ANGELA HARTNETT: Oh yeah.

NICK GRIMSHAW: Oh yeah, that is nice.

NIALL HORAN: Do you know what my biggest fear, and I noticed that I did it at the start and I had to stop myself, just the noises that you make when you eat good food.

ANGELA HARTNETT: Oh.

NIALL HORAN: I was sitting there going, mm, mm.

NICK GRIMSHAW: I know.

NIALL HORAN: Imagine listening to that. It's an ASMR, isn't it?

NICK GRIMSHAW: Yeah. Mm, pie. *[laughs]* Well, it's really delicious, Angela.

[everyone laughs]

NICK GRIMSHAW: It really is.

[theme music plays]

NICK GRIMSHAW: Should we talk about your new single and your new album now?

ANGELA HARTNETT: Yes, please.

NIALL HORAN: Yeah.

NICK GRIMSHAW: Yeah, let's talk about this. So when you're

NIALL HORAN: I'm gonna stop eating for that one—

NICK GRIMSHAW: Yep, stop eating for that one. And so this is your, your fourth solo album.

NIALL HORAN: Yeah.

NICK GRIMSHAW: The single is called Dinner Party, the album is called Dinner Party. They always say like the, the second solo album or the second album is like the difficult second album. How did you find the fourth?

NIALL HORAN: Well, the second one, yeah, I was doing the second album thing where it's very difficult and you I'd had a couple of songs that were big off the first album

ANGELA HARTNETT: Yeah.

NIALL HORAN: So, I was like, all right, well, I need to do that again. And then the second album, I was probably pushing a little bit too much and COVID happened and it never really— I felt like it never really got its day in the sun

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Because it got released the day we got put into lockdown.

ANGELA HARTNETT: Oh right.

NIALL HORAN: So it wasn't great. [*laughs*]

NICK GRIMSHAW: Disaster.

NIALL HORAN: There's been better marketing plans. [*laughs*]

NICK GRIMSHAW: [*laughs*]

NIALL HORAN: And then I wrote, basically during lockdown, I wrote my third album. And then there was just like a real hunger from the fans, I think from everyone to just, you know, they're not going to say no to anything now. They just want to get out, watch shows

ANGELA HARTNETT: Yeah, see stuff.

NIALL HORAN: You know, go and see, like we all did. We all went to more gigs

ANGELA HARTNETT: Yeah cool yeah.

NIALL HORAN: And more drinking and more meals and everything.

ANGELA HARTNETT: Yeah.

NIALL HORAN: The 2024, the show live on tour that I did was very unexpected and huge for me. I learned a lot from the tour. Like you're standing on stage every night looking out at the crowd you get— I was more— I was looking at it more than I ever did. I'd done a lot of shows and looked at a lot of crowds, but I was like really watching what songs were connecting with the crowd and why.

ANGELA HARTNETT: Mm.

NIALL HORAN: And my albums have always been a bit of a mix of like a folkier side and acoustic side and then something that they can get up and have a dance to. So I figured that like I was going to make this album a little bit rockier because I'm making it for this live audience that I've got.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah.

NIALL HORAN: And just went into the studio and really enjoyed the process. We literally just on day one, me and my two producers, John and Julian, we just set up a band setup and I had a mic exactly like this, a Shure SM7, and we

[everyone laughs]

NIALL HORAN: listen, it's not just crimping I know about.

[everyone laughs]

NIALL HORAN: And we just, um, we just like jammed. I just sung a lot, um, of like melodies and things like that. And I really enjoyed that process because it reminded me of like, oh, this is how it should be made. This was the most enjoyable and then I think the most cohesive work that I've done from song 1 to 12, I think.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Um, yeah, hopefully people like it, but it's definitely been my favourite one to make.

NICK GRIMSHAW: And then did you work with like, did you do it in the, the whole album when you said it sort of felt cohesive? Did you do it in the same room with the same people?

NIALL HORAN: I've made some great friends over the years from, you know, doing what I've done. The producers that I worked with did all the 1D stuff, so I'm really close with them. I've always worked with the same, the same crowd, and we've added in a couple of different people, but they have to be of the right character, if you know what I mean.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Yeah, I saw Elton John on one of his final tours and he introduced all his band members

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: Mm.

ANGELA HARTNETT: And when, and he literally said the drummer, 45, 50 years.

NIALL HORAN: Oh yeah.

ANGELA HARTNETT: You know, the production. And you sort of think, and we, you know, I was thinking in my head, I said, that is incredible, that loyalty to each other. But that's why he's lasted, because they all know each other.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: So well.

ANGELA HARTNETT: And instinctively, you've gotten that with your guys.

NIALL HORAN: Yeah.

ANGELA HARTNETT: So as you say, you can go into a room and straight away they'll know how you're feeling, you'll know.

NIALL HORAN: Mm-hm.

ANGELA HARTNETT: And that's why it's coming, you're enjoying it more in a way.

NIALL HORAN: And you don't have to think. We all, we're just all on the same page. We know that. You bounce off each other, you know each other. When you work with people that you know and love, it's a lot easier to do.

ANGELA HARTNETT: It's brilliant, yeah, that's great.

NICK GRIMSHAW: And the album's called Dinner Party too.

NIALL HORAN: Yeah.

NICK GRIMSHAW: Was that inspired by a particular story? A dinner party?

NIALL HORAN: Yeah.

NICK GRIMSHAW: Love? What was the—

NIALL HORAN: Yeah, exactly. Well, I met my girlfriend at, um, a dinner party

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: Mainly a house party. [*laughs*]

NICK GRIMSHAW: And how long have you guys been together now?

NIALL HORAN: 6 years.

NICK GRIMSHAW: 6 years.

ANGELA HARTNETT: Aw.

NICK GRIMSHAW: Okay. She's great, by the way.

NIALL HORAN: Yeah, thank you.

NICK GRIMSHAW: Yeah.

NIALL HORAN: Yeah, she likes you too.

NICK GRIMSHAW: She's good. She's really good.

NIALL HORAN: And, um, yeah, and we just, we met and I decided I was going to, obviously I was going to write songs about her

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: And stuff like that, but every album needs a song to create like a jumping off point.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: So that song is about the song Dinner Party is about like that evening and how we met.

ANGELA HARTNETT: Mm.

NIALL HORAN: Like when you start making an album, you need somewhere to go from to write other songs. Everything that happened, all the little small moments that happen after that to make up a relationship.

ANGELA HARTNETT: Mm.

NIALL HORAN: Was the makings. But I needed to write that song because I wrote a lot of crap before that. Um, but you do need to swim through the muddy waters

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: To get to the clearer stuff sometimes.

NICK GRIMSHAW: Well, everyone was very excited in your excellent fandom that exists

NIALL HORAN: Yeah.

NICK GRIMSHAW: That you were back. I loved like the reaction from your fans when you returned to new music because some of the comments that we found were amazing obviously.

NIALL HORAN: *[laughs]*

NICK GRIMSHAW: Um, we had, "Niall has returned. Skin is clearer. Sky is brighter."

ANGELA HARTNETT: Aww.

[crew laughs]

NICK GRIMSHAW: That was me.

[everyone laughs]

NICK GRIMSHAW: "I am so proud of you. Thank you, my Irish princess." I also love this comment that said, "And suddenly, life has meaning again."

ANGELA HARTNETT: Aw.

NICK GRIMSHAW: Not to be dramatic.

NIALL HORAN: *[laughs]*

ANGELA HARTNETT: Yeah.

NIALL HORAN: I hated myself. We're back. Yeah, it's amazing. The fans, like— As you know, Nick, you were there from, from day one of all the madness

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Mm.

NIALL HORAN: You know, outside radio stations and hotels and gigs and all this all over the world. It's just mad to think that, like, I can still play an arena 15 years out,

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Yeah.

NIALL HORAN: 16 years later. It's just madness to me. The dedication is

NICK GRIMSHAW: Mm.

NIALL HORAN: Crowd's getting older now. We're all growing up. It used to be

ANGELA HARTNETT: Yeah.

NIALL HORAN: But they've grown up with us

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: You know. And I say us because, the same with the other boys. Like, it's great, the dedication that they put into just— it's more than just, "oh, I like them tunes"

NICK GRIMSHAW: Yeah, yeah, yeah.

NIALL HORAN: Or "I like that artist"

NICK GRIMSHAW: It's commitment.

ANGELA HARTNETT: They're loyal.

NICK GRIMSHAW: Yeah.

NIALL HORAN: There's a full commitment and a full loyalty to it that

NICK GRIMSHAW: Mm-hm, mm-hm.

NIALL HORAN: You know, you hope not, but you can't see it going

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Mm.

NIALL HORAN: Away because they're just— it's those kinds of people, you know?

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: And is there a pie ready?

CREW: I think maybe not.

CREW: Check on the pie.

NICK GRIMSHAW: Oh shit, check on the pie.

NIALL HORAN: Oh, the [*Bleep*] pie.

NICK GRIMSHAW: the [*Bleep*] pie

[everyone laughs]

NIALL HORAN: My [*bleep*] pie.

ANGELA HARTNETT: Oh, that's a— oh no, it's a bit longer.

NICK GRIMSHAW: Oh.

ANGELA HARTNETT: Oh [*bleep*] I switched the oven off. Shit.

NICK GRIMSHAW: Oh, Jesus Christ.

ANGELA HARTNETT: Niall! I'm so sorry.

NICK GRIMSHAW: Not on Niall's Pie Special.

ANGELA HARTNETT: What I was thinking.

NIALL HORAN: Can you imagine if this was to happen at the restaurant on a Saturday night? It'd be murder.

ANGELA HARTNETT: Jesus.

NICK GRIMSHAW: Have you ever turned the restaurant oven off?

ANGELA HARTNETT: Oh, come on, I've done everything wrong.

[theme music plays]

NICK GRIMSHAW: Can we do some stats? I love stats. You'll probably hate stats.

NIALL HORAN: I'm just going back here to make

NICK GRIMSHAW: You get into the pie, we'll do the stats, so

NIALL HORAN: Tell Ange how great I am.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: OK, here we go. So, these are the stats that Niall texted me to ask you to read out.

[everyone laughs]

NICK GRIMSHAW: It's— Niall's been solo for 10 years. 10 years. 2 number 1 albums, soon to have a 3rd. 10 billion streams, and Niall has sold over 90 million records. The last tour, 1.2 million tickets.

ANGELA HARTNETT: Jesus.

NICK GRIMSHAW: That's okay.

NIALL HORAN: *[laughs]*

NICK GRIMSHAW: 1.2 million tickets.

ANGELA HARTNETT: Hold on

NICK GRIMSHAW: So I love the stats.

ANGELA HARTNETT: You performed for Joe Biden at the White House. What was all that about?

[crew laughs]

ANGELA HARTNETT: Why did you get asked? I like to know the detail. Not that you just

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: What happened?

NICK GRIMSHAW: Well, he loves

ANGELA HARTNETT: How did Joe call you?

NIALL HORAN: Uh, which President?

NICK GRIMSHAW: Hello

ANGELA HARTNETT: Hello, Mr President

NIALL HORAN: St. Patrick's Day.

ANGELA HARTNETT: Okay, yeah, big in America.

NIALL HORAN: Yeah.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: Huge in America. He's half Irish, I think.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Um, and about 2 weeks before it

ANGELA HARTNETT: Mm.

NIALL HORAN: I was, uh, just got this *[laughs]* email from the something, someone at whitehouse.com.

NICK GRIMSHAW: John.

NIALL HORAN: John.

NICK GRIMSHAW: John@whitehouse.com.

NIALL HORAN: And, uh, I was— I thought it was a joke. I thought like my manager was winding me up or whatever, but they were like, would you 'Um, the president would like to invite you to perform at the White House for St. Patrick's Day celebrations that we're having.' Um, I was like, 'This is so surreal. Cancel all plans, we're going.' We flew in for like 24 hours because I had somewhere else to be, but flew in, had my green suit on

NICK GRIMSHAW: Obviously. *[laughs]*

ANGELA HARTNETT: Love, love.

NIALL HORAN: And a hat

ANGELA HARTNETT: Love that.

NIALL HORAN: And a rainbow following me.

[everyone laughs]

NIALL HORAN: The most surreal thing of all time. Like, you walk in, big security.

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: Like, you could, we did, we went in or out a couple of times because we had sound check. We were like, big security every time, obviously.

ANGELA HARTNETT: Mm. Yeah, of course.

NIALL HORAN: We get brought in, uh, I'm then to do- they wanted me to do like a social media video with the President himself, but it was just in a room with me and him. So they were like, open the door, the president's there. And I walk in, it's just like, oh my God

NICK GRIMSHAW: Wow

NIALL HORAN: The President of America.

ANGELA HARTNETT: Jesus.

NIALL HORAN: Um, it was really shocking, and he was just so lovely. Really nice man. Clearly very Irish in his ways.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Mm.

NIALL HORAN: Like kind of an amazing storyteller. And like, you know, you know, those Irish people that, like, you shake their hand and they don't let go.

ANGELA HARTNETT: Yeah, yeah, yeah.

NIALL HORAN: He's kinda like

ANGELA HARTNETT: Yeah.

NIALL HORAN: Stare you down and connect. Like, he was really

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: It was a really good moment that I was scared about and that he just kind of relieved me straight away.

ANGELA HARTNETT: Aw.

NIALL HORAN: Relieved me?

[everyone laughs]

NICK GRIMSHAW: There's the headline.

ANGELA HARTNETT: Relaxed you.

NIALL HORAN: Waitrose do a great Negroni, don't they?

[everyone laughs]

NIALL HORAN: Maybe not. But he relaxed me straight away.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah.

NIALL HORAN: *[Bleep]* hell.

[everyone laughs]

NIALL HORAN: All of a sudden, this sweater got very heavy. And he just relaxed me straight away.

NICK GRIMSHAW: Uh-huh.

NIALL HORAN: And then when I went to perform, then I found it a lot easier.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: And where do you play? Like, in the house?

NIALL HORAN: The East Room, which has since been knocked down.

[everyone laughs]

NICK GRIMSHAW: Oh.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Oh, well, they can't top that gig. They bulldozed it.

ANGELA HARTNETT: Sit down.

NICK GRIMSHAW: So you performed in there?

NIALL HORAN: I performed in the East Wing of it

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: And they just had this tiny little stage, and I played a couple of my own songs, and I played a couple of like Irish kind of emigration songs

NICK GRIMSHAW: Uh-huh.

ANGELA HARTNETT: Mm.

NIALL HORAN: Like Irish people moved to America. And he was just like closer than you and I are right now to me. So I was looking at my hands on the guitar frets. I just— if I raised my eyes just the tiniest bit, he was just right there.

ANGELA HARTNETT: Oh, God.

NIALL HORAN: That's definitely the President of America.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Yeah.

NIALL HORAN: There's no doubt. And it was just an amazing day. Yeah, I just— because I'm like very obviously very proudly Irish

ANGELA HARTNETT: Mm.

NIALL HORAN: And like I'm the little fellow waving the flag everywhere I go.

ANGELA HARTNETT: Yeah, yeah.

NIALL HORAN: So to be, to go to the White House of all places was pretty cool.

NICK GRIMSHAW: Had you been before to the White House?

NIALL HORAN: Never.

NICK GRIMSHAW: Never? No.

NIALL HORAN: No.

NICK GRIMSHAW: Because I don't know if you'd been and done it.

ANGELA HARTNETT: Yeah, done another gig.

NICK GRIMSHAW: Done it?

NIALL HORAN: No, the Obamas used to come to us, but that's

[everyone laughs]

NIALL HORAN: That's for another day, Nick.

NICK GRIMSHAW: Yeah, they'd come to us. Yeah.

ANGELA HARTNETT: Not many people could say that.

NICK GRIMSHAW: They'd come to us. Well, do you know what I was saying to Niall before I came, when we were chatting out there, that my mum's family, Eileen Kennedy

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: They're Irish and I've never been to Ireland. So we need to do it.

NIALL HORAN: Yeah you definitely should.

NICK GRIMSHAW: Maybe I'll find an Irishness to me.

NIALL HORAN: Are you

ANGELA HARTNETT: My father, from Cork.

NIALL HORAN: Why is everyone from Cork?

NICK GRIMSHAW: Everyone's from Cork. Oh, let's check on the pie.

ANGELA HARTNETT: I just want to check how burnt it is.

NIALL HORAN: Angela do you need help?

[crew laughs]

ANGELA HARTNETT: Oh, it's- Honestly, it's looking good. It's looking good.

NICK GRIMSHAW: It's looking good. Looking good.

ANGELA HARTNETT: I'll give it a couple more minutes and then I'll reckon

NICK GRIMSHAW: Few more minutes

ANGELA HARTNETT: Take it out.

NICK GRIMSHAW: A few more minutes.

ANGELA HARTNETT: Crimping is looking amazing.

NICK GRIMSHAW: Yeah. So anyway, we need to do that Ireland trip. We have a lot of Irish Dish fans.

NIALL HORAN: Yeah?

NICK GRIMSHAW: Oh yeah.

NIALL HORAN: What's great about this is you can sit down and actually have a chat.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Whereas like there's usually some sort of agenda.

NICK GRIMSHAW: Yeah. No agenda.

NIALL HORAN: So like when you can literally sit down over

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: A meal and a drink

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: And have a chat, I think that Irish people will resonate with that for sure. I think.

ANGELA HARTNETT: Yeah. You need to come to Corrigan's breakfast tomorrow. He always does a big one.

NICK GRIMSHAW: Tomorrow?!

NIALL HORAN: Is that a-

[crew laughs]

NICK GRIMSHAW: Well, thanks for the heads up. Tomorrow!

ANGELA HARTNETT: No, no, of course, because it's St. Patrick's Day next week.

NICK GRIMSHAW: Yeah.

NIALL HORAN: Yeah.

ANGELA HARTNETT: So, Richard Corrigan, always on the Friday of that week or after, he does a big St. Patrick's Day breakfast at Corrigan's.

NIALL HORAN: My granny loves Richard Corrigan.

ANGELA HARTNETT: There you go, get your granny along.

NICK GRIMSHAW: Wait, is it tomorrow?

ANGELA HARTNETT: It's tomorrow.

NICK GRIMSHAW: What time?

ANGELA HARTNETT: It starts at 9 in the morning.

NICK GRIMSHAW: I actually do think we should go. It's important to celebrate our heritage.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Isn't it?

NICK GRIMSHAW: I actually am

NIALL HORAN: Even though he hasn't been to Ireland.

[everyone laughs]

ANGELA HARTNETT: No, no, you are what people call a plastic paddy.

NICK GRIMSHAW: A plastic paddy.

ANGELA HARTNETT: You're a plastic paddy.

NICK GRIMSHAW: No, but I—

NIALL HORAN: In my head, you're more Irish than. You know what I mean? In my head, you're really Irish.

NICK GRIMSHAW: Do you think?

NIALL HORAN: Yeah.

NICK GRIMSHAW: Do you know what-

NIALL HORAN: I don't know why.

NICK GRIMSHAW: Well, I actually had a—

NIALL HORAN: Maybe it's a Manchester thing or something.

NICK GRIMSHAW: Well, I had a therapy breakthrough, and I'd gone to therapy, and then after a while, I ended up talking about—

ANGELA HARTNETT: I mean, this is new. We haven't had this happen before

NIALL HORAN: No, no, no.

NICK GRIMSHAW: I'll tell you this. You'll like this. You'll like this. You'll like this.

NIALL HORAN: Go on.

NICK GRIMSHAW: So, she gave me Playmobil, right? Like Playmobil characters.

NIALL HORAN: And you're paying for this.

NICK GRIMSHAW: Yeah. *[laughs]* And it was, it was to do

[everyone laughs]

ANGELA HARTNETT: I was about to take a sip of my negroni, but I will spit this out laughing.

NICK GRIMSHAW: It's important

ANGELA HARTNETT: *[laughs]*

NIALL HORAN: *[laughs]*

NICK GRIMSHAW: But she gave me *[laughs]* This is my life.

[everyone laughs]

ANGELA HARTNETT: Oh, it's so *[laughs]*

NICK GRIMSHAW: Oh, he's heard this, don't worry.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: He's heard this. He was a Playmobil character.

ANGELA HARTNETT: Oh my God, am I a Playmobil character?

NICK GRIMSHAW: You weren't a Playmobil character.

ANGELA HARTNETT: Oh thank the lord.

NICK GRIMSHAW: You are now.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: And you'll be one too. And you'll be one. I can't remember what the method was, but anyway, she gave me them, and she was like, "Put your family in, and do you in the middle." And it was to do a support system

NIALL HORAN: Yeah.

NICK GRIMSHAW: Or something.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: And then she was blah, blah, blah, and then she'd give random things. She was like, "Give your career." So I'd be like, "Okay, whatever." And then she threw me a curveball, which was, "Put Ireland in there."

ANGELA HARTNETT: Oh.

NICK GRIMSHAW: And I was like, "Oh!" And I didn't really think about it. Made me cry. Made her cry.

NIALL HORAN: Shut up.

NICK GRIMSHAW: Because it unlocked all sorts of shit, all sorts of stuff in me

ANGELA HARTNETT: Right.

NICK GRIMSHAW: And I don't know why. And it was to do with like rooting and being grounded. And she was like, all the things that you like— talking, music, community, being with

ANGELA HARTNETT: It's your Irish roots.

NICK GRIMSHAW: people, family, drinking

ANGELA HARTNETT: Yeah

NICK GRIMSHAW: She said it's your Irish roots and you're actually like deeply connected to your family.

ANGELA HARTNETT: Mm.

NICK GRIMSHAW: And then it was a Playmobil Irish Breakthrough.

ANGELA HARTNETT: There you go.

NICK GRIMSHAW: Yeah, but the point is we need to be in Corrigan's at 10 o'clock tomorrow morning.

[everyone laughs]

NIALL HORAN: I'll see you tomorrow.

NICK GRIMSHAW: We need to be there tomorrow.

NIALL HORAN: By the way, after this I'm not going home either.

[everyone laughs]

NICK GRIMSHAW: We'll be like Waaaay

NIALL HORAN: Aaaaay

ANGELA HARTNETT: Wayyyy!

NICK GRIMSHAW: Playmobil! But that was her therapy advice.

NIALL HORAN: [*laughs*]

ANGELA HARTNETT: Connect.

NICK GRIMSHAW: Connect.

ANGELA HARTNETT: Connect.

NICK GRIMSHAW: Connect.

NIALL HORAN: Playmobil! Playmobil!

CREW: Pie check.

NICK GRIMSHAW: Pie check. Pie check.

NIALL HORAN: Pie check.

NICK GRIMSHAW: Pie check.

NIALL HORAN: Do you want me to come over, Ange? Or are you?

ANGELA HARTNETT: I-

NICK GRIMSHAW: What do we think, Ange? Pie?

ANGELA HARTNETT: I think it's looking very good. That's looking pretty impressive.

NIALL HORAN: Oooh!

NICK GRIMSHAW: Oh, look at the egg wash on that.

ANGELA HARTNETT: I mean, that even looks better for that.

NIALL HORAN: Can we just get a zoom in on just, on the edges?

ANGELA HARTNETT: Look at that crimping, that's pretty good.

NICK GRIMSHAW: Oh, that does look good.

ANGELA HARTNETT: You see lazy, not so lazy, that's good.

NICK GRIMSHAW: Yeah.

NIALL HORAN: That side's not great now, that's a little bit better.

ANGELA HARTNETT: No, that's good,

NICK GRIMSHAW: No, that looks good.

ANGELA HARTNETT: That's amazing.

NICK GRIMSHAW: Well, it looks homemade.

NIALL HORAN: It's actually quite impressive, isn't it?

ANGELA HARTNETT: Yeah, there you go, you see.

NIALL HORAN: That's what happens when you have a Michelin star chef as your sous chef.

ANGELA HARTNETT: *[laughs]*

NIALL HORAN: *[laughs]*

[theme music plays]

NICK GRIMSHAW: Niall, this is the very serious part of Dish. It is time for your fast food quiz.

NIALL HORAN: Right.

NICK GRIMSHAW: Hard-hitting questions. Please tell us your favourite way to eat eggs.

NIALL HORAN: I usually get booed. Hard-boiled.

ANGELA HARTNETT: No, we like those.

NICK GRIMSHAW: They're alright.

ANGELA HARTNETT: Yeah. Favourite sandwich filling?

NIALL HORAN: Tuna sweetcorn.

[crew laughs]

NICK GRIMSHAW: *[bleep]* off

[crew laughs]

ANGELA HARTNETT: That was Sarah. Sarah! I know that. I know Sarah.

NIALL HORAN: How very dare you.

NICK GRIMSHAW: How very dare you.

ANGELA HARTNETT: How very dare you.

NICK GRIMSHAW: He's a chef.

NIALL HORAN: I'm a boring bastard.

NICK GRIMSHAW: *[laughs]*

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: What's your favourite form of potato?

NIALL HORAN: Roast.

NICK GRIMSHAW: Correct.

NIALL HORAN: *[laughs]*

ANGELA HARTNETT: What's your favourite herb?

NIALL HORAN: Thyme.

ANGELA HARTNETT: Thyme.

NICK GRIMSHAW: What's the best crisp on the market?

ANGELA HARTNETT: *[laughs]*

NIALL HORAN: Oh, we have one in Ireland, I don't know if you have it here, called Meanies.

ANGELA HARTNETT: Oh, I don't know Meanies.

NICK GRIMSHAW: Oh, I don't know Meanies.

NIALL HORAN: They're like a pickled onion.

NICK GRIMSHAW: Oh.

NIALL HORAN: They're more pickled onion than Monster Munch would ever be.

ANGELA HARTNETT: Wow.

NICK GRIMSHAW: Woah.

ANGELA HARTNETT: I don't know.

NIALL HORAN: And they're only small little things.

NICK GRIMSHAW: Uh-huh.

ANGELA HARTNETT: What's your favourite pasta dish?

NIALL HORAN: Um, amatriciana.

ANGELA HARTNETT: Oh, very nice.

NICK GRIMSHAW: Mm.

NIALL HORAN: You like that?

ANGELA HARTNETT: Lovely.

NICK GRIMSHAW: What is that?

NIALL HORAN: One Negroni and I can speak Italian.

[everyone laughs]

NIALL HORAN: Um.

ANGELA HARTNETT: Tomato with lots of bacon and stuff.

NIALL HORAN: Yeah, bacon-y, tomatoey.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Oh.

ANGELA HARTNETT: Yeah, spicy.

NIALL HORAN: Oniony.

ANGELA HARTNETT: Nice.

NIALL HORAN: Spicy.

NICK GRIMSHAW: What's the best thing on toast?

NIALL HORAN: On toast?

NICK GRIMSHAW: Yeah. Jam, cheese, peanut butter, eggs.

NIALL HORAN: Can you put Pâté?

NICK GRIMSHAW: Yeah

NIALL HORAN: I like a bit of pâté.

NICK GRIMSHAW: Yeah.

NIALL HORAN: Especially when I'm feeling posh in Waitrose.

NICK GRIMSHAW: Yeah, hello.

[crew laughs]

ANGELA HARTNETT: Like that.

NICK GRIMSHAW: Hello.

NIALL HORAN: Um, growing fond to a bit of Marmite.

ANGELA HARTNETT: We all like that. And what's your favourite Sunday roast?

NIALL HORAN: Do you know what, if I was at home, chicken.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Quality control.

ANGELA HARTNETT: Quality control?

NIALL HORAN: Yeah, because I find that like if you go into a pub for a chicken roast, it can be very, very, very hit and miss.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Because when they're cooked en masse, it can be a bit of a disaster.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Right.

NIALL HORAN: Yeah. Maybe if you come in there at like 1 o'clock or something when the pub's just open.

ANGELA HARTNETT: Early, yeah.

NIALL HORAN: Yeah early.

ANGELA HARTNETT: By 3 o'clock, forget it.

NIALL HORAN: Pork, if I was out and about.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: Okay.

NIALL HORAN: Which can be dodgy too,

ANGELA HARTNETT: Yeah.

NIALL HORAN: But at least you have the crackling.

ANGELA HARTNETT: Yeah. *[laughs]*

[crew laughs]

NICK GRIMSHAW: At least you've got the crackling.

NIALL HORAN: Yeah.

[theme music plays]

NICK GRIMSHAW: Niall.

NIALL HORAN: Hello?

NICK GRIMSHAW: We've reached the end of the show.

NIALL HORAN: I know!

NICK GRIMSHAW: I know! This is the end of the show question. For your chance to win this Waitrose goodie bag.

NIALL HORAN: *[laughs]*

[trolley makes a loud noise]

NICK GRIMSHAW: *[laughs]*

ANGELA HARTNETT: This bloody trolley is so shit! It's only got 2 wheels.

NIALL HORAN: Oh.

NICK GRIMSHAW: It's only got 2 wheels.

ANGELA HARTNETT: I'm carrying it next time.

NICK GRIMSHAW: We're all going back to Ange's that's all I know.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: Oh, come on. To win the Waitrose goodie bag, please take part in our dinner party games.

ANGELA HARTNETT: Oh, right yeah.

NICK GRIMSHAW: Uh, as inspired by your brand new single and album. Um, so our audience, when we said you were coming on, were very excited about you, very excited about the album and the single being called Dinner Party, and they said you should do some dinner party icebreakers. So these were sent

NIALL HORAN: Oh.

NICK GRIMSHAW: to us by our audience, so it's only natural that we play them at the end of the show. So to start with, you need good chat at a dinner party to make it work.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: So in turns, all three of us will answer the following questions. So Aoife got in touch on Instagram, and Aoife said— let's start with you, Niall.

NIALL HORAN: Yeah.

NICK GRIMSHAW: We'll go Niall, Ange, me.

NIALL HORAN: Right.

NICK GRIMSHAW: I'm selfless. Um, Aoife says, what would be your name if you had to go into witness protection?

ANGELA HARTNETT: *[laughs]* Oh god.

NIALL HORAN: Jeezs, is that what really the Dish listeners are looking for?

NICK GRIMSHAW: Uh-huh. What would you go for?

NIALL HORAN: I've had some good, like, aliases over the years.

ANGELA HARTNETT: Oh yeah.

NIALL HORAN: I can't, obviously can't be

NICK GRIMSHAW: Can't be discussed right now.

NIALL HORAN: Not right now. Oh, *[bleep]* I was gonna use this on the next one.

NICK GRIMSHAW: *[laughs]*

NIALL HORAN: Hugh Mungus.

[everyone laughs]

NICK GRIMSHAW: Hugh Mungus. Discreet.

NIALL HORAN: That was gonna be for my next.

NICK GRIMSHAW: That's good.

NIALL HORAN: Hugh Mungus.

NICK GRIMSHAW: You can't use Hugh Mungus. In a hotel.

NIALL HORAN: M-U-N-G-U-S.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: Hugh Mungus.

NIALL HORAN: Hugh Mungus.

NICK GRIMSHAW: Ange?

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: What would you go for?

ANGELA HARTNETT: Um, Samantha Hardy.

NICK GRIMSHAW: Why?

NIALL HORAN: Oh.

ANGELA HARTNETT: Oh, I just thought of that name.

[crew laughs]

NIALL HORAN: But to be fair, it sounds very mysterious.

NICK GRIMSHAW: It kinda suits you, Samantha Hardy. Do you know what, you could be a Samantha Hardy.

NIALL HORAN: You could be a Samantha Hardy, yeah.

ANGELA HARTNETT: I could get away with that.

NICK GRIMSHAW: What I

ANGELA HARTNETT: You need an alias name that's gonna work

NICK GRIMSHAW: Yeah

ANGELA HARTNETT: If you're going into witness protection.

NIALL HORAN: Fair enough. Maybe Hugh Mungus wouldn't go down very well.

NICK GRIMSHAW: Hugh Mungus is not gonna work.

NIALL HORAN: Do you reckon

ANGELA HARTNETT: He's gonna shoot the mafia

NICK GRIMSHAW: Yeah

NIALL HORAN: Do you reckon they'll get to the bottom of that?

ANGELA HARTNETT: *[laughs]* Yeah.

NICK GRIMSHAW: I'd go for, well, my mum and dad, if I was a girl, were gonna call me Maxine, and I would've loved life as Maxine.

NIALL HORAN: I would've loved your name as Maxine.

NICK GRIMSHAW: Maxine Grimshaw.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Imagine Maxine Grimshaw.

NIALL HORAN: We're gonna change it to Corrie.

NICK GRIMSHAW: Oh, I can't be Max Grimshaw if I'm in witness protection.

ANGELA HARTNETT: No you can be Grimshaw.

NICK GRIMSHAW: Oh no, it's a double bluff. I'd go Max Grimshaw. 'Cause they'll be like, no, they won't give him it. Yeah, that's quite a good one.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Yeah. Emily says, now this is a good question. If you had to come up with an excuse to not go to a dinner party, what would it be?

NIALL HORAN: Well, anyone that knows me would know I just wouldn't text them back.

NICK GRIMSHAW: So, you just pretend

ANGELA HARTNETT: Oh.

NICK GRIMSHAW: Because you're actually quite, you can get away with it 'cause people will be like, he's on tour, he's on promo, he might be in Tokyo. Like, people don't know. I always say I've got Mish's friend's birthday.

NIALL HORAN: *[laughs]*

ANGELA HARTNETT: That you forgot about or stuff.

NICK GRIMSHAW: What do you do, Ange?

ANGELA HARTNETT: I don't know. I mean, I can't use work because it just doesn't feel believable.

NICK GRIMSHAW: Fire at the restaurant, anything.

ANGELA HARTNETT: Yeah, yeah, but people would know about that.

NICK GRIMSHAW: Oh yeah.

NIALL HORAN: Put the oven's at 250.

NICK GRIMSHAW: Yeah, the oven's at 250.

ANGELA HARTNETT: And I can't use family because I'm superstitious

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Then if something happened

NIALL HORAN: Yeah.

ANGELA HARTNETT: I never want to say anyone's ill.

NICK GRIMSHAW: Yeah, yeah, yeah.

ANGELA HARTNETT: I mean, I suppose I'd use the dogs of something like, you know, I don't know

NICK GRIMSHAW: Yeah *[bleep]* the dogs. *[laughs]*

[crew laughs]

ANGELA HARTNETT: Blame the dogs about something.

NIALL HORAN: By the way, the dog's a good one. The dog's a good one.

ANGELA HARTNETT: Dog's not well, I got to go to the vet, so I'm not sure I'll be back in time. I did use once with someone. It wasn't about a dinner party, but I basically couldn't- I'm not saying what because they might realise why I didn't go, but I basically pretended I'd broken down. Then I didn't turn up.

NICK GRIMSHAW: What, mentally? Or-

[everyone laughs]

ANGELA HARTNETT: Yeah, that as well.

NICK GRIMSHAW: You're like, my Playmobil are all—

ANGELA HARTNETT: Um, no, but I basically said the car broken down and then I just didn't go.

NICK GRIMSHAW: Uh, the final dinner party-based suggestion from our wonderful listeners.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Isla said do the love and hate game. Do you know this?

NIALL HORAN: Go on.

NICK GRIMSHAW: Everyone write down one thing they love

ANGELA HARTNETT: Oh.

NICK GRIMSHAW: And one thing they hate. That gets put into a bowl and each person picks it out and they have to guess if it's a love or a hate and who it is.

NIALL HORAN: Oh.

NICK GRIMSHAW: So we write down one love, one hate, put them in the bowl, and then we pull them out and we have to decide is it a love or a hate and who does it belong to.

ANGELA HARTNETT: Okay, yeah.

NIALL HORAN: What, are we talking about food here or not?

ANGELA HARTNETT: Anything, anything.

NICK GRIMSHAW: Anything.

NIALL HORAN: I wish you'd said food now. I'm looking around the room at things.

[crew laughs]

NICK GRIMSHAW: Cameras.

NIALL HORAN: That woman over there. That woman that laughed at tuna sweetcorn.

[everyone laughs]

ANGELA HARTNETT: Sarah!

NIALL HORAN: *[Bleep]* you. Why am I so shit at this stuff?

NICK GRIMSHAW: What are you after, a love or a hate?

ANGELA HARTNETT: Oh, he's done it.

NICK GRIMSHAW: Okay, he's done it. Okay.

NIALL HORAN: I literally had a big, massive, fat brain fart. Okay.

ANGELA HARTNETT: Don't worry, It's not meant to be interesting.

NIALL HORAN: So, this is not gonna go very well.

NICK GRIMSHAW: No, me neither. Okay, come on, here we go. Radiohead.

ANGELA HARTNETT: Niall.

NICK GRIMSHAW: No, I think, I think that's a love of yours.

ANGELA HARTNETT: No.

NICK GRIMSHAW: No, love of yours?

NIALL HORAN: Love of mine.

NICK GRIMSHAW: Love of yours. Okay, we all love Radiohead. Okay, slow people in a queue. That's a bit of you.

NIALL HORAN: No that's

NICK GRIMSHAW: That's a hate of you.

ANGELA HARTNETT: *[laughs]*

NIALL HORAN: That's the kind of thing I wish I'd written.

NICK GRIMSHAW: Yeah

NIALL HORAN: Wait, you see, wait, you see what I've written.

ANGELA HARTNETT: *[laughs]*

NICK GRIMSHAW: That's a hate of you.

ANGELA HARTNETT: That's definitely a hate of mine.

NICK GRIMSHAW: Yeah

ANGELA HARTNETT: People that are just like

NICK GRIMSHAW: I mean, no one can like that.

ANGELA HARTNETT: Come on.

NICK GRIMSHAW: Okay, come on.

NIALL HORAN: Slow people in airports.

ANGELA HARTNETT: Yes, that's what I mean.

NIALL HORAN: It's worse than like queuing. Like, you know, when you're like, I have somewhere to be and you're 9 hours early for your flight.

ANGELA HARTNETT: Yeah

NICK GRIMSHAW: Mm-hm.

NIALL HORAN: Get the *[bleep]* out of the way.

NICK GRIMSHAW: yeah *[laughs]*

ANGELA HARTNETT: Yeah, exactly.

NICK GRIMSHAW: Okay.

ANGELA HARTNETT: We all hate that.

NIALL HORAN: We're absolutely fuming.

NICK GRIMSHAW: Okay.

ANGELA HARTNETT: *[laughs]*

NIALL HORAN: *[laughs]*

NICK GRIMSHAW: Whispering.

ANGELA HARTNETT: That's you and you hate it.

NIALL HORAN: I don't like whispering.

NICK GRIMSHAW: I hate whispering.

ANGELA HARTNETT: That's, yeah.

[crew laughs]

NICK GRIMSHAW: See?

ANGELA HARTNETT: Yeah.

NIALL HORAN: Can I rewrite one?

NICK GRIMSHAW: No. Well, yeah, you can. Why not? Yeah, it's your dinner party. Let's do another one. Next up we have rain.

[crew laughs]

ANGELA HARTNETT: Um.

NIALL HORAN: Put that one in. Open that one there now.

NICK GRIMSHAW: Sainsbury's!

NIALL HORAN: Yeah!

ANGELA HARTNETT: Yeah!

NICK GRIMSHAW: Yeah! Yeah!

[everyone laughs]

NIALL HORAN: Come on!

NICK GRIMSHAW: Niall, the goodie bag is yours.

[applause]

NICK GRIMSHAW: Yes, Niall! Oh, we're only joking. We love you, Sainos. Um, Niall, the goodie bag is yours.

NIALL HORAN: Thank you.

NICK GRIMSHAW: Congratulations.

ANGELA HARTNETT: Yeah.

NIALL HORAN: Thanks very much.

NICK GRIMSHAW: And massive congratulations on the single and the album.

NIALL HORAN: Thank you.

ANGELA HARTNETT: Thank you.

NICK GRIMSHAW: The album is out on April 17th? No?

NIALL HORAN: June 5th.

[everyone laughs]

ANGELA HARTNETT: I love that.

NIALL HORAN: Leave that.

ANGELA HARTNETT: June the 5th.

NICK GRIMSHAW: That's staying in. *[laughs]* Wow.

NIALL HORAN: And I could be wrong as well, by the way. I just gave it to the label.

NICK GRIMSHAW: Yeah. Niall, thank you. That was really fun.

NIALL HORAN: That's you so much.

NICK GRIMSHAW: It's always great seeing you and so thank you.

NIALL HORAN: Thank you, Ange.

NICK GRIMSHAW: Massive congratulations.

NIALL HORAN: Lovely to meet you.

ANGELA HARTNETT: Lovely to meet you. It was brilliant.

NIALL HORAN: That was a lot of fun.

NICK GRIMSHAW: And a round of applause for Niall Horan, everybody.

[cheering and applause]

[theme music plays]

NICK GRIMSHAW: Yes! Come on.

ANGELA HARTNETT: Come on.

NICK GRIMSHAW: Thank you, Niall. If that episode has left you wanting more, find us on Instagram, TikTok, and YouTube. Just search Dish.

ANGELA HARTNETT: If you wanna make any of the meals I cook on Dish, head to [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes) for all the ingredients and the recipes.

NICK GRIMSHAW: Email your questions, thoughts, and suggestions to dish@waitrose.co.uk.

ANGELA HARTNETT: Dish from Waitrose is a Coldglass production.

VOICEOVER: Waitrose, the home of food lovers.